



SOMN.ORG



Special Olympics Young Athletes

Young Athletes is an innovative sports play program for children with and without intellectual disabilities, designed to introduce them to the world of sports prior to Special Olympics eligibility at age 8.

Our Goals

- Engage children with intellectual disabilities through developmentally appropriate play activities designed to foster physical, cognitive and social development.
- Welcome family members of children with and without intellectual disabilities to the Special Olympics network of support.
- Raise awareness about the abilities of children with intellectual disabilities through inclusive peer participation, demonstrations and other events.
- Developing skills for success as a future Special Olympics athlete:

Foundational skills	Walking & running
Balancing & jumping	Throwing
Trapping & catching	Striking
Kicking	Advanced skills



Volunteers Wanted!

Come join us for an active and engaging program from 5:30-6:30pm on Tuesdays at the Brooklyn Center Community Center!

April 9th
 April 23rd
 April 30th
 May 7th
 May 14th
 May 21st
 May 28th

Interested? Call Jesse at 952-393-4277 or e-mail

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