

We're posting news almost every day on Facebook. Be sure to [follow us](#) to keep up.

See the [Weekend Ventures Services](#) page on our website to watch a new video about this program.

Questions about housing options? Read [the article](#) about this topic on our website blog page.

Supporting Individuals with Developmental Disabilities and Mental Illness to Reach Their Full Potential

The Reach Reader

FALL 2019

Internships Benefit All Involved

Reach is known for regularly offering internship opportunities to individuals who are seeking them as part of their studies. In the past couple years alone, we have worked with interns in the areas of human resources, marketing/event planning, independent living, finance, information technology, and development.

Three interns are just completing their time with us, having logged about 10-12 hours per week. Rebeca and Alexandra worked in our Community Living department, as well as with our Social Seekers group. Both Rebeca and Alex are in the process of earning a master's in social work from Augsburg. They each began at Reach last fall, and Charles spent this past semester with us.

(Continued on page 5)

Start Planning Your Costume

Saturday, October 26
5:00 - 7:30 p.m.

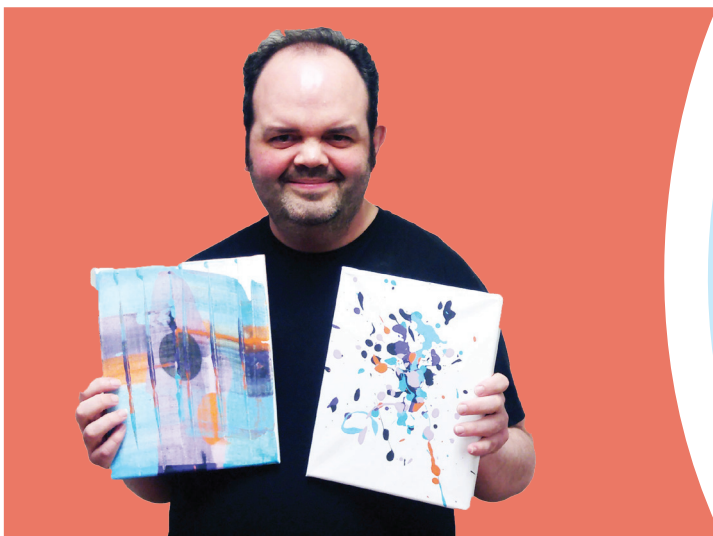
Brooklyn Park Community Activity Center

\$10 by 10/22; \$15 at the door

pizza games prizes
dancing costume contest music



Everyone is welcome!



Matt Shares Love of Art with Us

Matt Lex says he remembers it well. "When I was a child, I was at my babysitter's house in Bloomington. It was there that I found a large, Folger's coffee can, filled to the top with color crayons." Ever since, Matt has been coloring the world with beautiful artistic creations.

He has moved on from crayons, which he explains are too fragile and "break really easily." But his oil paintings can capture the attention of even the most serious art lovers.

A regular participant in our Adaptive Recreation programs for many years, Matt has particularly enjoyed art-related activities that Reach has offered, including Art Abilities.

(Continued on page 5)

Mental Health Myth Busters

Credit: [Mentalhealth.gov](https://www.mentalhealth.gov)

People are often afraid to talk about mental health because there are many misconceptions about mental illnesses. Can you tell the difference between a mental health myth and fact? Take a look at the most common mental health myths and learn the truth.

M Y T H	Mental health problems don't affect me.	F A C T	Over 43 million adults experience mental illness in a given year. One in five American adults experiences a mental health issue, while one in 10 young people experience a period of significant depression. One in 25 Americans lives with a serious mental illness, such as schizophrenia, bipolar disorder, or major depression.
M Y T H	Children don't experience mental health problems.	F A C T	Half of all mental health disorders show the first signs before a person turns 14 years old, and three-quarters of mental health problems begin before age 24. Even very young children can show signs of mental health concerns.
M Y T H	People with mental health problems are violent and unpredictable.	F A C T	The majority of people with mental health problems are no more likely to be violent than anyone else. People with mental illness are not usually violent, and only 3-5% of violent acts are attributed to individuals living with serious and persistent mental illness. In fact, people with mental illness are ten times as likely to be the victim of a violent crime than the general population.
M Y T H	There is no hope for people with mental health problems. They will never recover.	F A C T	People can and do recover from mental health problems. There are many resources, including, professionals, families, and friends that can help and support recovery.
M Y T H	Personality weakness or character flaws cause mental health problems. People can "snap out of it" if they try hard enough.	F A C T	Mental health problems have nothing to do with being lazy or weak, and many people need help to get better.
M Y T H	There is nothing I can do to help a friend with a mental illness.	F A C T	Some friends think that they have nothing to offer because they don't know enough about mental illness or they feel uncomfortable. Just be a friend and do everyday things like making a phone call or sending a text. These things make a huge difference.

Case Managers as Conflict Mediators

In the past, we've shared how our case managers wear many hats, including educators and facilitators. Case managers at Reach for Resources also often serve the role of conflict mediator. They are there to listen to the differing perspectives and help teams work towards a person-centered outcome that will best support the individual. Ensuring that what is "important to and what is important for" the individual is at the heart of our approach. Our case managers continually strive to think of new and creative solutions to conflict that can be integrated smoothly into an individual's care plan.

 **MOLLY FULLER DESIGN**
stylish sensory friendly compression clothes



Long and short sleeve shirts for teens and adults
mollyfullerdesign.com

Take 20% off with the code REACH

ADAPTIVE RECREATION PROGRAMS

AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Brooklyn Park
- Golden Valley
- Plymouth
- Chanhassen
- Chaska
- Maple Grove
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or go to www.reachforresources.org.

All fees stated represent pre-registration. Advanced registration is required unless otherwise noted.

INCLUSION SUPPORT

Reach for Resources provides inclusion support to children and adults with disabilities who would like to participate in their city park and recreation programs. Registration for these programs is done through your Park & Rec Department.

Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Brooklyn Park
- Golden Valley
- New Hope
- Chanhassen
- Chaska
- Crystal
- St. Louis Park

After registering, contact Reach to discuss the needs/accommodations for yourself or your child.

* Please allow a minimum of two weeks' notice for a successful inclusion.

ALL AGES

NEW! THEMED YOGA:

(Ages 5+)

Increase attention span, flexibility, muscle tone, and focus. Have fun dressing up while also practicing yoga! Each week will have a new theme, like 50's, PJ's, and more. Adults may sign up to participate independently. Children with disabilities and their parents participate together. Children under 13 must be accompanied by an adult.

Tuesdays, Sept. 10 -

Oct. 15

7:00 - 8:00 p.m.

SLP Rec Center -
Banquet Room

Resident: \$45 /
Non-Resident: \$53



BOWLING (Ages 5+)

Join us for fun, noncompetitive bowling. You will bowl two games each week.

Youth League: Ages 5-17

Adult League: Ages 18+

Park Tavern

Saturdays, Sept. 14 -

Nov. 9 (Off 10/26)

9:30 - 11:30 a.m.

Resident: \$44 /
Non-Resident: \$52
(+\$4.25/wk)

Bowlero Bowl

Saturdays, Sept. 14 - Nov. 9

(Off 10/26)

12:00 - 2:00 p.m.

Resident: \$44 / Non-Resident: \$52
(+\$4.00/wk)



GHOSTLY GALA

Join us for this annual celebration! The entrance cost includes a costume contest, pizza, games, prizes, music, and a dance.



Saturday, Oct. 26

5:00 - 7:30 p.m.

Brooklyn Park Community
Activity Center

Fee: \$10 by 10/22; \$15 at the door

TEENS & ADULTS

MIXED MEDIA CREATIVE EXPLORATION & ART ABILITIES SHOWCASE

Come try out a variety of small art projects that are designed to decrease stress and allow for personal expression. View projects created by our Art Abilities artists this year and meet our Art Therapist! Light refreshments will be served. Door prizes will be awarded to some lucky attendees! This activity is made possible by the voters of Minnesota through a grant from the Metropolitan Regional Arts Council, thanks to a legislative appropriation from the arts and cultural heritage fund.

Saturday, Sept. 14

4:30 - 6:00 p.m.

10225 Yellow Circle Drive,
Minnetonka

FREE! Pre-registration required.



TEEN EXPLORERS (AGES 13-21)

Get to know new friends while trying new activities. Our teens love going out to the movies, going bowling, grabbing dinner or ice cream, getting outside, having themed parties, doing crafts, and so much more! After your registration is complete, we will send you the schedule for the quarter so you know where to meet. You can also check our website prior to registering so you can see what we're up to!

Tuesdays, Sept. 10 - Oct. 29

6:30 - 8:30 p.m.

Various Metro Locations

Resident: \$48 / Non-Resident: \$56

ADAPTIVE SAILING ADVENTURE (Ages 12+)

Come sail with us. Enjoy gliding across the lake propelled by a gentle evening breeze. Our certified instructors help you safely steer the boat and trim the sails. You will return relaxed and refreshed. Limit 4 people, so register early! Waiver forms required.

Wednesday, Sept. 4

5:00 - 7:00 p.m.

1000 Eastman Lane,
Wayzata

Fee: \$10



SOCIAL SEEKERS (Ages 15+)

This is a program for teens and adults on the autism spectrum. We meet once a week for fun and social interaction. We play games, do crafts, get outside, and practice socializing with a variety of staff, volunteers, and participants. A brief intake meeting is required for all new participants. More information or to schedule an intake: 952-393-4277.

Wednesdays, Sept. 11 - Nov. 13

5:00 - 6:30 p.m.

The Depot: 9451 Excelsior Blvd, Hopkins

Fee: \$205

SNACKS & CINEMA (Ages 13+)

Join us for a movie and a treat that goes with the theme of the movie!

Thursday, Sept. 26: Aquaman with Swedish fish

Thursday, Oct. 24: Little Giants with cotton candy

Thursday, Nov. 21: Big Hero 6 with Rice Krispie treats

Thursday, Dec. 19: The Peanuts Movie with peanut M&M's

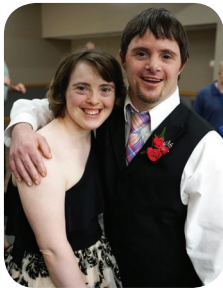
6:00 - 8:30 p.m.

Brooklyn Park CAC - Grand Room 3

Fee: \$8 per movie

FALL FORMAL (Ages 13+)

It's time to get all dressed up and dance the night away with your friends! We'll have a photo booth, delicious dessert, and festive decor.



Friday, Oct. 4
6:30 - 8:30 p.m.
SLP Rec Center - Banquet Room

Fee: \$10 by 9/30;
\$15 at the door

PIZZA & BINGO (Ages 13+)

Let's get together for dinner and bingo night. Prizes and pizza for all!

Monday, Sept. 30
Thursday, Nov. 14
Tuesday, Dec. 10

6:00 - 8:00 p.m.
Brookview CC



Fee: \$16 each; \$8 pizza for companions

KARAOKE WITH MOCKTAILS & SNACKS (AGES 16+)

Sing along to your favorite tunes. Bring a CD, or we can search for your favorite song online.



Friday, Nov. 1
6:30 - 8:00 p.m.
SLP Rec Center - Banquet Room

Fee: \$16



BINGO (Ages 13+)

Come play everyone's favorite game! Everybody goes home a winner.

Thursday, Oct. 17
6:30 - 8:00 p.m.
SLP Rec Center - Banquet Room

Fee: \$8 by 10/13;
\$10 at the door

CRAFT: HALLOWEEN MASON JAR LUMINARIES (AGES 14+)

Come make a simple craft to make your home more festive for the fall season.



Monday, Oct. 7
6:30 - 8:00 p.m.
Brooklyn Center CC

Fee: \$16

COOKING NIGHT: OKTOBERFEST (AGES 14+)

Sausages, spatzle, and sauerkraut! Come create and eat some classic German cuisine at this festive Oktoberfest party!

Thursday, Oct. 3
5:30 - 7:30 p.m.
Eisenhower CC - Room 210

Fee: \$25



CRAFT: RUSTIC SNOWMAN ORNAMENTS (AGES 14+)

Join us to create a fun winter decoration! We'll be using wood cookies to make unique snowmen ornaments.

Monday, Dec. 2
6:30 - 8:00 p.m.
Brooklyn Center CC

Fee: \$16



Get in the Holiday Spirit!

GRAHAM CRACKER HOUSES (AGES 13+)

Join your peers for an evening of cookie decorating fun. We'll have all the building blocks to create an epic masterpiece of a gingerbread house to display or eat!



Thursday, Dec. 5
6:30 - 8:00 p.m.
SLP Rec Center - Banquet Room

Fee: \$10

HOLIDAY COOKIE PLATE (Ages 14+)

We'll make a variety of treats to take home and share with family and friends! Leave with new recipes to use in the future on your own.

Wednesday, Dec. 11
6:00 - 8:00 p.m.
Eisenhower CC - Room 210

Fee: \$25



HOLIDAY JAMBOREE (Ages 13+)

Join your friends to enjoy hot chocolate, do some holiday themed crafts, listen to great music, and play winter Bingo. Win prizes and bring in the winter with a smile.

Friday, Dec. 13
6:30 - 8:30 p.m.
SLP Rec Center - Banquet Room

Fee: \$10 by 12/9;
\$15 at the door



NEW YEAR'S EVE DANCE PARTY WITH KARAOKE (AGES 13+)

Ring in 2020 with us, and enjoy karaoke, snacks, mocktails, and lots of music!

Friday, Dec. 27
6:30 - 8:30 p.m.
Brooklyn Park Community Activity Center

Fee: \$15



Locations Key

Bowlero Bowl: 7545 Brooklyn Blvd, Brooklyn Park
Brooklyn Park Community Activity Center: 5600 85th Ave N, Brooklyn Park
Brookview Community Center: 316 Brookview Pkwy S, Golden Valley
Eisenhower Community Center: 1001 MN-7, Hopkins
Park Tavern Lanes: 3401 Louisiana Ave S, St. Louis Park
St. Louis Park (SLP) Recreation Center: 3700 Monterey Dr S, St. Louis Park

You can always find information about locations on the [Adaptive Recreation page](#) of our website. Just scroll down to the bulleted list of resources.

ADULTS (18+) ONLY

SINGLES NIGHT AT SEA LIFE

Looking for that special someone? Join the Reach group at Sea Life to mix and mingle with other singles. Have some easy conversations with peers while checking out creatures who live under the sea.

Thursday, Nov. 7

6:30 - 8:30 p.m.

Mall of America, A120 E (Broadway Street/East Side), Bloomington

Fee: \$20



DAYTIME COFFEE, CUPCAKES & CONVERSATION

Join us to meet some new friends and enjoy some tasty treats.



Friday, Nov. 15

10:00 a.m. - 12:00 p.m.

Yum! Kitchen & Bakery:
6001 Shady Oak Rd, Minnetonka

Fee: \$6

2018 ANNUAL REPORT

Our annual report is now available on the [Donate Now page](#) of our website, along with a video of our executive director, Kate, sharing thoughts about last year and goals for our future.

Internships

(continued from front page)

He just received his B.A. in finance and accounting from the University of Minnesota-Crookston and found this internship listed on Volunteer Match's website. "I think volunteering in general is really beneficial, to both the place and yourself." He is eager to put his new understanding of QuickBooks to use in his future career opportunities.

Rebeca says of her internship, "I have learned so much about staying in the moment here, rather than running through a to-do list." Rebeca also admits that this time period has been an "eye-opening experience," saying she found herself challenging her own judgments and biases. "I didn't realize I had some of them!" She adds, "I didn't realize how hidden disabilities can be. I try to be much more accommodating and understanding with others when I first meet them."

Alex shares, "I would definitely suggest a Reach internship to others, because I think Reach is an exceptional organization with a great purpose. I feel more confident in working with individuals with disabilities and being an advocate." She relays a particularly meaningful connection she built with an individual who was battling some serious health concerns. "This individual's determination and positivity impacted me more than they will ever know, and I feel like a better person for having known and worked with this person."

(continued at right)

Matt's Love of Art

(continued from front page)

Matt doesn't only want to benefit from our offerings, though. He also chooses to reciprocate, having given art pieces for us to include in our annual silent auction for the past couple of years. This year, he shared three pairs of oil paintings. At print time of this publication, the results of the auction were not available.

"I love to do art, and I also love to help the less fortunate," Matt explains, saying that he volunteers as a Salvation Army bell-ringer too whenever he can.

Other art mediums Matt has experimented with are watercolor, charcoal, and photography. Recently, he has broadened his exploration of the fine arts with creative writing. One of his fiction books will be available for purchase on eBooks soon. He also wants to encourage people to give his paintings a good home. He is a member at the Hopkins Center for the Arts, and will have his next wall display there starting in February 2020. In the meantime, some of the proceeds from his silent auction items went back to Matt, for him to continue this vibrant passion.

Good-byes present their own challenges, especially when the interns consider those with whom they have been working. Before Rebeca left, she explained that she took one person to the gym on a weekly basis, saying they would talk and laugh as they walked. "He always has such a big heart and is such a joy to be around. I can't have a bad day knowing I will see him! It is hard having to say good-bye."

We agree that it is always difficult for us to see an intern end their time with us (luckily Alex has been hired to continue with us on a part-time basis). Larissa, who supervised Alex and Rebeca and frequently sponsors interns, says, "Interns always bring new and different perspectives to our work. It's exciting to see how they react when what they've been studying comes to life in real-world experiences."

We feel fortunate to have been a part of their journey and to have benefited from all they have shared with us.

WEDNESDAY NIGHT SOCIAL

Become more engaged in the community, build social skills and coping skills, and practice flexibility. This is open to individuals of all abilities, and some participants bring a staff or caregiver, if additional support is needed.

WEDNESDAYS, SEPT. 11 - OCT. 30

6:30 - 8:30 p.m. unless noted otherwise
Join the club at every event for these costs: Resident: \$48 / Non-Resident: \$56
Or register for \$10* per event on page 7.

Sept. 11: Fall Welcome Party with Bingo & Snacks

Brooklyn Center CC



Sept. 18: Out to Eat at Betty Danger's Country Club

2501 Marshall St NE, Minneapolis
Reservation is under Reach.
Additional Cost: \$15-20 for food, or more if you wish to ride the ferris wheel



Hayrides

Sept. 25: Hayride & Apple Picking at the Orchard

Minnetonka Orchard, 6530 County Rd 26, Minnetrista
5:00 - 7:00 p.m. (Note time change)
Additional Cost: \$7 for admission (includes petting barn/zoo, nature trails, antique tractor hay ride & corn maze) plus money if you wish to buy apples

Oct. 2: Cooking Night - Apple Desserts

Eisenhower CC
*Fee: \$20



Oct. 9: Pumpkin Painting & Hot Cocoa

Lunds & Byerly's Community Room, 3455 Vicksburg Lane, Plymouth
Additional Cost: \$3-\$8 to buy a pumpkin



Oct. 16: Mini Putt at MOA

Moose Mountain, Level 3 North Garden, 2131 Lindau Ln, Bloomington
6:30 - 8:30 p.m.
Additional Cost: \$13 to golf



Oct. 23: Night at the Movies

Plymouth Grand 15, 3400 Vicksburg Ln, Plymouth

Time: TBD (Around 6:30 p.m.)

Additional Cost: \$9 for ticket, plus money for food and drink



Oct. 30: Halloween Party with Teen Explorers

St. Louis Park Rec Center - Gallery Rm
Costumes are encouraged!



ON THE TOWN

Intake
Required

This is a community-based social program for adults who want to explore their community with minimal support. To minimize safety concerns, a brief intake is required. More information or intake scheduling: 952-393-4277.

Saturday, Sept. 28: Twin Cities Harvest Festival & Corn Maze

8001 109th Avenue North, Brooklyn Park
2:30 - 4:30 p.m.
Fee: \$6; Additional Cost: \$13 entrance, plus money for snacks (optional)

Saturday, Oct. 5: Football Game - St. Thomas vs. Concordia-Moorhead

O'Shaughnessy Stadium: 2115 Summit Ave, St. Paul
12:30 - 3:30 p.m.
Fee: \$6; Additional Cost: \$8 ticket (bring cash)



Thursday, Oct. 10: Out to Eat at Snuffy's

17519 Minnetonka Blvd, Minnetonka
6:00 - 7:15 p.m.

Fee: \$6; Additional Cost: \$10 for meal

Friday, Nov. 8: Apple Cider & Bingo

Brooklyn Center CC
6:30 - 8:00 p.m.
Fee: \$8



Friday, Nov. 15: Out to Eat at Perkins

11300 MN-7, Minnetonka
6:00 - 7:30 p.m.
Fee: \$6; Additional Cost: \$12-20 for meal & tip

Saturday, Nov. 16: Thanksgiving Potluck with Friends

St. Louis Park Rec Center - Gallery Room
5:30 - 7:00 p.m.
Fee: \$6



Wednesday, Dec. 4 Out to the Movies: Frozen 2

Southdale AMC: 400 Southdale Center, Edina
Time: TBD (Around 6:30 p.m.)
Fee: \$6; Additional Cost: \$12 for ticket, plus money for snacks (optional)

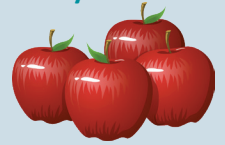


ON THE TOWN: ALL ABILITIES

This is a community-based social program for all adults who want to explore their community.

Friday, Sept. 27: Reach's Very Own Applefest

Brooklyn Center Community Center
6:30 - 8:00 p.m.
Fee: \$10;



Saturday, Oct. 19: Out to Eat at Shake Shack

Shake Shack: 6603 France Ave S, Edina
6:00 - 7:15 p.m.
Fee: \$6; Additional cost: \$10-\$15 for meal

Friday, Oct. 25: Spa Night

St. Louis Park Rec Center - Banquet Room
6:30 - 8:30 p.m.
Fee: \$10

Monday, Oct. 28: Wings & Wrestling WWE Monday Night Raw

St. Louis Park Rec Center - Banquet Room
6:00 - 8:00 p.m.
Fee: \$16 (food included)



Saturday, Nov. 9: Movie Night

New Hope Cinema Grill: 2749 Winnetka Ave N, New Hope
Time: TBD (Around 6:00 p.m. movie time)
Fee: \$6; plus \$4 for ticket (bring cash)

Friday, Nov. 22: DIY Holiday Gift Making

St. Louis Park Rec Center - Banquet Room
6:30 - 8:00 p.m.
Fee: \$10

Tuesday, Dec. 3: Donuts & Board Games at Glam Doll Donuts

2605 Nicollet Ave S, Minneapolis
6:30 - 8:00 p.m.
Fee: \$6; plus \$4-\$8 for donuts & coffee



Saturday, Dec. 14: Holiday Shopping

Ridgedale Mall, 12401 Wayzata Blvd, Mtka
3:00 - 5:00 p.m.
Fee: \$6; plus spending money

Adaptive Recreation & Inclusion Program Policies

I understand that participation in this activity is completely voluntary and the activity is being offered for the benefit of the participant. Reach for Resources, Inc. along with its agents and employees shall not be liable for any claims, injuries, or damages of whatever nature, incurred by the participant arising out of, or connected with, recreational activities. All participants must be registered for a program in order to attend. Please register at least two weeks prior to the beginning of a program. If there are not enough people registered for a program it will be cancelled a minimum of 3 days prior to the beginning of the program. Participants will be notified by phone and a refund will be processed. If classes or recreation activities are canceled due to inclement weather, Reach will schedule a make-up session or offer a refund when possible. For a recorded message about activity cancellations, call 952-200-3030. A written request to withdraw from an activity at least two weeks prior to the activity is eligible to receive a refund (except for Weekend Ventures, which abides by a separate cancellation policy), less a \$5 cancellation fee per class. Refunds are not awarded for ticketed events. Caregivers are welcome to attend all Reach programming with the exception of On The Town. Support staff and family can attend most activities free of charge, but are required to pay for ticketed events that they wish to attend. Caregivers are asked to provide any individualized support that the person they are supporting may need. Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. If a participant is more than 5 minutes late at a community-based event, staff may no longer be waiting for your arrival. If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time. Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged. Prescription and non-prescription drugs are the sole responsibility of the participant. Please visit the [Reach website](#) for further information on these policies, as well as a full description of our drug, alcohol, tobacco, and behavior policies.

Registration Form—Fall 2019*

Priority Registration **OPEN NOW!** • Open Registration starts July 5

Name: _____ Address: _____ City: _____ Zip: _____
 Phone: _____ Alt. Phone: _____ Email: _____ Alt. Email: _____
 Birth Date: _____ Emergency Contact Name: _____ Emergency Phone: _____
 PHOTO WAIVER: To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures, and social networking media. If photographed, this participant may be identified by name.
 Photo: Yes No Name: Yes No Allergies/Diet/Accessibility: _____

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Adaptive Sailing Adventure: 9/4	\$10
<input type="checkbox"/>	Bingo: 10/17	\$8 (\$10 at the door)
<input type="checkbox"/>	Bowling at Bowlero: <input type="checkbox"/> Adult <input type="checkbox"/> Youth	\$44 / \$52
<input type="checkbox"/>	Bowling at Park Tavern: <input type="checkbox"/> Adult <input type="checkbox"/> Youth	\$44 / \$52
<input type="checkbox"/>	Cooking Night: Oktoberfest: 10/3	\$25
<input type="checkbox"/>	Craft: Halloween Mason Jar Luminary: 10/7	\$16
<input type="checkbox"/>	Craft: Rustic Snowman Ornaments: 12/2	\$16
<input type="checkbox"/>	Daytime: Coffee, Cupcakes, Conversation: 11/15	\$6
<input type="checkbox"/>	Fall Formal: 10/4	\$10 (\$15 at the door)
<input type="checkbox"/>	Ghostly Gala: 10/26	\$10 (\$15 at the door)
<input type="checkbox"/>	Graham Cracker Houses: 10/26	\$10
<input type="checkbox"/>	Holiday Cookie Plate: 12/11	\$25
<input type="checkbox"/>	Holiday Jamboree: 12/13	\$10 (\$15 at the door)
<input type="checkbox"/>	Karaoke with Mocktails & Snacks: 11/1	\$16
<input type="checkbox"/>	Mixed Media Exploration & Art Showcase: 9/14	FREE!
<input type="checkbox"/>	New Year's Eve Dance Party: 12/27	\$15
On the Town		
<input type="checkbox"/>	Twin Cities Harvest Festival: \$6	<input type="checkbox"/> Out to Eat at Perkins: \$6
<input type="checkbox"/>	Football Game: \$6	<input type="checkbox"/> Thanksgiving Potluck: \$6
<input type="checkbox"/>	Out to Eat at Snuffy's: \$6	<input type="checkbox"/> Out to the Movies: \$6
<input type="checkbox"/>	Apple Cider & Bingo: \$8	
On the Town - All Abilities		
<input type="checkbox"/>	Reach's Very Own Applefest: \$10	<input type="checkbox"/> Movie Night: \$6
<input type="checkbox"/>	Out to Eat at Shake Shack: \$6	<input type="checkbox"/> DIY Holiday Gift Making: \$10
<input type="checkbox"/>	Spa Night: \$10	<input type="checkbox"/> Donuts & Board Games: \$6
<input type="checkbox"/>	Wings & Wrestling: \$16	<input type="checkbox"/> Holiday Shopping: \$6

<input type="checkbox"/>	Pizza & Bingo <input type="checkbox"/> 9/30 <input type="checkbox"/> 11/14 <input type="checkbox"/> 12/10	\$16 each, \$8-companions
<input type="checkbox"/>	Singles Night at Sea Life	\$20
<input type="checkbox"/>	Snacks & Cinema: <input type="checkbox"/> 9/26 <input type="checkbox"/> 10/24 <input type="checkbox"/> 11/21 <input type="checkbox"/> 12/19	\$8 each (pre-registration required)
<input type="checkbox"/>	Social Seekers	\$205
<input type="checkbox"/>	Teen Explorers	\$48 / \$56
<input type="checkbox"/>	Wednesday Night Social Program	\$48 / \$56 (all below included)
Wednesday Night Social Individual Activities (\$10 each, unless noted)		
<input type="checkbox"/>	Fall Welcome Party	<input type="checkbox"/> Pumpkin Painting & Cocoa
<input type="checkbox"/>	Out to Eat at Betty Danger's CC	<input type="checkbox"/> Mini Putt at MOA
<input type="checkbox"/>	Hayride & Apple Picking	<input type="checkbox"/> Night at the Movies
<input type="checkbox"/>	Cooking Night: Apple Desserts: \$20	<input type="checkbox"/> Halloween Party
<input type="checkbox"/>	Yoga	\$45 / \$53

Please mail completed form with payment to:
 Reach for Resources
 5900 Green Oak Drive, Suite 303
 Minnetonka, MN 55343
 or fax to **952-229-4468**
 * Online registration is available at
www.reachforresources.org.

**** By registering for activities, you acknowledge that you have read and understood our Program Policies on the previous page, and you agree to be bound by them. ****

Program Total:	\$
Optional Donation to Reach	\$
TOTAL ENCLOSED:	\$
<input type="checkbox"/> Cash <input type="checkbox"/> Check <input type="checkbox"/> Credit Card # _____	
Exp. Date: _____ Sec. Code: _____ Name on Card: _____	

ADMIN USE		Registered by _____ Amt Pd \$ _____ Ck# _____
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