Internships now available! Learn more: reachforresources.org/internship Save the date! The Cackle & Spur Charity Pheasant Hunt is October 5 We are hiring for a variety of positions! Learn more: reachforresources.org/employment

*Empowering people of all-abilities to reach their full potential.* 

**SUMMER 2022** 



### **Reach Adds Counseling Services**

In March of this year, Reach expanded their Mental Health services to include counseling. With the addition of a clinical supervisor, we now offer in-person and virtual individual therapy and group therapy services to adults, adolescents and families of all abilities in need of emotional support. We strive to help clients share their personal struggles, develop awareness of their emotional patterns, develop understanding of the function of emotions and develop functional emotional coping strategies. This is done by providing support, guidance, education, resources and connections to others on their journey toward personal growth.

Our clinicians work with a variety of therapeutic issues, including:

- Abuse & Trauma
- ADHD
- Aging/End of Life
- Anger Management
- Anxiety
- Behavioral Issues
- Brain Injury/Stroke
- Chronic Pain
- Cognitive & Physical Disabilities
- Depression
- Divorce
- Co-parenting
- Health Issues

- Grief & Loss
- Life Transitions
- Marriage/Family Issues
- Parenting
- Relationship Issues
- Self-Esteem
- Severe & Persistent
   Mental Illness
- Sexual Orientation & Gender Identity
- Stress Management
- Work/Life Balance



Liz Senne, MSW, LICSW Clinical Supervisor

With over seven years of experience, Liz will be leading our Counseling Department. She uses a holistic treatment approach, that considers each person's physical, emotional, social and spiritual needs.

We are currently hiring for part-time and full-time therapist positions. Learn more: reachforresources.org/employment

Learn more at: reachforresources.org/Counseling

## **Courage Kenny's Rider of the Year Award Winner**

This March, Courage Kenny Adaptive Sports and Recreation held their annual winter sports awards celebration. One of the top awards, Rider of the Year, went to Tay, a person supported through Community Living services at Reach.

Tay won this award because he consistently showed up with a smile on his face, persisted though getting comfortable on his snowboard, had a great attitude, made people laugh constantly and was a team player filling in for other classes if needed. When asked about the award, Tay said he was shocked that he won because he had no idea he was even nominated.

For over six years, Tay has been participating in a variety of Courage Kenny Adaptive Sports. So far, he has participated in: downhill skiing, cross country skiing, snowboarding, rock climbing, spin class, full body conditioning and cycling. Of all the activities Tay participates in, snowboarding is his favorite. For four years, Tay has been challenging his vision, particularly night vision, through snowboarding. The snowboarding program is held at night and Tay is completely night blind. Riding with two guides, Tay says each year he enjoys training them on blind riders.



Nervous about trying a new activity like snowboarding? Tay would like to encourage others to get out and try different sports and rec programs because you never know where it may lead. Congrats on the award Tay!

### Reach Welcomes New Board Member

We are excited to welcome Cody Holliday to Reach's Board of Directors! Cody joined the board in December 2021. He has spent more than a decade working in and around the Minnesota State Capitol and currently works as a lobbyist within the Government Relations group at Fredrikson & Byron, P.A. His policy work is primarily focused in the area of health and human services.



Cody is passionate about advocacy and hopes to use the knowledge and relationships that he has built at the Capitol to aid Reach in their own advocacy efforts.

#### **BOARD OF DIRECTORS**

David Erickson, Chair HealthPartners/Stub Enterprises, Inc.

Patrick Boley, Vice Chair Eckberg Lammers, P.C.

Danny Ngo, Secretary Ecolab

Anna Hulstein, Treasurer Blue Cross & Blue Shield of Minnesota

#### Anna Kuhlman Consulting Firm

Ellen Bittner CliftonLarsonAllen

Melanie Sartain Applied Energy Group Cody Holliday Fredrikson & Byron

## Case Management is Hiring!

Know of someone who is looking for a full or part-time job that wants to support others in making their lives richer and fuller? Look no further! Our ever growing Waiver Case Management Department is currently hiring for case managers.

Case management services are provided to adults that need to access waiver and state plan services, as well as medical, social, educational and other services. The case manager helps individuals obtain and coordinate supportive services that address their basic, social, recreational, health, educational and vocational needs.

#### What sets Reach's Case Management apart from others?

- Flexible schedule
- Hybrid work environment
- Company provided laptop & cell phone
- Medical, Dental & Vision Insurance
- Generous paid vacation and sick leave
- Group Life Insurance
- Short & long-term disability
- Mileage reimbursement
- 403(b) retirement plan with employer matching

Come work for us and make a difference in the lives of others! Learn more: reachforresources.org/employment

## The Bowl-A-Thon was a 'Perfect Game'

Thank you to everyone who came out to enjoy our 30<sup>th</sup> annual Bowl-A-Thon on March 26<sup>th</sup>! Because of your support, we were able to raise over \$12,200 for Reach. To see all of the event photos, please visit: reachforresources.org/BAT.



#### Thank you to our event sponsors:









### **Director of Community Living Joins MN Task Force**

Congratulations to our Director of Community Living, Larissa Beck, for being selected as 1 of 19 individuals to be part of the MN Department of Human Services Task Force on Eliminating Subminimum Wages. Larissa was appointed by ARRM to be their representative.

What is the Task Force on Eliminating Subminimum Wages? The Minnesota legislature passed language to establish a task force that would develop a plan and make recommendations on how to phase-out subminimum wages for people who have disabilities. The recommendations will help make sure these individuals are not left without day services and employment options. The work done by the task force does not include the authority to end the use of subminimum wage in Minnesota. To eliminate subminimum wages, that would require separate legislation.

The Arc Minnesota has put together a wonderful blog about the task force and what they are working on. To read the blog, please visit: bit.ly/ARCMN TaskforceBlog.

Currently, the task force meets monthly and all meetings are broadcast live on YouTube. To find out more information about the task force, including the schedule of upcoming meetings and agendas, please visit: bit.ly/WageTaskForce.



## **ADAPTIVE RECREATION PROGRAMS**

#### AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn CenterBrooklyn Park
- Maple Grove
  Plymouth
- St. Louis Park
- Chanhassen
- Golden Valley

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or visit: reachforresources.org.

All fees stated represent pre-registration. Registration for a program is required at least 3 days before the start date unless otherwise noted.

#### **EASY ONLINE REGISTRATION!**

We have an online sign-up software that makes it easier than ever to find and register for programs. This software allows you to create an account, view your invoices and download a calendar with all your upcoming programs.

> Sign-up for an account: reach.recdesk.com



**PROGRAM OPTIONS** 

After registering for a city park program, contact Reach to discuss the needs/ accommodations for yourself or your child via, inclusion@reachforresources.org.

Please allow a minimum of two weeks' notice for a successful inclusion.

#### **Adaptive Recreation & Inclusion Program Policies**

I understand that participation in this activity is completely voluntary and the activity is being offered for the benefit of the participant. Reach for Resources, Inc. along with its agents and employees shall not be liable for any claims, injuries, or damages of whatever nature, incurred by the participant arising out of, or connected with, recreational activities. All participants must be registered for a program in order to attend. Please register at least two weeks prior to the beginning of a program. If there are not enough people registered for a program it will be canceled a minimum of 3 days prior to the beginning of the program. Participants will be notified by phone or email and a refund will be processed. If classes or recreation activities are canceled due to inclement weather, Reach will schedule a make-up session or offer a refund when possible. For a recorded message about activity cancellations, call 952-200-3030. A written request to withdraw from an activity at least two weeks prior to the activity is eligible to receive a refund (except for Weekend Ventures, which abides by a separate cancellation policy), less a \$5 cancellation fee per class. Refunds are not awarded for ticketed events. Caregivers are welcome to attend all Reach programming with the exception of On The Town. Support staff and family can attend most activities free of charge, but are required to pay for ticketed events that they wish to attend. Caregivers are asked to provide any individualized support that the person they are supporting may need. Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. If a participant is more than 5 minutes late at a community-based event, staff may no longer be waiting for their arrival. If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time. Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged. Prescription and non-prescription drugs are the sole responsibility of the participant. Please visit the Reach website for further information on these policies, as well as a full description of our drug, alcohol, tobacco and behavior policies.

## **CRAFTS & GAMES**

#### CRAFT: 4TH OF JULY WINDSOCK 🕮

Create a fun indoor & outdoor decoration that blows in the wind! Great for an apartment balcony or tree in your yard.

DAYS	DATE	TIME
Mon.	6/20	6:30-8:00 p.m.
Location	Chanhassen Rec Center: Room 1; 2310 Coulter Blvd., Chanhassen, MN 55317	
Age	13+	
FEE	\$16	



#### CRAFT: PAINTED HERB GARDEN 🕮

Paint a ceramic pot and plant your favorite herb in it to take home.

DAYS	DATE	TIME
Tues.	7/12	6:30-8:00 p.m.
Location	SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13+	
FEE	\$16	



#### CRAFT: PAINTED TIC-TAC-TOE (\*) ROCK GAME

Paint a set of rocks with Xs and Os written on them for endless games of Tic-Tac-Toe!

DAYS	DATE	TIME
Mon.	8/15	6:30-8:00 p.m.
Location	SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13+	
FEE	\$16	



#### **BINGO**

Come play everyone's favorite game and enjoy a treat. Everyone goes home a winner! We will be outside as long as the weather cooperates.

DAYS	DATE	ΤΙΜΕ
Fri.	6/24	6:30-8:00 p.m.
Location	Oak Hill Park: Main Picnic Shelter; 3201 Rhode Island Ave. S, St. Louis Park, MN 55426	
Age	13+	
FEE	\$8	

DAYS	DATE	ΤΙΜΕ
Fri.	7/29	6:30-8:00 p.m.
Location	Oak Hill Park: Main Picnic Shelter; 3201 Rhode Island Ave. S, St. Louis Park, MN 55426	
Age	13+	
FEE	\$8	

#### **BINGO & PIZZA**



Let's get together for dinner & game night. Prizes and pizza for all!

DAYS	DATE	TIME
Tues.	6/28	6:00-8:00 p.m.
Location	Brookview CC: Valley Room; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	14+	
FEE	\$17 participants / \$8 companions	

DAYS	DATE	TIME
Mon.	8/22	6:00-8:00 p.m.
Location	Brookview CC: Valley Room; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	14+	
FEE	\$17 partic	ipants / \$8 companions



#### **TRIVIA NIGHT**

Challenge your friends to some fun trivia games! Snacks provided.

DAYS	DATE	TIME
Fri.	8/12	6:30-8:00 p.m.
Location	Chanhassen Rec Center: Room 1; 2310 Coulter Blvd., Chanhassen, MN 55317	
Age	16+	
FEE	\$8	

## **FITNESS & SPORTS**

#### **DISC GOLFING**

Come enjoy some time outside and play disc golf! Bring your own discs if you have them or we will provide one per person.

DAYS	DATE	TIME
Wed.	8/24	6:00-7:30 p.m.
Location	Rosland Park; 4300 W 66th St., Edina, MN 55435	
Age	All Ages	
FEE	\$5	

#### **LLAMA YOGA**

All levels of yogis are welcome. Llamas will be roaming freely while we are doing yoga. Guests are invited to pet, get pose support and enjoy these lovable animals. Afterwards, hang out to engage more with the llamas, take pictures or ask our knowledgeable 4-H kids llama questions. You will leave with your heart captured by the llamas! Companions should register if they hope to participate. Bring your yoga mat, water and an old towel.

DAYS	DATE	TIME
Sat.	8/27	8:45-10:00 a.m.
Location	Carlson's Llovable Llamas; 8380 County Rd. 10 E, Waconia, MN 55387	
Age	8+	
FEE	\$25	



#### **NON-COMPETITIVE SOFTBALL**

A non-competitive softball league for teens and adults that focuses on teamwork, improving skills and having fun. Join your friends each week to get outside and play some ball! Please register by 6/1 to receive a team jersey. \*Off July 7th; Weather makeup dates: 8/4 & 8/11.

DAYS	DATE	TIME
Thur.	6/16-7/28*	6:30-8:00 p.m.
Location	Harley Hopkins Park; 502 1st St. SE, Hopkins, MN 55343	
Age	14+	
FEE	\$44 resident / \$52 non-resident	



#### **MN TWINS GAME**

Take me out to the ballgame! Watch our MN Twins take on the Toronto Blue Jays. The details of this program and tickets are still being finalized and are subject to change. Mark on your registration if you require accessible seating. Tickets are limited so companions are required to register.

DAYS	DATE	ТІМЕ
Thur.	8/4	6:15-9:30 p.m.
Location	Target Field; 1 Twins Way, Minneapolis, MN 55403	
Age	14+	
FEE	\$12 resident / \$20 non-resident	

#### **BOCCE LEAGUE**

Join our NEW Bocce league! Play games against different opponents each week. Improve your skills and have a good time.

DAYS	DATE	TIME	
Tues.	7/26-8/16	6:30-8:00 p.m.	
Location	Hamilton Park; 6101 Candlewood Dr., Brooklyn Park, MN 55443		
Age	14+		
FEE	\$24 resident / \$32 non-resident		

#### **BOWLING LEAGUE**

Join us for fun, non-competitive bowling. You will bowl 2 games each week. \*Off 7/4.

DAYS	DATE	TIME
Mon.	6/20-8/15*	6:30-8:30 p.m.
Location	Park Tavern; 3401 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	All Ages	
FEE	\$78 resident / \$86 non-resident	

#### **BOWLING BANQUET**

All bowlers from our 2021-22 seasons are invited to attend. Dinner will be served while we give certificates and prizes to all of our past bowlers. We'll enjoy photos from the year and do a little dancing to wrap up the night! Registration required by 8/9.

DAYS	DATE	TIME
Tues.	8/23	6:30-8:30 p.m.
Location	Minnetonka Community Center: Banquet Room; 14600 Minnetonka Blvd., Minnetonka, MN 55345	
Age	All Ages	
FEE	\$15 guests / \$7 companions	

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## **MOVIES & NATURE**

#### **LAKE MINNEWASHTA VOYAGEUR CANOEING**

Jump on a 10 person Voyageur canoe with skilled guides from Wilderness Inquiry to enjoy an afternoon of adventure! All abilities are welcome and accommodations can be requested. We will paddle the lake while enjoying nature and stop for a picnic. Space is limited so companions must register for the event.

DAYS	DATE	TIME	
Sat.	8/6	11:00 a.m2:00 p.m.	
Location	6900 Hazeltine Blvd., Chanhassen, MN 55331		
Age	16+		
FEE	\$22 resident / \$30 non-resident		



#### **SNACKS & CINEMA**

We all know you can watch movies on your own, but it's fun to watch them with friends!

#### ΜΑΜΑ ΜΙΑ WITH BAKLAVA

DAYS	DATE	ΤΙΜΕ	DAYS	DATE	TIME
Thur.	6/30	6:00-8:30 p.m.	Thur.	8/25	6:00-8:30 p.m.
Location	<ul> <li>Brooklyn Park Community Activity</li> <li>Center: Grand 1; 5600 85th Ave. N,</li> <li>Brooklyn Park, MN 55443</li> </ul>		Location	, Center:	n Park Community Activity Grand 1; 5600 85th Ave. N, n Park, MN 55443
Age	13+		Age	13+	
FEE	\$8		FEE	\$8	

#### **NATURE BASED THERAPY**

(#1)

This nature based therapy class will be "challenge by choice" group based adventures and hikes. The full schedule and location details will be available after registration. This program may be waiver eligible. \*Off 7/8.

DAYS	DATE	ΤΙΜΕ	
Fri.	6/17-7/29*	6:00-8:00 p.m.	
Location	Various Locations		
Age	13+		
FEE	\$324		

#### **HIKING CLUB**

This summer, we are looking forward to being outside safely with you! Join us for a weekly accessible hike where we talk, do scavenger hunts and play games as we go.

DAYS	DATE	TIME	
Tues.	8/2-8/23	2:30-3:30 p.m.	
Location	Westwood Hills Nature Center; 8300 W Franklin Ave., St. Louis Park, MN 55426		
Age	All Ages		
FEE	\$12 resident / \$20 non-resident		

**ARTEMIS FOWL WITH DOUBLE AGENT STUFFED OREOS & TRUTH SERUM** 



PICNIC & PONTOON FISHING

Spend the evening fishing with some experienced fishermen from Fishing for Life! Jump on a pontoon, enjoy a picnic dinner and catch as many fish as you can in three hours. If you don't love fishing, enjoy the breeze in your hair while you ride along. Sign up for one or both dates. Companions are free to attend but must register so we can save them a space on the boat.

DAYS	DATE	TIME
Thur.	6/23	5:00-8:00 p.m.
Location	West Medicine Lake Park; 1920 W Medicine Lake Dr., Plymouth, MN 55441	
Age	All Ages	
FEE	\$16	

DAYS	DATE	TIME
Thur.	7/7	5:00-8:00 p.m.
Location	West Medicine Lake Park; 1920 W Medicine Lake Dr., Plymouth, MN 55441	
Age	All Ages	
FEE	\$16	



## **SOCIAL ACTIVITIES**

#### KARAOKE & MOCKTAILS



(#)

Join your friends and groove to all the latest hits and classic dance songs! Snacks and drinks will be provided.

DAYS	DATE	ΤΙΜΕ	
Fri.	8/5	6:30-8:00 p.m.	
Location	Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430		
Age	13+		
FEE	\$8		



#### OUTDOOR OLDIES ROCK 'N' ROLL THEMED DANCE

Come dance with your friends in a safe, outdoor space! We'll have punch and cookies. **Pre-registration required.** 

DAYS	DATE	ΤΙΜΕ	
Fri.	8/26	6:30-8:30 p.m.	
Location	SLP Recreation Outdoor Center; 3700 Monterey Dr., St. Louis Park, MN 55416		
Age	13+		
FEE	\$8		



#### OUTDOOR LUAU THEMED DANCE

Come dance with your friends in a safe, outdoor space! We'll bring leis and have punch and cookies. **Pre-registration required.** 

DAYS	DATE	TIME	
Fri.	7/15	6:30-8:30 p.m.	
Location	SLP Recreation Outdoor Center; 3700 Monterey Dr., St. Louis Park, MN 55416		
Age	16+		
FEE	\$8		



#### **SOCIAL SEEKERS**

This program is for teens and adults on the Autism spectrum. We meet once a week for fun, social interaction and play games, solve riddles and work through our weekly highs and lows. Contact Jesse at 952-393-4277 for more info. or to schedule an intake. **This program may be waiver eligible.** \*Off 7/6.

DAYS	DATE	TIME
Wed.	6/8-8/17*	5:00-6:30 p.m.
Location	The Depot; 9451 Excelsior Blvd., Hopkins, MN 55343	
Age	15+	
FEE	\$205	

#### **TEEN EXPLORERS**

Come hang out with a super fun group of people! Our teens love going bowling, grabbing ice cream, getting outside, having themed parties, doing crafts and so much more. For the full schedule and details about the weekly activities, please visit: bit.ly/TEsummer22. \*Off 7/5.

DAYS	DATE	TIME
Tues.	6/7-8/2*	6:30-8:30 p.m.
Location	Various	
Age	13-21	
FEE	\$49 resident / \$57 non-resident	





#### SINGLES NIGHT WITH CANVAS () PAINTING AND DRINKS

Meet other singles while being socially distant! We will have stations set up to complete outdoor paintings while facilitating some getting to know you questions and games.

DAYS	DATE	TIME
Thur.	8/18	6:00-8:00 p.m.
Location	Oak Hill Park: Main Picnic Shelter; 3201 Rhode Island Ave. S, St. Louis Park, MN 55426	
Age	18+	
FEE	\$15	

## WEDNESDAY NIGHT SOCIAL

The goal of this program is to become more engaged in your community and to build social skills, coping skills and practice flexibility. Activities include cooking classes, craft nights, professional sports outings, going out to eat and so much more! Open to individuals of all abilities. Participants can bring a staff or caregiver if additional support is needed. Sign up for the full series or sign up for individual activities. **Age:** 18+

Date: Wednesdays, June 15 - August 10 Time: 6:30 - 8:30 p.m. (*unless noted*) Fee for ALL the events: \$57 resident / \$65 non-resident

#### WNS1: KICK OFF TO SUMMER WITH GAMES & SNACKS

Help create a yummy cracker snack and enjoy yard games while chatting with the crew.

DAYS	DATE	TIME
Wed.	6/15	6:30-8:30 p.m.
Location	Louisiana Oaks Park Pavilion; 3520 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	18+	
FEE	\$10	

#### **PERSONALIZED FRUIT PIZZAS** Learn how to bake a fresh, delicious dessert!

WNS4: COOKING NIGHT -

DAYS	DATE	TIME
Wed.	7/13	6:30-8:30 p.m.
Location	Eisenhower Community Center: Room 210; 1001 MN-7, Hopkins, MN 55305	
Age	18+	
FEE	\$25	

#### WNS 6: MUSIC IN THE PARK

Enjoy a night of outdoor music! There will be food trucks and a farmer's market if you wish to purchase a snack. **Please bring a blanket or chair to sit on.** 

DAYS	DATE	ΤΙΜΕ
Wed.	7/27	5:30-7:30 p.m.
Location	1800 W. Old Shakopee Rd., Bloomington, MN 55431	
Age	18+	
FEE	\$10	

#### WNS2: BINGO & BROWNIES

This one speaks for itself! Come play bingo, win prizes and eat gooey brownies.

DAYS	DATE	ΤΙΜΕ
Wed.	6/22	6:30-8:30 p.m.
Location	Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
FEE	\$12	

## WNS3: SWIMMING AT THE SLP REC CENTER

An evening of swimming at the water park. Plus, there are slides! **Please bring \$9 for nonresident admission or \$6 for a SLP resident.** 

DAYS	DATE	ΤΙΜΕ
Wed.	6/29	5:00-7:00 p.m.
Location	3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10	

#### WNS5: GARDENING & ANIMALS

Come to the farm to visit the animals and assist with doing some work in the gardens.

DAYS	DATE	TIME
Wed.	7/20	6:00-8:00 p.m.
Location	Eidem Farm: 4345 101st Ave. Brooklyn Park, N	,
Age	18+	
FEE	\$10	



#### WNS7: OUT TO EAT AT REVIVAL

You're in for a delicious meal! Revival has some of the best southern food in MN. Please bring \$15-\$25 to order off the menu.

DAYS	DATE	ΤΙΜΕ
Wed.	8/3	6:00-7:30 p.m.
Location	8028 Minnetonka Blvd., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10	

#### **WNS8: ICE CREAM SOCIAL**

End the summer with an ice cream treat!

DAYS	DATE	TIME
Wed.	8/10	6:30-8:30 p.m.
Location	Louisiana Oaks Park Pavilion; 3520 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	18+	
FEE	\$10	

## **ON THE TOWN**

This is a community-based social program for adults who want to explore their community with minimal support. To minimize safety concerns, a brief intake is required. Please call to schedule an intake: 952-393-4277. **Age:** 18+

#### OTT1: KICK OFF TO SUMMER PICNIC & GAMES

Join friends for an outdoor night of fun! We'll provide a picnic dinner & lots of games.

DAYS	DATE	ΤΙΜΕ
Thur.	6/9	6:00-8:00 p.m.
Location	Louisiana Oaks Park Pavilion; 3520 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	18+	
FEE	\$10	

#### OTT3: TWIN CITIES RIVER RATS SHOW

Watch some very talented water skiers put on a show.

DAYS	DATE	TIME
Thur.	6/16	6:30-8:00 p.m.
Location	1758 West River Rd. N, Minneapolis, MN 55411	
Age	18+	
FEE	\$6	

#### **OTT5: OUT TO THE MOVIES**

Movie will be announced to registered attendees via email the week before the outing. Movie ticket is included. **Please bring money if you want to order snacks or dinner.** 

DAYS	DATE	TIME
Tues.	7/19	Approx. 6:30-8:30 p.m.
Location	New Hope Cinema Grill; 2749 Winnetka Ave. N, New Hope, MN 55427	
Age	18+	
FEE	\$9	



#### **OTT2: OUT TO EAT AT RED ROBIN**

Enjoy a good burger and bottomless fries with friends. Please bring \$15-\$25 to order off of the menu.

DAYS	DATE	ΤΙΜΕ
Mon.	6/13	6:00-7:30 p.m.
Location	2669 Campus Dr., Plymouth, MN 55441	
Age	18+	
FEE	\$6	



#### OTT4: SWIMMING AT THE SLP AQUATIC CENTER

Spend an evening swimming at the water park. They even have slides! **Please bring \$9 for non-resident admission or \$6 for a SLP resident.** 

DAYS	DATE	ΤΙΜΕ
Sat.	7/16	5:00-7:00 p.m.
Location	3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$6	

#### OTT6: POPSICLE PARTY WITH GAMES

Hang out with friends and enjoy board games, card games and sweet frozen treats!

DAYS	DATE	TIME
Mon.	8/1	6:30-8:30 p.m.
Location	Brooklyn Park Community Center: Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$8	



# ON THE TOWN: ALL ABILITIES

This is a community-based social program for all adults who want to explore their community. More details to come upon registration and before the event. Companions are welcomed and an intake meeting is not required. **Age:** 18+

#### OTTA1: OUTDOOR BOWLING & BROWNIES

Wooden bowling games, treats and fun with friends. See you there!

DAYS	DATE	TIME
Fri.	6/10	6:30-8:30 p.m.
Location	Louisiana Oaks Park Pavilion; 3520 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	18+	
FEE	\$6	

#### OTTA4: MOVIE NIGHT - SING 2 WITH ANIMAL CRACKERS

Spend a relaxing night with friends while watching a good movie.

DAYS	DATE	TIME
Sat.	7/30	6:30-8:30 p.m.
Location	Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
FEE	\$6	

#### **OTTA6: MINI GOLF**

Visit this 18-hole mini golf course surrounded by gardens and beautiful landscaping! **Please bring \$11 for a round of mini golf.** 

DAYS	DATE	TIME
Wed.	8/17	6:30-8:00 p.m.
Location	Veteran's Memorial Park; 6335 Portland Ave. S, Richfield, MN 55423	
Age	18+	
FEE	\$10	

#### **OTTA2: OUT TO EAT AT IHOP**

Breakfast for dinner is the best! Please bring \$15-\$20 to order off the menu.

DAYS	DATE	TIME
Sat.	6/18	5:30-7:00 p.m.
Location	5601 Xerxes Ave. N, Brooklyn Center, MN 55430	
Age	18+	
FEE	\$6	

#### OTTA3: FORT SNELLING HISTORICAL TOUR

Come learn about the history of Fort Snelling. Please bring \$8 for admission.

DAYS	DATE	TIME
Fri.	7/1	5:00-7:00 p.m.
Location	200 Tower Ave., St Paul, MN 55111	
Age	18+	
FEE	\$6	

#### OTTA5: ICE CREAM & WALK IN DOWNTOWN HOPKINS

Order your favorite flavor and sit with your friends to enjoy it. Afterwards, we will walk the sidewalks of downtown Hopkins and window shop. **Please bring \$5-\$10 for ice cream.** 

DAYS	DATE	TIME
Sat.	8/13	6:30-8:00 p.m.
Location	Cold Stone Creamery; 768 Mainstreet, Hopkins, MN 55343	
Age	18+	
FEE	\$6	



#### OTTA7: FARM DAY - WET FELTING & ANIMALS

Come to the farm to visit the animals and assist with doing some work in the gardens.

DAYS	DATE	TIME
Sat.	8/20	2:00-4:00 p.m.
Location	Eidem Farm; 4345 101st Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$15	



### **REGISTRATION FORM—SUMMER 2022**

Reach tor Resour	

Name:	Address:		
City:	State:	Zip:	
Birth Date:	Phone:	Alt. Phone:	
Email:	Alt. Email:		
Emergency Contact Name:	Em	ergency Phone:	

Allergies/Diet/Accessibility:\_\_\_\_\_

Programs (Listed Alphabetically)	Resident/Non-Resident	Programs (Listed Alphabetically)	Resident/Non-Resident
Bingo: 6/24	\$8	MN Twins Game: 8/4	\$12/\$20
Bingo: 7/29	\$8		# of Companions
Bingo & Pizza (1): 6/28	\$17 / \$8 companions # of Companions	Nature Based Therapy: Starts 6/17	\$324
Bingo & Pizza (2): 8/22	\$17 / \$8 companions # of Companions	Non-Competitive Softball: Starts 6/16	\$44 / \$52 Shirt Size
Bocce League: Starts 7/26	\$24 / \$32	Outdoor Luau Themed Dance: 7/15	\$8
Bowling Banquet: 8/23	\$15 / \$7 companions	Outdoor Oldies Rock 'n' Roll Dance: 8/26	\$8
	# of Companions	Picnic & Pontoon Fishing (1): 6/23	\$16
Bowling - Park Tavern: Starts 6/20	\$78 / \$86	Picific & Politoon Fishing (1). 0/25	# of Companions
Craft - 4th of July Windsock: 6/20	\$16	Picnic & Pontoon Fishing (2): 7/7	\$16
Craft - Painted Herb Garden: 7/12	\$16		# of Companions
Craft - Rock Tic-Tac-Toe Game: 8/15	\$16	Singles Night with Canvas Painting: 8/18	\$15
Disc Golfing: 8/24	\$5	Snacks & Cinema (1) - Mama Mia: 6/30	\$8
Hiking Club: Starts 8/2	\$12 / \$20	Snacks & Cinema (2) - Artemis Fowl: 8/25	\$8
Karaoke & Mocktails: 8/5	\$8	Social Seekers: Starts 6/8	\$205
	\$22 / \$30 (companions too)	שטנומו שברגבוג. גומו גג ס/ס	Bill my Waiver
Lake Minnewashta Canoeing: 8/6	# of Companions	Teen Explorers: Starts 6/7	\$49 / \$57
Llama Yoga: 8/27	\$25 # of Companions	Trivia Night: 8/12	\$8

#### **PHOTO WAIVER**

To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures and social networking media.

Can be photographed: Yes No

First name can be used: Yes No

### **REGISTRATION FORM—SUMMER 2022**

	Wednesday Night Social (WNS) - Age 18+	Resident/Non-Resident
	Wednesday Night Social - ALL Programs	\$57 / \$65
WNS1 - Kick off to Summer: 6/15		\$10
	WNS2 - Bingo & Brownies: 6/22	\$12
	WNS3 - Swimming at SLP Rec Center: 6/29	\$10
	WNS4 - Cooking Night Fruit Pizzas: 7/13	\$25
	WNS5 - Gardening & Animals: 7/20	\$10
	WNS6 - Music in the Park: 7/27	\$10
	WNS7 - Eat at Revival: 8/3	\$10
	WNS8 - Ice Cream Social: 8/10	\$10

#### **Therapeutic Recreation Assessment** (Appointment Only)

Request an individual appointment with a licensed Certified Therapeutic Recreation Specialist at Reach to discuss your current activities and goals. We'll research available resources in your area to help come up with a plan for you get the most out of your leisure activities. We can have a follow up meeting in 6 or 12 months if you'd like further evaluation.

□ \$75 – 1-hour appointment

□ \$100 – 1-hour appointment + follow-up meeting

Sign here to acknowledge that you have read and understood the Program Policies and you agree to be bound by them. Participants and/or caregivers or guardians can sign.

Participant Signature:\_\_\_\_\_

Caregiver or Guardian: \_\_\_

Program Total:	\$		
Donation to Reach (Optional):	\$		
TOTAL ENCLOSED:	\$		
Cash      Check #	_		
Credit Card #			
Expiration Date: Security Code:			
Name on Card:			
Please mail completed form with payment to: Reach for Resources			

Reach for Resources 5900 Green Oak Drive, Suite 303 Minnetonka, MN 55343 Fax: 952-229-4468 • info@reachforresources.org Online registration: reach.recdesk.com

On The Town (OTT) - Age 18+	Resident/Non-Resident
OTT1 - Summer Picnic & Games: 6/9	\$10
OTT2 - Eat at Red Robin: 6/13	\$6
OTT3 - TC River Rats Show: 6/16	\$6
OTT4 - Swimming at SLP Rec Center: 7/16	\$6
OTT5 - Out to the Movies: 7/19	\$9
OTT6 - Popsicle Party & Games: 8/1	\$8

On The Town: All Abilities (OTTA) - Age 18+	Resident/Non-Resident
OTTA1 - Bowling & Brownies: 6/10	\$6
OTTA2 - Eat at IHOP: 6/18	\$6
OTTA3 - Fort Snelling Tour: 7/1	\$6
OTTA4 - Movie Night: 7/30	\$6
OTTA5 - Ice Cream & Walk: 8/13	\$6
OTTA6 - Mini Golf: 8/17	\$10
OTTA7 - Farm Day: 8/20	\$15

#### Newsletter Sign Up

Looking for a way to receive the latest news, updates and program information from Reach? Subscribe to our quarterly printed newsletter, monthly emails, and social media accounts.

	Subscribe to the printed newsletter (Reach Reader).		
	Name:	Address:	
	City:	State:	Zip:
	Subscribe to monthly email	newsletter.	
	Name:		
	Email:		
	I would no longer like to rec	ceive the quarterly	printed newsletter.
	First & Last Name:		
	I would no longer like to rec		
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5900 Green Oak Drive, Suite 303 Minnetonka, MN 55343 Office: 952-200-3030 Fax: 952-229-4468 info@reachforresources.org reachforresources.org





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### Reach 'On Tap' Summer Fundraiser

Monday, June 20 6:00 - 9:00 p.m. Boom Island Brewing, Minnetonka reachforresources.org/ROT

This **FREE** event will feature an online silent auction, resort contest, live music from Becky Rae Dalton, games, raffles and pizza from Boom Island.

NEW for 2022, a 'MN experience' raffle! Enter to win: dinner & sunset plane ride over the Twin Cities, pro sports tickets or a three night stay at a resort. Raffle tickets are 1 for \$20 or 3 for \$50. Enter the raffle at: bit.ly/ReachOnTap.

#### SILENT AUCTION

Bidding is now open for the silent auction and resort contest! You do not need to be present to win. Bid today: bit.ly/ROTauction.

