

Cackle & Spur Charity
Pheasant Hunt raises
over \$35,000!

We are hiring for a variety of
positions! Learn more:
reachforresources.org/employment

Give to the Max day is
November 18th!

Supporting Individuals with Developmental Disabilities and Mental Illness to Reach Their Full Potential

WINTER 2022

The Reach Reader



Love Rekindled after 15 years apart

James and Calli's love story reads like a romantic movie script. College girl and boy fall in love. After dating a few months, boy breaks up with girl because he's not ready for commitment. Boy regrets the breakup, realizing he just let the love of his life slip through his fingers. Fast forward 15 years. Girl is looking at a new apartment and in the lobby is the boy from 15 years ago. They start talking online a few months later. Jump ahead four years, they are very much in love, living together and just had a commitment ceremony.

Let's start from the beginning. Calli and James first met at college where they were attending classes at Vector. They dated for about a year. James says, "Unfortunately, at the time, I wasn't really ready to settle down yet." Calli and James mutually agreed it wasn't the right time for their relationship and amicably broke up. After they broke up, James says he thought about it and realized "She was a great girl. Why did I let this one go? If I have the chance to be with Calli again, I'm taking it, no matter how long it takes." It took 15 years.

In 2017, Calli was touring apartment buildings. She was standing in the lobby of a building waiting for the tour to start when she recognized one of the individuals in the lobby. "Hey, there's James!" Fast forward a couple of months and Calli moves into the same apartment building as James. *(continued on page 2)*

Reach welcomes new board member

We are excited to welcome Anna Hulstein to Reach's Board of Directors! Anna joined the board in June 2021. She is a Business Solutions Partner working in the Financial Planning & Analysis department at Blue Cross Blue Shield of Minnesota. Anna has family members with developmental disabilities and has experienced first hand how the types of services Reach provides impacts individuals and their positive outlook on life. She is passionate about helping people live independently and to their full potential. Anna is excited to use her business acumen to help Reach for Resources deliver its mission and vision to the people they serve.



BOARD OF DIRECTORS

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Give to the Max Day!

give TO THE **MAX** 
Nov. 18, 2021

What if you could help us win \$1000 just by giving 10 bucks? Minnesota's biggest day of giving, thanks to GiveMN, is back on November 18th! We would not be able to provide the quality services you expect without the financial contributions from our friends, families, and community supporters. **Our goal is to raise over \$45,000 on Give to the Max day this year!**

Your donations will go twice as far this year, thanks to matching funds in memory of long-time Reach friends David and Mary Ellen Kaul. No action is necessary to receive this match when making a donation.

The best part is, you don't need to wait until November 18th to support Reach's mission!

You can donate today:

givemn.org/organization/Reach-For-Resources

Love Rekindled after 15 years apart *(continued from page 1)*

One night, a bunch of people from the apartment complex went to a Timberwolves game. During the game, one of Calli's friends needed assistance. Cue James! James came over to try and help with the situation. Calli said that she liked the way he was so kind and helpful to her friend. A couple of days later, Calli messaged James on Facebook, "Hi. What's up?" The rest is history!

After about a year and a half of dating, James approached Calli's father to ask if he could have his permission and blessing to propose to Calli, when the time was right. Calli's father said he would be happy to give his blessing. Fast forward a couple of months. James has purchased a ring and is waiting for the perfect moment to pop the question. James said "Heck, I would wait till I die to marry her. I don't care how long it takes. I just want to be with Calli the rest of my life. There's no one else in this entire world I would rather be with. There really isn't." He didn't have to wait long. One day, Calli and James were in the kitchen of their apartment. Knowing Calli doesn't like big, grand surprises, James says he saw the perfect opportunity. He got down on one knee and proposed. Calli says, "YES!"

After a couple of months of planning, James and Calli had their dream life commitment ceremony on August 29th in front of a few family and friends. It was an outdoor ceremony presided over by Pastor Kathy at the Brookview Golf Course, which James is a member of. The ceremony, was followed by a small reception with lots of fun h'orderves and yummy wedding cake. For their honeymoon, they spend a few days enjoying Wisconsin together.



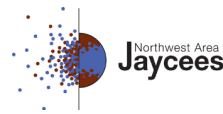
James & Calli in college when they met for the first time.

Congratulations Calli and James. Everyone at Reach is wishing you a lifetime of happiness together!

Cackle & Spur Raises over \$35,000!

Thank you to everyone who supported our Cackle & Spur charity pheasant hunt on September 29th! Because of your support, we were able to raise over \$35,000 for Reach. To see all of the event photos, please visit: reachforresources.org/events/cackle-and-spur.

Thank you to our event sponsors:



30th Annual Bowl - A - Thon

Join us for our 30th year of this annual FUNdraiser! This year, we are bringing back the tradition of having the Bowl - A - Thon in-person at Park Tavern in St. Louis Park. Collect pledges and then join us for two games of bowling, pizza, and prizes! Don't miss this great opportunity to help support Reach for Resources.



Saturday, March 26 • 10:00 a.m. - 1:00 p.m.

Park Tavern: 3401 Louisiana Ave. S, St. Louis Park

Register online: reachforresources.org/events/bowl-a-thon

Fee: \$40 by March 1; \$50 after March 1



ADAPTIVE RECREATION PROGRAMS

AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Golden Valley
- Maple Grove
- Plymouth
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or visit: reachforresources.org.

All fees stated represent pre-registration. Registration for a program is required at least 3 days before the start date unless otherwise noted.

EASY ONLINE REGISTRATION!

We have an online sign-up software that makes it easier than ever to find and register for programs. This software allows you to create an account, view your invoices and download a calendar with all your upcoming programs.

Sign-up for an account:
reach.recdesk.com

PROGRAM OPTIONS

For winter 2022, we will be offering in-person and virtual programs. Learn more about each program type below.



VIRTUAL PROGRAMS

- Programs are for "All Ages" unless specified
- Virtual via: WebEx, Zoom, Google Meet or YouTube



IN PERSON PROGRAMS

- Programs are for "All Ages" unless specified
- Variety of locations
- Masks are required for ALL indoor programs

INCLUSION SUPPORT

Reach for Resources provides inclusion support to children and adults with disabilities who would like to participate in their city park and recreation programs. Registration for these programs is done through your local park & rec department. Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Chaska
- Crystal
- Golden Valley
- New Hope
- Three Rivers Park District
- Robbinsdale
- St. Louis Park

After registering, contact Reach to discuss the needs/accommodations for yourself or your child.

Please allow a minimum of two weeks' notice for a successful inclusion.

Adaptive Recreation & Inclusion Program Policies

I understand that participation in this activity is completely voluntary and the activity is being offered for the benefit of the participant. Reach for Resources, Inc. along with its agents and employees shall not be liable for any claims, injuries, or damages of whatever nature, incurred by the participant arising out of, or connected with, recreational activities. All participants must be registered for a program in order to attend. Please register at least two weeks prior to the beginning of a program. If there are not enough people registered for a program it will be canceled a minimum of 3 days prior to the beginning of the program. Participants will be notified by phone or email and a refund will be processed. If classes or recreation activities are canceled due to inclement weather, Reach will schedule a make-up session or offer a refund when possible. For a recorded message about activity cancellations, call 952-200-3030. A written request to withdraw from an activity at least two weeks prior to the activity is eligible to receive a refund (except for Weekend Ventures, which abides by a separate cancellation policy), less a \$5 cancellation fee per class. Refunds are not awarded for ticketed events. Caregivers are welcome to attend all Reach programming with the exception of On The Town. Support staff and family can attend most activities free of charge, but are required to pay for ticketed events that they wish to attend. Caregivers are asked to provide any individualized support that the person they are supporting may need. Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. If a participant is more than 5 minutes late at a community-based event, staff may no longer be waiting for their arrival. If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time. Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged. Prescription and non-prescription drugs are the sole responsibility of the participant. Please visit the Reach website for further information on these policies, as well as a full description of our drug, alcohol, tobacco and behavior policies.

CRAFTS, CINEMA & COOKING

CRAFT: V-DAY PUZZLE GIFT & CARDS



Come make a sentimental gift for a loved one using puzzle pieces. We'll make some cards for friends and family too!

DAYS	DATE	TIME
Tues.	2/1	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$16	



CRAFT: ST. PADDY'S DAY POT OF GOLD



Make a festive centerpiece with some paint and edible gold candy!

DAYS	DATE	TIME
Mon.	2/28	6:30-8:00 p.m.
Location	Brooklyn Park Community Activity Center Grand 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	All Ages	
FEE	\$16	

COOKING NIGHT: ST. PADDY'S DAY GREEN EGGS & HAM



Celebrate St. Patrick's day by cooking some breakfast for dinner and turn it green, just for fun!

DAYS	DATE	TIME
Wed.	3/16	5:30-7:30 p.m.
Location	Eisenhower Community Center, Room 210; 1001 MN-7, Hopkins, MN 55305	
Age	16+	
FEE	\$21	

BOOK & FILM CLUB



Read the book, listen to the audiobook, or watch the movie and join us for a lively discussion! We'll vote on the next book/movie at each meeting.

DAYS	DATE	TIME
Thur.	1/6, 2/3, & 3/3	2:00-3:30 p.m.
Location	WebEx (Virtual)	
Age	13+	
FEE	\$9	

SNACKS & CINEMA



Join us for a movie and snacks!

JUNGLE CRUISE WITH ANIMAL CRACKERS

DAYS	DATE	TIME
Thur.	1/27	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$8	

CINDERELLA WITH CARRIAGE WHEELS

DAYS	DATE	TIME
Thur.	2/24	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$8	

FREE WILLY WITH GOLD FISH

DAYS	DATE	TIME
Thur.	3/31	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$8	

ART ABILITIES



Art Abilities is a series of virtual workshops that offers the opportunity to explore a variety of art media. The workshops will invite the participating artists to explore their creative interests beginning with warm-up exercises at each session, painting, drawing, journaling, creating masks, and other abstract creations to help the participants learn a different method of communication. This activity is made possible by the voters of Minnesota through a grant from the Metropolitan Regional Arts Council, thanks to a legislative appropriation from the arts and cultural heritage fund. Supplies will be delivered prior to the first day.

DAYS	DATE	TIME
Thur.	2/10-3/17	Link emailed weekly
Location	YouTube (Virtual)	
Age	12+	
FEE	FREE	



FITNESS & SPORTS

GET STRONG! STRENGTH TRAINING

Hang out with Emily and learn how to use your own body weight to get stronger! We'll listen to good music and follow along to exercises together. No equipment necessary, just dress for exercise and bring water.

DAYS	DATE	TIME
Fri.	2/25-3/18	10:30-11:30 a.m.
Location	WebEx (Virtual)	
Age	All Ages	
FEE	\$12 residents / \$20 non-residents	

DANCE WORKOUT

Join Emily for a fast paced dance class where you get some exercise while having fun!

DAYS	DATE	TIME
Fri.	1/21-2/11	10:30-11:30 a.m.
Location	WebEx (Virtual)	
Age	All Ages	
FEE	\$12 residents / \$20 non-residents	

YOGA

Have fun dressing up while also practicing yoga! Each week will have a new theme like rainbow, superhero, slumber party & more! Increase attention span, focus, muscle tone, and flexibility.

DAYS	DATE	TIME
Mon.	1/24-3/7	7:00-8:00 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	14+	
FEE	\$46 residents / \$54 non-residents	



NON-COMPETITIVE BASKETBALL

Have fun on a team and improve your basketball skills. Help design your team jersey and celebrate with a party at the end of the season.

DAYS	DATE	TIME
Tues.	1/25-3/15	6:30-8:00 p.m.
Location	Brooklyn Park Community Activity Center Gym; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$44 resident / \$52 non-resident	



MOVE IT, SHAKE IT, LIFT IT!

Join us for an active session of adaptive fitness! This class is intended for individuals of all ages with a cognitive or physical disability with their family member(s) or PCA. These classes are designed to get participants moving through various fitness games and activities, modified for all abilities. We will focus on learning different exercises and techniques within a group dynamic. The adaptive fitness classes are a great way to stay engaged and motivated about exercise while having fun! Please bring a water bottle and wear tennis shoes.

DAYS	DATE	TIME
Wed.	2/7-3/7	4:30-5:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	All Ages	
FEE	\$30 resident / \$36 non-resident	

ICE FISHING

Reach is teaming up with Fishing for Life (FFL) for an afternoon on the ice! Reach will be a small part of this large event where FFL will be giving us an ice tent with a heater. Space is limited so we are asking that staff/companions register for this event if they wish to attend. There will be concessions available for purchase if you choose.

DAYS	DATE	TIME
Sat.	2/12	1:00-4:00 p.m.
Location	Medicine Lake: Plymouth, MN	
Age	All Ages	
FEE	\$20 resident / \$25 non-resident (participants & companions)	

BOWLING LEAGUE

Join us for fun, non-competitive bowling. You will bowl two games each week.

NEW HOPE

Bring \$4.00 cash/check each week.

DAYS	DATE	TIME
Sat.	1/22-3/12	12:00-2:00 p.m.
Location	New Hope Bowl; 7107 42nd Ave. N, Minneapolis, MN 55427	
Age	All Ages	
FEE	\$44 resident / \$52 non-resident	

PARK TAVERN

Bring \$4.25 cash/check each week.

DAYS	DATE	TIME
Sat.	1/22-3/12	9:30-11:30 a.m.
Location	Park Tavern; 3401 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	All Ages	
FEE	\$44 resident / \$52 non-resident	

GAMES & LEARNING

BINGO

Come play everyone's favorite game & enjoy a treat. Everyone goes home a winner!



DAYS	DATE	TIME
Fri.	1/28	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$8	



BINGO & PIZZA

Let's get together for dinner & game night. Prizes and pizza for all!



DAYS	DATE	TIME
Mon.	2/7	6:00-8:00 p.m.
Location	Brookview CC: Valley Room; 316; Brookview Pkwy S, Golden Valley, MN 55426	
Age	All Ages	
FEE	\$17 participants / \$8 companions	

DAYS	DATE	TIME
Thur.	3/24	6:00-8:00 p.m.
Location	Brookview CC: Valley Room; 316; Brookview Pkwy S, Golden Valley, MN 55426	
Age	All Ages	
FEE	\$17 participants / \$8 companions	

GAME BREAK!

Join Emily for some fun virtual games! We play everything from Pictionary to Yahtzee.



DAYS	DATE	TIME
Mon.	1/17-3/7	1:00-2:30 p.m.
Location	WebEx (Virtual)	
Age	13+	
FEE	\$25 resident / \$32 non-resident	

TRIVIA: ANIMALS

Bring your own snacks and beverages and join us for a video hang out. Compete with trivia from your favorite topics with a host from Reach. Teams are welcome! We'll join on a WebEx video chat, or just call in using your phone and participate with audio only.



DAYS	DATE	TIME
Tue.	3/15	2:30-4:00 p.m.
Location	WebEx (Virtual)	
Age	13+	
FEE	\$5	

TRIVIA: 80's

Bring your own snacks and beverages and join us for a video hang out. Compete with trivia from your favorite topics with a host from Reach. Teams are welcome! We'll join on a WebEx video chat, or just call in using your phone and participate with audio only.



DAYS	DATE	TIME
Wed.	2/2	2:30-4:00 p.m.
Location	WebEx (Virtual)	
Age	13+	
FEE	\$5	



SEXUALITY FOR ALL ABILITIES



This class is taught and led by Lutheran Social Service of Minnesota's SELF Team. Using lessons from the Sexuality for All Abilities Curriculum, students will learn about advocating for their own boundaries and needs in relationships, how to keep their bodies healthy and safe, and how to communicate with the people in their lives. Topics include: healthy relationships, safe and appropriate boundaries, personal safety, private and public spaces, dating, human reproduction, pregnancy prevention, and gender and sexual orientation. Due to generous funding sources, there is no cost to attend this series.

DAYS	DATE	TIME
Mon.	1/10-3/21	6:30-8:00 p.m.
Location	Zoom (Virtual)	
Age	18+	
FEE	FREE	



SOCIAL ACTIVITIES & DANCES

KARAOKE WITH MOCKTAILS & SNACKS

Choose your favorite tunes and sing along with the music.



DAYS	DATE	TIME
Fri.	3/18	6:30-8:00 p.m.
Location	Brooklyn Park Community Activity Center Grand 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	All Ages	
FEE	\$8	



VALENTINE'S DAY MASQUERADE BALL

Bring a date or come meet someone special! Adorn your mask with heart stickers and dance the night away. Cookies & punch provided. **Pre-registration required.**



DAYS	DATE	TIME
Fri.	2/11	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13+	
FEE	\$8	



SUPERBOWL PARTY

Join some friends to enjoy a great meal while watching the Superbowl! We will provide pizza, soda, and dessert. Come cheer on the two best teams in the NFL.



DAYS	DATE	TIME
Sun.	2/13	5:00-9:00 p.m.
Location	Brookview CC: Valley Room; 316; Brookview Pkwy S, Golden Valley, MN 55426	
Age	13+	
FEE	\$16	

VALENTINE'S DAY SINGLES MINGLE

Looking to meet your special someone? Join the Reach group at Mall of America's Sea Life to meet others and chat in a relaxed setting. Price includes the admission. PCAs should be able to enter for free.



DAYS	DATE	TIME
Fri.	2/18	6:00-8:00 p.m.
Location	Mall of America- Sea Life; 120 East Broadway, Bloomington, MN 55425	
Age	18+	
FEE	\$28	



SOCIAL SEEKERS

This is a program for teens and adults on the Autism spectrum. We meet once a week for fun and social interaction. We play games, solve riddles, and enjoy working through our weekly highs and lows together. Call 952-393-4277 for more information or to schedule an intake.



DAYS	DATE	TIME
Wed.	1/12-3/23	5:00-6:30 p.m.
Location	The Depot; 9451 Excelsior Blvd., Hopkins, MN 55343	
Age	15+	
FEE	\$205	



TEEN EXPLORERS

Come hang out with a super fun group of people! Our teens love going bowling, grabbing ice cream, getting outside, having themed parties, doing crafts, and so much more. After your registration is complete, we will send you the schedule for the quarter so you know where to meet.



DAYS	DATE	TIME
Tues.	1/11-3/1	6:30-8:30 p.m.
Location	Various	
Age	13- 21	
FEE	\$49 resident / \$57 non-resident	

WEDNESDAY NIGHT SOCIAL

The goal of this program is to become more engaged in our communities and to build social skills, coping skills, and practice flexibility. Activities include cooking classes, craft nights, professional sports outings, going out to eat, and much more! Open to individuals of all abilities. Participants can bring a staff or caregiver if additional support is needed. Sign up for the full series or sign up for individual activities.



Age: 18+

Date: Wednesdays, January 19 - March 9

Time: 6:30 - 8:30 p.m. *(unless noted)*

Fee for ALL the events: \$57 resident / \$65 non-resident

WNS1: WELCOME BACK PARTY WITH MINUTE-TO-WIN-IT GAMES

Come ring in the new year with some minute-to-win-it games with great friends!

DAYS	DATE	TIME
Wed.	1/19	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10	

WNS2: SIP & PAINT WINTER THEMES

Enjoy a relaxing evening sipping some sparkling juice and painting beautiful winter themes.

DAYS	DATE	TIME
Wed.	1/26	6:30-8:30 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10	

WNS3: CINDERELLA & POPCORN

Relax with some popcorn & friends while watching the new live action Cinderella movie!

DAYS	DATE	TIME
Wed.	2/2	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10	

WNS4: OUT TO EAT AT SNUFFY'S MALT SHOP

Come out to eat at everyone's favorite malt shop, Snuffy's! **Please bring money to order off of the menu.**

DAYS	DATE	TIME
Wed.	2/9	6:30-8:00 p.m.
Location	17519 Minnetonka Blvd., Minnetonka, MN 55345	
Age	18+	
FEE	\$10	

WNS5: WINTER OLYMPICS PARTY

Join friends as we cheer on the USA in the 2022 Winter Olympic Games!

DAYS	DATE	TIME
Wed.	2/16	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10	

WNS 6: VALENTINE'S COOKIE CAKE DECORATING

Bring your creativity as we decorate our very own cookie cake Valentine's heart.

DAYS	DATE	TIME
Wed.	2/23	6:30-8:30 p.m.
Location	District Education & Welcome Center; 11 Peavey Rd., Chaska, MN 55318	
Age	18+	
FEE	\$16	

WNS7: CREATE YOUR OWN GRATITUDE JOURNAL

Gather with friends as we all put together our own gratitude journals.

DAYS	DATE	TIME
Wed.	3/2	6:30-8:30 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10	

WNS8: INDOOR WINTER PICNIC WITH HOT CHOCOLATE

Come and get cozy with friends as we enjoy a picnic inside! **Bring your own bag lunch** and we'll provide dessert & hot chocolate.

DAYS	DATE	TIME
Wed.	3/9	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10	



ON THE TOWN

This is a community-based social program for adults who want to explore their community with minimal support. To minimize safety concerns, a brief intake is required. Call to schedule an intake: 952-393-4277.



Age: 18+

OTT1: DUNKIN' DONUTS AND BOARD GAMES

Dive into winter with some donuts from Dunkin' Donuts and board games!

DAYS	DATE	TIME
Thur.	1/13	6:30-8:00 p.m.
Location	Brooklyn Park Community Activity Center Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$7	

OTT3: OUT TO THE MOVIES AT NEW HOPE CINEMA GRILL

Sit back and relax at New Hope Cinema Grill, watching a new flick. **Please bring \$3 for the movie.**

DAYS	DATE	TIME
Sat.	1/29	Approx. 6:00-8:00 p.m.
Location	2749 Winnetka Ave. N, New Hope, MN 55427	
Age	18+	
FEE	\$5	

OTT5: NORTHEAST OUTDOOR WINTER MARKET

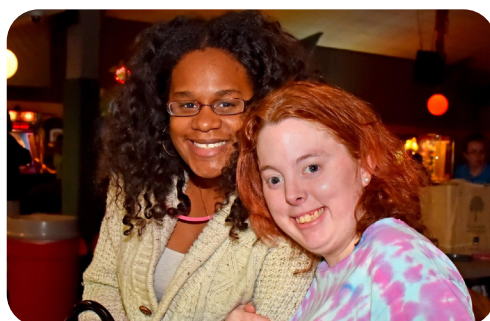
Grab your walking shoes and your farmers market bag and walk around at the Northeast Outdoor Winter Market. **Please bring money to go shopping.**

DAYS	DATE	TIME
Tue.	2/22	11:00 a.m. - 1:00 p.m.
Location	629 2nd St. NE, Minneapolis, MN 55413	
Age	18+	
FEE	\$5	

OTT2: PANCAKES WITH FRIENDS

Come learn a new recipe along with new cooking skills and tips.

DAYS	DATE	TIME
Fri.	1/21	5:30-7:30 p.m.
Location	Eisenhower Community Center, Room 210; 1001 MN-7, Hopkins, MN 55305	
Age	18+	
FEE	\$10	



OTT4: OUT TO EAT AT BLAZE PIZZA

Come grab a slice of pizza with friends at Blaze Pizza! **Please bring \$10-15 to order off of the menu.**

DAYS	DATE	TIME
Thur.	2/17	6:00-7:30 p.m.
Location	Blaze Pizza; 8126 MN-7, St. Louis Park, MN 55426	
Age	18+	
FEE	\$5	

OTT6: CRUMBL COOKIES & CRAFTS

Join Reach in creating some awesome crafts and eating some delicious cookies from Crumbl Cookie!

DAYS	DATE	TIME
Sat.	3/12	6:30-8:00 p.m.
Location	Brooklyn Center Community Center, Cohen Room; 6301 Shingle Creek Pkwy, Brooklyn Center, MN 55430	
Age	18+	
FEE	\$10	



ON THE TOWN: ALL ABILITIES

This is a community-based social program for all adults who want to explore their community. More details to come upon registration and before the event. Companions are welcomed and an intake meeting is not required.



Age: 18+

OTTA1: 80's THEMED MOVIE NIGHT WITH 16 CANDLES

Go back in time to the 80's with Reach as we dress up and watch 16 Candles!

DAYS	DATE	TIME
Tues.	1/18	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$5	

OTTA3: DIY WINTER BATH SCRUBS

Bring your creativity as we create our very own personalized bath scrubs.

DAYS	DATE	TIME
Sat.	2/12	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10	

OTTA5: BOWLING AND PIZZA AT PARK TAVERN

Grab your bowling bag and head to Park Tavern with Reach and friends as we bowl and eat pizza. Pizza and bowling is included in the fee.

DAYS	DATE	TIME
Fri.	3/4	6:30-8:30 p.m.
Location	Park Tavern; 3401 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	18+	
FEE	\$20	



OTTA4: OUT TO EAT AT WAHLBURGERS

Meet Reach at Wahlburgers for some amazing burgers and great conversation with friends! **Please bring money to order off of the menu.**

DAYS	DATE	TIME
Sat.	2/19	5:30-7:00 p.m.
Location	8200 N 42nd Ave., New Hope, MN 55427	
Age	18+	
FEE	\$5	



OTTA2: HONEY & MACKIE'S FOR ICE CREAM AND FRIES

Let's get together at Honey & Mackie's for some delicious ice cream & homemade fries! **Please bring money to order off of the menu.**

DAYS	DATE	TIME
Mon.	1/24	6:30-8:00 p.m.
Location	16725 County Rd. 24: Suite 106, Plymouth, MN 55447	
Age	18+	
FEE	\$5	



OTTA6: OUT TO THE MOVIES AT SHOWPLACE ICON THEATER

Kick back and relax as we enjoy a night out to the movies at Icon Theater. **Please bring money for movie ticket & food/beverages.**

DAYS	DATE	TIME
Sat.	3/19	Approx. 6:00-8:00 p.m.
Location	Showplace Icon Theater; 1625 West End Blvd., St. Louis Park, MN 55416	
Age	18+	
FEE	\$5	

REGISTRATION FORM—WINTER 2022

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

Birth Date: _____ Phone: _____ Alt. Phone: _____

Email: _____ Alt. Email: _____

Emergency Contact Name: _____ Emergency Phone: _____

Allergies/Diet/Accessibility: _____

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Art Abilities: Starts 2/10	FREE!
<input type="checkbox"/>	Basketball League: Starts 1/25 Shirt Size: _____	\$44 / \$52
<input type="checkbox"/>	Bingo: 1/28	\$8
<input type="checkbox"/>	Bingo & Pizza (1): 2/7	\$17 / \$8 companions # of Companions _____
<input type="checkbox"/>	Bingo & Pizza (2): 3/24	\$17 / \$8 companions # of Companions _____
<input type="checkbox"/>	Book & Film Club: Starts 1/6	\$9
<input type="checkbox"/>	Bowl-A-Thon: 3/26 Shirt Size: _____	\$40 in pledges by 3/1 \$50 in pledges after 3/1
<input type="checkbox"/>	Bowl-A-Thon: 3/26 (LUNCH ONLY)	\$20 # of Companions _____
<input type="checkbox"/>	Bowling - New Hope: Starts 1/22	\$44 / \$52
<input type="checkbox"/>	Bowling - Park Tavern: Starts 1/22	\$44 / \$52
<input type="checkbox"/>	Cooking Night - St. Paddy's Day: 3/16	\$21
<input type="checkbox"/>	Craft - St. Paddy's Day: 2/28	\$16
<input type="checkbox"/>	Craft - V-Day Puzzle Gift & Cards: 2/1	\$16
<input type="checkbox"/>	Dance Workout: Starts 1/21	\$12 / \$20

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Game Break!: Starts 1/17	\$25 / \$32
<input type="checkbox"/>	Get Strong! Strength Training: Starts 2/25	\$12 / \$20
<input type="checkbox"/>	Ghostly Gala: 10/29	\$10 # of Companions _____
<input type="checkbox"/>	Ice Fishing: 2/12	\$20 / \$25 # of Companions _____
<input type="checkbox"/>	Karaoke with Mocktails & Snacks: 3/18	\$8
<input type="checkbox"/>	Move it, Shake it, Lift it!: Starts 2/7	\$30 / \$36
<input type="checkbox"/>	Sexuality for All Abilities: Starts 1/10	FREE!
<input type="checkbox"/>	Snacks & Cinema - Jungle Cruise: 1/27	\$8
<input type="checkbox"/>	Snacks & Cinema - Cinderella: 2/24	\$8
<input type="checkbox"/>	Snacks & Cinema - Free Willy: 3/31	\$8
<input type="checkbox"/>	Social Seekers: Starts 1/12	\$205
<input type="checkbox"/>	Superbowl Party: 2/13	\$16
<input type="checkbox"/>	Teen Explorers: Starts 1/11	\$49 / \$57
<input type="checkbox"/>	Trivia - 80's: 2/2	\$5
<input type="checkbox"/>	Trivia - Animals: 3/15	\$5
<input type="checkbox"/>	V-Day Masquerade Ball: 2/11	\$8
<input type="checkbox"/>	V-Day Singles Mingle: 2/18	\$28
<input type="checkbox"/>	Yoga: Starts 1/24	\$46 / \$54

PHOTO WAIVER

To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures and social networking media. If photographed, this participant may be identified by name.

Can be photographed: Yes ☐ No ☐

First name can be used: Yes ☐ No ☐

REGISTRATION FORM—WINTER 2022

	Wednesday Night Social (WNS) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	Wednesday Night Social - ALL Programs	\$57 / \$65
<input type="checkbox"/>	WNS1 - Welcome Party with Games: 1/19	\$10
<input type="checkbox"/>	WNS2 - Sip & Paint Winter Themes: 1/26	\$10
<input type="checkbox"/>	WNS3 - Cinderella & Popcorn: 2/2	\$10
<input type="checkbox"/>	WNS4 - Eat at Snuffy's Malt Shop: 2/9	\$10
<input type="checkbox"/>	WNS5 - Winter Olympics Party: 2/16	\$10
<input type="checkbox"/>	WNS6 - V-Day Cookie Decorating: 2/23	\$16
<input type="checkbox"/>	WNS7 - Gratitude Journal: 3/2	\$10
<input type="checkbox"/>	WNS8 - Indoor Winter Picnic: 3/9	\$10

Therapeutic Recreation Assessment *(Appointment Only)*

Request an individual appointment with a licensed Certified Therapeutic Recreation Specialist at Reach to discuss your current activities and goals. We'll research available resources in your area to help come up with a plan for you get the most out of your leisure activities. We can have a follow up meeting in 6 or 12 months if you'd like further evaluation.

☐ \$75 – 1-hour appointment

☐ \$100 – 1-hour appointment + follow-up meeting

Sign here to acknowledge that you have read and understood the Program Policies and you agree to be bound by them. Participants and/or caregivers or guardians can sign.

Participant Signature: _____

Caregiver or Guardian: _____

Program Total:	\$
Donation to Reach <i>(Optional)</i>:	\$
TOTAL ENCLOSED:	\$

☐ Cash ☐ Check # _____

☐ Credit Card # _____

Expiration Date: _____ Security Code: _____

Name on Card: _____

	On The Town (OTT) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	OTT1 - Dunkin' Donuts & Games: 1/13	\$7
<input type="checkbox"/>	OTT2 - Pancakes with Friends: 1/21	\$10
<input type="checkbox"/>	OTT3 - New Hope Cinema Grill: 1/29	\$5
<input type="checkbox"/>	OTT4 - Eat at Blaze Pizza: 2/17	\$5
<input type="checkbox"/>	OTT5 - Northeast Outdoor Market: 2/22	\$5
<input type="checkbox"/>	OTT6 - Crumbl Cookie & Crafts: 3/12	\$10

	On The Town: All Abilities (OTTA) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	OTTA1 - 80's Themed Movie Night: 1/18	\$5
<input type="checkbox"/>	OTTA2 - Eat at Honey & Mackie's: 1/24	\$5
<input type="checkbox"/>	OTTA3 - DIY Winter Bath Scrubs: 2/12	\$10
<input type="checkbox"/>	OTTA4 - Eat at Wahlburgers: 2/19	\$5
<input type="checkbox"/>	OTTA5 - Bowling at Park Tavern: 3/4	\$20
<input type="checkbox"/>	OTTA6 - Movie at Showplace Theater: 3/19	\$5

Newsletter Sign Up

Looking for a way to receive the latest news, updates and program information from Reach? Subscribe to our quarterly printed newsletter, monthly emails, and social media accounts.

☐ Subscribe to the printed newsletter (Reach Reader).

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

☐ Subscribe to monthly email newsletter.

Name: _____

Email: _____

☐ I would no longer like to receive the quarterly printed newsletter.

First & Last Name: _____

☐ I would no longer like to receive the monthly email newsletter.

Email: _____

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Please mail completed form with payment to:

Reach for Resources
 5900 Green Oak Drive, Suite 303
 Minnetonka, MN 55343

Fax: 952-229-4468 • info@reachforresources.org

Online registration: reach.recdesk.com

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reachforresources.org



Ghostly Gala Returns to In-Person for 2021!



Get your costumes ready, it's time to bring back our annual spooky celebration! The entrance cost includes: pizza, games, prizes, music, dancing, and a costume contest. **Pre-registration required.**

Friday, October 29th • 5:30 - 8:00 p.m.

Brooklyn Park Community Activity Center Grand Rooms

5600 85th Ave. N, Brooklyn Park, MN 55443

Register: reach.recdesk.com or via the included Winter Registration Form

Fee: \$10 • All Ages Welcomed