

# Art Therapy Instructor (Part-Time) Position Description

Work-life balance. Flexible schedule. Caring, supportive supervisors. Rewarding work. If these are all aspects you crave for your next employment opportunity, see what Reach for Resources has to offer.

#### **Department Overview**

Reach for Resources is a nonprofit agency based out of Minnetonka, Minnesota. We provide recreation, education, case management, advocacy, counseling, and health programs to individuals with disabilities living in the Minneapolis western metro area. Our recreation department contracts with 12 western suburban city park and recreation departments to provide adaptive recreation, inclusion and training services to their community members.

## **Job Summary**

Assist the adaptive recreation department in implementing a variety of Art Therapy programs for teens and adults with intellectual disabilities. Art Therapy Instructor must be able to supervise possible interns from the Adler Graduate School and/or volunteers. Programs will focus on creative exploration, different methods of communication and gross motor skills. Art Abilities is located at the Adler Graduate School. The course runs for an hour and thirty minutes every Friday for six weeks. Additional hours may be utilized for preparation of projects.

## **Essential Duties and Responsibilities**

- Plan and implement a weekly art therapy session for a group of up to 15 adults with disabilities utilizing a variety of different media and techniques
  - Weekly classes should include a warm up activity and group or individual art therapy projects
- Supervise art therapy students who will assist with program facilitation and planning
- Plan and facilitate an annual art showcase with interactive projects
- Communicate with program partners, supervisors, parents, and caregivers
- Maintain proper documentation

## **Required Qualifications**

- Must have a bachelor's degree or higher in the field of Art Therapy
- Must have current driver's license in good standing and maintain own reliable transportation
- Strong written and oral communication skills
- Friday evening availability
- Ability to lift up to 30 lbs.
- A genuine interest in helping others
- A willingness to share your warm personality and sense of humor

#### **Preferred Qualifications**

- Registered Art Therapist and/or certified by the Art Therapy Credentials Board (ATCB)/(ATR)
- Master's Degree in Art Therapy
- Group leadership experience
- At least 1-year experience working with individuals with disabilities

#### **Additional Information**

Reach for Resources, Inc. is an Equal Opportunity Employer. Reach for Resources, Inc. does not discriminate on the basis of race, religion, color, sex, gender identity, sexual orientation, age, nondisqualifying physical or mental disability, national origin, veteran status or any other basis covered by appropriate law. All employment is decided on the basis of qualifications, merit, and business need.

# To Apply

Please complete the online application on the Employment page of our website, <a href="https://www.reachforresources.org/employment/">https://www.reachforresources.org/employment/</a>, where you can upload your resume, or your cover letter and resume as one combined document.