

We're excited to offer both virtual & in person programs this spring!

Join us at our 2021 Bowl-A-Thon, taking place outdoors on June 5.

Thanks to everyone who uses Amazon Smile to donate to us. It's adding up!

Supporting Individuals with Developmental Disabilities and Mental Illness to Reach Their Full Potential

# The Reach Reader

SPRING 2021



## COVID Employment Victory

Jamie is 42 years old and lives in Minneapolis, MN. Prior to working with Reach, Jaime was living in a foster care home. When the foster care home shut down in 2018, he moved from the Twin Cities to go live with his sister in Lakeland, MN until November of 2019. Jaime worked with a Community Living Specialist from Reach for Resources and Jamie ended up finally finding an apartment in Minneapolis, where he currently resides.

Once Jamie moved to Minneapolis, he began working with Marcus, an Employment Specialist from Reach for Resources to find a part-time job.

*(Continued on page 2)*

## Waiver Case Management Client Lena Osman Gets Creative

"Staying Inside" is a book written by Lena Osman, someone who is supported through Reach's Waiver Case Management department. This year Lena wrote a children's book about animals and COVID-19 which features her original artwork. Yasmine Hund, Lena's Case Manager states, "The individuals we support are working on maximizing their skills related to employment even when there are barriers related to in-person services at the current time. Being a part of promoting individual's independence with employment is a rewarding part of being a case manager." Way to go, Lena. Thank you for sharing your talents with us! [Check out our website](#) to see the full copy of Lena's book.



# MENTAL HEALTH INFORMATION

## OUR SERVICES: ARMHS

Are you having trouble getting day-to-day things done due to your mental health symptoms? Is it hard to hold a job, go shopping, or get out of bed in the morning? Adult Rehabilitative Mental Health Services (ARMHS) might be for you. This program works with adults diagnosed with a serious and persistent mental illness such as Major Depressive Disorder, Bipolar Disorder, Borderline Personality Disorder, Schizophrenia, or Schizoaffective Disorder. We work with you on managing symptoms associated with your mental illness so that you can regain independence and remain in the community and out of the hospital. If you are interested in this program, visit our website ([www.reachforresources.org](http://www.reachforresources.org)) and complete the referral form found under the ARMHS section and send it to Jessica Cermak at [jcermak@reachforresources.org](mailto:jcermak@reachforresources.org). Contact Jessica via email or phone (952-737-2980) with any questions.

### COVID Employment Victory *(continued from front page)*

Jaime has about 12.5 years of experience working in Vendor Preparation at both the Metrodome and Target Field. Since Jamie had a lot of experience in his Vendor Prep role at the stadium, he was most interested in returning to his former job. Jamie was able to connect with his former manager at Target Field and was told that he would likely be able to return in March. Jamie attended a job fair/hiring event in the first week of March and was able to get hired on as a Vendor Prep again. He completed his training and was looking forward to the beginning of the baseball season, but then the pandemic hit and the beginning of the season was cancelled.

Throughout the summer Jamie remained hopeful that he might be able to return to work, but unfortunately that never panned out. Jamie decided that he'd like to start looking for other jobs in July, since it appeared that the pandemic was going to last longer than the baseball season. Marcus assisted Jamie with searching and applying for jobs remotely. They focused their efforts on warehouse, stocking, grocery, assembly, fulfillment, shipping and receiving, retail, and material handler positions. Jamie participated in a few phone interviews with potential employers over the next couple of months, but none of those opportunities led to being hired. In October, Jamie was contacted by Slumberland Furniture for a Material Handler position. Jaime attended the interview with Marcus and it ended up going well enough for the hiring manager to offer Jamie the position later that same week. However, Jamie declined the offer of employment after considering the labor-intensive work and weekly hours required for that position.

In early November, Jamie decided to pursue an opportunity for an Amazon In-Store Shopper position at Whole Foods. Amazon has a unique hiring process that doesn't involve having to do an interview. Marcus supported Jamie with completing his I-9 paperwork online ahead of his pre-employment meeting. Marcus then brought Jamie to his pre-employment meeting at the Amazon facility in Brooklyn Park, where he was able to complete the drug test and receive information about his online training. Jaime worked with Marcus to complete the rest of his onboarding paperwork online and watch the rest of the online training videos before his first day.

Jaime's first day of in-store training turned out to be quite a challenge. There was no one in charge of running the training and all of the directions were written on a large cabinet that contained the devices that new employees use to complete the training. The software on the devices wasn't functioning properly, so Marcus and Jamie were on the phone with tech support for the majority of the time. Jaime and Marcus attempted using several different devices, but experienced the same issues on all of them, therefore Jamie was unable to complete his training that day. Marcus then contacted the Amazon area manager and was able to reschedule Jamie's day-one training.

When Jamie came back in for his training, this time Jamie and staff were able to make it through all of the training and only experienced a couple minor issues with the technology. Jaime then completed his first few shopping runs, with some help from Marcus; from picking the orders, to labeling and packaging, and then finally staging the orders. Jamie was able to ask for some assistance from some of the other in-store shoppers, which ended up being a vital element to this success. Jamie let Marcus know that he felt like his first day went pretty well, all things considered. Jaime is looking forward to continuing on with his new job. It took quite a bit of patience and perseverance to get through the process, but in the end Jaime and Marcus were victorious.

### BOARD OF DIRECTORS

**David Erickson, Chair**  
HealthPartners/Stub Enterprises Inc.

**Patrick Boley, Deputy Chair**  
Eckberg Lammers, P.C.

**Gayle Moltz, Secretary**  
Retired Special Education Teacher

**Brandon Leyde, Treasurer**  
Mastec

**Ellen Bittner**  
Boston Scientific

**Craig Espelien**  
1201 Investment Partners

**Huldah Hiltzley**  
Dexcom

**Anna Kuhlman**  
Thomson Reuters

**Danny Ngo**  
Ecolab

# ADAPTIVE RECREATION PROGRAMS

## AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Brooklyn Park
- Maple Grove
- St. Louis Park
- Chanhassen
- Golden Valley
- Plymouth

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or go to [www.reachforresources.org](http://www.reachforresources.org).

All fees stated represent pre-registration. Advanced registration is required unless otherwise noted.

## INCLUSION SUPPORT

Reach for Resources provides inclusion support to children and adults with disabilities who would like to participate in their city park and recreation programs.

Registration for these programs is done through your Park & Rec Department. Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Brooklyn Park
- Golden Valley
- New Hope
- Three Rivers Park District
- Chanhassen
- Chaska
- Crystal
- St. Louis Park

After registering, contact Reach to discuss the needs/accommodations for yourself or your child.

\* Please allow a minimum of two weeks' notice for a successful inclusion.

## Rec Programs remain mostly virtual, with some outdoor in-person options!

Vaccines are beginning to be distributed, but it will be a few months until most of the population has access. As we write this newsletter, restrictions are still in place and indoor programs are discouraged. We miss you all and hope to be able to connect with you over video or outside as we approach spring 2021. Masks will be required at any in person programs until further notice.

The safety of the Reach community remains our first priority. Stay safe and we hope to see you soon!



## VIRTUAL: ON DEMAND PROGRAMS

### ALL AGES



### WHAT'S COOKIN'?

Sign up to receive periodic video instructions and recipes to try at home! You'll receive 1-2 videos per month.

Fee: **FREE!** If you can, please consider a \$5 donation

### CHILDREN AGES 2-7

#### YOUNG ATHLETES AT HOME

Have fun while improving your gross motor skills playing different games! Experience an early introduction to sports using focused activities that target mental and physical growth. This is a unified program designed for children with and without disabilities. There is an evidence-supported curriculum for this program provided by Special Olympics MN.

**NEW!** This program will be run weekly on your own schedule! Videos come out each Friday so "Subscribe" to the Reach YouTube Channel and register to get emails with the new links. Follow along with Emily in your own home at your own pace.

**Fridays, April 2-May 21**  
**On demand on YouTube**  
 Fee: Free!



## Bowl-A-Thon to be held outdoors June 5, 2021

Join us for the [29th Annual Bowl-A-Thon](#) FUNdraiser! In an effort to provide a safe and fun interactive opportunity, the event will look a little different again this year. We will be holding the event outside in a covered, accessible facility, the Recreation Outdoor Center. Collect pledges and then join us for lots of games, boxed lunches and prizes! Don't miss this great opportunity to help support Reach for Resources!

### 29th Annual Bowl-A-Thon Registration

Saturday, June 5, 11 a.m. - 1 p.m.

St. Louis Park ROC (3700 Monterey Dr St. Louis Park MN 55416)

Registration: \$40 by May 1; \$50 after May 1

We'll send a pledge packet upon receiving your registration. Registration form and pledge packets also available on our website.



Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Register me for:

\_\_\_\_\_ Games & Lunch \$40 (before 5/1) / \$50 minimum pledges or donation (after 5/1).  
 (Pledges due the day of the event.)

T-Shirt Size: \_\_\_\_\_

\_\_\_\_\_ Lunch Only - My \$20 donation is enclosed (checks payable to Reach for Resources)

\_\_\_\_\_ I am unable to participate, but enclosed is my donation of \$ \_\_\_\_\_

**Photo Waiver:** Photos may be taken at the Bowl-A-Thon and used in Reach publications. If you DO NOT want your photo used, initial here: \_\_\_\_\_



# VIRTUAL PROGRAM PLATFORMS

[Cisco WebEx Meetings](#)  
[Google Meet](#)  
[You Tube](#)

## ONE-TIME EVENTS

### SNACKS & CINEMA

We all know you can watch movies on your own, but it's fun to watch them with friends! Join us for these movies and engage with friends over chat. Bring your own snacks :)

**Thursday, April 29: Mulan**  
**Thursday, May 27: Soul**

6:00 - 8:30 p.m.  
 WebEx  
 Fee: \$3 per movie



### TRIVIA NIGHT

Bring your own snacks and beverages and join us for a video hang out. Compete against peers on trivia from your favorite topics with a host from Reach. Join on a WebEx video chat, or just call in using your phone and participate with audio only.

**Friday, April 16**  
**2:30-4:00p.m.**  
 Anime Trivia



**Monday, May 24**  
**1:00-2:30 p.m.**  
 Music Trivia

WebEx  
 Fee: \$5 each



### SPRING FLING KARAOKE & DANCE PARTY

Join your friends and groove to all the latest hits as well as classic dance songs! Have a chance to do some karaoke, sing along with the group, or just dance!

**Friday, April 30**  
**6:30 - 8:00**

p.m.  
 WebEx  
 Fee: \$5



### BINGO

Come play everyone's favorite game! You can participate over video chat or over the phone. We have cool virtual prizes that you can win!

**Wednesday, April 7**  
**2:30-4:00 p.m.**

WebEx  
 Fee: \$5



### VIRTUAL WALKING WORKOUT

We will go for a walk separate but together! Join us on a WebEx call with audio only. Wear headphones or just talk on the phone while we chat and connect and maybe play a game. We will explore our own neighborhoods safely. Turn on your video if you'd like to show a scenic part of your walk! If you prefer you can just walk around your home or around your block.

**Wednesday, May 26**  
**11:00 a.m. - 12:00 p.m.**  
 WebEx

Fee: \$3



## ADULTS (18+) ONLY

### SINGLES SOCIAL

Looking to meet your special someone? Join the Reach group to play some games together to get to know one another.

**Friday, May 14**  
**2:30 - 4:00 p.m.**  
 WebEx  
 Fee: \$5



## POTENTIAL PROGRAMS

### ARTS, GARAGE SALES & MORE

Reach has some fun program plans in the works that are pending grant funding or in-kind donations. We are hoping to have some virtual arts programming and also some free garage sale giveaways! If you are interested in learning more, please be sure to subscribe to our social media channels and sign up to receive more information as it becomes available!



### RECREATION SURVEY: HOW ARE WE DOING?

Every year Reach invites participants and families to complete a survey to provide feedback about your experiences that we will use to help us improve. Take the survey here: <https://www.surveymonkey.com/r/2020RecPrograms>



## CREATIVE CRAFTING

### MOTHER'S DAY CRAFT

Time to show your appreciation to a special woman in your life! This simple craft utilizes tape and acrylic paint to make a unique set of bamboo cooking utensils. Register by April 7th to allow for shipping supplies.

**Wednesday, April 21**  
**1:30 - 2:30 p.m.**  
 WebEx  
 Fee: \$16



### FATHER'S DAY CRAFT

Thank dad for all his guidance over the years with some ready-made soup in a jar! We will mail out supplies and assemble these together virtually. Dad will get to enjoy some delicious meals without having to shop or cook. Delicious!

**Friday, May 21**  
**1:30 - 3:00 p.m.**  
 WebEx  
 Fee: \$20



**BOOK & FILM CLUB**

Read the book (or listen to an audio-book), or watch the movie and join us for a lively discussion! Topics will be voted on by participating members.

**April 1st & May 6th**  
**2:00 - 3:30 p.m.**

WebEx

Fee: \$6 for 2 meetings



**DOMINION CLUB**

Dominion is a super fun strategy game that you can play online. We will spend the first couple of sessions learning to play before we get into competitive battles each week. Dominion is somewhat complex and requires the ability to read cards and complete multi-step turns.



**Tuesdays from**  
**April 6 - May 11**  
**2:30 - 4:00 p.m.**  
 WebEx

Fee for 6 weeks:  
 \$15 Resident  
 \$23 Non-Resident

**VIRTUAL HIKING CLUB**

Visit with Jesse & friends and explore the wonders of the world... from your couch!

**Last Tuesday of Each Month**  
**(March 30, April 27, May 25)**

**10:00 - 11:30 a.m.**  
 WebEx



Fee: \$12  
 for 3 meetings

**SOCIAL SEEKERS (Ages 15+)**

This is a program for teens and adults on the Autism spectrum. We meet once a week for fun and social interaction. We play games, solve riddles, and enjoy working through our weekly highs and lows together. Call 952-393-4277 for more information or to schedule an intake.

**Wednesdays, March 24 - May 26**  
**5:00 - 6:00 p.m.**

Google Meet  
 Fee: \$105



**GAME BREAK!**

Join Emily and friends for a weekly fun and interactive game group! Some games we play include pictionary, 20 questions, Family Feud, and many more!

**Mondays, March 29 - May 17**  
**1:00 - 2:30 p.m.**  
 WebEx

Fee for 8 meetings:  
 Resident: \$20  
 Non-Resident: \$28



**EXERCISE**

**DANCE WORKOUT**

Join Emily for a fun, fast paced dance class where you get some exercise while having fun!

**Thursdays, April 8 - April 29**

**10:30-11:30 a.m.**

WebEx

Resident: \$12  
 Non-Resident: \$20



**GET STRONG! STRENGTH TRAINING**

Hang out with Emily and learn how to use your own body weight to get stronger! We'll listen to good music and follow along to exercises together. No equipment necessary, just dress for exercise and bring water!

**Thursdays, May 6-27**  
**10:30-11:30 a.m.**

WebEx

Resident: \$12  
 Non-Resident: \$20



**MOVIE UNDER THE STARS: HAMILTON THE MUSICAL**

Come have some pre-packed snacks and an outdoor show with friends (from a distance)! Bring blankets and dress warm.

**Friday, April 23**

**7:00 - 9:00 p.m.**  
 Wolfe Park Amphitheater: (3700 Monterey Dr, St Louis Park, MN 55416)  
 Fee: \$5



**COFFEE & LAKE WALK**

Looking forward to seeing you in person! Let's go for a walk and drink some coffee with others. Coffee will be provided, but bring your own travel mug if you can!



**Wednesday, May 5**

**10:00 a.m. - 11:30 a.m.**  
 Parker's Lake Park; 15205 County Road 6  
 Plymouth, MN 55447  
 Fee: \$5

**ICE CREAM SOCIAL**

Celebrate spring and summer with a treat! Catch up with some friends from a safe distance.

**Tuesday, May 25**

**2:00 - 3:30 p.m.**  
 Oak Hill Park;  
 3201 Rhode Island Ave S,  
 St. Louis Park 55426

Fee: \$7



**B-I-N-G-O**

Missing seeing people? Join us for a safe, outdoor bingo game! Everyone goes home a winner!

**Friday, May 7**

**2:30 - 4:00 p.m.**  
 Oak Hill Park;  
 3201 Rhode Island Ave S,  
 St. Louis Park 55426

Fee: \$7 (pre-registration only)





## WEDNESDAY NIGHT SOCIAL

Virtual via Cisco WebEx: Details on how to join upon registration  
**WEDNESDAYS, MARCH 31- MAY 19, 6:30 - 8:00 P.M.**

Join us at every event for these costs:

- Resident: \$40 / Non-Resident: \$48,
- Or register for \$5 per event unless otherwise noted



**March 31: Jump Into Spring with Spring Wreath**  
(\$10 if series is not purchased)  
Get your creativity on and decorate your home with a beautiful Spring wreath! Supplies will be delivered to you. Please register by March 15th to ensure delivery.



**April 7: Showing of Live Theater: Shakespeare's Romeo and Juliet**  
Enjoy from the comfort of your home a live recording of Shakespeare's Romeo and Juliet performance (Globe Theater).



**April 14: Earth Day Jeopardy**  
Join us for fun game shows like Jeopardy, Wheel of Fortune, and Deal or No Deal!



**April 21: Mother's Day Bath Bombs**  
(\$10 if series is not purchased)  
Celebrate all the moms by making them a homemade bath bomb! Supplies will be delivered to you. Please register by April 6th to ensure enough time for delivery.



**April 28: Virtual Zoo Visit**  
Let's check out some animals on live cams and learn some fun facts about different animals.



**May 5: Movie Night: Glory Road**  
Kick back, relax and enjoy watching a movie from the comfort of your home.



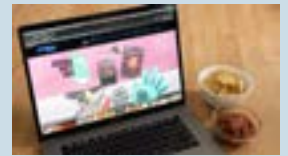
**May 12: Show & Tell and Scavenger Hunt**  
Hang out with friends on WebEx and do some show and tell by sharing your favorite things from home. The second half of the evening we will have a competition to see who can find the most items from our list at home!



**May 19: Social Distancing Picnic (IN PERSON)**  
Parker's Lake Park (Plymouth) -(\$7 if series is not purchased)  
Let's spend the last night of our WNS series together in person with some socially distanced games. We will keep our distance. Reach will prepare some bag lunches for participants.

## ON THE TOWN: ALL ABILITIES

Virtual via WebEx for some, in person (\*\*) for others. More details upon registration and before the event.



Various Dates & Times

**Thursday, April 8: Throwback Twins Game (\$5)**  
Swing into spring while watching a classic 1987 Twins win the World Series!  
**3:00 - 5:00 p.m.**



**Tuesday, April 13: Game Night (\$5)**  
Come join your friends for a night of games and fun online!  
**4:00 - 6:00 p.m.**



**\*\*Thursday, April 22: Earth Day Dirt Cups (\$7)**  
In Person! Dive into Earth Day while getting your hands dirty in making dirt cups!  
Oak Hill Park Pavilion (3201 Rhode Island Ave S, SLP 55426)  
**3:00 - 4:30 p.m.**



**\*\*Tuesday, May 4: Walker Art Center Sculpture Gardens (\$5)**  
In Person! Come and enjoy the spring air as we will walk around the Walker Art Center Sculpture Gardens.  
725 Vineland Pl, Minneapolis 55403  
**4:00 - 5:30 p.m.**



**Monday, May 10: Mother's Day Bird Feeder (\$15)**  
Come get creative while making a thoughtful gift for your mom!  
**3:00 - 5:00 p.m.**



**Monday, May 17, Movie Night 42 (\$5)**  
Sit back and relax and enjoy a movie with friends.  
**3:00 - 5:00 p.m.**



**\*\*Thursday, May 20, Apple Blossoms @ Arboretum (\$5)**  
Join us as we venture out to The Landscape Arboretum to enjoy the flowers blooming and the Apple Blossoms beauty! Admission fees are \$15 per person and will need to be paid the day of.  
3675 Arboretum Dr, Chaska 55318  
**3:00 - 5:00 p.m.**



**\*\*Monday, May 24: Spring Walk at French Regional Park (\$5)**  
Enjoy a spring walk with friends as we get out and enjoy nature at French Regional Park.  
12605 Rockford Rd, Plymouth 55441  
**3:00 - 5:00 p.m.**



### Adaptive Recreation & Inclusion Program Policies

I understand that participation in this activity is completely voluntary and the activity is being offered for the benefit of the participant. Reach for Resources, Inc. along with its agents and employees shall not be liable for any claims, injuries, or damages of whatever nature, incurred by the participant arising out of, or connected with, recreational activities. All participants must be registered for a program in order to attend. Please register at least two weeks prior to the beginning of a program. If there are not enough people registered for a program it will be cancelled a minimum of 3 days prior to the beginning of the program. Participants will be notified by phone and a refund will be processed. If classes or recreation activities are canceled due to inclement weather, Reach will schedule a make-up session or offer a refund when possible. For a recorded message about activity cancellations, call 952-200-3030. A written request to withdraw from an activity at least two weeks prior to the activity is eligible to receive a refund (except for Weekend Ventures, which abides by a separate cancellation policy), less a \$5 cancellation fee per class. Refunds are not awarded for ticketed events. Caregivers are welcome to attend all Reach programming with the exception of On The Town. Support staff and family can attend most activities free of charge, but are required to pay for ticketed events that they wish to attend. Caregivers are asked to provide any individualized support that the person they are supporting may need. Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. If a participant is more than 5 minutes late at a community-based event, staff may no longer be waiting for your arrival. If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time. Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged. Prescription and non-prescription drugs are the sole responsibility of the participant. Please visit the Reach website for further information on these policies, as well as a full description of our drug, alcohol, tobacco, and behavior policies.

# Registration Form—Spring 2021\*

Priority Registration **OPEN NOW!** • Open Registration starts January 18th

Name: \_\_\_\_\_ Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Alt. Email: \_\_\_\_\_  
 Birth Date: \_\_\_\_\_ Emergency Contact Name: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

**PHOTO WAIVER:** To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures, and social networking media. If photographed, this participant may be identified by name.

Photo: Yes  No  Name: Yes  No  Allergies/Diet/Accessibility: \_\_\_\_\_

Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/> Bingo (1): 4/7	\$5
<input type="checkbox"/> Bingo (2): 5/7 (in person)	\$7
<input type="checkbox"/> Book & Film Club - 4/1 & 5/6	\$6 (2 meetings)
<input type="checkbox"/> Bowl-A-Thon: 6/5 <b>T-Shirt Size:</b> _____	\$40 in pledges by 5/1 \$50 in pledges after 5/1
<input type="checkbox"/> Bowl-A-Thon: 6/5 - LUNCH ONLY	\$20 # _____
<input type="checkbox"/> Craft - Father's Day: 5/21	\$20
<input type="checkbox"/> Craft - Mother's Day: 4/21	\$16
<input type="checkbox"/> Dance Workout	\$12 / \$20 (4 weeks)
<input type="checkbox"/> Dominion Club	\$15 / \$23 (6 weeks)
<input type="checkbox"/> Game Break!	\$20 / \$28 (8 weeks)
<input type="checkbox"/> Get Strong! Strength Training	\$12 / \$20 (4 weeks)
<input type="checkbox"/> Coffee & Lake Walk (in person): 5/5	\$5
<input type="checkbox"/> Ice Cream Social (in person): 5/25	\$7
<input type="checkbox"/> Movie Under the Stars - Hamilton the Musical (in person): 4/23	\$5

**On the Town Individual Activities**

<input type="checkbox"/> OTT1: Twins Game (4/8) - \$5	<input type="checkbox"/> OTT5: Mother's Day Craft (5/10) - \$15
<input type="checkbox"/> OTT2: Game Night (4/13) - \$5	<input type="checkbox"/> OTT6: Movie Night 42 (5/17) - \$5
<input type="checkbox"/> OTT3: Earth Day (4/22) - \$7	<input type="checkbox"/> OTT7: Arboretum Outing (5/20) - \$5
<input type="checkbox"/> OTT4: Walker Art Ctr (5/4) - \$5	<input type="checkbox"/> OTT8: Spring Walk @ French (5/24) - \$5

<input type="checkbox"/> Potential Programs (arts or free stuff)	<i>Send me info</i>
<input type="checkbox"/> Singles Social: 5/14	\$5
<input type="checkbox"/> Snacks & Cinema: <input type="checkbox"/> Mulan 4/29 <input type="checkbox"/> Soul 5/27	\$3 each
<input type="checkbox"/> Social Seekers	\$105 (10 weeks)
<input type="checkbox"/> Spring Fling Karaoke & Dance Party: 4/30	\$5
<input type="checkbox"/> Trivia - Anime: 4/16	\$5
<input type="checkbox"/> Trivia - Music: 5/24	\$5
<input type="checkbox"/> Virtual Hiking Club - Monthly	\$12 (3 meetings)
<input type="checkbox"/> What's Cookin'?	Free! Optional Donation
<input type="checkbox"/> Walking Workout: 5/26	\$3
<input type="checkbox"/> Wednesday Night Social Series	\$40 / \$48 (for all below)
<b>Wednesday Night Social Individual Activities (\$5 each unless noted)</b>	
<input type="checkbox"/> 1: Spring Wreath (3/31) - \$10	<input type="checkbox"/> 5: Virtual Zoo (4/28)
<input type="checkbox"/> 2: Romeo & Juliet (4/7)	<input type="checkbox"/> 6: Movie Night (5/5)
<input type="checkbox"/> 3: Earth Day Jeopardy (4/14)	<input type="checkbox"/> 7: Show & Tell (5/12)
<input type="checkbox"/> 4: Bath Bombs (4/21) - \$10	<input type="checkbox"/> 8: Distant Picnic (5/19) - \$7
<input type="checkbox"/> Young Athletes	Free! Optional Donation

**Therapeutic Recreation Assessment** *By Appointment Only*

Request an individual appointment with a licensed Certified Therapeutic Recreation Specialist at Reach to discuss your current activities and goals. We'll research available resources in your area to help come up with a plan for you get the most out of your leisure activities. We can have a follow up meeting in 6 or 12 months if you'd like further evaluation.

\$75 – 1-hour appointment  
 \$100 – 1-hour appointment + follow-up meeting

**Sign here to acknowledge that you have read and understood the Program Policies on page 6, and you agree to be bound by them. Participants and/or caregivers or guardians can sign.**

**Participant Signature:** \_\_\_\_\_

**Caregiver or Guardian:** \_\_\_\_\_

Please mail completed form with payment to:  
 Reach for Resources  
 5900 Green Oak Drive, Suite 303  
 Minnetonka, MN 55343  
 or fax to **952-229-4468**

\* Online registration is available at [www.reachforresources.org](http://www.reachforresources.org).

ADMIN USE	Registered by _____ Amt Pd \$ _____ Ck# _____
	Pymt Received by _____

<b>Program Total:</b>	\$ _____
<b>Optional Donation to Reach</b>	\$ _____
<b>TOTAL ENCLOSED:</b>	\$ _____
<input type="checkbox"/> Cash <input type="checkbox"/> Check <input type="checkbox"/> Credit Card # _____ Exp. Date: _____ Sec. Code: _____ Name on Card: _____	



Address Service Requested

Non-Profit  
U.S. Postage  
**PAID**  
Spectrum  
Marketing Services

56345

5900 Green Oak Drive, Suite 303  
Minnetonka, MN 55343  
Office: 952-200-3030  
Fax: 952-229-4468  
www.reachforresources.org



THANK YOU TO OUR 2020 CACKLE & SPUR SPONSORS! WITH YOUR SUPPORT, WE RAISED \$60,243.84 FOR REACH'S PROGRAMMING.

# Cackle & Spur

CHARITY PHEASANT HUNT

Save the date for next year! Sept. 29, 2021

Held at Sand Pine Pheasants & Gold Meadows Hunting Preserve



- |                                  |                                      |                            |
|----------------------------------|--------------------------------------|----------------------------|
| Audiology Concepts               | Elk River Heating & Air Conditioning | Patriot Machining          |
| Big Lunker Backyard Fishing Game | Hold Up Displays                     | Plow World Power Equipment |
| Cuga Vests                       | Insurance Brokers of Minnesota       | RaptoRazor                 |
| Cutco                            | Metal Art of Wisconsin               | SportDog                   |
| Decibullz                        |                                      | The Pet Hopper             |
| E-Bike Pros                      | NutriSource                          | UniqueTek                  |

