

Thank you to everyone
who submitted our
Marketing Survey. Your
feedback is valuable!

This is the last chance to
register for our April 21
Bowl-A-Thon. See inside
for the sign-up form.

Some of our upcoming
Rec activities are listed
every Sunday on our
Facebook page.

Supporting Individuals with Disabilities and Mental Illness to Reach Their Full Potential

The Reach Reader

SUMMER 2018

Award Winners Honored

We were pleased to present several awards at our Annual Meeting on February 27. Those who were deservedly honored included:

- Benilde-St. Margaret's School (Community Partner)
- Ken Nash & ProSource Wholesale (Corporate Partner)
- Vickie Rockino (Volunteer of the Year)
- Jesse Hartrick (Matthew Smith Memorial Award for staff) *pictured at left*

See page 3 to read about these winners!



Fun is Brewing with Reach "On Tap"

Mark your calendar for our annual summer fundraising event, Reach "On Tap." Reach "On Tap" will be held at Steel Toe Brewing in St. Louis Park on Tuesday, **July 17**, from 6-9 p.m. The evening will include a silent auction, food trucks, beverages, and music. We are seeking to raise \$20,000 with Reach "On Tap" to further its supported employment services. Early-bird tickets are \$35 through June 15.

If you would be willing to sponsor the event or contribute an item for our silent auction, please contact Kate at 952-200-5746.



LETTER FROM KATE

Hello everyone,

Happy spring! May you welcome new beginnings that lift your spirits.

At Reach for Resources, Inc., we are continually striving to make things better for those who utilize our services and supports. Our team has created new goals for the upcoming year to make our teams stronger and our supports even better. We will be focusing on building our positive culture, marketing and raising awareness of our services and supports, and growth. We will continue to make our mission our priority and would love to engage others within our work. Please feel free to reach out to us if you have suggestions or want to get involved.

If you haven't already, please sign up for our upcoming events, our annual Bowl-A-Thon, April 21, at Park Tavern and our summer event, Reach "On Tap," July 19, at Steel Toe Brewery in St. Louis Park. You can stay in touch by joining us on social media too!

We look forward to seeing you this summer. Thanks for your support of Reach!

All my best,

Kate Bottiger

Kate Bottiger
Executive Director



The artwork here was created by Matt Lex during a Reach art class. This abstract piece on black canvas is one that Matt recently sold at an art show. We're so honored we can support you in this achievement, Matt. Way to go!



Photos: 1 - Can you believe how much fun Club West is? 2 - This "Social Seeker" and Reach staff Jen total their Yahtzee scores. 3 - Bowling leagues are really on a roll! 4 - This "Young Athlete" served up a big smile for us! 5 - Even basketball players know secret handshakes. 6 - Stephanie's karaoke hit all the right notes. 7 - Goldy and the Gopher crew hosted a great game night for Wednesday Night Social & Club West members!

Award Winners Honored

We were pleased to present several awards at our Annual Meeting on February 27. Those who were deservedly honored included:

- **Benilde-St. Margaret's School (Community Partner)**

For several years, Reach has visited Benilde-St. Margaret's (BSM) to talk with students who need to complete a volunteer service project. Those who select Reach choose adaptive recreation and inclusion programs to attend and assist the individuals in those programs with various tasks and projects. These students build strong relationships with the individuals they work with and thoroughly enjoy the work. Some of the students who volunteer stay involved with Reach even after the project is over, and some of our volunteers who have been with us the longest (15+ years) started as BSM students.

- **Ken Nash & ProSource Wholesale (Corporate Partner)**

Ken Nash and ProSource Wholesale have sponsored a Reach softball team for over a decade, and he has been a huge part of our Give to the Max Day the last couple of years.

- **Vickie Rockino (Volunteer of the Year)**

Vickie is one of our most dedicated volunteers. She shows up 3-4 times each week to assist multiple departments with administrative tasks, and does so with enthusiasm and ingenuity! Vickie is very thorough with projects, is a great communicator, and is a positive presence to have in the office. She works hard to get projects done within deadlines, knows how to prioritize, and is very flexible.

- **Jesse Hartrick (Matthew Smith Memorial Award for staff) (pictured on front)**

Jesse splits her time evenly between our Recreation and Community Living departments and excels in both of her positions. Jesse always puts her the people she supports first. She has a naturally person-centered way of working with both children and adults, and strives to maximize the independence and success of the people she is working with. Jesse uses her creativity to plan great activities for recreation, and to help those on her community living caseload to meet their goals in a fun way. She has a passion for serving individuals, and loves spending her time facilitating outings in both of her positions. A strong leader, Jesse is often called upon to train new staff. She is extremely generous and kind to everyone she comes into contact with. Her caring personality is especially impressive when you realize how many individuals she sees every week, remembering the names, preferences, and personalities of each and every one. All of Jesse's traits combine to create one very strong Reach employee.



Benilde-St. Margaret's representatives Claire Shea, Lisa Lenhart-Murphy, & Becca Meagher



Ken Nash



Vickie Rockino

Take the Challenge!

Are you up to helping Reach with an ambitious goal this year? Take part in our **Awareness Challenge 2018!** This word-of-mouth campaign will be a group effort, running the remainder of the year. Here's how it works.

1. Tell someone who is not already familiar with Reach about what we do. It might look something like this: The next time you go to the grocery store, you might mention to the cashier that you go to events or volunteer with Reach for Resources, and ask if he or she has heard of it. If that person says, "no," explain, in your own words, that Reach for Resources is a great nonprofit organization that supports individuals with disabilities to reach their full potential. Then, briefly share how you are involved with Reach. For example, "I go to basketball every week and make some great friends," or "An awesome staff member comes to my home and helps me with cooking and laundry."

Now here's the important part: **2. Let us know you've had these conversations.** On our website, we've posted an easy Awareness Challenge 2018 Register. Just use that to type in your name, the number of people you told about Reach in that encounter (it could be a whole group of people), and who they were ("Cub cashier," "Uncle Bob," "lunchroom co-workers," etc.). **3. Keep talking and keep submitting numbers** on the record. Our goal is that with all of us working together, **2,018 new people will learn about Reach** in the coming months. That's a lot, but we can do it! Start today, and get the momentum going for this exciting endeavor.



SUCCESS STORY

Community Living

"Smiling Sly" Brings Positive Reach Experiences to His Own Daily Life

His name is Sylvester Wilson, but you can call him "Sly." When you do, be sure to smile, because he'll notice. He's witnessed several Reach staff members smiling at him and says, "They make me feel like I want to be there and want to come back." That holds especially true for Sly with Community Living Specialist Maya Witte. "Maya's smile lights up the world. If there were more people like her, the whole world would be fine."

Sly and Maya have been meeting regularly for nearly a year, working on Sly's computer aptitude and reading skills. They spend time at the library practicing spelling and phonics. They've scheduled Sly for other Reach activities, including Bingo, bowling, Singles' Night Out, and the Ghostly Gala. And they trade plenty of smiles.



Sly admits that he has sensed a positive atmosphere at Reach ever since his first meeting, and that each person associated with Reach has made his experience personal and meaningful. It's that same approach that he carries with him and conveys at his own job at Panera. "I try to make the customer feel like they're at home." Sly performs custodial duties at Panera and also works in concessions at the Twins Stadium. He says, "I like getting to meet different people." And when he does, he treats them to his own award-winning smile.

This blog, along with others, is posted on the News page on our website.

Looking to Hire a DJ?

Reach now offers a low-cost, basic DJ service. You can hire a fun DJ, who will play all the best songs for your event for just \$100 per hour. If you are interested in booking this service or finding out more, contact Emily at 952-393-5880 or emiller@reachforresources.org.



Carolyn Fenne Nominated for ARRM Cares Award

Each year, Reach has the opportunity to nominate a staff member for an ARRM Cares Award. This award was established to recognize professionals from ARRM members who provide direct care and demonstrate a commitment to quality services. Reach's 2018 nominee is Carolyn Fenne, who has been a Community Living Specialist with us for three years.



One person with whom Carolyn works is Torrance, who says, "She has helped me through some tough times." In fact, Torrance believes if it weren't for Carolyn, he would be on the streets.

During their work together these past couple of years, Carolyn and Torrance have tackled significant hurdles. Carolyn helped him learn how to navigate systems for finding better housing and better employment. Then not long ago, Torrance surprised Carolyn with news that he had secured a second job, beaming with the announcement that he did it independently.

While some people in social services believe that success takes the form of working oneself out of a job, that can be a difficult reality. Carolyn notes that Torrance is "like family," and she has numerous other individuals who fill that same role. It is this dedication of Carolyn's that is part of the reason that Carolyn's Reach family of co-workers is pleased to be able to nominate her for this award.

Case Managers as Educators

Reach for Resources Case Management department is excited to utilize the role of educator in our case management positions. To the case managers at Reach for Resources, this is a necessary role in our jobs, and in the lives of those we work with.

We have embraced this role in situations such as families that are new to an experience or time in their life, and need resources, support, or guidance in pursuing the next steps. We have helped families get connected with communities and support groups for specific needs such as autism support groups, or guiding families through the process of obtaining needed services or providers. Reach for Resources case managers look forward to future opportunities to support families and individuals.

We have embraced this role...

26th Annual Bowl-A-Thon Registration

Saturday, April 21, 9:30 a.m. - 1:00 p.m., Park Tavern Lanes: 3401 Louisiana Ave S, St. Louis Park

***You must be registered in order to bowl.* We will send you a pledge packet when we receive your registration form.**

Registration Deadline: April 1, 2018

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Register me for:

T-Shirt Size: S M L XL XXL (circle one)
(adult sizes only)

☐ Bowling and Lunch \$50 minimum pledges or donation
(Pledges should be turned in prior to the event.)

_____ I am bowling alone

_____ I am bowling with a team*

Other team members: _____

*(Note: All team members must fill out their own registration form. You can have a total of 6 people on a team.)

☐ Lunch Only - My \$20 donation is enclosed (checks payable to Reach for Resources)

☐ I am unable to participate, but enclosed is my donation of \$ _____

Photo Waiver: Photos may be taken at the Bowl-A-Thon and used in Reach publications.

If you DO NOT want your photo used, initial here: _____

Bowl-A-Thon



Reach for Resources

Fun Facts for Supporting Reach Financially

Approximately 93% of all Reach funding goes directly to programs.

When companies support a social/environmental cause... *



- 92% of US consumers have a more positive image of the company.
- 87% of US consumers are more likely to trust the economy.
- 88% of US consumers would be more loyal to the company.

Reach has influence over consumer behavior! *



- More than 90% of Americans trust what nonprofits say about a product.
- 89% of consumers are likely to switch brands to one that is associated with a good cause, given similar quality and price.

Corporate Characteristics Important to Consumers: **



- 94% want their company to be a good employer.
- 90% want the company to operate in ways that protects/benefits society.
- 87% want company to invest in causes in their community and around the globe.

What Being a Good Corporate Citizen Can Do: *



- Increase market valuation by 4-6%.
- Boost revenues by as much as 20%
- Reduce employee turnover by as much as half.

* MN Council of Nonprofits

** IO Sustainability. LLC & Babson College (MA) Study

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ADAPTIVE RECREATION PROGRAMS

The adaptive recreation program is a cooperative effort of Reach for Resources and the cities of:

- Brooklyn Center
- Chanhassen
- Brooklyn Park
- Chaska
- Golden Valley
- Maple Grove
- Plymouth
- St. Louis Park

Residents of cities other than these listed may purchase a membership that will offer the same benefits as residents, including priority in registration and reduced program fees. Indicate on the Registration Form (on page 10) if you would like to purchase a membership. Otherwise, your registration will be at the "non-resident" fees.

Members are guaranteed a spot in a program ONLY if they register and pay by the Guaranteed Registration Deadline (April 2).

For more information, call 952-393-5880 or go to www.reachforresources.org.

All fees stated represent pre-registration. Advanced registration is required unless otherwise noted.

ALL AGES

PICNIC & PONTOON FISHING

Come out with some experienced fishermen from Fishing for Life! Jump on a pontoon, enjoy a picnic lunch, and catch as many fish as you can in three hours. If you don't love fishing, just enjoy the breeze in your hair while you ride along. Sign up for one or all four dates.

Session 1: May 31
Session 2: June 28
Session 3: July 19
Session 4: August 16
5:00 - 8:00 p.m.

West Medicine Lake Park, Plymouth

Cost: \$15 per session. Attending companions can attend for free, but must register so the right amount of space is reserved.



ADULT/FAMILY YOGA (Ages 5+)

Increase attention span, focus, muscle tone, and flexibility. We will have class outside when weather permits. This is a combination class for kids and adults with disabilities. Adults may sign up to participate independently. Children with disabilities and their parents participate together. All children under 13 must be accompanied by at least one adult.

Tuesdays, June 5 - July 17 (Off 7/3)
7:00 - 8:00 p.m.

SLP Rec Center - Wolfe Park Pavilion

Adults: Resident: \$44 / Non-Resident: \$52
Families: \$54 per parent/child pair (\$20 for each additional family member) (Resident)
\$62 per parent/child pair (\$28 for each additional family member) (Non-Resident)

BOWLING (Ages 5+)

Join us for fun, noncompetitive bowling. You will bowl two games each week.

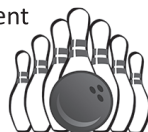
Youth League: Ages 5-17

Adult League: Ages 18+

Park Tavern Lanes

Mondays, June 4 - July 30 (Off 7/2)
6:30 - 8:30 p.m.

\$42 resident, \$50 non-resident
(plus \$4.25 each week)



Bowlero Bowl

Tuesdays, June 5 - July 31 (Off 7/3)
6:30 - 8:30 p.m.

\$42 resident, \$50 non-resident (plus \$3.50 each week)

AGES 13+ (Unless otherwise noted)

SOFTBALL

A non-competitive teen/adult softball league that focuses on teamwork, improving skills, and having fun. Join your friends each week to get outside and play ball!

Thursdays, June 7 - August 2 (Off 7/5; Rain-out make-up days: 8/9 & 8/16)
6:30 - 8:00 p.m.

Harley Hopkins Fields,
108 Jackson Ave. S, Hopkins

Resident: \$42 / Non-Resident: \$50



DAYTIME ACTIVITIES

LAKE WALK & COFFEE

Meet up to grab a quick cup of coffee at the Lake Harriet Bandshell or bring a beverage from home. We'll spend some time walking around the lake, chatting, visiting with passersby, and enjoying the warm weather!



Tuesday, June 5
11:00 a.m. - 1:00 p.m.

4135 Lake Harriet Parkway, Minneapolis

Fee: \$5

YARD GAMES, PICNIC, FISHING

Get outside! Do some dock fishing from the boat launch area, play yard games, and enjoy an outdoor picnic provided by Reach.



Monday, July 2
11:30 a.m. - 1:30 p.m.

Parker's Lake Park, 15205
County Road 6, Plymouth

Fee: \$10

BREAKFAST AT BUNNY'S

Eggs, French toast, waffles, benedicts, bacon, scrambles...Bunny's does it all! Come socialize with some friends and enjoy a great meal.

Thursday, August 30
9:30 - 11:00 a.m.
5916 Excelsior Blvd, St. Louis Park

Fee: \$5

TEEN EXPLORERS (Ages 13-21)

Get to know new friends while trying new activities. Movies, dinners out, games, crafts, and so much more!

Tuesdays, June 5 - July 31 (Off 7/3)
6:30 - 8:30 p.m.

Various Metro Locations

Resident: \$47 / Non-Resident: \$55

ZUMBA (Ages 16+)

Have fun while learning the popular dance moves. Join the sensation!

Mondays, June 4 - July 16 (Off 7/2)
6:30 - 7:30 p.m.

SLP Rec Center - Wolfe Park Pavilion

Resident: \$44 / Non-Resident: \$52

Locations Key

Park Tavern Lanes: 3401 Louisiana Ave S, St. Louis Park
Bowlero Bowl: 7545 Brooklyn Blvd, Brooklyn Park
St. Louis Park (SLP) Recreation Center: 3700 Monterey Dr S, St. Louis Park
Eisenhower Community Center: 1001 MN-7, Hopkins
Brookview Community Center: 316 Brookview Parkway S, Golden Valley
Brooklyn Park Community Activity Center: 5600 85th Ave N, Brooklyn Park
Louisiana (LA) Oaks Park: 3520 Louisiana Ave S, St. Louis Park

SOCIAL SEEKERS (Ages 15+)

This is a program for teens and adults on the autism spectrum. We meet once a week for fun and social interaction. We play games, do crafts, get outside, and practice socializing with a variety of staff, volunteers, and participants. A brief intake meeting is required for all new participants. Call 952-393-5866 for more information or to schedule an intake.

Wednesdays, June 6 - August 15

(Off 7/4)

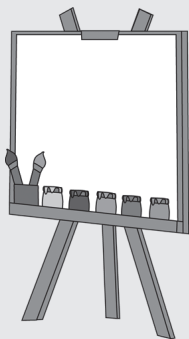
5:00 - 6:30 p.m.

The Depot: 9451 Excelsior Blvd., Hopkins

Fee: \$200

OPEN STUDIO ART THERAPY FOR EXPRESSION, RELAXATION & STRESS REDUCTION

The focus of this group is to create art in an inspiring and safe environment that allows for self-expression and exploration using various artistic mediums. This is open to all art ability levels. Anyone interested in playing with art and trying new things is encouraged to join. This is an open-studio environment, where the participants get to choose what they make based on the materials provided. An art therapist will provide encouragement and direction when needed, but will support the participants in trusting and following their own instincts in the art process. Discover new things about yourself while building confidence, a sense of independence, and improving problem-solving skills.



Tuesdays, July 24 - August 28

6:30 - 8:00 p.m.

LA Oaks Park

Resident: \$42 / Non-Resident: \$50

WEEKEND VENTURES (Ages 16+)

Need a mini-vacation? Join us for this great weekend respite program! We will spend the weekend at beautiful Camp Edenwood in Eden Prairie. Activities will include hiking, Frisbee golf, a challenge course, campfires, and more. This program is waiver eligible. Call Nate at 952-393-5866 for more details.

Friday, August 24, 6:00 p.m. -

Sunday, August 26, 10:00 a.m.

Fee: \$700

ADULTS (18+)

ADULT SOCIAL CLUBS (CLUB WEST OR WEDNESDAY NIGHT SOCIAL)

Become more engaged in the community, build social skills and coping skills, and practice flexibility. Activities include cooking classes, craft nights, professional sports outings, meals out, and more! Open to individuals of all abilities, as well as companions.

Wednesdays, June 6 - August 1

(Off 7/4)

6:30 - 8:30 p.m.

Various Metro Locations

Resident: \$47 / Non-Resident: \$55

SPECIAL EVENTS

HARRY POTTER PARTY

Harry Potter fans unite on Harry's birthday! Each attendee will get to create a wand of their own and enjoy some Hogsmeade inspired treats. We'll have a movie on in the background and play some Harry Potter trivia games!

Tuesday, July 31

6:30 - 8:30 p.m.

Brookview CC

Fee: \$15

LADY OF THE LAKE BOAT CRUISE

Enjoy a relaxing cruise on beautiful Lake Minnetonka on the Lady of the Lake Paddleboat! Light snacks and complimentary sodas will be available for all guests. Members of Club West, Wednesday Night Social and Teen Explorers will attend for free.



Wednesday, May 9

6:00 - 8:30 p.m.

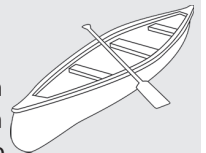
City of Excelsior

Public Dock: 2 Water St, Excelsior

Fee: \$10 (Companions must pay as well)

CHAIN OF LAKES ADAPTED CANOE TRIP

Jump on a 10-person voyager canoe with skilled guides from Wilderness Inquiry to enjoy an afternoon of adventure! All abilities are welcome; accommodations can be requested. We will paddle the Minneapolis Chain of Lakes, stop for a picnic, and head back to our starting point.



Saturday, August 11

10:00 a.m. - 2:00 p.m.

Meet at Bde Maka Ska (formerly Calhoun) Thomas Beach, Minneapolis

Resident: \$20 / Non-Resident: \$28
(Companions must pay as well)

INCLUSION SUPPORT

Reach for Resources provides inclusion support to children and adults with disabilities who would like to participate in their city park and recreation programs. Registration for these programs is done through your Park and Recreation Department. Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Brooklyn Park
- Golden Valley
- New Hope
- Chanhassen
- Chaska
- Crystal
- St. Louis Park

After registering, contact Reach to discuss the needs/accommodations for yourself or your child.

** Please allow a minimum of two weeks' notice for a successful inclusion.*

PIZZA & BINGO

Let's get together for dinner and bingo night. Prizes and pizza for all! Three options to participate.

Thursday, June 14, Tuesday, July 17, and/or Monday, August 6
6:00 - 8:00 p.m.

Brookview CC

Fee: \$15 each; \$7 pizza for companion

SNACKS & CINEMA

Thursday, June 28: *Star Wars: Episode VIII: The Last Jedi*;
Yoda soda & edible light sabers

Thursday, July 26: *Wonder Woman*; watermelon

Thursday, August 30: *The Greatest Showman* (musical); popcorn bar
6:30 - 8:30 p.m.

Brooklyn Park CC: Grand Room 3

Fee: \$7

2017-18 BOWLING BANQUET

All bowlers from our 2017-18 seasons are invited to attend this party. Dinner will be served, and we will give prizes and certificates to all of our bowlers from the past year. We'll enjoy photos from the year and do a little dancing to wrap up the night! Please register by August 15.

Wednesday, August 29

6:00 - 8:00 p.m.

Minnetonka CC14600 Minnetonka Blvd,
Minnetonka

Fee: \$10 for bowlers, \$5 for guests

PATRIOTIC JAR LUMINARIES

Each attendee will start with three jars. Stick on your own design and then paint over it! Remove the stickers and add an electronic candle to create a beautiful luminary that would look perfect on any patio, bookshelf, or windowsill!

Thursday, June 21
6:30 - 8:00 p.m.

LA Oaks Park

Fee: \$15



DIY DOILY DREAM CATCHERS

Have pleasant dreams after creating your own dream catcher and hanging it in your room! Use a doily as the base, using other string to wrap it around a circular frame. Decorate with flowers, feathers, and beads.



Monday, August 27
6:30 - 8:00 p.m.

SLP Rec Center: Banquet Room

Fee: \$15

POUR PAINTING & MIXED MEDIA COMBO CLASS

On the 22nd use a pouring technique to create a masterpiece! Each person will have their own canvas and choose any variety of colors to create a work of art that would look great on a wall in your home. On the 23rd come back to pick up your project and try out some other art media that we have available.

Wednesday, August 22 & Thursday August 23

6:30 - 8:00 p.m.

Eisenhower CC

Fee: \$20 for both classes

DROP-IN EVENTS

THIRD FRIDAY DANCES

Join your friends and groove to the latest hits as well as classic dance songs. Dances are from 7:00-9:00 p.m. Please call 952-393-4277 for more information.

Friday, June 15: Indoor/Outdoor Summer Party - New Location - LA Oaks Park
Friday, July 20: Patriotic Theme - SLP Rec Center: Banquet Room

Friday, August 17: Summer's End Glow-in-the-Dark Dance with frozen treats - SLP Rec Center: Banquet Room

Fee: \$5 in advance; \$7 at the door



KARAOKE & DANCING WITH MOCKTAILS & SNACKS

Sing along to your favorite tunes with your peers. Bring a CD, or we can search for your favorite song online! We will display lyrics for you so you can sing along.

Friday, July 13

6:30 - 8:30 p.m.

SLP Rec Center: Banquet Room

Fee: \$10 in advance, \$15 at the door



BINGO

Come play everyone's favorite game! Everybody goes home a winner.

Friday, August 3

6:30 - 8:00 p.m.

Brooklyn Center CC: Cohen Room: 6301 Shingle Creek Pkwy, Brooklyn Center

Fee: \$7 in advance; \$10 at the door

INDEPENDENT LIVING 101

Microwave Meal Prep: **Monday, June 25**

We will discuss, demonstrate, and practice how to work a microwave. Learn about safety measures, including cooking times, microwave-safe materials, and different settings. Check out some recipes that can be made using your microwave (scrambled eggs, a cupcake, popcorn, "baked" potatoes, etc.)! We will also cover heating up leftovers, and keeping your microwave clean. Take home a cheat sheet to help you be successful independently!

Out to Eat Etiquette: **Thursday, July 19**

Most of us have been going out to eat for years, but have you ever been educated on the etiquette of dining out at a restaurant? We will go through the whole process together, including making a reservation, arriving at the restaurant, ordering off the menu, placing a napkin on your lap, keeping an acceptable noise level, and paying the bill, including tipping your server.

6:30 - 7:30 p.m. Fee: \$5 each

Cornerstone Creek Apartments Lounge Area: 9280 Golden Valley Rd, Golden Valley



On the Town

Summer 2018

On the Town (OTT) is a specialized program that requires a brief intake meeting with a Reach staff for new participants. To set up an OTT intake, please call Jesse at 952-393-4277. Individuals need to be age 18+ to register.

On the Town: Weekday	On the Town: Friday	On the Town: Weekend
<input type="checkbox"/> \$10 <u>MN Twins Game</u> When: Wednesday, June 20 Where: 1 Twins Way, Minneapolis Time: 6:30 - 9:30 p.m. Cost Included: Discounted Ticket	<input type="checkbox"/> \$5 <u>Feed My Starving Children Volunteer Event</u> When: Friday, June 22 Where: 18732 Lake Dr E, Chanhassen Time: 6:00 - 7:30 p.m. Additional Cost: None	<input type="checkbox"/> \$5 <u>Minneapolis Sculpture Garden</u> When: Saturday, June 23 Where: 726 Vineland Pl, Minneapolis Time: 2:30 - 4:00 p.m. Additional Cost: N/A
<input type="checkbox"/> \$5 <u>Foot Golf (soccer-golf hybrid)</u> When: Wednesday, June 27 Where: 8232 Regent Ave N, Brooklyn Park Time: 6:30 - 8:30 p.m. Additional Cost: \$6 for foot golf	<input type="checkbox"/> \$5 <u>Can Can Wonderland Mini Golf</u> When: Friday, June 29 Where: 755 Prior Ave N, Suite 004, St. Paul Time: 6:30 - 8:00 p.m. Additional Cost: \$14 for mini golf	<input type="checkbox"/> \$5 <u>Wirth Lake Beach Day</u> When: Saturday, July 14 Where: 3200 Glenwood Ave, Golden Valley Time: 1:00 - 3:00 p.m. Additional Cost: N/A
<input type="checkbox"/> \$5 <u>Surry Bikes & Paddle Boats</u> When: Wednesday, July 18 Where: 1360 Lexington Pkwy N, St. Paul Time: 6:00 - 8:00 p.m. Additional Cost: Optional \$ for snacks	<input type="checkbox"/> \$5 <u>SLP Aquatic Center</u> When: Friday, July 27 Where: 3700 Monterey Dr, St. Louis Park Time: 6:00 - 7:30 p.m. Additional Cost: \$5.50 for admission	<input type="checkbox"/> \$5 <u>Lake Harriet Walk & Free Outdoor Concert</u> When: <i>Sunday</i> , July 29 Where: 4135 W Lake Harriet Pkwy, Minneapolis Time: 1:00 - 3:00 p.m. (concert at 2:00) Additional Cost: Optional \$ for ice cream and/or drinks
<input type="checkbox"/> \$5 <u>Out to Eat @ Pineda Tacos</u> When: Monday, July 30 Where: 60 Nathan Ln N, Plymouth Time: 6:00 - 7:30 p.m. Additional Cost: \$8-15	<input type="checkbox"/> \$5 <u>Out to Eat at The Yard House</u> When: Friday, August 10 Where: 1665 Park Pl Blvd, St. Louis Park Time: 6:30 - 8:30 p.m. Additional Cost: \$15-20 for meal and tip	<input type="checkbox"/> \$5 <u>Uptown Art Fair</u> When: Saturday, August 4 Where: Uptown, Minneapolis Time: 2:00 - 4:00 p.m. Additional Cost: Optional \$ for food trucks and/or art
<input type="checkbox"/> \$5 <u>Out to the Movies: \$2 Tuesdays</u> When: Tuesday, August 28 Where: 2749 Winnetka Ave N, New Hope Time: TBD (showtime around 6:30 p.m.) Additional Cost: \$2 for movie, optional \$ for food	<input type="checkbox"/> \$5 <u>Movies and PJs</u> When: Friday, August 24 Where: 3700 Monterey Dr, St. Louis Park Time: 6:30 - 8:30 p.m. Additional Cost: N/A	<input type="checkbox"/> \$5 <u>Out to Eat: Brunch @ Original Pancake House</u> When: Saturday, August 18 Where: 6322 Vinewood Ln, Maple Grove Time: 11:00 a.m. - 12:30 p.m. Additional Cost: \$12-25, depending on choices

Name: _____ Total # of events chosen: _____ Total Cost: \$ _____

Individuals may sign up for each On the Town activity separately. Each activity costs \$5-10 to register plus any additional fees (tickets, etc.). There will be other costs associated with each activity, which are noted below and on your schedule. You are welcome to sign up for as many activities as you'd like, as long as space is available. To register for an On the Town activity, check the box next to the event(s) you will be attending. Send in this sheet along with your payment and a completed registration form found on the opposite site of this page. Call Jesse at 952-393-4277 for more information or if you have questions.

Registration Form—Summer 2018*

Guaranteed Registration starts April 2 • Priority Registration starts April 9 • Open Registration starts April 16

Please complete all fields and questions in this box.

Name: _____ Birth Date: _____
 Address: _____ City: _____ Zip: _____ Primary Phone: _____
 Alt. Phone: _____ Email: _____ Alt. Email: _____
 Allergies/Medical Concerns/Diet: _____ Other Needs/Concerns: _____
 Emergency Contact Name: _____ Emergency Phone: _____

PHOTO WAIVER: To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures, and social networking media. If photographed, this participant may be identified by name.

(Check Yes or No)
Photo: Yes ☐ No ☐
Name: Yes ☐ No ☐

	Programs (Listed Alphabetically)	Resident/Non-Resident
	Annual Bowl-A-Thon	See Pg. 5 for registration
<input type="checkbox"/>	Bingo	\$7 (\$10 at the door)
<input type="checkbox"/>	Bowling at Bowlero: Adults	\$42 / \$50
<input type="checkbox"/>	Bowling at Bowlero: Youth	
<input type="checkbox"/>	Bowling at Park Tavern: Adults	\$42 / \$50
<input type="checkbox"/>	Bowling at Park Tavern: Youth	
<input type="checkbox"/>	2017-18 Bowling Banquet # Attending ____	\$10-bowlers, \$5 guests
<input type="checkbox"/>	Breakfast at Bunny's	\$5
<input type="checkbox"/>	Chain of Lakes Canoe Trip # Attending ____	\$20 / \$28 -companions too
<input type="checkbox"/>	Club West	\$47 / \$55
<input type="checkbox"/>	Dances: <input type="checkbox"/> 6/15 <input type="checkbox"/> 7/20 <input type="checkbox"/> 8/17	\$5 each (\$7 at the door)
<input type="checkbox"/>	DIY Doily Dream Catchers	\$15
<input type="checkbox"/>	Harry Potter Party	\$15
<input type="checkbox"/>	Independent Living: <input type="checkbox"/> Microwaving <input type="checkbox"/> Etiquette	\$5 each
<input type="checkbox"/>	Lady of the Lake Boat Cruise # Attending ____	\$10 -companions too
<input type="checkbox"/>	Lake Walk & Coffee	\$5
<input type="checkbox"/>	Karaoke with Mocktails & Snacks	\$10 (\$15 at the door)
<input type="checkbox"/>	On the Town	See Pg. 9
<input type="checkbox"/>	Open Studio Art Therapy	\$42 / \$50
<input type="checkbox"/>	Patriotic Jar Luminaries	\$15
<input type="checkbox"/>	Picnic & Pontoon Fishing: <input type="checkbox"/> 5/31 <input type="checkbox"/> 6/28 <input type="checkbox"/> 7/19 <input type="checkbox"/> 8/16	\$15 each

<input type="checkbox"/>	Pizza & Bingo: <input type="checkbox"/> 6/14 <input type="checkbox"/> 7/17 <input type="checkbox"/> 8/6	\$15 each, \$7-companions
<input type="checkbox"/>	Pour Painting & Mixed Media	\$20
<input type="checkbox"/>	Reach "On Tap" Summer Fundraiser	\$35: by 6/15 \$40: 6/16-7/17 (noon) \$50: at the door
<input type="checkbox"/>	Snacks & Cinema: <input type="checkbox"/> Star Wars: Episode VIII <input type="checkbox"/> Wonder Woman <input type="checkbox"/> The Greatest Showman	\$7 each (pre-registra- tion required)
<input type="checkbox"/>	Social Seekers (Teens & Adults)	\$200
<input type="checkbox"/>	Softball	\$42 / \$50
<input type="checkbox"/>	Teen Explorers	\$47 / \$55
<input type="checkbox"/>	Wednesday Night Social	\$47 / \$55
<input type="checkbox"/>	Weekend Ventures <input type="checkbox"/> Valleyfair (Details on website) <input type="checkbox"/> Camp Edenwood	\$700 each
<input type="checkbox"/>	Yard Games, Picnic & Fishing	\$10
<input type="checkbox"/>	Yoga: Adults	\$44 / \$52
<input type="checkbox"/>	Yoga: Family # Attending ____	\$54 / \$62: pair (+\$20/\$28 each addtl)
<input type="checkbox"/>	Zumba	\$44 / \$52

Non-Resident Membership: Annual - \$100 ☐

Bi-Annual (Reach will bill 2nd half) - \$50 ☐

Program Total:	\$ _____
Optional Donation to Reach	\$ _____
TOTAL ENCLOSED:	\$ _____
<input type="checkbox"/> Cash <input type="checkbox"/> Check <input type="checkbox"/> Credit Card # _____ Exp. Date: _____ Security Code: _____ Name on Card: _____ <input type="checkbox"/> Please bill my waiver	

ADMIN USE	Registered by _____	Amt Pd \$ _____	Ck# _____
	Pymt Received by _____		

Please mail completed form with payment to: **Reach for Resources, 5900 Green Oak Drive, Suite 303, Minnetonka, MN 55343**
 or fax to **952-229-4468**. *Online registration is available at **www.reachforresources.org**.

Adaptive Recreation & Inclusion Program Policies

I understand that participation in this activity is completely voluntary and the activity is being offered for the benefit of the participant. Reach for Resources, Inc. along with its agents and employees shall not be liable for any claims, injuries, or damages of whatever nature, incurred by the participant arising out of, or connected with, recreational activities. All participants must be registered for a program in order to attend. Please register at least two weeks prior to the beginning of a program. If there are not enough people registered for a program it will be cancelled a minimum of 3 days prior to the beginning of the program. Participants will be notified by phone and a refund will be processed. If classes or recreation activities are canceled due to inclement weather, Reach will schedule a make-up session or offer a refund when possible. For a recorded message about activity cancellations, call 952-200-3030. Participants can be refunded for registration fees when cancellations are made 14+ days prior to a program. Refunds are not awarded for ticketed events. Caregivers are welcome to attend all Reach programming with the exception of On The Town. Support staff and family can attend most activities free of charge, but are required to pay for ticketed events that they wish to attend. Caregivers are asked to provide any 1:1 support that the individual they are supporting may need. Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. If a participant is more than 5 minutes late at a community-based event, staff may no longer be waiting for your arrival. If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time. Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged. Prescription and non-prescription drugs are the sole responsibility of the participant. Please visit the Reach website for further information on these policies as well as a full description of our drug, alcohol, tobacco, and behavior policies.

By registering for activities, you acknowledge that you have read and understood these Terms and Conditions and you agree to be bound by them.

Some Comments from 2017 Family & Parenting Development Surveys:

The time they put into helping families is limitless.

This is a great resource.

I am so grateful.

She taught me some of the most important things on being a mother and discipline.

[We] had many good quality talks.

Thank you so much for the love and care you've shown.

[Lisa] has been so helpful and supportive in my recovery and in helping me build my parenting skills.

I feel like the best mother ever because [of] Alexa

I learned a lot.

She brought my family really close.

I loved all three of my parenting workers.

Brackets for Good

This was Reach's third year participating in Brackets for Good, a March Madness style fundraising tournament that pairs 60 local nonprofits against each other. Whichever nonprofit earns the most donation dollars in a given week advances. Each week, donation totals begin fresh, and the champion is crowned after the six-week progression, earning a \$10,000 grand prize. The competition began March 2, and unfortunately, Reach was eliminated in a close battle during the first round. Watch for information about Brackets for Good next year to help us go further.



Special thanks to our Adaptive Recreation basketball league sponsors:



Physical Electronics USA



The Barbetta family



Duoos Brothers American Legion Post 630

*For more information about supporting Reach, visit the Give Page on our website:
www.reachforresources.org.*



Address Service Requested

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56345

5900 Green Oak Drive, Suite 303
Minnetonka, MN 55343
Office: 952-200-3030
Fax: 952-229-4468
www.reachforresources.org



REACH FOR RESOURCES STAFF

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Roseann Lent, Office Manager
Caren Hansen, Marketing & Communication Manager
Jason Skoog, Development Officer

Adaptive Recreation & Inclusion

Emily Miller, Director of Adaptive Recreation & Inclusion
Nate Penz, Assistant Director of Adaptive Recreation & Volunteer Engagement Coordinator
Jesse Hartrick, Adaptive Recreation Program Manager
Angela Charley, Therapeutic Arts Adaptive Recreation & Inclusion Intern

Mental Health

Lisa Rivers, MA, LP, Director of Mental Health Services
Jessica Cermak, Assistant Director of Mental Health Services
Alexa Benevides, Parenting Skills Educator
Megan Boehm, CMH Case Manager
Sara Crosby, Mental Health Practitioner
Angie Diercks, ARMHS Mental Health Practitioner
Lisa Nemitz, Parenting Skills Educator
Tamiko Robinson, CMH Case Manager
Angela Schroetter, ARMHS Mental Health Practitioner
Kendra Simon, Parenting Skills Educator

Waiver Case Management

Chelsea Spearman, Director of Waiver Case Management
Kinsey Brown, Case Manager
Sanna Dahl, Case Manager

Community Living Services

Larissa Beck, Community Living Program Manager
Cassie Keller, Designated Coordinator
Uba Ahmed, Community Living Specialist
Elizabeth Bearden, Community Living Specialist
Tania Coffield, Community Living Specialist
Stephen Earnest, Community Living Specialist
Carolyn Fenne, Community Living Specialist
Jeremy Garrigan, Community Living Specialist
Kristen Hamilton, Community Living Specialist
Nicole Hans, Community Living Specialist
Jesse Hartrick, Community Living Specialist
Olivia Long, Community Living Specialist
Thuyen Luu, Personal Support Staff
Hanh McCormack, Personal Support Staff
Margaret Nyoike, Community Living Specialist
Anthony Polzin, Community Living Specialist
Jody Porter, Personal Support Staff
Carly Quick, Community Living Specialist
Kristen Ryan, Community Living Specialist
Judy Sadoff, Personal Support Staff
Marcus Skallman, Community Living Specialist
Mary Skowronek, Personal Support Staff
Sherverla Stigler, Community Living Specialist
Thuy Tran, Community Living Specialist
Annie VanHaren, Community Living Specialist
Alexander Varner, Community Living Specialist
Mona Whitfield, Community Living Specialist
Maya Witte, Community Living Specialist

Recreation Specialists

Kathryn Baumhover
Abby Berens
Lisa Boss
Tori Carter
Sophie Conger
Jordan Koon
Karen Krussow
Hilary Larsen
Jessica Larson
Peggy Martin
Maggie Opheim
Angela Riddle
Jennifer Rogers
Isa Sorenson
Vince St. Martin
Maya Witte
Emily Wright