

See the [Employment Video](#) on our website for some of the great reasons to work with us!

Will you support us for Give to the Max Day, November 14?  
[Every donation helps!](#)

We are accepting applications for board members. Details are on our [website](#).

Supporting Individuals with Developmental Disabilities and Mental Illness to Reach Their Full Potential

# The Reach Reader

WINTER 2020



## Mitch and Kassi Went Looking for Friends and Found Love

For both Mitch and Kassi (*pictured at left*), it was the other person's eyes that initially captured their attention. As they met for the first time at one of Reach's Empowerment Group sessions in January 2014, the group leader told Kassi that Mitch has "a heart of gold." That very heart stole her heart, and they confirmed their love for each other this summer at a commitment ceremony on June 15.

The particular Empowerment Group session they each attended five years ago was focused on friendship. Since Kassi had recently moved from Texas, she was looking for new friends.

*(Continued on page 5)*

## Reach Begins Housing Support Service

"Everything is easier with a little support," says Reach employee Maddie Moran. Maddie has been with Reach in the Independent Living Support Services Department since May 2018. She is now taking on a new role as our Housing Support Coordinator to help Reach launch this new service.

Hennepin County is transforming their previous Group Residential Housing Program to Housing Support, and Maddie is excited to be a part of this process on behalf of Reach. She explains that she participates in monthly meetings, which allow various providers to share feedback among each other and with the county to ensure success for this program.

*(Continued on page 5)*

# MENTAL HEALTH:

## Q & A with Reach's Parenting Educators

Our parenting skills educators provide education on many parenting skills, such as appropriate discipline techniques, stages of child development, effects of substance use on children and families, and overall safety. We work in collaboration with Child Protective Services to provide the best education and support to our families in hopes of reunification. Reach employs three full-time parenting educators, Lisa Nemitz, Kelsey Price, and Megan Dix. All of our Parenting Educators have at least a bachelor's degree in human development and family science, specializing in child and family welfare or a related mental health field. Additionally, Megan is obtaining a master's degree in counseling and psychology, and Lisa is working towards her Master in Social Work.

We asked our parenting educators to respond to some questions about Family and Parenting Development.

### What is the greatest misconception about your job as a parenting educator?

Kelsey believes that people have prejudgments about people involved in child protection, and that it may be hard working with different clients. "There are great people to work with in this field, and seeing positive changes is possible." Megan agrees and has found that the job of a parenting educator is far-reaching and encompasses many tasks by supporting our families in many ways and wearing many informal hats (teacher, social worker, therapist, etc.). Lisa added that the biggest misconception tends to be that most think you have to have children of your own to be a parenting educator.

### Can people really be taught parenting skills? How do you teach parenting skills?

All of the educators strongly believe that all parents can be taught parenting skills. Our program is individualized to each parent's specific situation. The educators use a variety of resources and tools to help the parents gain and improve their skills. The focus is on teaching child development, appropriate discipline, communication, and ways to handle difficult behaviors. We use a variety of resources, which include videos, handouts, books, modeling, and discussion. A big focus is on the impacts of trauma, exposure to domestic violence, parental substance use, and mental illness. We model healthy communication and interactions with children, as well as coaching the parents to use the skills.

### What is the one thing you would like people to know about a parenting educator?

For Lisa, the one thing she would like people to know is that the work we do "is hard, but worth it." Kelsey agrees and adds that the work is "very humbling." Megan would like people to know that we meet "many awesome parents and families who want the best for their kids, but because of a variety of challenges and barriers, have not been able to find the resources and support that they need."

### What is your favorite part about being a parenting educator?

"I love helping families improve their relationships with each other, parenting skills, and the outcomes for children." - Lisa  
"The best feeling is seeing what you can teach the parents and seeing them apply it with their children and seeing the positive difference in their lives. It is truly a rewarding job." - Kelsey  
"Connecting with parents, kids, and families, and building supportive relationships that help them through whatever they are facing." - Megan

## Tiara Applies Self-Motivation to Achieve Independence

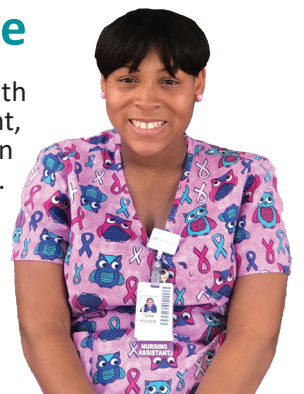
One trait Tiara Hodges has is an abundance of motivation. During the past two years of working with Reach and staff member Margaret, Tiara has earned her driver's license, moved to a new apartment, completed a full-time, eight-month Job Corps program, passed her certified nursing assistant exam (on the first try), and landed three nursing assistant jobs...all while raising her 2-year old daughter, Eva.

Tiara is currently working at Ebenezer Care Center as a full-time nursing assistant, often logging double shifts. She assists residents with daily tasks, working on the rehabilitation floor. While she feels fortunate to have such a lucrative and enjoyable career that has allowed her to go off social security assistance, she has more she wants to accomplish. "I know I'm going back to school someday," she announced. She's just not sure if she will continue on to become a licensed practical nurse or take a slightly different path.

"I don't know how she does it all," Margaret said of this remarkable young woman. Margaret attests that Tiara is a dedicated hard worker, a good listener, and an excellent mother who always makes her daughter her first priority.

Margaret is somewhat of a mother figure, herself, in Tiara's life. Margaret recalled that once after she had dropped Tiara off for an evening class, she couldn't go to sleep that night until she called Tiara to make sure she had arrived home safely. Tiara values the concern, though, and all Margaret has done. They challenge each other equally, with Margaret pushing Tiara to accomplish her outcomes, and Tiara asking for more ways to be pushed. "She is incredibly disciplined," says Margaret of Tiara.

That type of motivation is something that does—and rightly should—bring immense pride to Tiara. It's no wonder Margaret considers Tiara "a blessing to work with."





# ADAPTIVE RECREATION PROGRAMS

## AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center • Chanhassen
- Brooklyn Park • Golden Valley
- Maple Grove • Plymouth
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or go to [www.reachforresources.org](http://www.reachforresources.org).

All fees stated represent pre-registration. Advanced registration is required unless otherwise noted.

## INCLUSION SUPPORT

Reach for Resources provides inclusion support to children and adults with disabilities who would like to participate in their city park and recreation programs. Registration for these programs is done through your Park & Rec Department.

Inclusion support through Reach is offered in the cities of:

- Brooklyn Center • Chanhassen
- Brooklyn Park • Chaska
- Golden Valley • Crystal
- New Hope • St. Louis Park
- Three Rivers Park District

After registering, contact Reach to discuss the needs/accommodations for yourself or your child.

\* Please allow a minimum of two weeks' notice for a successful inclusion.

## CHILDREN

### YOUNG ATHLETES (Ages 2-7)

Have fun while improving your gross motor skills playing different games! Young Athletes is an early introduction to sports using focused activities that target mental and physical growth. This is a unified program designed for children with and without disabilities. There is an evidence-supported curriculum for this program provided by Special Olympics MN. More information: 952-393-4277.

**Tuesdays, Jan. 14 - March 10**  
(Off 2/18 & 3/3)

5:00 - 5:45 p.m.  
Brooklyn Center CC - Constitution Hall

Fee: FREE!



## ALL AGES

### BOWLING (Ages 5+)

Join us for fun, noncompetitive bowling. You will bowl two games each week.

**Youth League:** Ages 5-17

**Adult League:** Ages 18+

#### Park Tavern

**Saturdays, Jan. 11 - Feb. 29**

9:30 - 11:30 a.m.

Resident: \$44 /  
Non-Resident: \$52  
(+\$4.25/wk)



#### Bowlero Bowl

**Saturdays, Jan. 11 - Feb. 29**

12:00 - 2:00 p.m.

Resident: \$44 / Non-Resident: \$52  
(+\$4.00/wk)

### THEMED YOGA (Ages 5+)

Increase attention span, flexibility, muscle tone, and focus. Have fun dressing up while also practicing yoga! Each week will have a new theme, like 50's, PJ's, and more. Adults may sign up to participate independently. Children with disabilities and their parents participate together. Children under 13 must be accompanied by an adult.

**Tuesdays, Jan. 7 - Feb. 18**  
(Off 1/14)

7:00 - 8:00 p.m.

SLP Rec Center - Banquet Room

Resident: \$46 / Non-Resident: \$54



## TEENS & ADULTS

### TEEN EXPLORERS (AGES 13-21)

Get to know new friends while trying new activities. Our teens love going out to the movies, going bowling, grabbing dinner or ice cream, getting outside, having themed parties, doing crafts, and so much more! After your registration is complete, we will send you the schedule for the quarter so you know where to meet. You can also check our website prior to registering so you can see what we're up to!

**Tuesdays, Jan. 7 - Feb. 25**

6:30 - 8:30 p.m.

Various Metro Locations

Resident: \$49 / Non-Resident: \$57

### BINGO (Ages 13+)

Come play everyone's favorite game! Everybody goes home a winner.



**Friday, Jan. 31**

6:30 - 8:00 p.m.

SLP Rec Center - Gallery Room

Fee: \$8 by 1/27; \$10 at the door

### SOCIAL SEEKERS (Ages 15+)

This is a program for teens and adults on the autism spectrum. We meet once a week for fun and social interaction. We play games, do crafts, get outside, and practice socializing with a variety of staff, volunteers, and participants. A brief intake meeting is required for all new participants. More information or to schedule an intake: 952-393-4277.

**Wednesdays, Jan. 8 - March 11**

5:00 - 6:30 p.m.

The Depot: 9451 Excelsior Blvd, Hopkins

Fee: \$205

### ZUMBA (Ages 13+)

Get together with peers and have fun dancing to a variety of music on Just Dance! for the Wii. Learn some new moves and get some exercise while having a great time!

**Mondays, Jan. 6 - Feb. 10**

6:30 - 7:30 p.m.

SLP Rec Center - Banquet Room

Resident: \$46 / Non-Resident: \$54

### BASKETBALL (Ages 13+)

Have fun on a non-competitive team and improve your basketball skills. Help design your team jersey, and celebrate with a party at the end of the season.

**Thursdays, Jan. 9 - Feb. 27**

6:30 - 8:00 p.m.

Brooklyn Center High School

Field House: 6500 Humboldt

Ave N, Brooklyn Center

Resident: \$44 / Non-Resident: \$52



### WEEKEND VENTURES (Ages 16+)

Need a mini-vacation? Reach has a community-based group respite program for ages 16+. The group stays in a hotel in the Twin Cities (usually Bloomington). In our winter session, we have a pool party and a Mall of America outing scheduled. Participants can pay with a waiver or out of pocket. For information about openings, contact Jesse at 952-393-4277.

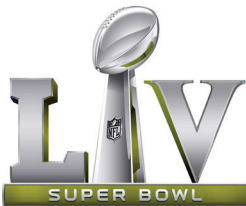
## SUPERBOWL PARTY (Ages 13+)

Join some friends to enjoy a great meal while watching the Superbowl! We will provide pizza, soda, and dessert. Come cheer on the two best teams in the NFL!

**Sunday, Feb. 2**

**5:00 - 9:00 p.m.**  
Brookview CC -  
Valley Room  
South

Fee: \$16



## PIZZA & BINGO (Ages 13+)

Let's get together for dinner and bingo night. Prizes and pizza for all!



**Thursday, Jan. 23**  
**Monday, March 2**

**6:00 - 8:00 p.m.**  
Brookview CC

Fee: \$17 each; \$8 pizza  
for companions

## DIY SPRING FLORAL MONOGRAM (AGES 13+)

Choose the letter you prefer for your monogram, and fill it with beautiful (artificial) flowers to get ready for spring! Use to decorate your home, or as a homemade gift for a loved one.

**Monday,  
March 9**

**6:30 - 8:00 p.m.**  
SLP Rec Center -  
Banquet Room

Fee: \$16



## KARAOKE WITH MOCKTAILS & SNACKS (AGES 16+)

Sing along to your favorite tunes. Bring a CD, or we can search for your favorite song online.



**Friday,  
Feb. 28**

**6:30 - 8:00 p.m.**  
SLP Rec Center  
- Banquet Room

Fee: \$16

## FRIDAY NIGHT DANCES (AGES 13+)

Join your friends and groove to all the latest hits as well as classic dance songs! More information: 952-393-5866.

**Friday, Jan. 17: Purple Prince Party**

**Friday, Feb. 14: Valentine's Day Party**

**Friday, March 20: Green  
St. Patty's Day Party**



**6:30 - 8:30 p.m. (Note new times)**

SLP Rec Center - Banquet Room

Fee: \$6 by 1/13; \$8 at the door

## SNACKS & CINEMA (Ages 13+)

Join us for a movie and a treat that goes with the theme of the movie!

**Thursday, Jan. 30: Men in Black Inter-  
national** with black and white cupcakes

**Thursday, Feb. 27: Spider Man Into the  
Spider Verse** with Spidey Gummies

**Thursday, March 26: Aladdin (2019)**  
with blue genie cotton candy

**6:00 - 8:30 p.m.**

Brooklyn Park CAC - Grand Room 3

Fee: \$8 per movie

## ICE FISHING (AGES 13+)

Reach is teaming up with Fishing for Life for an afternoon on the ice. We will be a small part of this large event, where FFL will be giving us a heated ice tent. Space is limited so staff/companions must register for this event as well if they wish to attend. There will be concessions available for purchase if you choose.

**Date: TBD (A Saturday in Late Jan./  
Early Feb.)**

**1:00 - 4:00 p.m.**

Medicine Lake, Plymouth

Resident: \$20 /  
Non-Resident: \$25



## COOKING CLASS: ST. PATTY'S DAY FEAST (AGES 16+)

Celebrate St. Patrick's Day by cooking traditional Irish foods like bangers and mash, mushy peas, and a festive dessert!

**Tuesday, March 17**

**5:30 - 7:30 p.m.**

Eisenhower CC -  
Room 210, 1001  
MN-7, Hopkins

Fee: \$21



## VALENTINE'S DAY GIFTS & CARDS (AGES 13+)

Need a gift for that special someone? We will have some small gifts like candy, highlighters, chapstick, and more, along with printable tags to wrap and attach with a cute note. Put them all together for your special someone, or spread the love and give each gift to a different valentine! We'll have lots of supplies to make cards as well.

**Thursday, Feb. 6**

**6:30 - 8:00 p.m.**

SLP Rec Center - Wolfe Park Pavilion

Fee: \$16



## ADULTS (18+) ONLY

### VALENTINE'S SINGLES MINGLE

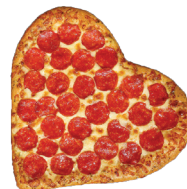
Looking for that special someone? Join us for food and conversation with other single people. We'll order pizza and drinks for everyone, facilitate an ice breaker, and give out some conversation topics.

**Friday, Feb. 21**

**6:30 - 8:00 p.m.**

Davanni's, 3015 Harbor  
Ln N, Plymouth

Fee: \$16



### DAYTIME SCIENCE MUSEUM

Come join us for a fun day at the Science Museum. We'll check out the exhibits and hang out, maybe even go to the Omni Theater for those who want to do that. Entrance fee is included. Omni Theater admission is additional. We will be there as a group until 3:30, but feel free to stay longer.

**Thursday, March 5**

**1:00 - 3:30 p.m.**

120 W Kellogg St, St. Paul

Fee: \$10





## Locations Key

**Bowlero Bowl:** 7545 Brooklyn Blvd, Brooklyn Park  
**Brooklyn Park Community Activity Center:** 5600 85th Ave N, Brooklyn Park  
**Brooklyn Center Community Center:** 6301 Shingle Creek Pkwy  
**Brookview Community Center:** 316 Brookview Pkwy S, Golden Valley  
**Park Tavern Lanes:** 3401 Louisiana Ave S, St. Louis Park  
**St. Louis Park (SLP) Recreation Center:** 3700 Monterey Dr S, St. Louis Park

## Housing Support

*(continued from front page)*

As Maddie, herself, fully transitions into her new position, she will eventually work exclusively on assisting individuals with disabilities through the process of finding housing. Although those who have received our services have always been able to get help with housing, doing so now through our more formalized Housing Support Program will mean additional Economic Assistance funding for them. Maddie says she is eager to support others in “becoming more integrated in the community by finding a home they want to live in.”



Maddie Moran

Community Living Program Manager Larissa Beck agrees, saying that the bottom line for Reach adding this new service is “to find housing for more individuals, allowing them to live independently.” Once Maddie can help someone find housing and feel settled, then another Reach employee can assist in keeping them on track, if needed. “My personal philosophy,” states Maddie, “is that if someone is housed, happy, and safe, the rest of life will be easier.”

## Case Managers as Advocates *By Chelsea Spearman*

In the past, we've shared how our case managers wear many hats, including educators, facilitators, and conflict mediators. Case managers at Reach for Resources also often serve the role of advocates.

Here at Reach for Resources our case managers hold advocacy for the individuals we work with near and dear to our hearts. Often times we may be the only positive voice in an individual's team challenging them and others to allow for more autonomy and self-determination. Our case managers are passionate about ensuring the voice of the individuals we serve is heard by their guardians, employers, providers, and the world. We accomplish this by using the many “hats” we wear daily to listen to what the individual needs, educate teams in new and creative ways to support them, facilitate constructive conversations, and mediate conflict that will inevitably arise. Our core values as advocates are focusing on the rights of the individuals we serve, providing support to allow for the most independence possible, and above all treating the individuals we serve and the people who support them with the utmost respect.

### Attend a Rec Program for FREE! *(Limited to first 10 pairs)*

Bring someone new to Reach (who hasn't been to a Reach activity in at least 2 years) with you to a program, and you **both** can attend that program (excludes On The Town activities) for free (up to \$10 value each person). Register online using coupon code: **friend**, or call 952-393-4277 for assistance.

Your Guest's First & Last Name: \_\_\_\_\_

Your Guest's Email **or** Phone: \_\_\_\_\_

Rec program you both wish to attend: \_\_\_\_\_

## Mitch and Kassi

*(continued from front page)*

Mitch quickly took the cue and asked her out. They attended a church service together and then went to Baker's Square. At the end of the date, Kassi refused Mitch's kiss (she just wasn't that type of gal!), and was afraid that she had scared him off. But Mitch was not deterred and soon called her again. After three years of dating, he popped the question by hiding a ring in her Christmas stocking. When Kassi's tears of joy immediately began, the deal was sealed.

Years ago, a milestone like this might not have been possible for them. Each struggled with challenges their disabilities raised. Mitch says Reach “turned my life around,” with staff members who helped him to “make better decisions.” And Kassi was once so shy she could not even talk on a phone. Her independence and confidence has skyrocketed, and she is now much more outgoing.

An official wedding is not possible, since marriage would negate the economic assistance benefits Kassi receives. Instead, they made the most of their commitment ceremony, which was held at the Chanhassen Legion, with a reception and dance. They followed it up with a honeymoon in Duluth. The pair has been sharing an apartment for the past two years, so not many other changes will take place, but one day, they hope to have more pets to care for than their current two cats. They'll continue to enjoy movies, walks, and people-watching together.

When asked about advice for other singles looking for love, Mitch admits that he's found his “angel” and encourages people to attend events, “because you never know what's going to happen.” Kassi agrees, saying, “Follow your heart.” As for her, she followed a “heart of gold,” and both she and Mitch struck gold.



**NOTE:**  
*This story was also featured on KARE 11's Breaking the News show in June.*

## WEDNESDAY NIGHT SOCIAL

Become more engaged in the community, build social skills and coping skills, and practice flexibility. This is open to individuals of all abilities, and some participants bring a staff or caregiver, if additional support is needed.

### WEDNESDAYS, JAN. 8 - FEB. 26

6:30 - 8:30 p.m. unless noted otherwise  
Join us at every event for these costs:  
Resident: \$52\* / Non-Resident: \$60\* Or register for \$10\* per event on page 7.

#### Jan. 8: Welcome Party with Minute-to-Win-It Games!

SLP Rec Center, Banquet Room

#### Jan. 15: Celebrate "National Bagel Day" with Bagels and Board Games

Brooklyn Park Community Activity Center - Grand Room 3

#### Jan. 22: Sip and Paint - Winter Scenes

SLP Rec Center - Gallery Room  
Drink hot cocoa while you paint your own canvas. Wear clothes that can get messy!



#### Jan. 29: Swimming at Eden Prairie Indoor Aquatics Center

8080 Mitchell Road, Eden Prairie  
\*Addt'l Cost: Bring \$7.50 for admission. Bring a swimsuit and towel.

#### Feb. 5: Out to the Movies at Mann Hopkins Cinema 6

1118 Mainstreet, Hopkins  
Time: TBD (around 6:30 p.m.)  
\*Addt'l Cost: Bring \$3 for ticket; optional \$ for snacks/drinks.



#### Feb. 12: Cooking Night: Valentine's Day Cookies!

Eisenhower Community Center - Room 210  
\*Addt'l Cost: \$5 for those not registering for full WNS series.



#### Feb. 19: Out to Eat at Cowboy Jack's

4120 Berkshire Ln N, Plymouth  
6:30 - 8:00 p.m.  
\*Addt'l Cost: Bring \$15-20 for meal & tip. Reservation is under Reach.

#### Feb. 26: Children's Theatre Company - Spamtown, USA

2400 3rd Ave S, Minneapolis  
6:30 - 9:00 p.m. (Show starts at 7 p.m.)  
\*Addt'l Cost: For those registering for full WNS series, please include an extra \$20 per person for tickets when registering to attend this. For those not registering for full series, the \$30 cost per person includes the ticket price.

## ON THE TOWN

Intake  
Required

This is a community-based social program for adults who want to explore their community with minimal support. To minimize safety concerns, a brief intake is required. More information or intake scheduling: 952-393-4277.

#### Saturday, Jan. 18: Coffee & Board Games at Caribou

5350 Excelsior Blvd, St. Louis Park  
5:00 - 7:00 p.m.  
Fee: \$6; Addt'l Cost: Bring \$6-7 for coffee

#### Friday, Jan. 24: Make Your Own Maple Taffy & Watch Little House on the Prairie

5600 85th Ave N, Brooklyn Park  
6:30 - 8:30 p.m.  
Fee: \$10 (includes taffy supplies)

#### Monday, Feb. 3: Out to the Movies at New Hope Cinema Grill

2749 Winnetka Ave N, New Hope  
Time: TBD  
Fee: \$6; Addt'l Cost: Bring \$5-10 for ticket/optional snack

#### Saturday, Feb. 8: Mini Golf & Arcade Games at AirMaxx

7000 Washington Ave S, Eden Prairie  
6:00 - 7:30 p.m.  
Fee: \$6; Addt'l Cost: Bring \$6 for mini golf, extra for arcade games

#### Saturday, Feb. 29: Out to Eat at Olive Garden

5235 Wayzata Blvd, St. Louis Park  
6:00 - 7:30 p.m.  
Fee: \$6; Addt'l Cost: Bring \$15-20 for meal & tip

#### Saturday, March 7: Out to Eat at Giordano's

3000 W 66th St, Richfield  
6:00 - 7:30 p.m.  
Fee: \$6; Addt'l Cost: Bring \$15-25 for meal & tip



#### Friday, March 13: Swimming at Brooklyn Center Community Center

6301 Shingle Creek Pkwy, Brooklyn Center  
6:00 - 8:00 p.m.  
Fee: \$6; Addt'l Cost: Bring \$6 for admission

## ON THE TOWN: ALL ABILITIES

This is a community-based social program for all adults who want to explore their community.

#### Tuesday, Jan. 14: MN History Center

345 W Kellogg Blvd, St. Paul  
5:00 - 7:00 p.m.  
Fee: \$6 (includes admission)



MINNESOTA  
HISTORY CENTER

#### Friday, Feb. 7: Men's Gopher Hockey vs. Michigan State

1901 4th St SE, Minneapolis  
6:30 meeting time  
Fee: \$17 (includes game ticket)



#### Thursday, Feb 13: Bake Your Own Valentine's Day Pizza Heart

1001 MN-7, Hopkins  
5:30 - 7:30 p.m.  
Fee: \$20 (includes kitchen cost & ingredients)



#### Friday, March 6: MN Timberwolves vs. Orlando Magic

Minneapolis Target Center  
6:30 meeting time  
Fee: \$36 (companions too) (includes game ticket)



#### Saturday, March 14: Movie by the Fire with Hot Cocoa

316 Brookview Pkwy S, Golden Valley  
6:30 - 8:30 p.m.  
Fee: \$6



#### Monday, March 16: Out to Eat at My Burger

10997 Red Circle Dr, Minnetonka  
6:00 - 7:30 p.m.  
Fee: \$6; Addt'l Cost: Bring \$10-15 for meal

#### Thursday, March 19: Historic Cave Tour

215 Wabasha St S, St. Paul  
5:00 - 6:30 p.m.  
Fee: \$6; Addt'l Cost: Bring \$9 for admission

### Adaptive Recreation & Inclusion Program Policies

I understand that participation in this activity is completely voluntary and the activity is being offered for the benefit of the participant. Reach for Resources, Inc. along with its agents and employees shall not be liable for any claims, injuries, or damages of whatever nature, incurred by the participant arising out of, or connected with, recreational activities. All participants must be registered for a program in order to attend. Please register at least two weeks prior to the beginning of a program. If there are not enough people registered for a program it will be cancelled a minimum of 3 days prior to the beginning of the program. Participants will be notified by phone and a refund will be processed. If classes or recreation activities are cancelled due to inclement weather, Reach will schedule a make-up session or offer a refund when possible. For a recorded message about activity cancellations, call 952-200-3030. A written request to withdraw from an activity at least two weeks prior to the activity is eligible to receive a refund (except for Weekend Ventures, which abides by a separate cancellation policy), less a \$5 cancellation fee per class. Refunds are not awarded for ticketed events. Caregivers are welcome to attend all Reach programming with the exception of On The Town. Support staff and family can attend most activities free of charge, but are required to pay for ticketed events that they wish to attend. Caregivers are asked to provide any individualized support that the person they are supporting may need. Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. If a participant is more than 5 minutes late at a community-based event, staff may no longer be waiting for your arrival. If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time. Participants in art and cooking classes should dress in old clothing and or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged. Prescription and non-prescription drugs are the sole responsibility of the participant. Please visit the Reach website for further information on these policies, as well as a full description of our drug, alcohol, tobacco, and behavior policies.

# Registration Form—Winter 2020\*

Priority Registration **OPEN NOW!** • Open Registration starts October 8

Name: \_\_\_\_\_ Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Alt. Email: \_\_\_\_\_  
 Birth Date: \_\_\_\_\_ Emergency Contact Name: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_  
 PHOTO WAIVER: To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures, and social networking media. If photographed, this participant may be identified by name.  
 Photo: Yes ☐ No ☐ Name: Yes ☐ No ☐ Allergies/Diet/Accessibility: \_\_\_\_\_

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Basketball	\$44 / \$52
<input type="checkbox"/>	Bingo: 1/31	\$8 (\$10 at the door)
<input type="checkbox"/>	Bowling at Bowlero: <input type="checkbox"/> Adult <input type="checkbox"/> Youth	\$44 / \$52
<input type="checkbox"/>	Bowling at Park Tavern: <input type="checkbox"/> Adult <input type="checkbox"/> Youth	\$44 / \$52
<input type="checkbox"/>	Cooking Night: St Patty's Day Feast: 3/17	\$21
<input type="checkbox"/>	DIY Spring Floral Monogram: 3/9	\$16 Letter Choice: _____
<input type="checkbox"/>	Daytime Science Museum: 3/5	\$10
<input type="checkbox"/>	Dance: <input type="checkbox"/> 1/17 <input type="checkbox"/> 2/14 <input type="checkbox"/> 3/20	\$6 (\$8 at the door)
<input type="checkbox"/>	Ice Fishing (Date TBD)	\$20 / \$25
<input type="checkbox"/>	Karaoke with Mocktails & Snacks: 2/28	\$16
<b>On the Town</b> <input type="checkbox"/> Coffee & Board Games at Caribou: \$6 <input type="checkbox"/> Out to Eat at Olive Garden: \$6 <input type="checkbox"/> Make Your Own Maple Taffy: \$10 <input type="checkbox"/> Out to Eat at Giordano's: \$6 <input type="checkbox"/> Out to the Movies at NH Cinema Grill: 6 <input type="checkbox"/> Swimming at BCCC: \$6 <input type="checkbox"/> Mini Golf & Arcade Games at AirMaxx: \$6		
<b>On the Town - All Abilities</b> <input type="checkbox"/> Minnesota History Center: \$6 <input type="checkbox"/> Movie by the Fire: \$6 <input type="checkbox"/> Men's Gopher Hockey: \$17 <input type="checkbox"/> Accessible Seating <input type="checkbox"/> Out to Eat: My Burger: \$6 <input type="checkbox"/> Bake Your Own Pizza Heart: \$20 <input type="checkbox"/> Historic Cave Tour: \$6 <input type="checkbox"/> Minnesota Timberwolves Game: \$36 each. Total #: _____ <input type="checkbox"/> Accessible Seating		
<input type="checkbox"/>	Pizza & Bingo: <input type="checkbox"/> 1/23 <input type="checkbox"/> 3/2	\$17 each (\$8 for companions)
<input type="checkbox"/>	Snacks & Cinema: <input type="checkbox"/> 1/30 <input type="checkbox"/> 2/27 <input type="checkbox"/> 3/26	\$8 each
<input type="checkbox"/>	Social Seekers	\$205
<input type="checkbox"/>	Superbowl Party: 2/2	\$16
<input type="checkbox"/>	Teen Explorers	\$49 / \$57
<input type="checkbox"/>	Valentine's Day Gifts & Cards: 2/6	\$16
<input type="checkbox"/>	Valentine's Singles Mingle: 2/21	\$16

<input type="checkbox"/>	Wednesday Night Social Program	\$52 / \$60 (all below included)
	<input type="checkbox"/> Extra fee for Children's Theatre Total #: _____ <input type="checkbox"/> Accessible Seating	\$20 each (companions too)
<b>Wednesday Night Social Individual Activities (\$10 each, unless noted)</b> <input type="checkbox"/> Welcome Party <input type="checkbox"/> Out to the Movies <input type="checkbox"/> Bagels & Board Games <input type="checkbox"/> Cooking Night: Cookies: \$15 <input type="checkbox"/> Sip & Paint <input type="checkbox"/> Out to Eat at Cowboy Jack's <input type="checkbox"/> Swimming <input type="checkbox"/> Children's Theatre: \$30 (companions too) Total #: _____ <input type="checkbox"/> Accessible Seating		
<input type="checkbox"/>	Weekend Ventures - Send me info.	
<input type="checkbox"/>	Yoga	\$46 / \$54
<input type="checkbox"/>	Young Athletes	FREE!
<input type="checkbox"/>	Zumba	\$46 / \$54

## NEW! Therapeutic Recreation Assessment

*By Appointment Only*

Are you currently meeting your therapeutic recreation goals? Want to get more out of services available in your community? Meet with a licensed Certified Therapeutic Recreation Specialist at Reach to make the most out of your leisure activities. Our licensed staff will meet with you to discuss what you are currently doing, what your goals are, and how we can help you get there. Then, we will research available resources in your area to help you come up with a plan that can help you meet your goals. We can have a follow up meeting in 6 or 12 months if you'd like further evaluation.

☐ \$75 – 1-hour individualized assessment (by appointment), research and an individualized plan by licensed staff

☐ \$100 – 1-hour individualized assessment (by appointment), research and individualized plan by licensed staff, and a follow-up meeting

Please mail completed form with payment to:  
 Reach for Resources  
 5900 Green Oak Drive, Suite 303  
 Minnetonka, MN 55343  
 or fax to **952-229-4468**

\* Online registration is available at  
[www.reachforresources.org](http://www.reachforresources.org).

**By registering, you acknowledge that you have read and understood the Program Policies on page 6, and you agree to be bound by them.**

<b>Program Total:</b>	\$
<b>Optional Donation to Reach</b>	\$
<b>TOTAL ENCLOSED:</b>	\$
<input type="checkbox"/> Cash <input type="checkbox"/> Check <input type="checkbox"/> Credit Card # _____ Exp. Date: _____ Sec. Code: _____ Name on Card: _____	

ADMIN USE

\_\_\_\_ Registered by \_\_\_\_\_ Amt Pd \$ \_\_\_\_\_ Ck# \_\_\_\_\_  
 \_\_\_\_\_ Pymt Received by \_\_\_\_\_





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56345

5900 Green Oak Drive, Suite 303  
Minnetonka, MN 55343  
Office: 952-200-3030  
Fax: 952-229-4468  
[www.reachforresources.org](http://www.reachforresources.org)



### YOU COULD WIN A \$500 OR \$250 GIFT CARD!

Sell our \$20 coupon cards to your family and friends who might be interested in great deals. The top two people who sell the most cards by November 14, 2019, will win a \$500 or \$250 Visa gift card...just in time for the holiday shopping season! Get the details on the [News page](#) of our website.

## It's Almost Ghostly Gala "Go Time"!

Be part of our annual Halloween celebration

**Saturday, October 26**

**5:00 – 7:30 p.m.**

Brooklyn Park Community Activity Center

\$10 by October 22; \$15 at the door



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