

Save the date! Reach 'On Tap' will be June 20th at Boom Island Brewing.

Give to the Max Day raises over \$10,00 for Reach!

We are hiring for a variety of positions! Learn more: reachforresources.org/employment

Supporting Individuals with Developmental Disabilities and Mental Illness to Reach Their Full Potential

SPRING 2022

The Reach Reader



Turning Over a New Page

Bill began using Reach's Employment Services in August 2021. With Bill's previous job ending in May 2019, he had been unemployed for a little over two years. His previous work experience consisted of a variety of light industrial positions such as order picker, assembler, and fabricator. Bill expressed interest in building on his past work experience and obtaining employment in a similar industry. Teaming up with Marcus, one of Reach's Employment Specialists, Bill began searching for those kinds of opportunities.

In September of 2021, Marcus stumbled upon an ad for a part-time mailer/newspaper assembler at the Star Tribune. Knowing Bill had previously worked as an order picker for Dakota News, it felt like this position could be a good fit. Since Bill's primary means of transportation is Metro Transit, Marcus went on the Metro Transit website and calculated what Bill's rides would look like using the "Trip Planner" tool. This tool indicated Bill wouldn't need to make any transfers and the bus could get him to and from work in less than a half hour.

After confirming Bill was interested in the position, Marcus guided Bill in completing the application, along with following up with the hiring manager and securing an interview. To help ensure Bill's interview went smoothly, Marcus was in attendance. During the interview, Marcus helped Bill advocate for a work schedule that was optimal for him. After the interview, the hiring manager took them on a tour of the facility and said he would be in touch about the position.

Later that day, Bill received a phone call with a job offer, which he accepted! Marcus assisted Bill with completing his online onboarding paperwork and attended his two week on-the-job training program. Since then, Marcus has provided on-site employment support for nearly all of Bill's shifts. Like with any new job, Bill was nervous and unsure of himself, but the more he learned about the job, the more comfortable he has become in his new role. To help Bill in his new position, Marcus made a point of learning just about every aspect of Bill's job so that he can assist him with staying on-task and working in an efficient manner. Bill has been employed for nearly four months and said that he enjoys his new job. Plus, Bill is currently earning the highest wage he has ever received!

Reach Welcomes New Board Member

We are excited to welcome Melanie Sartain to Reach's Board of Directors! Melanie joined the board in October 2021. She works as a Business Analyst at the software company, Applied Energy Group. Melanie supports Reach's mission and vision as she understands the limitations mental disabilities can pose in an individual's life. She was drawn to join the board not only to support the organization but also to ensure serving the community remains a priority in her life. Melanie lives in Eden Prairie with her eight year old chihuahua, Pita. In her free time, she enjoys many creative hobbies including painting and pottery.



BOARD OF DIRECTORS

David Erickson, *Chair*

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Patrick Boley, *Deputy Chair*

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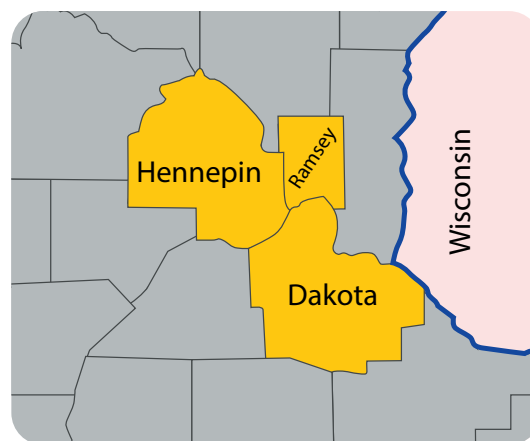
Fredrikson & Byron

ARMHS Now Available in Dakota County

Reach's Adult Rehabilitative Mental Health Services (ARMHS) is now available in three Minnesota counties: Hennepin, Ramsey and newly added Dakota County. ARMHS is a recovery-based rehabilitative program which enables our clients to develop and improve their psychiatric stability in various areas of their lives. Our qualified ARMHS practitioners provide one-on-one support both in the home and in the community. Skills that have been lost or diminished due to symptoms of mental illness can be acquired, practiced, and enhanced through training and education. ARMHS practitioners instruct, assist, and support people with many skills and goals.

To learn more about ARMHS visit:

reachforresources.org/services/mental-health-services/armhs



Dishing out Success

Meet Jenna! With the guidance of Carolyn, one of Reach's Employment Specialists, Jenna found a job that she loves. Over a couple months span, Jenna interviewed at several companies but felt they weren't the right fit. Then a position opened at Covenant Living, a retirement community, for kitchen staff. From previous jobs, Jenna had some great experience in that field and applied. After an interview, Jenna was offered the job! With minimal guidance from Carolyn, Jenna completed all of the pre-employment tasks like paperwork and background check.

Jenna is enjoying her job and looks forward to going to work each day. She has made friends with many of the residents that live at Covenant Living. Some of Jenna's work tasks include working with the dishwasher, putting dishes away, and filling water pitchers.

Awesome job Jenna! Keep up the great work.



To learn more about Employment Services at Reach, please visit: reachforresources.org/services/employment-services

Ghostly Gala was a Howling Good Time!

Thank you to everyone who came out to enjoy our annual spooky celebration on October 29th! It was a fun night filled with games, prizes, pizza, dancing, and awesome costumes. To see all of the event photos, please visit: reachforresources.org/events/ghostly-gala.



Thank you to our event sponsors:



Piper
Garmon

Now Accepting 2022 Award Nominations

Reach is now accepting nominations for our 2022 Annual Awards! We are incredibly grateful for everyone who has supported us in reaching our goals this past year. This spring, we will be presenting several awards to deserving individuals and community partners. Please take a minute to nominate a deserving person or company/organization. We are taking nominations for the following categories:

- Advocate of the Year
- Volunteer of the Year
- Community Partner of the Year
- Corporate/Civic Sponsor of the Year



Nominations will be accepted through **March 13, 2022**.

To nominate a deserving individual/company, visit:
reachforresources.org/annual-awards-22

Waiver Case Management is Hiring

Know of someone who is looking for a full or part-time job that wants to support others in making their lives richer and fuller? Look no further! Our ever growing Waiver Case Management Department is currently hiring for case managers.

Case management services are provided to adults that need to access waiver and state plan services, as well as medical, social, educational, and other services. The case manager helps individuals obtain and coordinate supportive services that address their basic, social, recreational, health, educational, and vocational needs.

What sets Reach's Case Management apart from others?

- Generous paid vacation and sick leave
- Flexible schedule
- Caring, supportive supervisors and fun co-workers
- Comprehensive benefits package
- Caseload is no more than 50 individuals
- Medical, dental, and group life insurance
- Short & long-term disability
- 401K with employer matching

Come work for us and make a difference in the lives of others!
Learn more: reachforresources.org/employment

ADAPTIVE RECREATION PROGRAMS

AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Golden Valley
- Maple Grove
- Plymouth
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or visit: reachforresources.org.

All fees stated represent pre-registration. Registration for a program is required at least 3 days before the start date unless otherwise noted.

EASY ONLINE REGISTRATION!

We have an online sign-up software that makes it easier than ever to find and register for programs. This software allows you to create an account, view your invoices and download a calendar with all your upcoming programs.

Sign-up for an account:
reach.recdesk.com

PROGRAM OPTIONS

For spring 2022, we will be offering in-person and virtual programs. Learn more about each program type below.



VIRTUAL PROGRAMS

- Programs are for "All Ages" unless specified
- Virtual via: WebEx, Zoom, Google Meet or YouTube



IN PERSON PROGRAMS

- Programs are for "All Ages" unless specified
- Variety of locations
- Masks are strongly recommended for indoor programs

INCLUSION SUPPORT

Reach for Resources provides inclusion support to children and adults with disabilities who would like to participate in their city park and recreation programs. Registration for these programs is done through your local park & rec department. Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Chaska
- Crystal
- Golden Valley
- New Brighton
- New Hope
- Three Rivers Park District
- Robbinsdale
- St. Louis Park

After registering, contact Reach to discuss the needs/accommodations for yourself or your child.

Please allow a minimum of two weeks' notice for a successful inclusion.

Adaptive Recreation & Inclusion Program Policies

I understand that participation in this activity is completely voluntary and the activity is being offered for the benefit of the participant. Reach for Resources, Inc. along with its agents and employees shall not be liable for any claims, injuries, or damages of whatever nature, incurred by the participant arising out of, or connected with, recreational activities. All participants must be registered for a program in order to attend. Please register at least two weeks prior to the beginning of a program. If there are not enough people registered for a program it will be canceled a minimum of 3 days prior to the beginning of the program. Participants will be notified by phone or email and a refund will be processed. If classes or recreation activities are canceled due to inclement weather, Reach will schedule a make-up session or offer a refund when possible. For a recorded message about activity cancellations, call 952-200-3030. A written request to withdraw from an activity at least two weeks prior to the activity is eligible to receive a refund (except for Weekend Ventures, which abides by a separate cancellation policy), less a \$5 cancellation fee per class. Refunds are not awarded for ticketed events. Caregivers are welcome to attend all Reach programming with the exception of On The Town. Support staff and family can attend most activities free of charge, but are required to pay for ticketed events that they wish to attend. Caregivers are asked to provide any individualized support that the person they are supporting may need. Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. If a participant is more than 5 minutes late at a community-based event, staff may no longer be waiting for their arrival. If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time. Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged. Prescription and non-prescription drugs are the sole responsibility of the participant. Please visit the Reach website for further information on these policies, as well as a full description of our drug, alcohol, tobacco and behavior policies.

CRAFTS & COOKING

CRAFT: MOTHER'S DAY RELAXATION KIT



Give the special mom or caregiver in your life an at home spa day! We'll do some mini crafts and assemble an at home relaxation kit as a gift.

DAYS	DATE	TIME
Mon.	4/25	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Cohen Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	14+	
FEE	\$21	



CRAFT: FATHER'S DAY SPICES



Create three spice mixes for easy cooking. We'll combine seasonings to create taco seasoning, cajun seasoning, and poultry seasoning. Put them in small jars and wrap them up for a special dad in your life!

DAYS	DATE	TIME
Thur.	5/19	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Cohen Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	14+	
FEE	\$21	



COOKING NIGHT: TACO TUESDAY



Make some yummy taco meat, sides, and fresh pico de gallo!

DAYS	DATE	TIME
Tues.	5/24	5:30-7:30 p.m.
Location	Eisenhower Community Center: Room 210; 1001 MN-7, Hopkins, MN 55305	
Age	16+	
FEE	\$21	



COOKING NIGHT: STIR FRY & SPRING ROLLS



Learn some new cooking skills! We start with a spring roll appetizer & finish with a veggie chicken stir fry.

DAYS	DATE	TIME
Thur.	4/21	5:30-7:30 p.m.
Location	Eisenhower Community Center: Room 210; 1001 MN-7, Hopkins, MN 55305	
Age	16+	
FEE	\$21	



ART ABILITIES



Art Abilities is a series of workshops that offers the opportunity to explore a variety of art media. The workshops will invite the participating artists to explore their creative interests beginning with warm-up exercises at each session, painting, drawing, journaling, creating masks, and other abstract creations to help the participants learn a different method of communication. This activity is made possible by the voters of Minnesota through a grant from the Metropolitan Regional Arts Council, thanks to a legislative appropriation from the arts and cultural heritage fund.

metro
regional
arts
council

DAYS	DATE	TIME
Thur.	4/21-5/26	4:30-6:00 p.m.
Location	Eisenhower Community Center: Room 206; 1001 MN-7, Hopkins, MN 55305	
Age	12+	
FEE	FREE	



FITNESS & SPORTS

VIRTUAL CARDIO WORKOUT



A virtual hiking warm up, some dances, and other exciting exercises to keep your body moving!

DAYS	DATE	TIME
Thur.	5/12	9:30-10:30 a.m.
Location	WebEx (Virtual)	
Age	All Ages	
FEE	\$5	

ADAPTIVE FITNESS



Join us for an active session of adaptive fitness! This class is intended for individuals of all ages with a developmental disability. Participants will enjoy staying active through various fitness games and activities, modified for all abilities. We will focus on learning different exercises and techniques within a fun group dynamic. **Please bring a water bottle and wear tennis shoes. PCAs are encouraged to attend.**

DAYS	DATE	TIME
Wed.	3/9-4/27	4:30-5:30 p.m.
Location	Norwood Park; 8100 Newton Ave. N, Brooklyn Park, MN 55444	
Age	16-35	
FEE	\$48 (Brooklyn Park Residents ONLY) / \$58 non-resident	



COLORING CALM & YOGA COMBO CLASS



Join us for a NEW four week peaceful class that combines an adapted yoga practice with some mindfulness and calming coloring activities.

DAYS	DATE	TIME
Mon.	5/2-5/23	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	14+	
FEE	\$42 resident / \$50 non-resident	



VIRTUAL DANCE WORKOUT



Intern Selena is going to lead this session of Dance Workout! We'll do some Zumba dances and explore some other dance styles as well. Join us for a fun dance party that is also a great workout!

DAYS	DATE	TIME
Fri.	4/1-4/22	10:30-11:30 a.m.
Location	WebEx (Virtual)	
Age	All Ages	
FEE	\$12 residents / \$20 non-residents	

BOWLING LEAGUE



Join us for fun, noncompetitive bowling. You will bowl two games each week. We are no longer taking weekly bowling payments. The bowling costs are now bundled into the registration fee for efficiency. If you have a concern with this, please contact Jesse at 952-393-4277.

NEW HOPE

DAYS	DATE	TIME
Sat.	4/2-5/21	12:00-2:00 p.m.
Location	New Hope Bowl; 7107 42nd Ave. N, Minneapolis, MN 55427	
Age	All Ages	
FEE	\$78 resident / \$86 non-resident	

PARK TAVERN

DAYS	DATE	TIME
Sat.	4/2-5/21	9:30-11:30 a.m.
Location	Park Tavern; 3401 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	All Ages	
FEE	\$78 resident / \$86 non-resident	



GAMES & MOVIES

BINGO & PIZZA

Let's get together for dinner & game night. Prizes and pizza for all!

DAYS	DATE	TIME
Mon.	4/18	6:00-8:00 p.m.
Location	Brookview CC: Valley Room; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	14+	
FEE	\$17 participants / \$8 companions	

DAYS	DATE	TIME
Thur.	5/19	6:00-8:00 p.m.
Location	Brookview CC: Valley Room; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	14+	
FEE	\$17 participants / \$8 companions	



BINGO

Come play everyone's favorite game and enjoy a treat. Everyone goes home a winner!

DAYS	DATE	TIME
Fri.	5/6	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	14+	
FEE	\$8	



JEOPARDY! ONLINE

Bring your own snacks/beverages and join us for a video hang out. Compete with trivia from your favorite topics with a host from Reach. We will join on a WebEx video chat, or you can call in using your phone and participate with audio only.

DAYS	DATE	TIME
Tues.	4/12	2:30-4:00 p.m.
Location	WebEx (Virtual)	
Age	18+	
FEE	\$5	



FAMILY FEUD! ONLINE

Join some friends for an afternoon battle of Family Feud.

DAYS	DATE	TIME
Mon.	5/2	1:00-2:30 p.m.
Location	WebEx (Virtual)	
Age	18+	
FEE	\$5	



SNACKS & CINEMA: SPACE JAM: A NEW LEGACY WITH SLAM DUNK CHEESE PUFFS

We all know you can watch movies on your own, but it's fun to watch them with friends!

DAYS	DATE	TIME
Thur.	4/28	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$8	



SOCIAL ACTIVITIES

KARAOKE WITH MOCKTAILS & SNACKS



Choose your favorite tunes and sing along with the music.

DAYS	DATE	TIME
Fri.	4/22	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Cohen Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	All Ages	
FEE	\$8	

TEEN EXPLORERS



Come hang out with a super fun group of people! Our teens love going bowling, grabbing ice cream, getting outside, having themed parties, doing crafts, and so much more. For the full schedule and details about the weekly activities, please visit: bit.ly/SpringTE22.

DAYS	DATE	TIME
Tues.	4/5-5/24	6:30-8:30 p.m.
Location	Various	
Age	13- 21	
FEE	\$49 resident / \$57 non-resident	



LADY OF THE LAKE



Enjoy a relaxing cruise on beautiful Lake Minnetonka on the Lady of the Lake paddlewheeler! Light snacks & complimentary sodas will be available for all guests.

DAYS	DATE	TIME
Wed.	5/25	6:00-8:30 p.m.
Location	City of Excelsior Public Dock; 2 Water St., Excelsior, MN 55331	
Age	14+	
FEE	\$12 per participant/companion	



SOCIAL SEEKERS



This is a program for teens and adults on the Autism spectrum. We meet once a week for fun, social interaction. We play games, solve riddles, and enjoy working through our weekly highs and lows together. Contact Jesse at 952-393-4277 for more info. or to schedule an intake. This program is waiver eligible.

DAYS	DATE	TIME
Wed.	3/30-6/1	5:00-6:30 p.m.
Location	The Depot; 9451 Excelsior Blvd., Hopkins, MN 55343	
Age	15+	
FEE	\$205	



SINGLES NIGHT WITH GAMES AND DRINKS



Looking for that special someone? Join us for food, good conversation, and games with other single people. We will meet at Dave & Buster's in Edina for half price night! Reach will facilitate an ice breaker and give out some conversation topics. **Please bring money for games and food.**

DAYS	DATE	TIME
Wed.	6/1	6:00-8:00 p.m.
Location	Dave & Buster's; 500 Southdale Center, Edina, MN 55435	
Age	18+	
FEE	\$6	



WEDNESDAY NIGHT SOCIAL

The goal of this program is to become more engaged in our communities and to build social skills, coping skills, and practice flexibility. Activities include cooking classes, craft nights, professional sports outings, going out to eat, and much more! Open to individuals of all abilities. Participants can bring a staff or caregiver if additional support is needed. Sign up for the full series or sign up for individual activities.



Age: 18+

Date: Wednesdays, April 6 - May 25

Time: 6:30 - 8:30 p.m. *(unless noted)*

Fee for ALL the events: \$57 resident / \$65 non-resident

WNS1: WELCOME BACK W/ POPCORN AND BINGO

Get together with old and new friends. Celebrate spring with conversation & popcorn!

DAYS	DATE	TIME
Wed.	4/6	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10	

WNS2: SPRING BUTTERFLY DECOR

Bring your creativity and create your own beautiful spring butterfly decor!

DAYS	DATE	TIME
Wed.	4/13	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$12	

WNS3: DINNER AND MOVIE AT NEW HOPE CINEMA GRILL

Enjoy a movie & dinner at New Hope Cinema Grill. **Please bring \$2 cash for the movie and extra money to order dinner or snacks.**

DAYS	DATE	TIME
Wed.	4/20	Approx. 6:30-8:30 p.m.
Location	2749 Winnetka Ave. N, New Hope, MN 55427	
Age	18+	
FEE	\$10	

WNS4: ICE CREAM AT SWEET SCIENCE ICE CREAM

Come enjoy some refreshing ice cream and conversation with friends! **Please bring \$5-\$7 for ice cream.**

DAYS	DATE	TIME
Wed.	4/27	6:30-8:00 p.m.
Location	Sweet Science Ice Cream; 3919 Market St., Edina, MN 55424	
Age	18+	
FEE	\$10	

WNS5: OUT TO EAT AT BUNNY'S

Enjoy a night out to eat at Bunny's! **Please bring \$15-\$20 for dinner.**

DAYS	DATE	TIME
Wed.	5/4	6:30-8:30 p.m.
Location	5916 Excelsior Blvd., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10	

WNS 6: DAVE & BUSTER'S FOR GAMES AND APPS

Come and enjoy half priced games and appetizers with friends! **Please bring \$15-\$20 for games and apps.**

DAYS	DATE	TIME
Wed.	5/11	6:30-8:30 p.m.
Location	500 Southdale Center, Edina, MN 55435	
Age	18+	
FEE	\$10	

WNS7: SPRING WALK AT WESTWOOD HILLS NATURE CENTER AND SCAVENGER HUNT

Stretch your legs and open your eyes as we take a walk & partake in a scavenger hunt!

DAYS	DATE	TIME
Wed.	5/18	6:30-8:00 p.m.
Location	Westwood Hills Nature Center; 8300 W Franklin Ave., St. Louis Park, MN 55426	
Age	18+	
FEE	\$10	



WNS8: LADY OF THE LAKE

Enjoy a relaxing cruise on beautiful Lake Minnetonka on the Lady of the Lake paddlewheeler! Complimentary snacks and sodas will be available for all guests.

DAYS	DATE	TIME
Wed.	5/25	6:00-8:30 p.m.
Location	City of Excelsior Public Dock; 2 Water St., Excelsior, MN 55331	
Age	18+	
FEE	\$12	

ON THE TOWN

This is a community-based social program for adults who want to explore their community with minimal support. To minimize safety concerns, a brief intake is required. Please call to schedule an intake: 952-393-4277.



Age: 18+

OTT1: BOARD GAME NIGHT

Gather with friends as we play some board games. Bring your favorite if you'd like, but a few good ones will be provided.

DAYS	DATE	TIME
Tues.	3/29	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$6	

OTT3: OUT TO EAT AT BROADWAY PIZZA

Let's go out to eat and enjoy everyone's favorite food, pizza! **Please bring \$10-\$20 to order off the menu.**

DAYS	DATE	TIME
Tues.	4/19	6:30-8:30 p.m.
Location	Broadway Pizza; 13705 27th Ave. N, Plymouth, MN 55441	
Age	18+	
FEE	\$6	

OTT5: MILL CITY MUSEUM TOUR

Come take a tour at the Mill City Museum with friends! **Please bring \$12 to pay for museum admission at the door.**

DAYS	DATE	TIME
Sat.	5/7	3:00-5:00 p.m.
Location	Mill City Museum; 704 S 2nd St., Minneapolis, MN 55401	
Age	18+	
FEE	\$6	

OTT2: PAINT YOUR OWN SPRING STEPPING STONE

Bring your creativity and paint your own spring stepping stone to place in your garden or other outdoor space.

DAYS	DATE	TIME
Fri.	4/8	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$16	



OTT4: OUT TO THE MOVIES AT AMC THEATRES

Let's go see one of the latest new releases together! The movie & exact time will be provided the week of the program. The price includes your ticket. We will reserve seats ahead of time. **Bring extra money if you want to purchase concessions.**

DAYS	DATE	TIME
Sat.	4/23	Approx. 6:00-8:00 p.m.
Location	AMC Theatres; 8251 Flying Cloud Dr., Suite 4000, Eden Prairie, MN 55344	
Age	18+	
FEE	\$20	

OTT6: MINNESOTA ZOO

Take a walk with friends through the Minnesota Zoo and hopefully see the spring babies. Fee includes your ticket.

DAYS	DATE	TIME
Sat.	5/14	1:00-4:00 p.m.
Location	Minnesota Zoo; 13000 Zoo Blvd., Apple Valley, MN 55124	
Age	18+	
FEE	\$8	



ON THE TOWN: ALL ABILITIES

This is a community-based social program for all adults who want to explore their community. More details to come upon registration and before the event. Companions are welcomed and an intake meeting is not required.



Age: 18+

OTTA1: PUZZLE NIGHT

Chat with friends while we put together some puzzles. There will be a variety of puzzles and puzzle difficulties.

DAYS	DATE	TIME
Thur.	4/7	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Cohen Room; 6301 Shingle Creek Pkwy.; Brooklyn Center, MN 55430	
Age	18+	
FEE	\$6	

OTTA2: SPRING CRAFT NIGHT WITH POPSICLE STICK BUGS

Come join your friends in creating a few popsicle bug critters.

DAYS	DATE	TIME
Fri.	4/15	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$8	



OTTA3: DINNER AND MOVIE AT EMAGINE THEATRE

Sit back and relax while we go out to the movies! A movie ticket is included in the price. We will purchase them ahead of time to ensure seating. **Bring additional money for concessions, snacks, or dinner.**

DAYS	DATE	TIME
Fri.	4/29	Approx. 6:00-8:00 p.m.
Location	Emagine Theatre; 9900 Shelard Pkwy., Plymouth, MN 55441	
Age	18+	
FEE	\$17	



OTTA4: EARTH DAY DESSERTS

Come celebrate Earth Day with friends as we enjoy making some "earthy" desserts and play games.

DAYS	DATE	TIME
Thur.	5/5	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$8	

OTTA5: OUT TO EAT AT WAGNER'S DRIVE - IN

Join Reach and friends as we get together to eat some delicious drive-in food! **Please bring \$10 to order off the menu.**

DAYS	DATE	TIME
Mon.	5/16	6:30-8:00 p.m.
Location	Wagner's Drive-In; 7000 W Broadway Ave., Brooklyn Park, MN 55428	
Age	18+	
FEE	\$6	

OTTA6: KARAOKE & FRUIT KABOBS

Bring your tunes and appetite as we get together to enjoy some singing and eating delicious fruit kabobs.

DAYS	DATE	TIME
Mon.	5/23	6:30-8:00 p.m.
Location	SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$8	



REGISTRATION FORM—SPRING 2022

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

Birth Date: _____ Phone: _____ Alt. Phone: _____

Email: _____ Alt. Email: _____

Emergency Contact Name: _____ Emergency Phone: _____

Allergies/Diet/Accessibility: _____

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Adaptive Fitness: Starts 3/9	\$48 (Brooklyn Park Residents ONLY) / \$58
<input type="checkbox"/>	Art Abilities: Starts 4/21	FREE!
<input type="checkbox"/>	Bingo: 5/6	\$8
<input type="checkbox"/>	Bingo & Pizza (1): 4/18	\$17 / \$8 companions # of Companions _____
<input type="checkbox"/>	Bingo & Pizza (2): 5/19	\$17 / \$8 companions # of Companions _____
<input type="checkbox"/>	Bowl-A-Thon: 3/26 Shirt Size: _____	\$40 in pledges by 3/1 \$50 in pledges after 3/1
<input type="checkbox"/>	Bowl-A-Thon: 3/26 (LUNCH ONLY)	\$20 # of Companions _____
<input type="checkbox"/>	Bowling - New Hope: Starts 4/2	\$78 / \$86
<input type="checkbox"/>	Bowling - Park Tavern: Starts 4/2	\$78 / \$86
<input type="checkbox"/>	Coloring Calm & Yoga: Starts 5/2	\$42 / \$50
<input type="checkbox"/>	Cooking Night - Stir Fry: 4/21	\$21

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Cooking Night - Tacos: 5/24	\$21
<input type="checkbox"/>	Craft - Father's Day Spice Mixes: 5/19	\$21
<input type="checkbox"/>	Craft - Mother's Day Relaxation Kit: 4/25	\$21
<input type="checkbox"/>	Family Feud! Online: 5/2	\$5
<input type="checkbox"/>	Jeopardy! Online: 4/12	\$5
<input type="checkbox"/>	Karaoke with Mocktails & Snacks: 4/22	\$8
<input type="checkbox"/>	Lady of the Lake: 5/25	\$12 / \$12 companions # of Companions _____
<input type="checkbox"/>	Singles Night with Drinks & Games: 6/1	\$6
<input type="checkbox"/>	Snacks & Cinema - Space Jam: 4/28	\$8
<input type="checkbox"/>	Social Seekers: Starts 3/30	\$205 / <input type="checkbox"/> Bill my waiver
<input type="checkbox"/>	Teen Explorers: Starts 4/5	\$49 / \$57
<input type="checkbox"/>	Virtual Cardio Workout: 5/12	\$5
<input type="checkbox"/>	Virtual Dance Workout: Starts 4/1	\$12 / \$20

PHOTO WAIVER

To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures and social networking media. If photographed, this participant may be identified by name.

Can be photographed: Yes ☐ No ☐

First name can be used: Yes ☐ No ☐

REGISTRATION FORM—SPRING 2022

	Wednesday Night Social (WNS) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	Wednesday Night Social - ALL Programs	\$57 / \$65
<input type="checkbox"/>	WNS1 - Welcome Party with Bingo: 4/6	\$10
<input type="checkbox"/>	WNS2 - Spring Butterfly Decor: 4/13	\$12
<input type="checkbox"/>	WNS3 - New Hope Cinema Grill: 4/20	\$10
<input type="checkbox"/>	WNS4 - Sweet Science Ice Cream: 5/4	\$10
<input type="checkbox"/>	WNS5 - Out to Eat at Bunny's: 5/4	\$10
<input type="checkbox"/>	WNS6 - Games at Dave & Buster's: 5/11	\$10
<input type="checkbox"/>	WNS7 - Westwood Hills Nature Center: 5/18	\$10
<input type="checkbox"/>	WNS8 - Lady of the Lake: 5/25	\$12

Therapeutic Recreation Assessment *(Appointment Only)*

Request an individual appointment with a licensed Certified Therapeutic Recreation Specialist at Reach to discuss your current activities and goals. We'll research available resources in your area to help come up with a plan for you get the most out of your leisure activities. We can have a follow up meeting in 6 or 12 months if you'd like further evaluation.

- ☐ \$75 – 1-hour appointment
☐ \$100 – 1-hour appointment + follow-up meeting

Sign here to acknowledge that you have read and understood the Program Policies and you agree to be bound by them. Participants and/or caregivers or guardians can sign.

Participant Signature: _____

Caregiver or Guardian: _____

Program Total:	\$
Donation to Reach <i>(Optional)</i>:	\$
TOTAL ENCLOSED:	\$

☐ Cash ☐ Check # _____

☐ Credit Card # _____

Expiration Date: _____ Security Code: _____

Name on Card: _____

	On The Town (OTT) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	OTT1 - Board Game Night: 3/29	\$6
<input type="checkbox"/>	OTT2 - Paint Your Own Spring Stone: 4/8	\$16
<input type="checkbox"/>	OTT3 - Eat at Broadway Pizza: 4/19	\$6
<input type="checkbox"/>	OTT4 - Movie at AMC Theatre: 4/23	\$20
<input type="checkbox"/>	OTT5 - Mill City Museum Tour: 5/7	\$6
<input type="checkbox"/>	OTT6 - Minnesota Zoo: 5/14	\$8

	On The Town: All Abilities (OTTA) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	OTTA1 - Puzzle Night: 4/7	\$6
<input type="checkbox"/>	OTTA2 - Spring Craft Night: 4/15	\$8
<input type="checkbox"/>	OTTA3 - Movie at Emagine Theatre: 4/29	\$17
<input type="checkbox"/>	OTTA4 - Earth Day Desserts: 5/5	\$8
<input type="checkbox"/>	OTTA5 - Eat at Wagner's Drive-In: 5/16	\$6
<input type="checkbox"/>	OTTA6 - Karaoke & Fruit Kabobs: 5/23	\$8

Newsletter Sign Up

Looking for a way to receive the latest news, updates and program information from Reach? Subscribe to our quarterly printed newsletter, monthly emails, and social media accounts.

- ☐ Subscribe to the printed newsletter (Reach Reader).

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

- ☐ Subscribe to monthly email newsletter.

Name: _____




Email: _____

- ☐ I would no longer like to receive the quarterly printed newsletter.

First & Last Name: _____

- ☐ I would no longer like to receive the monthly email newsletter.

Email: _____

 Reach4Resources  @Reach4Resources  Reach4Resources

 @Reach4Resources  Reach-for-resources-inc

Please mail completed form with payment to:

Reach for Resources
5900 Green Oak Drive, Suite 303
Minnetonka, MN 55343

Fax: 952-229-4468 • info@reachforresources.org

Online registration: reach.recdesk.com

ADMIN USE ONLY

Registered by _____ Amt Pd \$ _____ Ck# _____
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reachforresources.org



30th Annual Bowl - A - Thon

Join us for our 30th year of this annual FUNdraiser! This year, we are bringing back the tradition of having the Bowl - A - Thon in-person at Park Tavern in St. Louis Park. Collect pledges and then join us for two games of bowling, pizza, and prizes! Don't miss this great opportunity to help support Reach for Resources.



Saturday, March 26 • 10:00 a.m. - 1:00 p.m.
Park Tavern: 3401 Louisiana Ave. S, St. Louis Park

Register online: reach.recdesk.com
Fee: \$40 by March 1; \$50 after March 1



**30 Years
of FUN!**