

Reach "On Tap" raises over \$27,000. Thank you for your support!

We are hiring for a variety of positions! Learn more: reachforresources.org/employment

Thank you to everyone who attended our Meat Raffle & Bingo events at Boom Island.

Supporting Individuals with Developmental Disabilities and Mental Illness to Reach Their Full Potential

FALL 2021

The Reach Reader



Thyme for a Fresh Start

In January of 2021, Andrew started receiving Employment Development Services from Reach for Resources. Prior to 2021, Andrew worked nearly two years as a dishwasher at Hy-Vee but resigned in September of 2020. He no longer felt fulfilled in the dishwasher role and preferred a job that wasn't so monotonous. Before Hy-Vee, Andrew worked in a group setting as a sorter for a local wholesale produce warehouse from 2014-2018. Due to the repetitive nature of that job, Andrew also feigned interest. It was clear Andrew sought a fresh start and needed assistance finding more meaningful employment in a more competitive, integrated setting.

The first thing Andrew and staff worked on upon joining the Employment Development Services at Reach was creating a more attractive and comprehensive resume. Next, Andrew completed an employment development assessment, which gave staff a good idea of the types of industries, companies and positions that would be a good fit. After speaking with Andrew after the assessment, he expressed the most interest in retail, warehousing/supply chain, entertainment, and recreation for employment based opportunities.

Weekly, Andrew and staff began to meet virtually via Zoom to go over some of the potential employment opportunities in his areas of interest that had been identified via Internet job boards and employment websites. Andrew would provide feedback to staff on which open positions he'd like to apply to and which ones he wasn't interested in. Staff then assisted with completing and submitting these job applications. *(continued on page 2)*

Waiver Case Management Team Is Looking Forward to In-Person Visits!

It has been over a year and a half since our waiver case management team has met with individuals in-person. "We are all very excited to see individuals again, in-person, as this helps foster better relationships and care quality," said one of the case managers. Reach is aware of the many various concerns of in-person meetings and has taken great steps to address those concerns.

At Reach, we have developed our own department procedures and protocols to address safety and health concerns for both our staff, and the families we support. Below are some of the policies for face-to-face case manager visits:

- Maintain social distancing of at least 6 feet or more.
- Conduct meetings outside if weather permits.
- All participants must wear a mask during the visit.
- Prior to the visit, there will be a phone screening with the individual for Covid symptoms.
- If the phone screening is missed or Covid symptoms are present, the meeting will be rescheduled.
- Visits will be kept short, in duration, and meeting content will be discussed via tele-health.

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Thyme for a Fresh Start *(continued from page 1)*

In February, Andrew had an opportunity to interview for a Fulfillment Associate position at Lowe's. Staff spent time with Andrew doing mock interviews, reading through the job description, and discussing positive interviewing strategies to ensure he was prepared. The interview ended up going well, but Andrew was not offered the position. During that time, Andrew also interviewed with Goodwill for a Donation Attendant position, but that opportunity wasn't the right fit for Andrew either. Throughout both interviews, staff was on hand to help clarify any difficult questions. Since staff attended the interviews, they were able to provide constructive criticism regarding areas that Andrew could improve. Both interviews were great learning experiences for Andrew.

In March, Andrew was contacted by a hiring manager at Fresh Thyme Market about interviewing for a Produce Clerk position. After receiving an interview invitation, Andrew called staff to ask for assistance with setting up the meeting. Andrew and staff then made a three-way call to the hiring manager and scheduled the interview for later that week.

At the interview, staff helped rephrase any questions that Andrew was having difficulty answering and prompted him to talk about his previous work experience and how that related to the Produce Clerk position at Fresh Thyme. During the interview, staff explained to the hiring manager they would be able to provide Employment Support Services if Andrew were to be hired, and could assist with completing any on-boarding paperwork. After the interview, staff was driving Andrew back to his residence when he received a call from the hiring manager who offered him the position.

The following week, staff assisted Andrew with completing all of his on-boarding paperwork including direct deposit and training videos. Just like with any new job, Andrew was quite nervous at first and a little intimidated by all of the different job responsibilities that were required of him. For the first couple weeks, staff supported Andrew by staying with him his entire shift and helping him learn all the tasks associated with being a Produce Clerk at Fresh Thyme. Three of the biggest challenges for Andrew were: identifying which items needed to be stocked, locating specific produce in the cooler area, and responding to customers' questions. Staff always let Andrew complete these tasks independently, and if it was apparent that he was having difficulty completing them, only then would staff intervene to assist him on how to accomplish the task more efficiently.

Once Andrew began demonstrating independence completing his work tasks, staff began to slowly fade out of some of the on-site support. Staff was able to help Andrew identify co-workers who would be able to assist him with any questions if Reach staff was not present. He has been employed at Fresh Thyme for a little more than two months and works entire shifts without Reach staff. At \$14.00/hour, Andrew is earning the highest wage that he's ever received in his working career. This is evidence that the people Reach for Resources supports are capable of thriving in a competitive, integrated employment setting.

Article by: Marcus Skallman, Employment Specialist at Reach

Reach "On Tap" Raises over \$27,000!

Thank you to everyone who supported our Reach On Tap summer fundraising event on June 21st! Because of your support, we were able to raise over \$27,000 for Reach! Congratulations to Ron Zach for winning the Argo ATV from Plow World Power Equipment and Anderson's Northland Lodge for winning the resort contest. To see all of the event photos, please visit: reachforresources.org/events/reachontap.

Special thank you to our event sponsors:



Thank you to our resort sponsors:



Q Lake Lodge
On Quesnel Lake at Caribou Landing
Manitoba, Canada



Ghostly Gala Returns to In-Person for 2021!



Get your costumes ready, it's time to bring back our annual spooky celebration! The entrance cost includes: pizza, games, prizes, music, dancing, and a costume contest. **Pre-registration required.**

Friday, October 29th • 5:30 - 8:00 p.m.

Brooklyn Park Community Activity Center Grand Rooms

5600 85th Ave. N, Brooklyn Park, MN 55443

Register: reach.recdesk.com or via the included Fall Registration Form

Fee: \$10 • All Ages Welcomed

ADAPTIVE RECREATION PROGRAMS

AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Golden Valley
- Maple Grove
- Plymouth
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or visit: reachforresources.org.

All fees stated represent pre-registration. Registration for a program is required at least 3 days before the start date unless otherwise noted.

EASY ONLINE REGISTRATION!

We are excited to announce that we have a new sign-up software that makes it easier than ever to find and register for programs.

This software allows you to create an account, view your invoices and download a calendar with all your upcoming programs.

Sign-up for an account:
Reach.recdesk.com

PROGRAM OPTIONS

For fall 2021, we will be offering in-person and virtual programs. Learn more about each program type below.



VIRTUAL PROGRAMS

- Programs are for "All Ages" unless specified
- Virtual via: WebEx, Zoom, Google Meet or YouTube



IN PERSON PROGRAMS

- Programs are for "All Ages" unless specified
- Variety of locations
- Masks are required for indoor programs

INCLUSION SUPPORT

Reach for Resources provides inclusion support to children and adults with disabilities who would like to participate in their city park and recreation programs. Registration for these programs is done through your local park & rec department. Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Chaska
- Crystal
- Golden Valley
- New Hope
- Three Rivers Park District
- Robbinsdale
- St. Louis Park

After registering, contact Reach to discuss the needs/accommodations for yourself or your child.

Please allow a minimum of two weeks' notice for a successful inclusion.

Adaptive Recreation & Inclusion Program Policies

I understand that participation in this activity is completely voluntary and the activity is being offered for the benefit of the participant. Reach for Resources, Inc. along with its agents and employees shall not be liable for any claims, injuries, or damages of whatever nature, incurred by the participant arising out of, or connected with, recreational activities. All participants must be registered for a program in order to attend. Please register at least two weeks prior to the beginning of a program. If there are not enough people registered for a program it will be canceled a minimum of 3 days prior to the beginning of the program. Participants will be notified by phone or email and a refund will be processed. If classes or recreation activities are canceled due to inclement weather, Reach will schedule a make-up session or offer a refund when possible. For a recorded message about activity cancellations, call 952-200-3030. A written request to withdraw from an activity at least two weeks prior to the activity is eligible to receive a refund (except for Weekend Ventures, which abides by a separate cancellation policy), less a \$5 cancellation fee per class. Refunds are not awarded for ticketed events. Caregivers are welcome to attend all Reach programming with the exception of On The Town. Support staff and family can attend most activities free of charge, but are required to pay for ticketed events that they wish to attend. Caregivers are asked to provide any individualized support that the person they are supporting may need. Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. If a participant is more than 5 minutes late at a community-based event, staff may no longer be waiting for their arrival. If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time. Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged. Prescription and non-prescription drugs are the sole responsibility of the participant. Please visit the Reach website for further information on these policies, as well as a full description of our drug, alcohol, tobacco and behavior policies.

ARTS & CRAFTS

CRAFT: FABRIC PUMPKINS

Looking for a way to decorate your home for fall? Come to this class and create three pumpkins using colorful socks!

DAYS	DATE	TIME
Mon.	10/11	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$16	



CRAFT: SNOWY MASON JARS & HOLIDAY CARDS

Holiday luminaries make a wonderful centerpiece or home decor item! Each attendee will make three different size jars and decorate them with matching trim. While we wait for our projects to dry, choose to make some holiday cards or gift tags.

DAYS	DATE	TIME
Tues.	11/30	6:30-8:00 p.m.
Location	Brooklyn Park Community Activity Center Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	All Ages	
FEE	\$15	

CRAFT: DIY HOLIDAY GIFTS

Come choose a project idea that will make a great gift! We will have supplies for three different gift ideas for a family member or friend. You choose the one you like best.



DAYS	DATE	TIME
Mon.	12/13	6:30-8:00 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$12	

ART ABILITIES

Art Abilities is a series of workshops that offers the opportunity to explore a variety of art media. The workshops will invite the participating artists to explore their creative interests beginning with warm-up exercises at each session, painting, drawing, journaling, creating masks, and other abstract creations to help the participants learn a different method of communication. This activity is made possible by the voters of Minnesota through a grant from the Metropolitan Regional Arts Council, thanks to a legislative appropriation from the arts and cultural heritage fund.

DAYS	DATE	TIME
Thur.	10/7-11/11	4:30-6:00 p.m.
Location	Adler Graduate School: 10225 Yellow Cir Dr., Minnetonka, MN 55343	
Age	All Ages	
FEE	FREE	



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CINEMA & COOKING

BOOK & FILM CLUB

Read the book, listen to the audiobook, or watch the movie and join us for a lively discussion! We'll vote on the next book/movie at each meeting.



DAYS	DATE	TIME
Thur.	9/2, 10/7, 11/4 & 12/2	2:00-3:30 p.m.
Location	WebEx (Virtual)	
Age	13+	
FEE	\$9	

COOKING NIGHT: NO-BAKE PARTY APPETIZERS



'Tis the season for holiday parties! Learn four new easy appetizer recipes you can make without using the oven or stove. Bring the recipes home with you and try them out with your family and friends at an upcoming celebration.

DAYS	DATE	TIME
Mon.	11/15	5:00-7:00 p.m.
Location	Brooklyn Park Community Activity Center Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	16+	
FEE	\$21	



COOKING NIGHT: HOLIDAY COOKIE PLATE



We will make a variety of treats to take home and share with your family and friends! Get the recipes so you can make your favorites again on your own.

DAYS	DATE	TIME
Wed.	12/14	6:00-8:00 p.m.
Location	Eisenhower Community Center: Room 210; 1001 MN-7 Hopkins, MN 55305	
Age	16+	
FEE	\$25	



GRAHAM CRACKER HOUSES



Join your peers for an evening of cookie decorating fun. We'll have all the building blocks to create an epic gingerbread house masterpiece you can display or eat!

DAYS	DATE	TIME
Wed.	12/2	6:30-8:00 p.m.
Location	Chanhassen Community Center; 2310 Coulter Blvd., Chanhassen, MN 55317	
Age	All Ages	
FEE	\$10	

SNACKS & CINEMA



Join us for a movie and snacks!

LUCA WITH SWEDISH FISH

DAYS	DATE	TIME
Thur.	9/30	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$8	

CRUELLA WITH PUPPY CHOW

DAYS	DATE	TIME
Thur.	10/28	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$8	

RAYA WITH GUMMY SUSHI

DAYS	DATE	TIME
Thur.	11/18	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$8	

THE GRINCH WITH ROAST BEEF & CRACKERS

DAYS	DATE	TIME
Thur.	12/16	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$8	

FITNESS & SPORTS

ADAPTIVE FITNESS

Join us for an active session of adaptive fitness! This class is intended for individuals of all ages with a cognitive or physical disability and their family member(s) or PCA. These classes are designed to get participants moving through various fitness games and activities, modified for all abilities. We will focus on learning different exercises and techniques within a group dynamic. The adaptive fitness classes are a great way to stay engaged and motivated about exercise while having fun! **Please bring a water bottle and wear tennis shoes.**
*No class 10/6.



DAYS	DATE	TIME
Wed.	9/22-10/27*	4:30-5:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	All Ages	
FEE	\$30 resident / \$36 non-resident	



BOWLING LEAGUE

Join us for fun, non-competitive bowling. You will bowl 2 games each week.

NEW HOPE

Bring \$4.00 cash/check each week.

DAYS	DATE	TIME
Sat.	9/18-11/6	12:00-2:00 p.m.
Location	7107 42nd Ave. N, Minneapolis, MN 55427	
Age	All Ages	
FEE	\$44 resident / \$52 non-resident	

DANCE WORKOUT

Join Emily for a fast paced dance class where you get some exercise while having fun!

DAYS	DATE	TIME
Wed.	12/1-12/22	10:30-11:30 a.m.
Location	WebEx (Virtual)	
Age	All Ages	
FEE	\$12 residents / \$20 non-residents	



NON-COMPETITIVE SOCCER

We're starting an adaptive soccer league! Come learn some ball skills and scrimmage with friends. All abilities are welcome.

DAYS	DATE	TIME
Mon.	9/13-10/4	6:15-7:15 p.m.
Location	Park Center High School; 7300 Brooklyn Blvd, Brooklyn Park, MN 55443	
Age	16+	
FEE	\$44 resident / \$52 non-resident	

VIRTUAL FANTASY FOOTBALL DRAFT

Want to try out Fantasy Football? It is such a fun way to get through the colder months. Join us for this online virtual draft. You have the option of video conferencing with us as we go through the draft together, or just follow the draft on your computer/tablet/phone and make choices when it is your turn. Keep up with your team throughout the season and the top two teams will receive awesome prizes! We will be using ESPN for our draft.

DAYS	DATE	TIME
Thur.	9/2	5:00-8:00 p.m.
Location	WebEx (Virtual)	
Age	13+	
FEE	\$5	

YOUNG ATHLETES

Have fun while improving your gross motor skills playing different games! Young Athletes is an early introduction to sports using focused activities that target mental and physical growth. This is a unified program designed for children with or without disabilities. There is an evidence supported curriculum for this program provided by Special Olympics MN. Call 952-393-4277 to register.
*No class 11/9 & 12/14.

DAYS	DATE	TIME
Tues.	10/19-12/21*	10:00-10:45 a.m.
Location	Brooklyn Center Community Center, Constitution Hall; 6301 Shingle Creek Pkwy, Brooklyn Center, MN 55430	
Age	All Ages	
FEE	FREE	

PARK TAVERN

Bring \$4.25 cash/check each week.

DAYS	DATE	TIME
Sat.	9/18-11/6	9:30-11:30 a.m.
Location	3401 Louisiana Ave. S, St. Louis Park, MN 55146	
Age	All Ages	
FEE	\$44 resident / \$52 non-resident	

GAMES & LEARNING

BINGO

Join your friends to play everyone's favorite game! Everybody goes home a winner.



DAYS	DATE	TIME
Fri.	10/1	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13+	
FEE	\$8	



BINGO & PIZZA

Let's get together for dinner & game night. Prizes and pizza for all!



DAYS	DATE	TIME
Thur.	11/4	6:00-8:00 p.m.
Location	Brookview CC: Valley Room; 316 Brookview Pkwy S, Golden Valley, MN 55426	
Age	All Ages	
FEE	\$17 participants / \$8 companions	

DAYS	DATE	TIME
Thur.	12/9	6:00-8:00 p.m.
Location	Brookview CC: Valley Room; 316 Brookview Pkwy S, Golden Valley, MN 55426	
Age	All Ages	
FEE	\$17 participants / \$8 companions	

VIRTUAL BINGO

Join your friends to play everyone's favorite game! Everybody goes home a winner.



DAYS	DATE	TIME
Fri.	11/12	6:30-8:00 p.m.
Location	WebEx (Virtual)	
Age	13+	
FEE	\$5	

GAME BREAK!

Join Emily and friends for a weekly fun and interactive game group! Some games we play include: Pictionary, 20 Questions, Family Feud, and many more.



DAYS	DATE	TIME
Mon.	11/1-12/6	1:00-2:30 p.m.
Location	WebEx (Virtual)	
Age	All Ages	
FEE	\$15 resident / \$21 non-resident	

JEOPARDY!

Bring your own snacks and beverages and join us for a video hangout. Compete with trivia from your favorite topics with a host from Reach. Teams are welcome! Join via a WebEx video chat or just call in using your phone and participate with audio only.



DAYS	DATE	TIME
Tues.	12/7	2:30-4:00 p.m.
Location	WebEx (Virtual)	
Age	13+	
FEE	\$5	



SEXUALITY FOR ALL ABILITIES



This class is taught and led by Lutheran Social Service of Minnesota's SELF Team. Using lessons from the Sexuality for All Abilities Curriculum, students will learn about advocating for their own boundaries and needs in relationships, how to keep their bodies healthy and safe, and how to communicate with the people in their lives. Topics include: healthy relationships, safe and appropriate boundaries, personal safety, private and public spaces, dating, puberty, human reproduction, pregnancy prevention, and gender and sexual orientation. Due to generous funding sources, there is no cost to attend this series.

DAYS	DATE	TIME
Tues.	9/14-11/23	4:30-6:00 p.m.
Location	Zoom (Virtual)	
Age	13+	
FEE	FREE	



SOCIAL ACTIVITIES & DANCES

BARN DANCE & KARAOKE

Dust off your boots and cowboy hats! Join your friends and groove to country favorites and hit dance songs. We can take turns doing karaoke and dance the night away.

DAYS	DATE	TIME
Fri.	11/19	6:30-8:00 p.m.
Location	WebEx (Virtual)	
Age	13+	
FEE	\$8	

DANCE: FALL FORMAL

It's time to get all dressed up and dance the night away with your friends! We'll have a photo booth, desserts, and festive decor.

DAYS	DATE	TIME
Fri.	9/17	6:30-8:00 p.m.
Location	SLP Recreation Outdoor Center; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13+	
FEE	\$10	

HOLIDAY JAMBOREE

Join your friends and enjoy hot chocolate, make holiday themed crafts, listen to festive music, and play bingo!

DAYS	DATE	TIME
Fri.	12/17	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$10	

NYE DANCE PARTY

Ring in 2022 with us! Enjoy karaoke, snacks, mocktails, and lots of great music.

DAYS	DATE	TIME
Thur.	12/30	6:30-8:00 p.m.
Location	Westwood Hills Nature Center, Willow/Aspen Room; 8300 W Franklin Ave., St. Louis Park, MN 55426	
Age	13+	
FEE	\$8	



SINGLES NIGHT OUT: WALKER ART CENTER & SCULPTURE GARDEN

Looking to meet your special someone? Join the Reach group to mix and mingle with other singles. Browse art sculptures, photography, paintings, drawings, and prints. **Meet at the ticket office.**

DAYS	DATE	TIME
Thur.	9/16	6:30-8:00 p.m.
Location	725 Vineland Pl., Minneapolis, MN 55403	
Age	18+	
FEE	\$6	



SOCIAL SEEKERS

This is a program for teens and adults on the Autism spectrum. We meet once a week for fun and social interaction. We play games, do crafts, get outside, and practice socializing with a variety of staff, volunteers, and participants. A brief intake meeting is required for all new participants. Call 952-393-5866 for more information or to schedule an intake.

DAYS	DATE	TIME
Wed.	9/15-11/17	5:00-6:30 p.m.
Location	The Depot; 9451 Excelsior Blvd., Hopkins, MN 55343	
Age	15+	
FEE	\$205	

TEEN EXPLORERS

Come hang out with a super fun group of people! Our teens love going bowling, grabbing ice cream, getting outside, having themed parties, doing crafts, and so much more. After your registration is complete, we will send you the schedule for the quarter so you know where to meet.

DAYS	DATE	TIME
Tues.	9/21-10/26	6:30-8:30 p.m.
Location	Various	
Age	13- 21	
FEE	\$49 resident / \$57 non-resident	



WEDNESDAY NIGHT SOCIAL (WNS)

The goal of this program is to become more engaged in our communities and to build social skills, coping skills, and practice flexibility. Activities include cooking classes, craft nights, professional sports outings, going out to eat, and much more! Open to individuals of all abilities. Participants can bring a staff or caregiver if additional support is needed. Sign up for the full series or sign up for individual activities.

Age: 18+

Date: Wednesdays, September 15 - November 3

Time: 6:30 - 8:30 p.m. *(unless noted)*

Fee for ALL the events: \$57 resident / \$65 non-resident

WNS1: WELCOME PARTY WITH FALL LEAF ART

Create a fall colored canvas with this tissue paper painting activity!

DAYS	DATE	TIME
Wed.	9/15	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Gardenvue Room; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10	

WNS2: OUT TO EAT AT GALAXY DRIVE-IN

Gather with friends as we go to the Drive-In! Hangout with your friends outdoors or indoors depending on weather. **Bring money to order what you want off the menu.**

DAYS	DATE	TIME
Wed.	9/22	6:30-8:00 p.m.
Location	3712 Quebec Ave. S, St. Louis Park, MN 55426	
Age	18+	
FEE	\$10	



WNS3: TRAIL MIX MADNESS

Create your own personalized trail mix to bring with you on our Fall Colors Nature Walk! Please note your food allergies upon registration. We will avoid peanuts.

DAYS	DATE	TIME
Wed.	9/29	6:30-8:30 p.m.
Location	SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10	

WNS4: FALL COLORS NATURE WALK

Enjoy a walk with friends as you take in the beautiful colors of fall! **Note time change.**

DAYS	DATE	TIME
Wed.	10/6	6:00-7:30 p.m.
Location	The Trailhead; 1221 Theodore Wirth Pkwy, Golden Valley, MN 55422	
Age	18+	
FEE	\$10	

WNS5: PUMPKIN EXTRAVAGANZA

Pumpkin snacks, crafts, and games galore!

DAYS	DATE	TIME
Wed.	10/13	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10	

WNS 6: MOVIE NIGHT

Come, sit back and relax as we watch a movie with friends!

DAYS	DATE	TIME
Wed.	10/20	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10	

WNS7: HALLOWEEN PARTY

Join your fellow WNS goers for a Halloween celebration. Make your own monster cookies and play Halloween games! **Costumes encouraged.**

DAYS	DATE	TIME
Wed.	10/27	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13+	
FEE	\$10	

WNS8: NEW YEARS RESOLUTION BOARD

Come and create your 2022 New Year's resolutions by writing them down in your very own journal. Come create the cover for your New Year's resolutions journal.

DAYS	DATE	TIME
Wed.	11/3	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$15	

ON THE TOWN: ALL ABILITIES (OTTA)

This is a community-based social program for all adults who want to explore their community. More details to come upon registration and before the event. Companions are welcomed and an intake meeting is not required. **Age: 18+**

OTTA1: BAGELS & GAMES

Play some games with your friends while enjoying some fresh bagels.

DAYS	DATE	TIME
Fri.	9/10	6:30-8:00 p.m.
Location	Brooklyn Park Community Activity Center: Gardenview Room; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10	

OTTA2: MOVIE & POPCORN

Join your friends for a movie & popcorn.

DAYS	DATE	TIME
Fri.	10/8	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Gardenview Room; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$8	

OTTA3: DECORATE YOUR OWN HALLOWEEN TOTE

Make a creative Halloween tote for Trick-or-Treating or for passing out candy!

DAYS	DATE	TIME
Thur.	10/14	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$15	

OTTA4: VIKINGS GAME W/ SUBS

Watch our hometown team take on the Baltimore Ravens!

DAYS	DATE	TIME
Sun.	11/7	12:00-3:00 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$16	

OTTA5: HOT CHOCOLATE & CRAFTS

Sip hot chocolate while making festive crafts.

DAYS	DATE	TIME
Fri.	12/10	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10	

OTTA6: CROSS COUNTRY SKIING OR SIT-SKIING

Let's enjoy a morning outside with some skiing! We'll assist with ski rental and get everyone geared up. Attending companions will have to pay for ski rental, but they can pay at the door. Sit-skis make skiing accessible for those who use wheelchairs. There is only one available so let us know if we should reserve it for you.

DAYS	DATE	TIME
Sat.	12/18	10:00 a.m.- 12:00 p.m.
Location	French Regional Park; 12605 Rockford Rd., Plymouth, MN 55441	
Age	18+	
FEE	\$18	

ON THE TOWN (OTT)

This is a community-based social program for adults who want to explore their community with minimal support. To minimize safety concerns, a brief intake is required. Schedule an intake: 952-393-4277. **Age: 18+**

OTT1: KINGS & QUEENS NIGHT

We're going out to eat at Burger King, then walk over to Dairy Queen! **Please bring money to order off the menu.**

DAYS	DATE	TIME
Sat.	9/18	6:30-8:30 p.m.
Location	Dairy Queen: 7700 Normandale Blvd, Edina, MN 55439 & Burger King: 5105 Edina Industrial Blvd, Edina, MN 55439	
Age	18+	
FEE	\$6	

OTT2: SWIMMING AT THE BROOKLYN CENTER CC POOL

Swim with friends - they even have a slide! **Bring an extra \$5 for admission.**

DAYS	DATE	TIME
Sat.	10/23	3:00-5:00 p.m.
Location	Brooklyn Center Community Center; 6301 Shingle Creek Pkwy, Brooklyn Center, MN 55430	
Age	18+	
FEE	\$6	

OTT3: GAME DAY COOKING

Let's try out some awesome game day food recipes!

DAYS	DATE	TIME
Mon.	10/25	6:30-8:30 p.m.
Location	Eisenhower Community Center: Room 210; 1001 MN-7, Hopkins, MN 55305	
Age	18+	
FEE	\$15	

OTT4: WII BOWLING & PIZZA

Show off your Wii bowling skills & have dinner.

DAYS	DATE	TIME
Fri.	12/3	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10	

OTT5: FRIENDS HOLIDAY SHOPPING

Shop for your friends and family while getting some social time. Share gift ideas! **Please bring money to go shopping or to get something to eat.**

DAYS	DATE	TIME
Sat.	12/11	2:00-4:00 p.m.
Location	Southdale Mall; 10 Southdale Center, Edina, MN 55435	
Age	18+	
FEE	\$6	

REGISTRATION FORM—FALL 2021

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

Birth Date: _____ Phone: _____ Alt. Phone: _____

Email: _____ Alt. Email: _____

Emergency Contact Name: _____ Emergency Phone: _____

Allergies/Diet/Accessibility: _____

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Adaptive Fitness: Starts 9/22	\$30 / \$36
<input type="checkbox"/>	Art Abilities: Starts 10/7	FREE
<input type="checkbox"/>	Barn Dance & Karaoke: 11/19	\$8
<input type="checkbox"/>	Bingo: 10/1	\$8
<input type="checkbox"/>	Bingo (Virtual): 11/12	\$5
<input type="checkbox"/>	Bingo & Pizza (1): 11/4	\$17 / \$8 companions # of Companions _____
<input type="checkbox"/>	Bingo & Pizza (2): 12/9	\$17 / \$8 companions # of Companions _____
<input type="checkbox"/>	Book & Film Club: Starts 9/2	\$9
<input type="checkbox"/>	Bowling - New Hope: Starts 9/18	\$44 / \$52
<input type="checkbox"/>	Bowling - Park Tavern: Starts 9/18	\$44 / \$52
<input type="checkbox"/>	Cooking Night - Holiday Cookies: 12/14	\$25
<input type="checkbox"/>	Cooking Night - Party Appetizers: 11/15	\$21
<input type="checkbox"/>	Craft - DIY Holiday Gifts: 12/13	\$12
<input type="checkbox"/>	Craft - Fabric Pumpkins: 10/11	\$16
<input type="checkbox"/>	Craft - Snow Jars & Holiday Cards: 11/30	\$15
<input type="checkbox"/>	Dance Workout: Starts 12/1	\$12 / \$20
<input type="checkbox"/>	Fall Formal Dance: 9/17	\$10

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Game Break!: Starts 11/1	\$15 / \$21
<input type="checkbox"/>	Ghostly Gala: 10/29	\$10
<input type="checkbox"/>	Graham Cracker House: 12/2	\$10
<input type="checkbox"/>	Holiday Jamboree: 12/17	\$10
<input type="checkbox"/>	Jeopardy!: 12/7	\$5
<input type="checkbox"/>	Non-Competitive Soccer: Starts 9/13 Shirt Size: _____	\$44 / \$52
<input type="checkbox"/>	NYE Dance Party: 12/30	\$8
<input type="checkbox"/>	Sexuality for All Abilities: Starts 9/14	FREE
<input type="checkbox"/>	Singles Night Out: 9/16	\$6
<input type="checkbox"/>	Snacks & Cinema - Luca: 9/30	\$8
<input type="checkbox"/>	Snacks & Cinema - Cruella: 10/28	\$8
<input type="checkbox"/>	Snacks & Cinema - Raya: 11/18	\$8
<input type="checkbox"/>	Snacks & Cinema - The Grinch: 12/16	\$8
<input type="checkbox"/>	Social Seekers: Starts 9/15	\$205
<input type="checkbox"/>	Teen Explorers: Starts 9/21	\$49 / \$ 57
<input type="checkbox"/>	Virtual Fantasy Football Draft: 9/2	\$5
<input type="checkbox"/>	Young Athletes: Starts 10/19	FREE

PHOTO WAIVER

To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures and social networking media. If photographed, this participant may be identified by name.

Can be photographed: Yes ☐ No ☐

First name can be used: Yes ☐ No ☐

REGISTRATION FORM—FALL 2021

	Wednesday Night Social (WNS) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	Wednesday Night Social - ALL Programs	\$57 / \$65
<input type="checkbox"/>	WNS1 - Welcome Party: 9/15	\$10
<input type="checkbox"/>	WNS2 - Galaxy Drive-In: 9/22	\$10
<input type="checkbox"/>	WNS3 - Trail Mix: 9/29	\$10
<input type="checkbox"/>	WNS4 - Fall Nature Walk: 10/6	\$10
<input type="checkbox"/>	WNS5 - Pumpkin Extravaganza: 10/13	\$10
<input type="checkbox"/>	WNS6 - Movie Night: 10/20	\$10
<input type="checkbox"/>	WNS7 - Halloween Party: 10/27	\$10
<input type="checkbox"/>	WNS8 - New Year Resolution Board: 11/3	\$15

Therapeutic Recreation Assessment *(Appointment Only)*

Request an individual appointment with a licensed Certified Therapeutic Recreation Specialist at Reach to discuss your current activities and goals. We'll research available resources in your area to help come up with a plan for you get the most out of your leisure activities. We can have a follow up meeting in 6 or 12 months if you'd like further evaluation.

☐ \$75 – 1-hour appointment

☐ \$100 – 1-hour appointment + follow-up meeting

Sign here to acknowledge that you have read and understood the Program Policies and you agree to be bound by them. Participants and/or caregivers or guardians can sign.

Participant Signature: _____

Caregiver or Guardian: _____

Program Total:	\$
Donation to Reach <i>(Optional)</i>:	\$
TOTAL ENCLOSED:	\$

☐ Cash ☐ Check # _____

☐ Credit Card # _____

Expiration Date: _____ Security Code: _____

Name on Card: _____

	On The Town (OTT) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	OTT1 - Kings & Queens Night: 9/18	\$6
<input type="checkbox"/>	OTT2 - Swimming at BC Pool: 10/23	\$6
<input type="checkbox"/>	OTT3 - Game Day Cooking: 10/25	\$15
<input type="checkbox"/>	OTT4 - Wii Bowling & Pizza: 12/3	\$10
<input type="checkbox"/>	OTT5 - Holiday Shopping: 12/11	\$6

	On The Town: All Abilities (OTTA) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	OTTA1 - Bagels & Board Games: 9/10	\$10
<input type="checkbox"/>	OTTA2 - Movie & Popcorn Night: 10/8	\$8
<input type="checkbox"/>	OTTA3 - Halloween Tote Decorating: 10/14	\$15
<input type="checkbox"/>	OTTA4 - Vikings Football & Subs: 11/7	\$16
<input type="checkbox"/>	OTTA5 - Hot Chocolate & Crafts: 12/10	\$10
<input type="checkbox"/>	OTTA6 - CC Skiing or Sit-Skiing: 12/18	\$18

Newsletter Sign Up

Looking for a way to receive the latest news, updates and program information from Reach? Subscribe to our quarterly printed newsletter, monthly emails, and social media accounts.

☐ Subscribe to the printed newsletter (Reach Reader).

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

☐ Subscribe to monthly email newsletter.

Name: _____




Email: _____

☐ I would no longer like to receive the quarterly printed newsletter.

First & Last Name: _____

☐ I would no longer like to receive the monthly email newsletter.

Email: _____

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 @Reach4Resources  Reach-for-resources-inc

Please mail completed form with payment to:

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5900 Green Oak Drive, Suite 303
Minnetonka, MN 55343

Fax: 952-229-4468 • info@reachforresources.org

Online registration: reach.recdesk.com

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reachforresources.org



Cackle & Spur

Charity Pheasant Hunt

Sept. 29, 2021

Sand Pine Pheasants & Gold Meadows Hunting Preserve



Morning Session: 7:30am – 2:00pm
Afternoon Session: 11:00am – 5:00pm
Tickets: \$250 each

Team discounts & sponsorships available!
cacklespur2021.givesmart.com

