

We're thrilled that we beat our fundraising goal for our annual Bowl-A-Thon. Great job all!

Watch our website next month for how you can win a prize in our Awareness Challenge.

Thanks to everyone who uses Amazon Smile to donate to us. It's adding up!

Supporting Individuals with Developmental Disabilities and Mental Illness to Reach Their Full Potential

The Reach Reader

FALL 2018



Reach "On Tap" Expected to Be a Night to Remember

Our summer fundraiser is almost here, taking place Tuesday, July 17, from 6-9 p.m., at Steel Toe Brewing in St. Louis Park. If you don't have your tickets yet, save money by purchasing them through our website now. If you buy before noon on the day of the event, tickets are \$40. They will be \$50 at the door. Your ticket includes a free meal (from a food truck on site), a drink ticket (alcoholic and non-alcoholic options available), and event activities. The evening will include

(Continued on page 2.)

Executive Director Kate Bottiger Wins Prestigious Nonprofit Leadership Award

Kate Bottiger's commitment to helping those in need is obvious to anyone who meets her. Her entire career has been spent in the nonprofit sector. So when the Minnesota Council for Nonprofits (MCN) was seeking nominations for leadership awards, Reach staff members knew that Kate was an obvious candidate.

The nomination highlighted Kate's innovation in advancing Reach's mission, her partnership with other nonprofits, and the trust and collaboration she practices with her staff. Kate maintains a constant

(Continued on page 3.)

LETTER FROM KATE

Hello everyone,

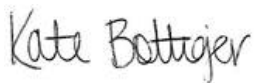
We hope you are enjoying your summer!

I am humbled and greatly honored to have been nominated for the Transformational Leader Award from my colleagues at Reach, who provide inspiration to me and those around them every day. Thank you. I would also not be where I am today if it was not for those who supported me throughout my career. Thank you. You all know who you are and I am truly grateful. Thank you for instilling in me the passion I have for the work we do, the hard lessons learned along the way, and the support and trust you have provided to me.

Again, to colleagues and leaders who I work alongside each day, thank you from the bottom of my heart. I look forward to our journey and the continued success at Reach!

We will see all of you soon at our upcoming event, Reach "On Tap," July 17, at Steel Toe Brewing in St. Louis Park. It will be a great night out on the town!

All my best,



Kate Bottiger
Executive Director

Reach "On Tap"

(continued from front page)

a silent auction, an inspiring presentation, live music, and more.

We've secured some great products and gift cards that will get your bidding juices flowing. Check out our website now for a preview of silent auction items, posted on the Reach "On Tap" page under Events.

All proceeds from the event will benefit our Supported Employment Services, and you will hear from some of the recipients of these services that evening.

Grab your friends and enjoy a wonderful night on the town with us on the 17th.



Photos: 1 - Egg decorating was an occasion to smile! 2 - After a long winter, it was a relief to say "Hello Spring." 3 - Our talent show got a little bit country. 4 - Happiness was apparent at our annual Bowl-A-Thon. 5 - A Hawaiian-themed dance is the perfect way to say "Aloha" to friends!

Case Managers as Facilitators

Our Case Management Department embraces the role of facilitator as we support families and providers in meeting the needs of the individuals we work with. As facilitators, we have guided team meetings, assessments, and any other necessary conversations to ensure that the people we work with get their needs met, and live a self-determined, fulfilling life. We strive to have an integrated, involved working style with the teams and families, and attend as many events as possible throughout the year. We have even facilitated meetings with employers to help promote the hiring of individuals with disabilities in the workplace. We look forward to future opportunities to facilitate conversations, meetings, and other ways to promote the needs and wants of those we serve.

Leadership Award

(continued from front page)

pulse on the world around us and how it affects everyone. A national speaker, she is a champion for disability rights and strives to be a leader in the community and beyond. Yet, Kate is as humble as they come, even regularly taking home and washing dirty dishes used by staff, since the office break room does not have a sink. As board chair Nico Montoya states, "One thing I'd like to highlight is how much Kate cares about not just the people she serves, but the people who work for us. It comes across very clearly that she feels empathy toward everyone in the organization and is willing to make personal sacrifices to make their jobs more sustainable."

MCN, whose membership includes over 2,100 nonprofits and 230 businesses, invited Kate to a conference and luncheon on June 13 to present her with their Transformational Leadership Award. One of the key criteria for this award category was that she "effectively demonstrates commitment to the nonprofit sector, having served in a strategic or significant nonprofit role and with at least 20 years of professional experience." With approximately 27 years of nonprofit service, Kate has been the executive director at Reach since August 2014. Other award categories included Catalytic Leader (emerging leader) and Visionary Leader (mid-career leader).

As the Transformational Leader Award recipient, Kate will have the opportunity to become a 2018-2019 Executive Leadership Fellow at the Center for Integrative Leadership (CIL) at the University of Minnesota. CIL is focused on research, learning, and discussion to catalyze intersector and other boundary-crossing collaboration for social impact. Their leadership fellows join a vibrant community of students, scholars, and practitioners committed to fostering leadership that crosses boundaries. CIL is a University-wide initiative specifically affiliated with the Humphrey School of Public Policy, the Carlson School of Management, the Law School, the College of Education and Human Development, and the School of Public Health.

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Minnesota Twins



Game Farm Gala Sure to Be a Big Hit

Our popular charity pheasant hunt, Game Farm Gala, is taking place on October 3, 2018. Up to 100 hunters (50 in each the morning and afternoon sessions) will meet at Sand Pine Pheasants in Avon. The entry cost includes five birds per person, cleaned and packaged, lunch, a guide with two dogs, and entry to win a custom engraved Ruger 10/22.



We have already secured over \$15,000 in prizes for you to win! This includes a one-week trip to Pike Haven Resort on Lake Oahe, South Dakota, for a pheasant hunt/fishing trip on the Missouri River (\$1,500 value); a one-week stay at Life of Riley Resort on Lake Vermillion (\$1,500 value); and a one-week stay for eight people at Trapper's Point Camp on Sturgeon Lake in Savant Lake, Ontario (\$2,400 value). A total of 11 guns will be raffled off, and games may include an "eggspllosion" contest and a 50-caliber shot contest. The black pheasant hunt is also a highlight. If you are interested in learning more, contact Jason Skoog at jskoog@reachforresources.org or visit our website.

Changes Taking Place for Employment Services

Effective July 1, 2018, Minnesota launched a new employment support services model. Currently, Minnesotans receiving waived services (DD, BI, CAC, and CADI) have two options for vocational services: Day Training & Habilitation (DT&H) or Supported Employment Services (SES). With the new employment services roll-out, the following will be added:

- Employment Exploration Services – This is a community-based service that introduces people with disabilities to different employment options, allowing them to explore different work experiences. The goal is that people can then make an informed choice about integrated employment.
- Employment Development Services – This service helps people find competitive, integrated employment.
- Employment Support Services – This is an individualized support service to help people maintain their community employment.

This change is being implemented because Minnesota is an Employment First state. This means that the State of Minnesota is committed to providing all Minnesotans—including those with disabilities—with a wide range of employment opportunities. A guiding principle of the policy is that integrated, competitive employment is the first and expected service option.

All of the service types are geared to be one-to-one—performed with individuals one at a time to find a good match for an employer. The Employment Exploration Services will primarily be available in current DT&H sites and will need to be community based. Reach for Resources currently provides Supported Employment Services. We serve many people who are either looking for employment, or who are currently working. Under this new model, those we work with will automatically get transitioned into either Employment Development Services or Employment Support Services during their annual re-assessments. They will not need to do anything regarding the change.

This new model builds upon the foundation set by the Olmstead Plan, adopted in Minnesota in 2015. The plan, based on a 1999 U.S. Supreme Court ruling, ensures, “states should eliminate unnecessary segregation of persons with disabilities and ensure that persons with disabilities receive services in the most integrated setting appropriate to their needs,” according to the Minnesota Department of Human Rights website. We at Reach are excited for the full implementation of this new model and the adoption of the Employment First Policy in Minnesota, and hope that it will further achieve the Olmstead Plan goals and better serve those with whom we work.

SUCCESS STORY Community Living

Mark Hayda Exemplifies Independent Living

Independence is the name of the game for Mark Hayda. Mark has been living on his own in an apartment for eight years, is involved in the Knights of Columbus through his church, drives his own car, stays active with exercise and various sports activities, and has held a solid job at Walmart for four years. At Walmart, Mark clocks in for overnight maintenance shifts every Monday through Friday, and has also been asked to assist as a greeter and a cashier. With the help of a job coach, Mark envisions he will maintain this employment for the foreseeable future.

Mark’s co-tenant is his lovable cat, Diamond, while his dog, Cooper, lives nearby with his parents. Mark enjoys his time with family, pets, and friends, especially looking forward to going to the family cabin or relishing his role as an uncle.

Although Mark has been receiving services from Reach for less than a year, he has already made a lot of improvement, explains Libby, his Community Living Specialist. Mark and Libby meet twice each week, primarily focusing on Mark’s household tasks. Mark admits he has become pretty accomplished at washing his dishes, but he is still sorting through his laundry skills. With Libby’s guidance and the recent insertion of a calendar planner in his life, Mark’s routine has become much more organized.

Announcing to Libby that he remembered to change Diamond’s litter box, Mark earned her praise, “That’s what I like to hear!”

Reach likes to hear all that Mark is accomplishing and how happy he is with the services he is receiving. “They have good staff. They’re very reliable,” Mark says of Reach. “They help me be more independent,” he adds. And Mark is proving that more and more every day.



Mark demonstrates his talent of washing dishes.

This blog, along with others, is posted on the News page on our website.

Reach's Adult Rehabilitative Mental Health Services (ARMHS)

Reach has proudly provided Adult Rehabilitative Mental Health Services (ARMHS) to Hennepin County residents for over ten years. Adult Rehabilitative Mental Health Services are restorative, recovery-oriented interventions delivered directly to individuals who have the capacity to benefit from them, whether in their homes or elsewhere in the community. Skills that have been lost or diminished due to the symptoms of mental illness can be acquired, practiced, and enhanced whenever and wherever they are needed. ARMHS, as a rehabilitative program, is centered on the person rather than the illness. Goals are personalized to what the individual hopes to achieve while participating in the program. ARMHS focuses on skill-building in four primary areas which are listed below:

- Facilitating the development of the person's recovery vision and goals
- Acquiring, mastering, and retaining skills
- Developing and using community resources
- Developing and using natural supports

It is important that practitioners provide support and instruction to individuals and work with them in a partnership in achieving his/her goals. ARMHS can often be confused with case management services or independent living skills services. Rather, ARMHS is a recovery-focused skills-based program that instructs, assists, and supports the individual in areas such as medication education and monitoring and basic social and living skills in mental illness symptom management. Often, the individuals we serve have been hospitalized and are at risk of future hospitalizations or needing a higher level of care. Our goal is to support them in attaining the skills needed to remain independent in their community.

Individuals interested in receiving ARMHS must meet the following state mandated criteria:

- Age 18 or older;
- Medical Assistance or PMAP;
- Diagnosed with a serious and persistent mental illness (SPMI) such as Major Depressive Disorder, Bipolar Disorder, Schizophrenia, Schizoaffective Disorder, or Borderline Personality Disorder; and
- Functional impairment in 3 or more life domains due to the symptoms of the diagnosed SPMI

I enjoy seeing clients successfully manage their mental health symptoms and reach their goals. It's fulfilling to know that someone is progressing because of the relationship you've built with them and the skills that they've built with your help. Every day is different and this keeps me challenged in a difficult field of work.
— Angie Diercks, MSW, LGSW

2018 GHOSTLY GALA

Saturday, October 27

5:00 - 7:30 p.m.

Brooklyn Park Community Activity Center

\$10 by October 24 or \$15 October 25-27

This annual spooky celebration includes pizza, games, prizes, music, dancing, and a costume contest. Start thinking about it now!



ADAPTIVE RECREATION PROGRAMS

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Chanhassen
- Brooklyn Park
- Chaska
- Golden Valley
- Maple Grove
- Plymouth
- St. Louis Park

Residents of cities other than these listed may purchase a membership that will offer the same benefits as residents, including priority in registration and reduced program fees. Indicate on the Registration Form (on page 10) if you would like to purchase a membership.

Otherwise, your registration will be at the "non-resident" fees.

Members are guaranteed a program spot **ONLY** by registering and paying by the Priority Registration Deadline (July 3).

For more information, call 952-393-5880 or go to www.reachforresources.org.

All fees stated represent pre-registration. Advanced registration is required unless otherwise noted.

ALL AGES

ART ABILITIES

Our popular art therapy program may be back this fall if grant funding is secured. Please indicate your interest on the registration form, and we will follow up with you. The program would likely be November-December evenings in Minnetonka.

ADULT/FAMILY YOGA



(Ages 5+)

Increase focus, attention span, muscle tone, and flexibility.

This is a combination class for kids and adults with disabilities. Adults may sign up to participate independently. Children with disabilities and their parents participate together. All children under 13 must be accompanied by at least one adult.

Tuesdays, Sept. 11 - Oct. 16
7:00 - 8:00 p.m.

SLP Rec Center - Banquet Room

Adults: Resident: \$44/Non-Resident: \$52 • **Families:** \$54 per parent/child pair (\$20 for each additional family member) (Resident) \$62 per parent/child pair (\$28 for each additional family member) (Non-Resident)

BOWLING (Ages 5+)

Join us for fun, noncompetitive bowling. You will bowl two games each week.

Youth League: Ages 5-17

Adult League: Ages 18+

Park Tavern Lanes

Saturdays, Sept. 15 - Nov. 17 Off 10/6 & 10/27

9:30 - 11:30 a.m.

\$42 resident;
\$50 non-resident
(+\$4.25/wk)



Bowlero Bowl

Saturdays, Sept. 15 - Nov. 10 Off 10/27
12:00 - 2:00 p.m.

\$42 resident, \$50 non-resident (+\$4.00/wk)

YOUTH PROGRAMS

YOUNG ATHLETES (Ages 2-7)

Have fun while improving your gross motor skills playing different games. Young Athletes is an early introduction to sports, using focused activities that target mental and physical growth. This is a unified program designed for children with and without disabilities. There is an evidence-supported curriculum for this program provided by Special Olympics MN.

DAYTIME SESSION

Thursdays, Oct. 18 - Dec. 13 Off 11/22
10:00 - 10:45 a.m.

EVENING SESSION

Tuesdays, Oct. 23 - Dec. 11
6:00 - 6:45 p.m.

Brooklyn Center CC - Constitution Hall

Free! Sponsored by Special Olympics MN.

TEENS/YOUNG ADULTS

TEEN EXPLORERS (AGES 13-21)

Get to know new friends while trying new activities. Our teens love going out to the movies, going bowling, grabbing dinner or ice cream, getting outside, having themed parties, doing crafts, and so much more! After your registration is complete, we will send you the schedule for the quarter so you know where to meet.

Tuesdays, Sept. 11 - Oct. 30
6:30 - 8:30 p.m.

Various Metro Locations

Resident: \$47 / Non-Resident: \$55

SOCIAL SEEKERS (Ages 15+)

This is a program for teens and adults on the autism spectrum. We meet once a week for fun and social interaction. We play games, do crafts, get outside, and practice socializing with a variety of staff, volunteers, and participants. A brief intake meeting is required for all new participants. Call 952-393-5866 for more information or to schedule an intake.

Wednesdays, Sept. 12 - Nov. 28

Off 10/31 & 11/21)

5:00 - 6:30 p.m.

The Depot: 9451 Excelsior Blvd., Hopkins

Fee: \$200

KICKBALL (Ages 16-25)

This is always a fun fall sport! Our league is played on an accessible field and can be adapted for individuals of all abilities. This is a non-competitive league, and a great way to get exercise while having fun!

Thursdays, Sept. 6 - Sept. 27

6:00 - 7:00 p.m.

Flying Cloud Field-Miracle
Field: 15219 Pioneer Trail,
Eden Prairie

Fee: \$48



ZUMBA (Ages 16+)

Have fun while learning the popular dance moves. Join the sensation!

Mondays, Sept. 10 - Oct. 15

6:30 - 7:30 p.m.

SLP Rec Center - Banquet Room

Resident: \$44 / Non-Resident: \$52

WEEKEND VENTURES (Ages 16+)

Need a mini-vacation? Join us for these great weekend respite programs! Call Nate at 952-393-5866 for more details.

MINI WV: BOARD GAMES & POOL PARTY

Bloomington, MN

Friday, October 12, 6:00 p.m. -
Saturday, October 13, 1:00 p.m.

Fee: \$450 (waiver eligible)

DOWNTOWN MINNEAPOLIS

We'll spend Friday evening through Sunday morning at a hotel in downtown Minneapolis. On Saturday, we'll enjoy a dinner and a show.

Friday, December 7, 6:00 p.m. -
Sunday, December 9, 10:00 a.m.

Fee: \$850 (waiver eligible)

COOKING CORNER

(Ages 14+)

All programs held at Eisenhower Community Center: Room 210

TACO NIGHT

Join some friends and work together to make a wonderful taco bar.

Thursday, Oct. 4

6:00 - 8:00 p.m.

Fee: \$20



PARTY APPETIZERS

'Tis the season for holiday parties! Let's practice some basic cooking and assembly skills for some delicious appetizers. Bring recipes home make them for a gathering with family and friends.



Monday, Nov. 5

6:00 - 8:00 p.m.

Fee: \$20

ADULTS (18+)

CLUB WEST (WEST SUBURBS) OR WEDNESDAY NIGHT SOCIAL (NORTHWEST SUBURBS)

Become more engaged in the community, build social skills and coping skills, and practice flexibility. Activities include cooking classes, craft nights, professional sports outings, meals out, and more! After your registration is complete, we will send you the schedule for the quarter so you know where to meet.

Wednesdays, Sept. 12 - Oct. 31

6:30 - 8:30 p.m.

Various Metro Locations

Resident: \$47 / Non-Resident: \$55

SINGLES NIGHT: BOCCE AT PINSTRIPES

All singles are invited to join a Reach group at Pinstripes to play some bocce and meet new people. We'll spend the first 30 minutes for beverages and social time, then divide into teams for bocce. Cost covers one hour of bocce as well as coordination and staffing. Please bring extra money for additional games and snacks if you like.

Thursday, Nov. 8

6:30 - 8:00 p.m.

3849 Gallagher Dr., Edina

Fee: \$10

CRAFTING CORNER

(Ages 14+)

NATURE PORTRAITS

Using only natural items, use your creativity to construct a portrait.

Monday, Sept. 24

6:30 - 8:00 p.m.

*Birchwood Park Pavilion
2701 Zarthan Ave S,
St. Louis Park*

Fee: \$15



FALL MASON JAR LUMINARIES

Create a harvest decoration using leaves! We'll start by going on a short walk to collect leaves for our projects. Then, apply the leaves to your jar, attach a cute ribbon, and place an electric candle inside for the perfect fall lighting.

Monday, Oct. 8

6:30 - 8:00 p.m.

*SLP Rec Center:
Gallery Room*

Resident: \$15



THREAD TREE DÉCOR

Create a set of three trees made only of thread and adhesive! They would make a great décor item or gift for a friend.

Tuesday, Nov. 6

6:30 - 8:00 p.m.

SLP Rec Center: Gallery Room

Resident: \$15



DIY PHOTO BLOCK (GREAT GIFT!)

Using photos of your choice, construct a photo cube for yourself or as a gift! Rotate which photo is facing the front for multiple different looks. You'll need to bring six photos to make it personalized, and we will provide the blocks, adhesive, and colorful paper.

Monday, Dec. 3

6:30 - 7:30 p.m.

SLP Rec Center: Banquet Room

Fee: \$15



SPECIAL EVENTS

YARD GAMES

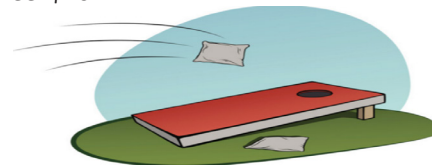
Let's celebrate the end of summer with an outdoor party! We will have bean bags, bocce ball, lawn darts, and more! Make your own ice cream sundae with a few different topping options. The rain out plan will be to play board games instead of yard games.

Monday, Sept. 17

6:30 - 8:00 p.m.

Cornerstone Creek Apartments

Fee: \$10



INDEPENDENT LIVING 101: SENDING & RECEIVING MAIL

Are you ever stressed out when checking your mail? Confused about what to keep and what to throw away? Don't fret! We'll go over some basics on receiving mail as well as sending mail.

Monday, Nov. 12

6:30 - 7:30 p.m.

Cornerstone Creek Apartments

Fee: \$5

SOFIT PROGRAM

Special Olympics Minnesota's SOfit health promotion program is a Unified approach to improving and protecting health and wellness for people with and without intellectual disabilities. SOfit offers participants a comprehensive, 360-degree look at wellness and the human spirit. Together, athletes and Unified partners are empowered to challenge and change the way they look at diet, daily exercise and lifestyle choices.

Mondays, Oct. 22 - Dec. 3

3:45 - 5:00 p.m.

SLP Rec Center - Gallery Room

Resident: \$35 / Non-Resident: \$43

INCLUSION SUPPORT

Reach for Resources provides inclusion support to children and adults with disabilities who would like to participate in their city park and recreation programs. Registration for these programs is done through your Park and Recreation Department.

Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Brooklyn Park
- Golden Valley
- New Hope
- Chanhassen
- Chaska
- Crystal
- St. Louis Park

After registering, contact Reach to discuss the needs/accommodations for yourself or your child.

** Please allow a minimum of two weeks' notice for a successful inclusion.*

PIZZA & FESTIVE BINGO

Let's get together for dinner and bingo night. Prizes and pizza for all!

Monday, Oct. 22 : Spooky Bingo
Thursday, Nov. 15: Thanksgiving Bingo
Monday, Dec. 10: Holiday Bingo
6:00 - 8:00 p.m.
 SLP Rec Center - Banquet Room
 (Oct. 22: Gallery Room)

Fee: \$15; \$7 pizza for companions

SNACKS & CINEMA

Thursday, Sept. 27: Ghostbusters 2016 ; Green Slime (Jell-O)
Thursday, Oct. 25: Coco with festive skull cookies
Thursday, Nov. 29: Home Alone with pizza (\$10)
Thursday, Dec. 27: Moana with tropical fruit and Hawaiian punch
6:30 - 8:30 p.m.
 Brooklyn Park CC - Grand Room 3

Fee: \$7 (Nov. 29: \$10)

HALLOWEEN PARTY

Enjoy spooky music, themed snacks, and Halloween games with friends.

Wednesday, Oct. 31
6:30 - 8:30 p.m.
 SLP Rec Center - Banquet Room

Fee: \$10



FRENCH FOOD & CULTURE

Come meet new Reach staff, Gildas, who is a native from France! Gildas and his wife will introduce us all to French culture, including trying some French food, learning some basic language, and discovering more about the people who live in France.

Tuesday, Dec. 18
6:30 - 8:00 p.m.
 Cornerstone Creek Apartments

Fee: \$7



KARAOKE WITH MOCKTAILS & SNACKS

Sing along to your favorite tunes with your peers. Bring a CD, or we can search for your favorite song online!



Friday, Nov. 2
6:30 - 8:30 p.m.
 SLP Rec Center - Banquet Room

Fee: \$15 in advance

DROP-IN PROGRAMS

FALL FORMAL

Get all dressed up and dance the night away with your friends! We'll have a photo booth, delicious dessert, and festive décor.

Friday, Sept. 21
7:00 - 9:00 p.m.
 SLP Rec Center - Banquet Room

Fee: \$10 in advance; \$15 at the door

THIRD FRIDAY DANCES

Join your friends and groove to the latest hits as well as classic dance songs. Dances are from 7:00-9:00 p.m. Please call 952-393-4277 for more information.

September: See Fall Formal information
Friday, Oct. 19
Friday, Nov. 16
 SLP Rec Center: Banquet Room

Fee: \$5 in advance; \$7 at the door

BINGO

Come play everyone's favorite game! Everybody goes home a winner.

Friday, Oct. 5
6:30 - 8:00 p.m.
 SLP Rec Center - Banquet Room

Fee: \$7 in advance; \$10 at the door



DAYTIME PROGRAMS

DAYTIME PIZZA & BINGO

Enjoy some lunch and play everybody's favorite game! Each person wins a prize.

Tuesday, Sept. 11
11:30 a.m. - 1:30 p.m.
 SLP Rec Center - Banquet Room

Fee: \$15



FALL NATURE WALK

It's free day at the MN Landscape Arboretum! We can walk through the flower gardens and around the park, enjoying the fall colors.

Monday, Oct. 15
1:00 - 2:30 p.m.
 3675 Arboretum Dr., Chaska

Fee: \$5



DONUTS & DIY GIFTS



Join us for a fun day of crafting. We'll provide donuts and juice for a snack while you scope out some options for a project that you will create. We will bring leftover supplies from a wide variety of projects we have offered, from lavender bath salts to potted plants! Use the plans from a previous project or create your very own! Leave with one completed gift for someone on your holiday list.

Wednesday, Nov. 14
10:00 a.m. - 12:00 p.m.
 SLP Rec Center - Gallery Room

Fee: \$12

BRUNCH AT GOOD DAY CAFÉ

Enjoy breakfast food? Come hang out with friends and enjoy some breakfast goodies like steak and eggs, omelets, benedicts, or pancakes. Order whatever your heart desires. It should make for a *good day!*

Thursday, December 6
11:30 a.m. - 1:00 p.m.
 5410 Wayzata Blvd, Golden Valley

Fee: \$5



Locations Key

Bowlero Bowl: 7545 Brooklyn Blvd, Brooklyn Park
Brooklyn Center Community Center: 6301 Shingle Creek Pkwy, Brooklyn Center
Brooklyn Park Community Activity Center: 5600 85th Ave N, Brooklyn Park
Cornerstone Creek Apartments: 9280 Golden Valley Rd, Golden Valley
Eisenhower Community Center: 1001 MN-7, Hopkins
Park Tavern Lanes: 3401 Louisiana Ave S, St. Louis Park
St. Louis Park (SLP) Recreation Center: 3700 Monterey Dr S, St. Louis Park

On the Town

On the Town (OTT) is a community-based social program for adults who want to explore their community with minimal support. To minimize safety concerns, this program requires a brief intake. Please call Jesse at 952-393-4277 for more information or to schedule an intake.

Fall 2018			Intake Required
On the Town: Weekday	On the Town: Friday	On the Town: Weekend	
<input type="checkbox"/> \$5 <u>Punch Bowl Social: Drinks & Games</u> When: Tuesday, Sept. 25 Where: 1691 Park Pl Blvd, St. Louis Park Time: 6:30 - 8:30 p.m. Additional Cost: \$12-\$25 for drinks & games	<input type="checkbox"/> \$10 <u>Paper Book Pumpkins</u> When: Friday, Sept. 28 Where: 5600 85th Ave N, Brooklyn Park Time: 6:30 - 8:30 p.m. Additional Cost: None	<input type="checkbox"/> \$5 <u>Sever's Fall Festival & Corn Maze</u> When: Saturday, Sept. 15 Where: 1100 Canterbury Rd, Shakopee Time: 4:00 - 6:00 p.m. Additional Cost: \$15 for admission	
<input type="checkbox"/> \$5 <u>Campfire & S'mores</u> When: Wednesday, Oct. 3 Where: 13351 Elm Creek Rd, Osseo Time: 6:30 - 8:30 p.m. Additional Cost: \$5	<input type="checkbox"/> \$5 <u>ValleySCARE</u> When: Friday, Oct. 12 Where: 1 Valley Fair Dr, Shakopee Time: 6:00 - 9:00 p.m. Additional Cost: Approx. \$35 for admission	<input type="checkbox"/> \$5 <u>Richfield Pumpkin Patch & Carving</u> When: Saturday, Oct. 20 Where: 6335 Portland Ave S, Richfield Time: 3:00 - 5:00 p.m. Additional Cost: \$5-\$10 for admission & snacks	
<input type="checkbox"/> \$10 <u>Live Theater: Mary Poppins</u> When: Monday, Oct. 15 Where: 3700 Monterey Dr, St. Louis Park Time: 6:30 - 8:30 p.m. Cost Included: Discounted theater ticket	<input type="checkbox"/> \$5 <u>Out to Eat at Buffalo Wild Wings</u> When: Friday, Oct. 26 Where: 3505 Vicksburg Ln N, Plymouth Time: 6:30 - 8:30 p.m. Additional Cost: \$12-\$20 for meal & tip	<input type="checkbox"/> \$7 <u>Hot Chocolate Bar & Board Games</u> When: Saturday, Nov. 3 Where: 5600 85th Ave N, Brooklyn Park (Grand 3) Time: 6:30 - 8:30 p.m. Cost Included: Snacks & hot chocolate	
<input type="checkbox"/> \$10 <u>Apple Cider & Bingo</u> When: Monday, Oct. 22 Where: 3700 Monterey Dr, St. Louis Park Time: 6:30 - 8:30 p.m. Cost Included: Prizes & snacks	<input type="checkbox"/> \$5 <u>Out to the Movies at New Hope Cinema Grill</u> When: Friday, Nov. 9 Where: 2749 Winnetka Ave N, New Hope Time: TBD (showtime around 6:30 p.m.) Additional Cost: \$5-\$15 for movie & snacks	<input type="checkbox"/> \$5 <u>Christmas Shopping with Friends</u> When: Saturday, Dec. 1 Where: Ridgedale Center: 12401 Wayzata Blvd, Minnetonka Time: 2:00 - 4:00 p.m. Additional Cost: Bring money for shopping	
<input type="checkbox"/> \$5 <u>Out to Eat at Wok in the Park</u> When: Monday, Oct. 29 Where: 3005 Utah Ave S, St. Louis Park Time: 6:00 - 8:00 p.m. Additional Cost: \$15-\$20 for meal & tip	<input type="checkbox"/> \$15 <u>Café Meow: Cat Café</u> When: Friday, Nov. 30 Where: 2323 Hennepin Ave, Minneapolis Time: 6:45 - 8:00 p.m. Cost Included: Kitty session	<input type="checkbox"/> \$5 <u>Out to Eat at Bunny's</u> When: Saturday, Dec. 15 Where: 5916 Excelsior Blvd, St. Louis Park Time: 6:30 - 8:30 p.m. Additional Cost: \$12-20 for meal & tip	

Name: _____ Total # of events chosen: _____ Total Cost: \$ _____

Individuals may sign up for each On the Town activity separately. Each activity costs \$5-10 to register plus any additional fees (tickets, etc.). There will be other costs associated with each activity, which are noted below and on your schedule. You are welcome to sign up for as many activities as you'd like, as long as space is available. To register for an On the Town activity, check the box next to the event(s) you will be attending. Send in this sheet along with your payment and a completed registration form found on the opposite site of this page. Call Jesse at 952-393-4277 for more information or if you have questions.

Registration Form—Fall 2018*

Priority Registration **OPEN NOW!** • Open Registration starts July 10

Please complete all fields and questions in this box.

Name: _____ Birth Date: _____
 Address: _____ City: _____ Zip: _____ Primary Phone: _____
 Alt. Phone: _____ Email: _____ Alt. Email: _____
 Allergies/Medical Concerns/Diet: _____ Other Needs/Concerns: _____
 Emergency Contact Name: _____ Emergency Phone: _____

PHOTO WAIVER: To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures, and social networking media. If photographed, this participant may be identified by name.

(Check Yes or No)
Photo: Yes ☐ No ☐
Name: Yes ☐ No ☐

Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/> Art Abilities	Send me Information
<input type="checkbox"/> Bingo	\$7 (\$10 at the door)
<input type="checkbox"/> Bowling at Bowlero: <input type="checkbox"/> Adult <input type="checkbox"/> Youth	\$42 / \$50
<input type="checkbox"/> Bowling at Park Tavern: <input type="checkbox"/> Adult <input type="checkbox"/> Youth	\$42 / \$50
<input type="checkbox"/> Brunch at Good Day Café	\$5
<input type="checkbox"/> Club West	\$47 / \$55
Dances: <input type="checkbox"/> 10/19 <input type="checkbox"/> 11/16	\$5 each (\$7 at the door)
<input type="checkbox"/> Daytime Pizza & Bingo	\$15
<input type="checkbox"/> DIY Photo Block	\$15
<input type="checkbox"/> Donuts & DIY Gifts	\$12
<input type="checkbox"/> Fall Formal	\$10 (\$15 at the door)
<input type="checkbox"/> Fall Mason Jar Luminaries	\$15
<input type="checkbox"/> Fall Nature Walk	\$5
<input type="checkbox"/> French Food & Culture	\$7
<input type="checkbox"/> Ghostly Gala (See page 5 for details)	\$10 (\$15 after Oct. 24)
<input type="checkbox"/> Halloween Party	\$10
<input type="checkbox"/> Independent Living: Mail	\$5
<input type="checkbox"/> Karaoke with Mocktails & Snacks	\$15
<input type="checkbox"/> Kickball	\$48
<input type="checkbox"/> Nature Portraits	\$15
<input type="checkbox"/> Party Appetizers	\$20
Pizza & Festive Bingo <input type="checkbox"/> 10/22 <input type="checkbox"/> 11/15 <input type="checkbox"/> 12/10	\$15 each, \$7-companions

<input type="checkbox"/> On the Town	See page 9
<input type="checkbox"/> Reach "On Tap" Summer Fundraiser	\$40: by noon July 17 \$50: at the door
<input type="checkbox"/> Singles Night at Pinstripes	\$10
Snacks & Cinema: <input type="checkbox"/> Ghostbusters 2016 <input type="checkbox"/> Coco <input type="checkbox"/> Home Alone <input type="checkbox"/> Moana	\$7 each (pre-registration required)
<input type="checkbox"/> Social Seekers (Teens & Adults)	\$200
<input type="checkbox"/> SoFit Program	\$35 / \$43
<input type="checkbox"/> Taco Night	\$20
<input type="checkbox"/> Teen Explorers	\$47 / \$55
<input type="checkbox"/> Thread Tree Décor	\$15
<input type="checkbox"/> Wednesday Night Social	\$47 / \$55
Weekend Ventures <input type="checkbox"/> Mini WV <input type="checkbox"/> Downtown Minneapolis	\$450 \$850
<input type="checkbox"/> Yard Games	\$10
<input type="checkbox"/> Yoga: Adults <input type="checkbox"/> Yoga: Family # Attending ____	\$44 / \$52 \$54 / \$62: pair (+\$20/\$28 each addtl)
<input type="checkbox"/> Young Athletes	FREE
<input type="checkbox"/> Zumba	\$44 / \$52

Non-Resident Membership: Annual - \$100 ☐
 Bi-Annual (Reach will bill 2nd half) - \$50 ☐

Program Total:	\$ _____
Optional Donation to Reach	\$ _____
TOTAL ENCLOSED:	\$ _____
<input type="checkbox"/> Cash <input type="checkbox"/> Check <input type="checkbox"/> Credit Card # _____ Exp. Date: _____ Sec. Code: _____ Name on Card: _____ <input type="checkbox"/> Please bill my waiver	

ADMIN USE	Registered by _____	Amt Pd \$ _____	Ck# _____
	Pymt Received by _____		

Please mail completed form with payment to: **Reach for Resources, 5900 Green Oak Drive, Suite 303, Minnetonka, MN 55343**
 or fax to **952-229-4468**. * Online registration is available at www.reachforresources.org.

Adaptive Recreation & Inclusion Program Policies

I understand that participation in this activity is completely voluntary and the activity is being offered for the benefit of the participant. Reach for Resources, Inc. along with its agents and employees shall not be liable for any claims, injuries, or damages of whatever nature, incurred by the participant arising out of, or connected with, recreational activities. All participants must be registered for a program in order to attend. Please register at least two weeks prior to the beginning of a program. If there are not enough people registered for a program it will be cancelled a minimum of 3 days prior to the beginning of the program. Participants will be notified by phone and a refund will be processed. If classes or recreation activities are canceled due to inclement weather, Reach will schedule a make-up session or offer a refund when possible. For a recorded message about activity cancellations, call 952-200-3030. Participants can be refunded for registration fees when cancellations are made 14+ days prior to a program. Refunds are not awarded for ticketed events. Caregivers are welcome to attend all Reach programming with the exception of On The Town. Support staff and family can attend most activities free of charge, but are required to pay for ticketed events that they wish to attend. Caregivers are asked to provide any 1:1 support that the individual they are supporting may need. Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. If a participant is more than 5 minutes late at a community-based event, staff may no longer be waiting for your arrival. If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time. Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged. Prescription and non-prescription drugs are the sole responsibility of the participant. Please visit the Reach website for further information on these policies, as well as a full description of our drug, alcohol, tobacco, and behavior policies.

**** By registering for activities, you acknowledge that you have read and understood these Terms and Conditions and you agree to be bound by them. ****

Double Your Donation to Reach Through Matching Donations

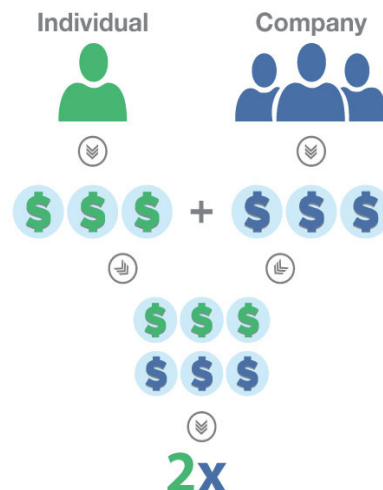
Did you know that many employers match donations, dollar for dollar, or even more?

Many companies offer matching gift programs to encourage employees to contribute to charitable organizations like Reach for Resources. Some provide matching funds to support employee volunteer hours. Most of these programs match contributions dollar for dollar, and some will even double or triple the amount of your gift!

Here's how it works from actual Reach donors:

Elizabeth has a niece who loves to participate in our Annual Bowl-A-Thon. Elizabeth cheerfully donates \$500 to her niece's pledges. Since Elizabeth works at Medtronic, she then asks Medtronic to match the donation she made to Reach. Medtronic generously matches Elizabeth's gift of \$500 by donating \$500 of the company's money and gives that to Reach as well. Therefore, Reach receives a total of \$1,000 because of Elizabeth.

Brenda works at Allianz and decides to volunteer at Reach. Brenda organizes a team of eight co-workers to help mail out event donation/sponsorship letters to area businesses. Since Brenda was able to recruit more than five co-workers to volunteer with her, Allianz then donates a check for \$800 to Reach (\$100 for every volunteer).



These are easy ways people are able to support and donate to Reach for Resources. Plus, **nearly 93% of all funding Reach receives goes directly to programming.** Eligible matching donations can be as low as \$10 and as high as \$5,000! Every company has its own rules in regard to matching donations. We have identified over 300 companies in Minnesota that will match your donation. The list can be found on our website under the Support Us tab.

Reach for Resources is always looking for sponsors for our events. Sponsorship in any amount is greatly appreciated. If you, your company, or someone you know would like to sponsor an event, please contact our Development Officer Jason Skoog at 952-564-8680 or jskoog@reachforresources.org.

Thank you to our Bowl-A-Thon sponsors!



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Benefits and Risk Consulting



Minneapolis Elks Lodge #44



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For more information about supporting Reach, use the Support Us tab on our website: www.reachforresources.org.



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56345

5900 Green Oak Drive, Suite 303
Minnetonka, MN 55343
Office: 952-200-3030
Fax: 952-229-4468
www.reachforresources.org



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Jesse Hartrick, Adaptive Recreation Program Manager

Mental Health

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Megan Boehm, CMH Case Manager
Sara Crosby, Mental Health Practitioner
Angie Diercks, ARMHS Mental Health Practitioner
April Harshman, Children's Mental Health Case Manager
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Angela Schroetter, ARMHS Mental Health Practitioner
Kendra Simon, Parenting Skills Educator

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Kinsey Brown, Case Manager
Sanna Dahl, Case Manager
Sarah Martin, Case Manager

Community Living Services

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Cassie Keller, Designated Coordinator
Uba Ahmed, Community Living Specialist
Brian Boldt, Employment Specialist
Katelyn Castle, Community Living Specialist
Tania Coffield, Community Living Specialist
Stephen Earnest, Community Living Specialist
Carolyn Fenne, Employment Specialist
Jeremy Garrigan, Community Living Specialist
Kristen Hamilton, Community Living Specialist
Nicole Hans, Community Living Specialist
Jesse Hartrick, Community Living Specialist
Thuyen Luu, Personal Support Staff
Hanh McCormack, Personal Support Staff
Madeline Moran, Community Living Specialist
Margaret Nyoike, Community Living Specialist
Amanda O'Connor, Community Living Specialist
Anthony Polzin, Community Living Specialist
Jody Porter, Personal Support Staff
Carly Quick, Community Living Specialist
Kristen Ryan, Community Living Specialist
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Marcus Skallman, Employment Specialist
Mary Skowronek, Personal Support Staff
Sherverla Stigler, Community Living Specialist
Thuy Tran, Community Living Specialist
Alexander Varner, Community Living Specialist
Maya Witte, Community Living Specialist

Adaptive Recreation & Inclusion Specialists

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Lisa Boss
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Sophie Conger
Gildas Guyomarc'h
Jordan Kocon
Karen Krussow
Hilary Larsen
Jessica Larson
Peggy Martin
Maggie Opheim
Angela Riddle
Jennifer Rogers
Emily Roznowski
Conner Sager
Cierra Slattengren
Isa Sorensen
Vince St. Martin
Maya Witte
Emily Wright