

# ADAPTIVE RECREATION PROGRAMS

## Am I a "Resident"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Chanhassen
- Brooklyn Park
- Golden Valley
- Maple Grove
- Plymouth
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or go to [www.reachforresources.org](http://www.reachforresources.org).

**All fees stated represent pre-registration. Advanced registration is required unless otherwise noted.**

## INCLUSION SUPPORT

Reach for Resources provides inclusion support to children and adults with disabilities who would like to participate in their city park and recreation programs. Registration for these programs is done through your Park & Rec Department.

Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Chanhassen
- Brooklyn Park
- Chaska
- Golden Valley
- Crystal
- New Hope
- St. Louis Park
- Three Rivers Park District

After registering, contact Reach to discuss the needs/accommodations for yourself or your child.

\* Please allow a minimum of two weeks' notice for a successful inclusion.

## CHILDREN

### YOUNG ATHLETES (Ages 2-7)

Have fun while improving your gross motor skills playing different games! Young Athletes is an early introduction to sports using focused activities that target mental and physical growth. This is a unified program designed for children with and without disabilities. There is an evidence-supported curriculum for this program provided by Special Olympics MN. More information: 952-393-4277.



**Tuesdays,  
March 31 - May 12  
(Off 4/21)  
5:00 - 5:45 p.m.  
Brooklyn Center CC  
- Constitution Hall  
Fee: FREE!**

## ALL AGES

### BOWLING (Ages 5+)

Join us for fun, noncompetitive bowling. You will bowl two games each week.

**Youth League:** Ages 5-17

**Adult League:** Ages 18+

#### Park Tavern

**Saturdays,  
March 28 - June 6  
(Off 4/11, 4/18, & 5/23)  
9:30 - 11:30 a.m.**

Resident: \$44 /  
Non-Resident: \$52  
(+\$4.25/wk)



#### Bowlero Bowl

**Saturdays,  
March 28 - June 6  
(Off 4/11, 4/18, & 5/23)  
12:00 - 2:00 p.m.**

Resident: \$44 / Non-Resident: \$52  
(+\$4.00/wk)

### BOWL-A-THON (Ages 5+)

Join us for our annual FUNdraiser. Collect pledges/donations and then enjoy two games of bowling, pizza, and prizes, all while helping to support Reach.

**Saturday, April 18  
10:00 a.m. - 1:00 p.m.  
Park Tavern**

Fee: \$50 in pledges/donations if registered by 3/23. After 3/23: \$60. Lunch only: \$20.

### THEMED YOGA (Ages 5+)

Increase attention span, flexibility, focus, and muscle tone. Have fun dressing up while also practicing yoga! Each week will have a new theme, like glow yoga, super-hero, favorite color, and more. Adults may sign up to participate independently. Children with disabilities and their parents participate together. Children under 13 must be accompanied by an adult.

**Tuesdays,  
March 31 - May 5  
7:00 - 8:00 p.m.  
SLP Rec Center -  
(3/31-4/21: Gallery Rm)  
(4/28-5/5: Banquet Rm)  
Resident: \$46 /  
Non-Resident: \$54**



## DANCE

### HIP HOP DANCE CLASS (Ages 5+)

Come learn a new move or two by our very own Recreation Intern, Brittany Jarzowski and her sidekick dance instructor from the University of Minnesota.

#### Monday, May 4

**7:00 - 8:00 p.m.**

Brooklyn Park CAC - Grand Room 3

Fee: \$6

## TEENS & ADULTS

### SOCIAL SEEKERS (Ages 15+)

This is a program for teens and adults on the autism spectrum. We meet once a week for fun and social interaction. We play games, do crafts, get outside, and practice socializing with a variety of staff, volunteers, and participants. A brief intake meeting is required for all new participants. For more information or to schedule an intake: 952-393-4277.

**Wednesdays,  
March 25 -  
May 27**

**5:00 - 6:30 p.m.**

The Depot: 9451  
Excelsior Blvd,  
Hopkins

Fee: \$205



### ART ABILITIES (Ages 12+)

Art Abilities is a series of workshops that offer the opportunity to explore a variety of art media. The workshops will invite the participating artists to explore their creative interests, beginning with warm-up exercises at each session, painting, drawing, journaling, creating masks, and other abstract creations to help the participants learn a different method of communication. This activity is made possible by the voters of Minnesota through a grant from the Metropolitan Regional Arts Council, thanks to a legislative appropriation from The Arts and Cultural Heritage Fund.

**Fridays, March 27 - May 1  
6:30 - 8:00 p.m.**

10225 Yellow Circle Drive, Minnetonka

Fee: FREE!

## CREATIVE CRAFTING (Ages 13+)

### DIY "JUMP INTO SPRING" TOTE BAGS

Get yourself ready for spring by creating your very own tote bag for shopping or everyday use!

**Thursday, April 2**

**6:30 - 8:00 p.m.**

SLP Rec Center - Banquet Room

Fee: \$16



### DIY MOTHER'S DAY GIFT: MASON JAR BATH SALTS

This Mother's Day, give the gift of bath salts! Come and create a one-of-a-kind present that will relax and rejuvenate.

**Monday, May 11**

**6:30 - 8:00 p.m.**

Brookview CC -  
Valley Room South

Fee: \$21



### DIY FATHER'S DAY GIFT: PERSONALIZED COOKING APRON

This Father's Day, give the gift of a home-made cooking apron for dad! Come with creativity and leave with a masterpiece.

**Tuesday, May 26**

**6:30 - 8:00 p.m.**

SLP Rec Center - Banquet Room

Fee: \$21



## BINGO (Ages 13+)

Come play everyone's favorite game! Everybody goes home a winner.

**Friday, May 8**

**6:30 - 8:00 p.m.**

Brookview CC  
- Valley Room  
South

Fee: \$8 by 5/4;

\$10 at the door



## KARAOKE WITH MOCKTAILS & SNACKS (AGES 16+)

Sing along to your favorite tunes. Bring a CD, or we can search for your favorite song online.



**Friday, May 29**

**6:30 - 8:00 p.m.**

SLP Rec Center -  
Banquet Room

Fee: \$16

## COOKING CLASS: CREATE YOUR OWN JUICY LUCY (Ages 16+)

Come enjoy one of Minnesota's greatest creations by making your own Juicy Lucy burger!

**Thursday, May 21**

**6:00 - 8:00 p.m.**

Eisenhower CC -  
Room 210, 1001  
MN-7, Hopkins

Fee: \$21



## FRIDAY NIGHT DANCES (AGES 13+)

Join your friends and groove to all the latest hits, as well as classic dance songs. More information: 952-393-5866.

**Friday, April 17: Rock and Roll Party**  
**Friday, May 15: Superhero Party**

**6:30 - 8:30 p.m. (Note new times)**

SLP Rec Center - Banquet Room

Fee: \$6 by 4/13 & 5/11; \$8 at the door

## ZUMBA (Ages 13+)

Get together with peers and have fun dancing to a variety of music on Just Dance! for the Wii. Learn some new moves and get some exercise while having a great time!

**Mondays, March 23 - April 27**

**6:30 - 7:30 p.m.**

SLP Rec Center - Gallery Room  
(4/5: Banquet Room)

Resident: \$46 / Non-Resident: \$54



## PIZZA & BINGO (Ages 13+)

Let's get together for dinner and bingo night. Prizes and pizza for all!

**Thursday, April 23**

**Monday, May 18**

**6:00 - 8:00 p.m.**

Brookview CC

Fee: \$17 each;  
\$8 pizza for companions



## LADY OF THE LAKE BOAT CRUISE (AGES 13+)

Enjoy a relaxing cruise on beautiful Lake Minnetonka on the Lady of the Lake Paddleboat! Light snacks and complimentary sodas will be available for all guests.

**Wednesday, May 20**

**6:00 - 8:00 p.m.**

City of Excelsior Public Dock: 2 Water St,  
Excelsior

Fee: \$12 (for companions too)



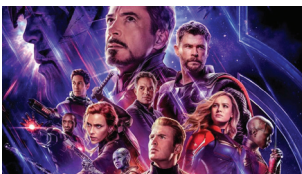


## SNACKS & CINEMA (Ages 13+)

Join us for a movie and a treat that goes with the theme of the movie!

**Thursday, April 30:** *Avengers End Game* with Avengers-shaped shortbread cookies

**Thursday, May 28:** *Frozen 2* with frosted sugar cookies



**6:00 - 8:30 p.m.**  
*Brooklyn Park CAC - Grand Room 3*

Fee: \$8 per movie

## TEEN EXPLORERS (AGES 13-21)

Get to know new friends while trying new activities. Our teens love going out to the movies, going bowling, grabbing dinner or ice cream, getting outside, having themed parties, doing crafts, and so much more! After your registration is complete, we will send you the schedule for the quarter so you know where to meet. You can also check the Adaptive Recreation page on our website prior to registering so you can see what we're up to!

**Tuesdays, March 24 - May 12**

**6:30 - 8:30 p.m.**

*Various Metro Locations*

Resident: \$49 / Non-Resident: \$57

## WEEKEND VENTURES (Ages 16+)

Need a mini-vacation? Reach has a community-based group respite program for ages 16+. Group outings may include staying in a Bloomington hotel, going to the Mall of America, spending a day at Valleyfair, and more. Participants can pay with a waiver or out of pocket. For more information, contact Jesse at 952-393-4277.



## Locations Key

**Bowlero Bowl:** 7545 Brooklyn Blvd, Brooklyn Park

**Brooklyn Park Community Activity Center:** 5600 85th Ave N, Brooklyn Park

**Brooklyn Center Community Center:** 6301 Shingle Creek Pkwy

**Brookview Community Center:** 316 Brookview Pkwy S, Golden Valley

**Park Tavern Lanes:** 3401 Louisiana Ave S, St. Louis Park

**St. Louis Park (SLP) Recreation Center:** 3700 Monterey Dr S, St. Louis Park

## ADULTS ONLY (Ages 18+)

### SINGLES NIGHT WITH GAMES & DRINKS

Looking for that special someone? Join us for food, conversation, games, and fun with other single people. We will meet at Dave and Buster's in Edina for half-price night! Reach will facilitate an icebreaker and give out some conversation topics.

**Wednesday, April 8**

**6:30 - 8:00 p.m.**

*Dave and Buster's: 500 Southdale Ctr, Edina*

Fee: \$6



### DAYTIME: SPRING BABIES AT THE ZOO

Come join Reach as we venture out to the Minnesota Zoo to check out the newborn spring babies! Entrance fee is \$18; feel free to bring extra money for snacks or souvenirs.

**Thursday, April 23**

**12:00 - 2:00 p.m.**

*13000 Zoo Boulevard, Apple Valley*

Fee: \$18



### DAYTIME: MALL OF AMERICA

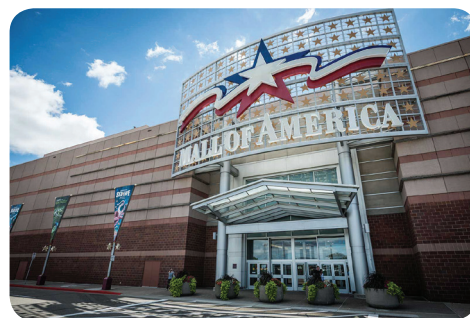
Spend the afternoon at the Mall of America with friends, doing some shopping and getting some lunch!

**Thursday, May 14**

**11:00 a.m. - 1:30 p.m.**

*60 E Broadway,  
Bloomington*

Fee: \$6



## WEDNESDAY NIGHT SOCIAL

Become more engaged in the community, build social skills and coping skills, and practice flexibility. This is open to individuals of all abilities, and some participants bring a staff or caregiver, if additional support is needed.

### WEDNESDAYS, APRIL 1 - MAY 20

6:30 - 8:30 p.m. unless noted otherwise  
Join us at every event for these costs:  
Resident: \$54\* / Non-Resident: \$62\*  
Or register for \$10\* per event (unless otherwise noted with \*\*) on page 9.

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#### April 1: Spring Craft Night

SLP Recreation Center - Banquet Room  
Wear clothes that can get messy.

#### April 8: Dinner and a Movie at New Hope Cinema Grill

2749 Winnetka Ave N, New Hope  
\*Addt'l Cost: \$4 (cash) for movie ticket;  
\$10-20 if you wish to purchase a meal.

#### April 15: Gopher Baseball vs SDSU

Sibert Field: 1606 SE 8th St, Minneapolis  
5:30 - 8:30 p.m.

\*Addt'l Cost: \$15 for ticket (purchased at ticket office). We'll meet at the corner of 15th Ave. & SE 8th St. before walking to the ticket office.



#### April 22: Out to Eat at Pizza Ranch

5526 W Broadway Ave, Crystal  
\*Addt'l Cost: Bring \$13.85 if you wish to eat off the buffet. A la carte options also available. Reservation is under Reach.



#### April 29: Cooking Night

Eisenhower Community Center  
\*\* \$15

#### May 6: Game Night - Wii & Board Games

SLP Recreation Center - Banquet Room

#### May 13: Lady of the Lake Cruise

Port of Excelsior: 8 Water St, Excelsior  
6:00 - 8:30 p.m.

Light snacks and soda will be provided.  
\*\* \$12

#### May 20: Ice Cream at Izzy's

1100 S 2nd St, Minneapolis  
6:30 - 8:00 p.m.

\*Addt'l Cost: Bring \$5-8 for ice cream.

We'll enjoy our ice cream in Gold Medal Park.



The Wednesday Night Social schedule is also always posted on the [Adaptive Recreation page](#) of our website.

## ON THE TOWN

Intake  
Required

This is a community-based social program for adults who want to explore their community with minimal support. To minimize safety concerns, a brief intake is required. More information or intake scheduling: 952-393-4277.

#### Thursday, April 2: Plant Your Own Succulent

Brooklyn Center CC - Cohen Room

6:30 - 8:00 p.m.

Fee: \$10 (includes plant, pot & soil)



#### Saturday, April 4: Out to Eat at the Lucky Cricket

1607 West End Blvd, St. Louis Park

6:00 - 7:30 p.m.

Fee: \$6; Addt'l Cost: \$15-25 for meal & tip

#### Friday, April 10: Trivia & Games at Lodestone

10982 Cedar Lake Rd, Minnetonka

6:30 - 8:30 p.m.

Fee: \$6; Addt'l Cost: \$6-7 for coffee (optional)

#### Thursday, April 16: Shop & Dine at Midtown Global Market

920 E Lake St, Minneapolis

6:00 - 8:00 p.m.

Fee: \$6; Addt'l Cost: \$10-20 for shopping and meal (optional)

#### Saturday, April 25: Roller Garden Skate

5622 West Lake St, St. Louis Park

12:00 - 2:00 p.m.

Fee: \$6; Addt'l Cost: \$7 admission + \$3 skate rental



#### Monday, May 4: Out to the Movies at Plymouth Grand 15

3400 Vicksburg Ln N, Plymouth

Time: TBD (Around 6:00 p.m.)

Fee: \$6; Addt'l Cost: \$9.50 for ticket plus concessions (optional)

#### Monday, May 11: Spring Wreath Making

SLP Recreation Center - Banquet Room

6:30 - 8:00 p.m.

Fee: \$10 (includes craft supplies)

## ON THE TOWN: ALL ABILITIES

This is a community-based social program for all adults who want to explore their community.

#### Monday, March 23: Out to Eat at Pizza Lucé

210 Blake Rd N, Hopkins

6:00 - 7:30 p.m.

Fee: \$6; Addt'l Cost: \$10-15 for meal & tip

#### Friday, April 3: Raptor Center Show

1920 Fitch Ave, St. Paul

2:30 - 4:00 p.m.

Fee: \$6;

Addt'l Cost: \$8 entrance fee



#### Friday, April 24: Live Music at the Depot

9451 Excelsior Blvd, Hopkins

6:00 - 8:00 p.m.

Fee: \$6; Addt'l Cost: \$8 (cash) entrance fee

#### Saturday, May 2: Lunch at Sea Salt Eatery and Walk at Minnehaha Falls

4825 Minnehaha Ave, Minneapolis

12:00 - 2:00 p.m.

Fee: \$6; Addt'l Cost: \$10-15 for lunch (optional)

#### Thursday, May 7: Photo Scavenger Hunt at Eloise Butler Wildflower Garden

1 Theodore Wirth Pkwy, Minneapolis

5:30 - 7:30 p.m.

Fee: \$6. Bring an electronic device/camera if you have one.



#### Saturday, May 16: Under the Stars Planetarium Show & Bell Museum Tour

2088 Larpentour Ave W, St. Paul

10:00 a.m. - 12:00 p.m.

Fee: \$16 (includes planetarium show & museum admission)



#### Tuesday, May 19: Saint Paul Saints vs. Lincoln Saltdogs

360 N Broadway St, St. Paul

6:30 p.m. (Game starts at 7:05 p.m.)

Fee: \$21 (includes ticket)



### Adaptive Recreation & Inclusion Program Policies

I understand that participation in this activity is completely voluntary and the activity is being offered for the benefit of the participant. Reach for Resources, Inc. along with its agents and employees shall not be liable for any claims, injuries, or damages of whatever nature, incurred by the participant arising out of, or connected with, recreational activities. All participants must be registered for a program in order to attend. Please register at least two weeks prior to the beginning of a program. If there are not enough people registered for a program it will be cancelled a minimum of 3 days prior to the beginning of the program. Participants will be notified by phone and a refund will be processed. If classes or recreation activities are cancelled due to inclement weather, Reach will schedule a make-up session or offer a refund when possible. For a recorded message about activity cancellations, call 952-200-3030. A written request to withdraw from an activity at least two weeks prior to the activity is eligible to receive a refund (except for Weekend Ventures, which abides by a separate cancellation policy), less a \$5 cancellation fee per class. Refunds are not awarded for ticketed events. Caregivers are welcome to attend all Reach programming with the exception of On The Town. Support staff and family can attend most activities free of charge, but are required to pay for ticketed events that they wish to attend. Caregivers are asked to provide any individualized support that the person they are supporting may need. Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. If a participant is more than 5 minutes late at a community-based event, staff may no longer be waiting for your arrival. If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time. Participants in art and cooking classes should dress in old clothing and or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged. Prescription and non-prescription drugs are the sole responsibility of the participant. Please visit the Reach website for further information on these policies, as well as a full description of our drug, alcohol, tobacco, and behavior policies.



# Registration Form—Spring 2020\*

Priority Registration **OPEN NOW!** • Open Registration starts January 7

Name: \_\_\_\_\_ Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Alt. Email: \_\_\_\_\_  
 Birth Date: \_\_\_\_\_ Emergency Contact Name: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_  
 PHOTO WAIVER: To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures, and social networking media. If photographed, this participant may be identified by name.  
 Photo: Yes ☐ No ☐ Name: Yes ☐ No ☐ Allergies/Diet/Accessibility: \_\_\_\_\_

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Bingo (5/8)	\$8 (\$10 at the door)
<input type="checkbox"/>	Bowling at Bowlero: <input type="checkbox"/> Adult <input type="checkbox"/> Youth	\$44 / \$52
<input type="checkbox"/>	Bowling at Park Tavern: <input type="checkbox"/> Adult <input type="checkbox"/> Youth	\$44 / \$52
<input type="checkbox"/>	Bowl-A-Thon (4/18)	Register on back side
<input type="checkbox"/>	Cooking Class: Create A Juicy Lucy (5/21)	\$21
<input type="checkbox"/>	DIY "Jump Into Spring" Tote Bag (4/2)	\$16
<input type="checkbox"/>	DIY Father's Day Personalized Apron (5/26)	\$21
<input type="checkbox"/>	DIY Mother's Day Bath Salts (5/11)	\$21
<input type="checkbox"/>	Dance Class (5/4)	\$6
<input type="checkbox"/>	Daytime Spring Babies at the Zoo (4/23)	\$18
<input type="checkbox"/>	Daytime Mall of America (5/14)	\$6
<input type="checkbox"/>	Dance: <input type="checkbox"/> 4/17 <input type="checkbox"/> 5/15	\$6 (\$8 at the door)
<input type="checkbox"/>	Karaoke with Mocktails & Snacks (5/29)	\$16
<input type="checkbox"/>	Lady of the Lake Boat Cruise (5/20)	\$12
On the Town		
<input type="checkbox"/>	Plant Your Own Succulent: \$10	<input type="checkbox"/> Roller Garden Skate: \$6
<input type="checkbox"/>	Out to Eat at the Lucky Cricket: \$6	<input type="checkbox"/> Out to the Movies: \$6
<input type="checkbox"/>	Trivia & Games at Lodestone: \$6	<input type="checkbox"/> Spring Wreath Making: \$10
<input type="checkbox"/>	Shop & Dine at Midtown Global Market: \$6	
On the Town - All Abilities		
<input type="checkbox"/>	Out to Eat at Pizza Luce: \$6	<input type="checkbox"/> Photo Scavenger Hunt: \$6
<input type="checkbox"/>	Raptor Center Show: \$6	<input type="checkbox"/> Planetarium Show & Museum: \$16
<input type="checkbox"/>	Live Music at the Depot: \$6	<input type="checkbox"/> Saint Paul Saints Game: \$21
<input type="checkbox"/>	Lunch at Sea Salt Eatery & Walk: \$6	
<input type="checkbox"/>	Pizza & Bingo: <input type="checkbox"/> 4/23 <input type="checkbox"/> 5/18	\$17 each (\$8 for companions)
<input type="checkbox"/>	Singles Night (4/8)	\$6
<input type="checkbox"/>	Snacks & Cinema: <input type="checkbox"/> 4/30 <input type="checkbox"/> 5/28	\$8 each

<input type="checkbox"/>	Social Seekers	\$205
<input type="checkbox"/>	Teen Explorers	\$49 / \$57
<input type="checkbox"/>	Wednesday Night Social Program (Costs are increased by \$2 this session only to accommodate lake cruise.)	\$54 / \$62 (all below included)
Wednesday Night Social Individual Activities (\$10 each, unless noted)		
<input type="checkbox"/>	Spring Craft Night	<input type="checkbox"/> Cooking Night: \$15
<input type="checkbox"/>	Movie at NH Cinema Grill	<input type="checkbox"/> Game Night
<input type="checkbox"/>	Gopher Baseball Game	<input type="checkbox"/> Lady of the Lake Cruise: \$12
<input type="checkbox"/>	Out to Eat at Pizza Ranch	<input type="checkbox"/> Ice Cream at Izzy's
<input type="checkbox"/>	Weekend Ventures - Send me info.	
<input type="checkbox"/>	Yoga	\$46 / \$54
<input type="checkbox"/>	Young Athletes T-shirt size: _____	FREE!
<input type="checkbox"/>	Zumba	\$46 / \$54

## Therapeutic Recreation Assessment

*By Appointment Only*

Are you currently meeting your therapeutic recreation goals? Want to get more out of services available in your community? Meet with a licensed Certified Therapeutic Recreation Specialist at Reach to make the most out of your leisure activities. Our licensed staff will meet with you to discuss what you are currently doing, what your goals are, and how we can help you get there. Then, we will research available resources in your area to help you come up with a plan that can help you meet your goals. We can have a follow up meeting in 6 or 12 months if you'd like further evaluation.

☐ \$75 – 1-hour individualized assessment (by appointment), research and an individualized plan by licensed staff

☐ \$100 – 1-hour individualized assessment (by appointment), research and individualized plan by licensed staff, and a follow-up meeting

Please mail completed form with payment to:  
 Reach for Resources  
 5900 Green Oak Drive, Suite 303  
 Minnetonka, MN 55343  
 or fax to **952-229-4468**

\* Online registration is available at  
[www.reachforresources.org](http://www.reachforresources.org).

**By registering, you acknowledge that you have read and understood the Program Policies on page 8, and you agree to be bound by them.**

<b>Program Total:</b>	\$
<b>Optional Donation to Reach</b>	\$
<b>TOTAL ENCLOSED:</b>	\$
<input type="checkbox"/> Cash <input type="checkbox"/> Check <input type="checkbox"/> Credit Card # _____	
Exp. Date: _____ Sec. Code: _____ Name on Card: _____	

ADMIN USE	Registered by _____	Amt Pd \$ _____	Ck# _____
	Pymt Received by _____		



(1) Our adaptive sailing program was a breeze for these two captains.

(2) Renee treated her eyes to the benefits of cucumber slices during our Spa Night.

(3) The jellyfish at Sea Life brought out the giggles with these friends while they were out "On the Town."

(4) Our social seekers were seeking some wins on arcade games one evening.



## 28th Annual Bowl-A-Thon Registration

**Saturday, April 18, 10 a.m. - 1 p.m. Park Tavern Lanes: 3401 Louisiana Ave S, St. Louis Park**

**\*You must be registered in order to bowl.\* Registration: \$50 by March 23; \$60 after March 23**

We'll send a pledge packet upon receiving your registration. Registration form and pledge packets also available on our [website](#).

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Register me for:

☐ Bowling & Lunch \$50 (by 3/23) / \$60 minimum pledges or donation  
(Pledges due the day of the event.)

T-Shirt Size: S M L XL XXL (circle one)  
(adult sizes only)

\_\_\_\_\_ I am bowling alone

\_\_\_\_\_ I am bowling with a team\*

Other team members: \_\_\_\_\_

\*(Note: All team members must fill out their own registration form. You can have a total of 6 people on a team.)

☐ Lunch Only - My \$20 donation is enclosed (checks payable to Reach for Resources)

☐ I am unable to participate, but enclosed is my donation of \$ \_\_\_\_\_

**Photo Waiver:** Photos may be taken at the Bowl-A-Thon and used in Reach publications.

If you DO NOT want your photo used, initial here: \_\_\_\_\_

**Bowl-A-Thon**



**Reach for Resources**