

See our website to take part in [online adaptive recreation programs](#) we have implemented!

Our Annual Report will be posted on the [News page](#) of our website by June.

Like BINGO? Consider joining us at our summer fundraiser. Details are on the back cover.

Supporting Individuals with Developmental Disabilities and Mental Illness to Reach Their Full Potential

# The Reach Reader

SUMMER 2020



## Changes Due to COVID-19

We want to thank all of you for your understanding and patience as we navigate how COVID-19 is affecting our lives. Although we delayed sending this newsletter to you, we are hopeful that we will be able to offer the summer programs as they are detailed in these pages. However, other delays and changes may still need to happen. We encourage you to keep an eye on our website and/or social media for updates. Look [there](#) for exciting online programming that has already begun, as well as helpful resources! This is also a great time to sign up on our website for our monthly e-newsletter, if you are not already receiving it. If you have questions, we are still working and are happy to help you. Take care and stay safe.

## New Technology is Helping Those We Support

Hanna (at left) is one busy and talented young woman. She sings in a glee club, volunteers at the library, attends dance class, interns in the neonatal intensive care unit at Children's Hospital (similar to the one where she started life herself), participates in a Circus Juventas program, enjoys regular girls' nights out, and more. She is organized, intelligent, and ambitious. However, when it comes to cooking and cleaning tasks, Hanna needs some guidance.

She has several PCAs who assist her each week, in addition to Reach Community Living Specialist Hailey. Yet, Hanna craves more independence.

(Continued on page 2.)

Reach is proud to have completed the process of being approved by the Charities Review Council for meeting its rigorous standards for internal strength, transparency, and accountability. As stated on the Charities Review Council website, [smartgivers.org](http://smartgivers.org), nonprofit organizations are reviewed in this way so that "donors use the Accountability Standards® as a way to assess the internal strength of the causes they care about and as a starting place for engagement and conversation with their favorite organizations." Reach will now be included on the website's List of Reviewed Nonprofits for at least three years.





## Reach T-shirts for Sale!

Reach is now selling a sharp looking t-shirt you can purchase for yourself or someone else. This high-quality, black, short-sleeved t-shirt has the two-color Reach logo on it and is a 50/50 cotton/polyester blend. It is available for \$10 in sizes Med-3X, although some sizes may be limited. Once a size is sold out, we will not be ordering more. Get yours before they're gone! We will not be shipping purchased shirts, so you can either pick yours up at our office or arrange to have a staff member bring one to a program/appointment.

Buy one today at [www.reachforresources.org/shirt](http://www.reachforresources.org/shirt).

## Finding the Best Fit with Each Individual We Support is Highly Intentional

Smiling, he says, "Yep, I've trained him in." The speaker in this case, was not one of our Reach staff members, referring to someone receiving our services, but the other way around. The service recipient had recently been reassigned to a new staff member, and was joking about how he was getting this other man up to speed for their working relationship. That's often how these situations play out.

Reach's Community Living Department Program Manager, Larissa Beck, takes great pride in how we personally customize each of the matches between staff members and those we serve.

[Read this full story and others on our website.](#)

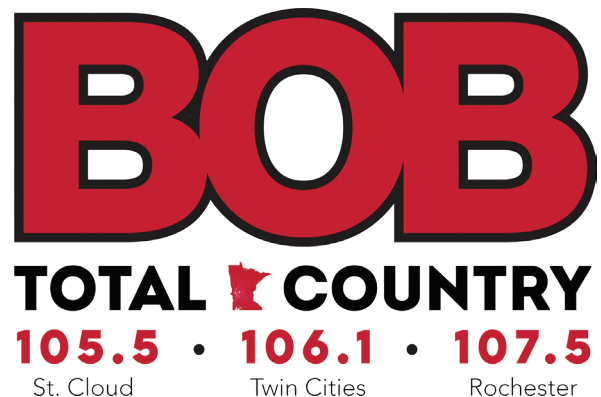


*Reach staff member Aly (right) reviews paperwork with Jan (left) and Terry.*

## Tune Your Radio Knob to BOB April 23rd

Reach is planning to participate in its first Radiothon, being generously hosted on BOB FM. It will take place all day, Thursday, April, 23, at the BOB FM radio station in Ramsey, MN. The Radiothon will raise funds for both Reach and Fishing For Life, an organization we partner with regularly. Here are some ways you can be involved:

- 1** Listen to BOB FM that day and hear some of the wonderful stories we'll be sharing.
- 2** Tell others to tune in that day as well so we can spread the word about our cause.
- 3** Contribute what you can. A bill just passed, allowing **anyone who donates up to \$300** to a nonprofit to take that as a credit on their 2020 taxes...on top of the standard deduction! We need your support now more than ever.



# MENTAL HEALTH

## Q & A with Reach's Children's Mental Health Case Managers

Our Children's Mental Health Case Managers (Targeted Case Management-Children) provide case management to children (ages 5-18) who are experiencing severe and long-lasting mental health needs. Mental health case managers help children and their families obtain and coordinate therapeutic and supportive services that address the child's mental health issues and related social, recreational, health, educational, and vocational needs. Reach currently employs three full-time case managers in this program: April Harshman, Krista Pinewski, and Kendra Simon. In addition to experience in working with families, April has a B.A. in psychology; Krista has a Bachelor of Social Work and a B.S. in human development and family science; and Kendra has a B.A. in sociology with a concentration in human services.

We asked our case managers to respond to the following questions:

### How do you help families?

For Kendra, the most significant role of a case manager is to assist families in accessing services and supports to meet the mental health needs of their child. Our case management philosophy is to provide a unique and person-centered approach with each child and family. April added that she listens attentively to the families' worries, concerns, and ideas. "I help them find ways to implement those ideas and locate services that fit with the parents' vision for their child."

### What is the biggest misconception about your job?

Krista said, "When I tell others what I do for work, a lot of them respond with 'That must be so hard.' I tell them that my job allows me to come alongside parents and their children and witness them overcome the challenges of mental health." Kendra agrees and adds that she finds people think that "Mental Health is 'scary.'" April said that people seem to believe that we have resources or clout that we do not actually have. "We are often believed to be able to 'fix' the symptoms, with little motivation from the child and their family."

### What is the best part of your job?

The case managers agree that this job gives them opportunities to work throughout the community and meet a wide variety of people. They enjoy having the time to get to know each family, finding great resources the family may not have known even exist, and helping the families reach their goals. "Every day is different, and that keeps things exciting!" said Krista.

### What do you want families to know?

"Mental health within your family is nothing to be ashamed of, and there are a lot of resources within the community that you can access for support. Getting your child help early on can make a huge difference in their life, so don't hesitate to ask for help in getting connected!" said Krista. Kendra wants you to know, "It is okay to ask for help." April adds, "I truly love my work, and I have a real passion for my clients' well-being! I say 'work' because it isn't a job...it is a career that I am absolutely invested in!"

## Adaptive Recreation News

Our **annual Bowl-A-Thon** is rescheduled for **September 12, 2020**, since Park Tavern will still be closed through April. Any donations you've collected so far can be mailed to our office or brought to us once our office reopens or programming resumes.



### Notice About "Memberships"

We have decided to discontinue the "membership" option of registration effective June 1, 2020, in an effort to make our programs more affordable to the individuals we serve. Residents of partner cities will continue to receive a discounted rate for select programs. Partner cities are listed on the next page.

We realize that this membership offered some great benefits, such as priority registration. With this change, we have done our best to maximize program size so we minimize the number of individuals who are turned away. As always, register early for your best chance to get into your favorite programs!

**All program fees stated represent pre-registration.  
Advanced registration is required unless otherwise noted.**

# ADAPTIVE RECREATION PROGRAMS

## AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Chanhassen
- Brooklyn Park
- Golden Valley
- Maple Grove
- Plymouth
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or go to [www.reachforresources.org](http://www.reachforresources.org).

## INCLUSION SUPPORT

Reach for Resources provides inclusion support to children and adults with disabilities who would like to participate in their city park and recreation programs. Registration for these programs is done through your Park & Rec Department.

Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Chanhassen
- Brooklyn Park
- Chaska
- Golden Valley
- Crystal
- New Hope
- St. Louis Park
- Three Rivers Park District

After registering, contact Reach to discuss the needs/accommodations for yourself or your child.

\* Please allow a minimum of two weeks' notice for a successful inclusion.

## ALL AGES

### MN TWINS GAME

Head to Target Field to see the Twins take on the Cleveland Indians! All attending must register for a ticket.

**Monday, August 3**

**6:30 - 9:00 p.m.**

1 Twins Way,  
Minneapolis



Fee (companions too): \$10

### BOWLING BANQUET

All bowlers from our 2019-2020 seasons are invited to attend this party. Dinner will be served, and we will give certificates and prizes to all of our bowlers from the past year. We'll enjoy photos from the year and do a little dancing to wrap up the night! Please register two weeks in advance.

**Monday, August 17**

**6:00 - 7:30 p.m.**

Minnetonka Community Center:  
14600 Minnetonka Blvd, Minnetonka

Fee: \$15; \$7 guests

### BOWLING

Join us for fun, noncompetitive bowling. You'll bowl two games each week.

#### Park Tavern

**Mondays, June 1 - July 27**

**6:00 - 8:00 p.m. (Off 6/29)**

Resident: \$44 / Non-Resident: \$52  
(+\$4.25/wk)

#### New Hope Bowl

**Tuesdays, June 2 - July 28**

**6:00 - 8:00 p.m. (Off 6/30)**

Resident: \$44 / Non-Resident: \$52  
(+\$4.00/wk)



## INDOOR/OUTDOOR THEMED YOGA

Increase flexibility, attention span, focus, and muscle tone. Have fun dressing up while also practicing yoga! Each week will have a new theme, like glow yoga, superhero, favorite color, and more. Adults may sign up to participate independently. Children with disabilities and their parents participate together. Children under 13 must be accompanied by an adult.



**Tuesdays, June 2 - July 14 (Off 6/30)**

**7:00 - 8:00 p.m.**

SLP Rec Center (See schedule for rooms)

Resident: \$46 / Non-Resident: \$54

## ON THE WATER...

### PICNIC & PONTOON FISHING

Come out with some experienced fishermen from Fishing for Life! Jump on a pontoon, enjoy a picnic dinner, and catch as many fish as you can in three hours. If you don't love fishing, just enjoy the breeze in your hair while you ride along! Sign up for one or both dates! Companions are not charged to attend, but must register so we save a space on the boat. For online registration use code COMPANION to get a free companion pass.

**Thursday, June 11 and/or Thursday, July 16**

**5:00 - 8:00 p.m.**

West Medicine Lake Park, Plymouth

Fee: \$16 each session



### ADAPTIVE SAILING ADVENTURE

Come sail with us. Enjoy gliding across the lake propelled by a gentle evening breeze. Our certified instructors help you safely steer the boat and trim the sails. You will return relaxed and refreshed. Limit 4 people, so register early! Waiver forms required 1 week prior to the activity. Seating is limited. If companions need to attend, they should register separately.

**Monday, June 15; Monday, July 13; and/or Monday, August 10**

**6:00 - 7:30 p.m.**

1000 Eastman Lane, Wayzata

Fee (companions too): \$10 each

### CHAIN OF LAKES ADAPTED CANOE TRIP

Jump on a 10-person voyager canoe with skilled guides from Wilderness Inquiry to enjoy an afternoon of adventure! All abilities are welcome, and accommodations can be requested. We will paddle the Minneapolis Chain of Lakes, stop for a picnic, and head back to our starting point. Pack a bag lunch. Waivers are required prior to attending.

**Sunday, August 2**

**10:00 a.m. - 2:00 p.m.**

Meet at Bde Maka Ska (formerly Calhoun) North Beach, 2707 Lake Street W Minneapolis

Fee (companions too) : Resident: \$10 / Non-Resident: \$15



## TEENS & ADULTS

### SNACKS & CINEMA (Ages 13+)

Join us for a movie and a treat that goes with the theme of the movie!

**Thursday, June 25:** *Detective Pikachu* with Pikachu Peeps

**Thursday, July 30:** *The Little Rascals* with Lunchables

**Thursday, August 27:** *Doolittle* (2019) with circus animal cookies

**6:00 - 8:30 p.m.**

Brooklyn Park CAC - Grand Room 3

Fee: \$8 per movie

### SOCIAL SEEKERS (Ages 15+)

This is a program for teens and adults on the autism spectrum. We meet once a week for fun and social interaction. We play games, do crafts, get outside, and practice socializing with a variety of staff, volunteers, and participants. A brief intake meeting is required for all new participants. For more information or to schedule an intake, call 952-393-4277.

**Wednesdays, June 3 - August 12**  
**5:00 - 6:30 p.m. (Off 7/1)**

The Depot: 9451 Excelsior Blvd,  
Hopkins

Fee: \$205

### ZUMBA TRIAL (Ages 13+)

Interested in Zumba but want to try it out before you commit? Now is your chance! Sign up for our one-time Zumba class with our favorite instructor, Angela. Have fun dancing the night away with your friends!

**Monday, June 8**

**6:30 - 7:30 p.m.**

SLP Rec Center - Gallery Room

Resident: \$5 / Non-Resident: \$7



### FRIDAY NIGHT DANCES (Ages 13+)

Join your friends and groove to all the latest hits as well as classic dance songs! More information: 952-393-5866. All are at SLP Rec Center in the space listed with date.

**Friday, July 17:**

**Hawaiian Theme**

Recreation Outdoor Center



**Friday, August 21:**

**End of Summer Party**

Banquet Room



**6:30 - 8:30 p.m.**

Fee: \$6 up to 4 days prior; \$8 at the door

## CREATIVE CRAFTING

(Ages 13+)

### DIY CONTAINER HERB GARDEN

Use recycled tin cans to plant common herbs such as oregano, thyme, basil, mint, or rosemary. Each person will get to choose 3 herbs to plant from seed, and take home to cultivate a beautiful and delicious herb garden. Decorate your containers as your heart desires.

**Monday, June 29**

**6:30 - 8:00 p.m.**

Louisiana Oaks Park Pavilion

Fee: \$12



### DIY FLIP FLOP WREATH OR WELCOME SIGN

Use summery flip flops to create a work of art. Hang up for decoration in your home, or make a gift for a friend.

**Thursday, July 9**

**6:30 - 8:00 p.m.**

Louisiana Oaks Park Pavilion

Fee: \$12



### DIY CONFETTI CANVAS

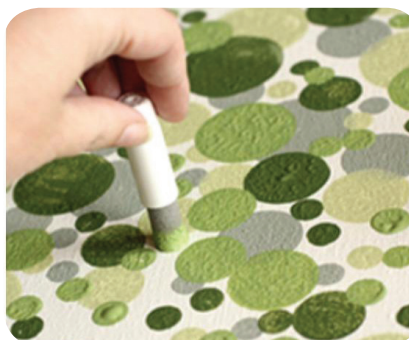
Create a one-of-a-kind masterpiece using sponge paints to make a design with different sized polka dots. Choose colors to match a room in your home!

**Wednesday, August 19**

**6:30 - 8:00 p.m.**

SLP Rec Center - Wolfe Park Pavilion

Fee: \$16



### KARAOKE WITH MOCKTAILS & SNACKS (Ages 16+)

Sing along to your favorite tunes. Bring a CD, or we can search for your favorite song online.

**Friday, July 31**

**6:30 - 8:00 p.m.**

SLP Rec Center - Banquet Room

Fee: \$16

### WEEKEND VENTURES (Ages 18+)

Need a mini-vacation? Reach has a community-based group respite program for ages 18+. The group stays in a hotel in the Twin Cities (usually Bloomington). This summer we have our Valleyfair weekend planned, June 12-14, and we are heading up to Camp Courage, August 21-23. Participants can pay with a waiver or out of pocket. For information about openings, contact Jesse at 952-393-4277. An intake meeting is required.

## Locations Key

**Brooklyn Park Community Activity Center:** 5600 85th Ave N, Brooklyn Park  
**Brookview Community Center:** 316 Brookview Pkwy S, Golden Valley  
**Eisenhower Community Center:** 1001 MN-7, Hopkins  
**Louisiana Oaks Park:** 3520 Louisiana Ave S, St. Louis Park  
**New Hope Bowl:** 7107 42nd Ave N, New Hope  
**Park Tavern Lanes:** 3401 Louisiana Ave S, St. Louis Park  
**St. Louis Park (SLP) Recreation Center:** 3700 Monterey Dr S, St. Louis Park

### SOFTBALL (Ages 14+)

A non-competitive softball league for teens & adults that focuses on teamwork, improving skills, and having fun. Join your friends each week to get outside and play some ball!

**Thursdays,**  
**June 4 - July 30**  
**(Off 7/2) Rainout**  
**Make-up Days:**  
**8/6 & 8/13**

**6:30 - 8:00 p.m.**

Harley Hopkins  
 Fields: 108 Jackson  
 Ave S, Hopkins

Resident: \$44 / Non-Resident: \$52



### BINGO (Ages 13+)

Come play everyone's favorite game! Everybody goes home a winner.

**Friday, June 26**  
**6:30 - 8:00 p.m.**  
 SLP Rec Center - Wolfe Park Pavilion

Fee: \$8 by 6/22; \$10 at the door

### TEEN EXPLORERS (AGES 13-21)

Get to know new friends while trying new activities. Our teens love going out to the movies, going bowling, grabbing dinner or ice cream, getting outside, having themed parties, doing crafts, and so much more! After your registration is complete, we will send you the schedule for the quarter so you know where to meet. You can also check our website prior to registering so you can see what we're up to!

**Tuesdays, June 2 - July 28**  
**6:30 - 8:30 p.m. (Off 6/30)**  
 Various Metro Locations

Resident: \$49 / Non-Resident: \$57

### OUTDOOR COOKING CLASS: SUMMER GRILLING (AGES 13+)

Come prepare a full meal outdoors on charcoal grills! We will hand make burger patties, and cook vegetables and other sides over the grill as well. Space is limited for this delicious and fun educational experience.

**Monday, July 27**  
**5:00 - 7:00 p.m.**  
 Lakeside Pavilion, Lake Ann Park, 1456  
 West 78th Street, Chanhassen

Resident: \$16



### COOKING CLASS: PASTA PRIMAVERA (Ages 16+)

Summer is a time for seasonal produce. Let's create a fresh pasta dish with lots of color and vegetables that are in season.

**Thursday, August 20**  
**6:00 - 8:00 p.m.**  
 Eisenhower CC - Room 210,

Fee: \$21



### PIZZA & BINGO (Ages 13+)

Let's get together for dinner and bingo night. Prizes and pizza for all!

**Monday, July 6**  
**Thursday, August 6**  
**Wednesday, August 26**

**6:00 - 8:00 p.m.**  
 Brookview CC

Fee: \$17 each;  
 \$8 pizza for companions



## ADULTS (18+) ONLY

### SINGLES NIGHT OUT: COFFEE & BOARD GAMES

Join other singles for a relaxed evening getting to know one another while playing board games. Bring extra money for a coffee or snack if you would like.

**Friday, July 24**  
**6:30 - 8:00 p.m.**  
 Lodestone Coffee & Games:  
 10982 Cedar Lake Rd,  
 Minnetonka

Fee: \$6



### DAYTIME SCULPTURE GARDENS & CONSERVATORY

Come check out the new sculpture gardens at the Walker Art Center! Walk around with friends and enjoy the summer sun and artwork.



**Monday, July 20**  
**10:30 a.m. - Noon**  
 25 Vineland Pl,  
 Minneapolis

Fee: \$6

### DAYTIME DISC GOLF

Come enjoy some time outside playing disc golf. Bring your own discs if you have them, otherwise we will provide one per person.

**Wednesday, August 12**  
**2:00 - 3:30 p.m.**  
 Rosland Park: 4300  
 W 66th St, Edina

Fee: \$6



## WEDNESDAY NIGHT SOCIAL

Become more engaged in the community, build social skills and coping skills, and practice flexibility. This is open to individuals of all abilities, and some participants bring a staff or caregiver, if additional support is needed.

### WEDNESDAYS, JUNE 3 - JULY 29

(OFF 7/1)

6:30 - 8:30 p.m. unless noted otherwise  
Join us at every event for these costs:  
Resident: \$57\* / Non-Resident: \$65\* Or  
register for \$10\* per event on page 7.

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#### June 3: Welcome Party Picnic

Louisiana Oaks Park Pavilion

Bring dish/dessert to share. Reach will provide sandwiches.

#### June 10: Lawn Bowling at Brookview

Brookview CC

Time: 6:30 - 8:00 p.m.

Fee: \$15



#### June 17: Beach and Boats at Bde Maka Ska

3000 E Bde Maka Ska Pkwy, Minneapolis

We'll meet at the 32nd Street beach pavilion. If you use Metro Mobility, let them know it is an "outdoor drop" when scheduling your ride.

#### June 24: Red, White, and Blue Cooking Night

Eisenhower Community Center

#### July 8: Out to the Movies at Plymouth Grand 15

3400 Vicksburg Ln, Plymouth

Time: TBD (around 6:30 p.m.)



#### July 15: Out to Eat at 50s Grill

5524 Brooklyn Blvd, Brooklyn Center

#### July 22: St. Louis Park Summer Concert

Veterans' Memorial Amphitheater;

3700 Monterey Drive, St. Louis Park

6:30 - 8:30 p.m.



#### July 29: End of Summer Party with Ice Cream Bar and Bingo

Louisiana Oaks Park Pavilion

## ON THE TOWN

Intake  
Required

This is a community-based social program for adults who want to explore their community with minimal support. To minimize safety concerns, a brief intake is required. More information or intake scheduling: 952-393-4277.

#### Sunday, May 31: Thielen Foundation Celebrity Softball Game

Meet us at St. Paul Saints field to watch Adam Theilen and other MN Vikings play softball!

CHS Field: 360 Broadway St, Saint Paul  
Game at 5:00 p.m. (Meet at 4:30 p.m. at the 4th Street entrance)

Fee: \$30 (includes ticket)

#### Friday, June 5: MN "N-Ice" Cream and Socializing

807 Broadway St NE, Minneapolis

6:30 - 8:00 p.m.

Fee: \$6; Addt'l Cost: Bring \$5-7 for ice cream.



#### Thursday, June 18: River Rats Water-skiing Show

1758 West River Rd N, Minneapolis

6:00 - 8:00 p.m.

Fee: \$6

#### Saturday, July 18: Swimming at Shady Oak Beach

5200 Shady Oak Rd, Minnetonka

6:00 - 7:30 p.m.

Fee: \$6; Addt'l Cost: Bring \$3 for entry.



#### Wednesday, Aug. 5: Reach Summer Olympics

Brooklyn Park CC - Gardenview Room

6:30 - 8:30 p.m.

Fee: \$10

#### Saturday, Aug. 15: Out to the Movies: Ghostbusters: Afterlife

400 Southdale Center, Edina

TBD (around 6:30 p.m. show)

Fee: \$20; Addt'l Cost: Bring money for concessions (optional). Meet at ticket box.

#### Tuesday, Aug. 18: Out to Eat: Hola Arepa

3501 Nicollet Ave, Minneapolis

5:30 - 7:30 p.m.

Fee: \$6; Addt'l Cost: Bring \$15-20 for meal.

## ON THE TOWN: ALL ABILITIES

This is a community-based social program for all adults who want to explore their community.

#### Saturday, May 30: Bakken Museum

3537 Zenith Ave S, Minneapolis

11:00 a.m. - 1:00 p.m.

Fee: \$6 (includes admission)



#### Saturday, June 6: Kick off to Summer Potluck

Nelson Park; 2500 Georgia

Ave S, St. Louis Park

5:00 - 7:00 p.m.

Fee: \$8. Bring chips, fruit, salad, or drink to share.

#### Saturday, June 27: Edina Water Park

4300 W 66th St, Edina

1:00 p.m. - 3:00 p.m.

Fee: \$6; Addt'l Cost: Bring \$11.50 for entry.

#### Friday, July 10: Out to Eat at Snuffy's

17519 Minnetonka Blvd, Minnetonka

6:30 - 8:00 p.m.

Fee: \$6; Addt'l Cost: Bring \$10-15 for meal.

#### Saturday, July 11: Wahlfors Raspberry Picking

1525 Deer Hill Rd, Long Lake

1:00 - 3:00 p.m.

Fee: \$6; Addt'l Cost: Bring \$10-20 for berries.

#### Saturday, July 25: MN Zoo

13000 Zoo Blvd, Apple Valley

11:00 a.m. - 2:00 p.m.

Fee: \$10 (includes entry)



#### Saturday, Aug. 1: Ice Cream & Games at Honey & Mackies

16725 County Rd 24, #106, Plymouth

6:30 - 8:00 p.m.

Fee: \$6; Addt'l Cost: Bring \$5-7 for ice cream.

#### Saturday, Aug. 8: Out to the Movies at Emagine Theater

9900 Shelard Pkwy, Plymouth

Time: TBD (around 6:30 p.m. show)

Fee: \$20; Addt'l Cost: Bring money for concessions (optional).

### Adaptive Recreation & Inclusion Program Policies

I understand that participation in this activity is completely voluntary and the activity is being offered for the benefit of the participant. Reach for Resources, Inc. along with its agents and employees shall not be liable for any claims, injuries, or damages of whatever nature, incurred by the participant arising out of, or connected with, recreational activities. All participants must be registered for a program in order to attend. Please register at least two weeks prior to the beginning of a program. If there are not enough people registered for a program it will be cancelled a minimum of 3 days prior to the beginning of the program. Participants will be notified by phone and a refund will be processed. If classes or recreation activities are cancelled due to inclement weather, Reach will schedule a make-up session or offer a refund when possible. For a recorded message about activity cancellations, call 952-200-3030. A written request to withdraw from an activity at least two weeks prior to the activity is eligible to receive a refund (except for Weekend Ventures, which abides by a separate cancellation policy), less a \$5 cancellation fee per class. Refunds are not awarded for ticketed events. Caregivers are welcome to attend all Reach programming with the exception of On The Town. Support staff and family can attend most activities free of charge, but are required to pay for ticketed events that they wish to attend. Caregivers are asked to provide any individualized support that the person they are supporting may need. Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. If a participant is more than 5 minutes late at a community-based event, staff may no longer be waiting for your arrival. If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time. Participants in art and cooking classes should dress in old clothing and or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged. Prescription and non-prescription drugs are the sole responsibility of the participant. Please visit the Reach website for further information on these policies, as well as a full description of our drug, alcohol, tobacco, and behavior policies.

### NOTE:

We have updated our  
Adaptive Recreation and  
Inclusion policies  
on our website.

See [the page](#) for either of these  
services to review the policies.

# Registration Form—Summer 2020\*

Priority Registration **OPEN NOW!** • Open Registration starts April 7

Name: \_\_\_\_\_ Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Alt. Email: \_\_\_\_\_  
 Birth Date: \_\_\_\_\_ Emergency Contact Name: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_  
 PHOTO WAIVER: To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures, and social networking media. If photographed, this participant may be identified by name.  
 Photo: Yes ☐ No ☐ Name: Yes ☐ No ☐ Allergies/Diet/Accessibility: \_\_\_\_\_

Programs (Listed Alphabetically)	Resident/Non-Resident		
<input type="checkbox"/> Adaptive Sailing: <input type="checkbox"/> 6/15 <input type="checkbox"/> 7/13 <input type="checkbox"/> 8/10	\$10 X ____ (total #)	<input type="checkbox"/> Outdoor Cooking Class: 7/27 \$16	
<input type="checkbox"/> Bingo: 6/26	\$8 (\$10 at the door)	<input type="checkbox"/> Picnic & Pontoon Fishing: <input type="checkbox"/> 6/11 <input type="checkbox"/> 7/16 \$16 each X ____ (total #)	
<input type="checkbox"/> Bowling at New Hope Bowl <input type="checkbox"/> Adult <input type="checkbox"/> Youth (Ages 5-17)	\$44/\$52 <input type="checkbox"/> Ramp <input type="checkbox"/> Bumpers	<input type="checkbox"/> Pizza & Bingo: <input type="checkbox"/> 7/6 <input type="checkbox"/> 8/6 <input type="checkbox"/> 8/26 \$17 / \$8-companions	
<input type="checkbox"/> Bowling at Park Tavern <input type="checkbox"/> Adult <input type="checkbox"/> Youth (Ages 5-17)	\$44/\$52 <input type="checkbox"/> Ramp <input type="checkbox"/> Bumpers	<input type="checkbox"/> Reach "On Tap" Event (see page 12) \$40 (by 6/1)/\$50 X ____	
<input type="checkbox"/> Bowling Banquet: 8/17	\$15 bowlers; \$7 guests x ____	<input type="checkbox"/> Singles Night Out: 7/24 \$6	
<input type="checkbox"/> Chain of Lakes Adapted Canoe Trip: 8/2 <input type="checkbox"/> Accommodations Needed	\$10/\$15 X ____ (total #)	<input type="checkbox"/> Snacks & Cinema: <input type="checkbox"/> 6/25 <input type="checkbox"/> 7/30 <input type="checkbox"/> 8/27 \$8 each	
<input type="checkbox"/> Cooking Night: Pasta Primavera: 8/20	\$21	<input type="checkbox"/> Social Seekers \$205	
<input type="checkbox"/> Craft: DIY Confetti Canvas: 8/19	\$16	<input type="checkbox"/> Softball \$44 / \$52	
<input type="checkbox"/> Craft: DIY Container Herb Garden: 6/29	\$12	<input type="checkbox"/> Teen Explorers \$49 / \$57	
<input type="checkbox"/> Craft: Flip Flop Wreath or Welcome Sign: 7/9	\$12	<input type="checkbox"/> Wednesday Night Social Program \$57 / \$65 (for all below)	
<input type="checkbox"/> Dance: <input type="checkbox"/> 7/17 <input type="checkbox"/> 8/21	\$6 (\$8 at the door)	Wednesday Night Social Individual Activities (\$10 each, unless noted) <input type="checkbox"/> Welcome Party <input type="checkbox"/> Out to the Movies <input type="checkbox"/> Lawn Bowling: \$15 <input type="checkbox"/> Out to Eat at 50s Grill <input type="checkbox"/> Beach & Boats <input type="checkbox"/> St. Louis Park Summer Concert <input type="checkbox"/> Red, White & Blue Cooking: \$15 <input type="checkbox"/> End of Summer Party	
<input type="checkbox"/> Daytime Disc Golf: 8/12	\$6	<input type="checkbox"/> Weekend Ventures - Send me info.	
<input type="checkbox"/> Daytime Sculpture Gardens: 7/20	\$6	<input type="checkbox"/> Yoga \$46/\$54	
<input type="checkbox"/> Karaoke with Mocktails & Snacks: 7/31	\$16	<input type="checkbox"/> Zumba Trial: 6/8 \$5/\$7	
<input type="checkbox"/> Minnesota Twins Game: 8/3 <input type="checkbox"/> Accessible Seating Needed	\$10 (companions too) X ____ (total #)		
On the Town <input type="checkbox"/> Celebrity Softball Game: 5/31: \$30 <input type="checkbox"/> Reach Summer Olympics: 8/5: \$10 <input type="checkbox"/> Ice Cream & Socializing: 6/5: \$6 <input type="checkbox"/> Out to the Movies: 8/15: \$20 <input type="checkbox"/> River Rats Show: 6/18: \$6 <input type="checkbox"/> Out to Eat at Hola Arepa: 8/18: \$6 <input type="checkbox"/> Swimming at Shady Oak Beach: 7/18: \$6		<b>Therapeutic Recreation Assessment <i>By Appointment Only</i></b> Request an individual appointment with a licensed Certified Therapeutic Recreation Specialist at Reach to discuss your current activities and goals. We'll research available resources in your area to help come up with a plan for you get the most out of your leisure activities. We can have a follow up meeting in 6 or 12 months if you'd like further evaluation. <input type="checkbox"/> \$75 – 1-hour appointment <input type="checkbox"/> \$100 – 1-hour appointment + follow-up meeting	
On the Town - All Abilities <input type="checkbox"/> Bakken Museum: 5/30: \$6 <input type="checkbox"/> Raspberry Picking: 7/11: \$6 <input type="checkbox"/> Kick off to Summer Potluck: 6/6: \$8 <input type="checkbox"/> MN Zoo: 7/25: \$10 <input type="checkbox"/> Edina Water Park: 6/27: \$6 <input type="checkbox"/> Ice & Games: 8/1: \$6 <input type="checkbox"/> Out to Eat at Snuffy's: 7/10: \$6 <input type="checkbox"/> Out to the Movies 8/8: \$20			

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\* Online registration is available at  
[www.reachforresources.org](http://www.reachforresources.org).

By registering, you acknowledge that you have read and understood the Program Policies on page 8, and you agree to be bound by them.

<b>Program Total:</b>	\$
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<b>TOTAL ENCLOSED:</b>	\$
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ADMIN USE	Registered by _____ Amt Pd \$ _____ Ck# _____ Pymt Received by _____
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**THE BARBETTA FAMILY**

characteristics that describe Jake include friendly, flexible, innovative, organized, and dependable.

His supervisor, Larissa Beck, adds, "He is the embodiment of our goal to have people be as independent as possible." She goes on to say, "Jake is great at thinking outside the box, but still within the parameters of someone's capabilities."

This has been evident through his work with one gentleman who used to struggle putting on compression socks. Some of Jake's suggestions to make the task easier were to first put on a regular pair of socks, to apply some powder on his legs beforehand, and to gather the socks at the toes before pulling. Jake has also struck deals with this man and others; if Jake demonstrates the beginning of a task, they then complete the second half themselves.

## Reach Nominates Jake Sinnwell for ARRM Cares Award

Each year, Reach has the opportunity to nominate a staff member for an ARRM Cares Award. This award was established to recognize professionals from ARRM members who provide direct care and demonstrate a commitment to quality services. Reach's 2020 nominee is Jake Sinnwell, who has been a Community Living Specialist with us since Fall 2018.

Jake is currently in the process of transitioning to a role as an Employment Specialist with us, attesting to his outstanding strength for adaptability. Other

## Maddie is Designing Meaningful Employment Goals

When friend and fellow band member Chris Davies was looking for a graphic designer to create the artwork for a music album, Reach staff member Larissa Beck knew just the person. Maddie Tate has used Reach's employment and semi-independent living services for about two years now.

Maddie has an enjoyable job at Target—recently having been promoted to the shipment department, but also received a two-year degree in illustration from Minneapolis Community and Technical College in May 2019. Larissa was aware of Maddie's graphic design skills and recommended her to Chris, who, after talking with Maddie, quickly commissioned her for the project.

Maddie reviewed some possible cover photos that Chris sent her and said she got inspired by the pictures. "I knew exactly which direction I wanted to take it." Drawing on the knowledge she had gained in her classes, including Typography and Color Theory, she proposed font options and other ideas to Chris. "She listened to my vision and then used her graphic design skills to deliver what I was looking for," said Chris, who emphasizes how much he enjoyed working with Maddie on this project. "I have received numerous compliments on the design work for the CD. I found her to be a very pleasant person and felt like we had a true partnership with this effort."

Maddie admits, "It was validating to know that people think I have potential." But Maddie doesn't just have potential; she has intelligence, skills, and ambition to go with it. "My main aspiration is to have my own brand or to be involved with how video games are created," she says.

[Read full story on our website.](#)



Another beneficiary of Jake's commitment is Misha. When we met Misha, he was not always comfortable leaving his home. With Jake's assistance and encouragement, Misha not only regularly participates in our adaptive recreation programs, but also is an outgoing volunteer at a food kitchen. Misha had shared with Jake that he had an interest in learning to cook. He is now transferring the new skills he's absorbing to his home by helping do the planning, shopping, and preparing of family meals.

Jake brings this same dedication to all those he works with, even when it means that this young husband and new father is spending the evening watching a favorite television show with one of the individuals he supports.

Reach is proud to honor Jake Sinnwell with this nomination.



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This is the first article in a new series from our Waiver Case Management Department on **"What to Look for in a Waiver Case Manager."** Watch for other articles in future newsletters.

## Case Manager Qualities: Empowerment

*By Chelsea Sherman*

Picking the best providers for our loved ones or ourselves can be a big task, with a lot of options. How does one know what options to look for in a waiver case manager? How does one know if they have a *quality* case manager?

The Reach for Resources Waiver Case Management department has values that are taught and carried out with our case managers. One of those values is the practice of *"not doing for, but doing with."* What does this mean? While it may be easy to "just do" something for someone, it is more empowering to teach someone how to navigate the system, find and access the resources they need, and problem-solve the challenges at hand. One of the qualities of the case managers at Reach is to work alongside the families and individuals we support, helping them to make the choices and take action in their own lives.





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## CONGRATULATIONS TO OUR ANNUAL AWARD WINNERS!

Volunteer of the Year: **Ellen Bittner**

Community Partner of the Year: **Keith Page/Nelson's Meats, Bakery, Deli and Catering**

Corporate/Civic Sponsor of the Year: **Joe Hoffman & Hoffman Weber Construction**

Matthew Smith Memorial Award (for a Reach employee): **Karen Krussow**

*Read more  
about each on  
our [website](http://www.reachforresources.org).*

## REACH "ON TAP" FUNDRAISER

Monday  
June 22  
6-9 p.m.

Boom Island  
Brewing  
Minnetonka

*Can't attend? Bid online!*

[Check out silent auction items and resort vacations now.](http://www.reachforresources.org)

More information and registration at  
[reachforresources.org](http://reachforresources.org) > [Events](#).

New this year  
**BINGO**

