



## Reach 'On Tap' Fundraiser Raises \$15,000!

Thank you to everyone who supported our Reach 'On Tap' Fundraiser on June 20th. Because of your support, we were able to raise over \$15,000 for Reach! We look forward to seeing you in 2023!

Special thank you to our event sponsors: [BOB FM](#), [Patriot Machining](#), [Bayada](#), [Hammer](#) and [AIG](#).

Thank you to our Resort Contest again this year! [Deer Ridge Resort](#), [Broadwater Lodge](#), [Geiger's Trails End Resort](#), [Lakewood Lodge](#), [Life of Riley Resort](#) and [Northland Lodge](#).



## mspWellness Champion

We are excited to announce Reach has been named a mspWellness Champion by the Minneapolis Regional Chamber and the Hennepin County and City of Minneapolis Departments of Health.

The designation recognizes and celebrates Reach's work to positively affect the health and well-being of our employees and communities through creating, implementing and promoting wellness programs as part of our organizational culture.

[Click here](#) to learn more about the mspWellness certification.





## Group Therapy Now Available

We are excited to announce, we have two new Therapy Groups starting in July!

### **Cognitive Behavioral Therapy (CBT) for Anxiety & Depression**

This is a 12-week, CBT informed group designed for people experiencing anxiety or depression in their everyday lives.

**Starts:** July 12th, 2022

**When:** Tuesdays, 3:00 - 4:00 p.m.

**Length:** 12 weeks (no group 8/11)

**Location:** Reach for Resources Office

### **Cognitive Behavioral Therapy (CBT) Skills Group for ID/DD**

The CBT Skills System is a 12-week, DBT-informed course designed for individuals with developmental/intellectual disabilities.

**Starts:** July 13th, 2022

**When:** Wednesdays, 4:30 - 5:30 p.m.

**Length:** 12 weeks (no group 8/10)

**Location:** Reach for Resources Office

To learn more about each group, visit: [bit.ly/ReachTherapyGroups](https://bit.ly/ReachTherapyGroups)



## Summer Program Sign Up

This summer, we are offering all in-person adaptive recreation programs! Get excited for some new programs including: Bocce League, Llama Yoga, Nature Based Therapy and Lake Minnewashta Canoeing. [Click here](#) to register.

The Summer Reach Reader and program registration form are available online. [Click here](#) to view/download/print the Summer Reach Reader.



Help support Reach through your online purchases by using AmazonSmile & Charity Lists.

Each time you shop on Amazon use: [smile.amazon.com](https://smile.amazon.com) and select Reach for Resources as your charity of choice. With no cost to you, Amazon will donate a percentage of your purchase to help support our mission! It is one of the easiest ways to support Reach.

AmazonSmile Charity Lists are a meaningful and easy way for you to shop and donate items directly to Reach. To see the latest items on our list: [click here](#).



## Join our Team!

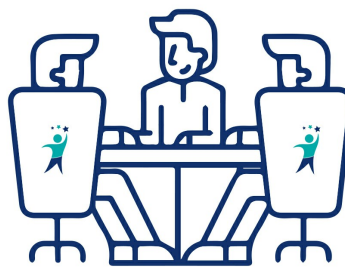
Come work or volunteer for us and make a difference in the lives of others. At Reach, we have a variety of ways for you to get involved.

**Full & Part-Time Employment** [Current Openings >](#)

**Internship Positions** [Current Openings >](#)

**Volunteer Opportunities** [Learn More >](#)

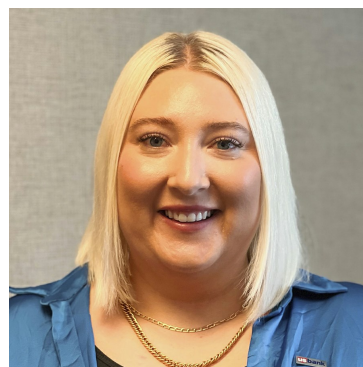
To learn more about our company culture and benefits, [click here](#).



Board of Directors

## New Reach Board Member

We are excited to welcome Senja Lotter to our Board of Directors! Senja joined the board in May 2022. She is a Recruiter at U.S. Bank.



## Upcoming Programs

- OTTA: Fort Snelling Tour - 7/1
- Picnic & Pontoon Fishing - 7/7
- Craft: Painted Herb Garden - 7/12
- WNS: Fruit Pizza - 7/13
- Luau Themed Dance - 7/15
- OTT: Swimming at SLP Rec Center - 7/16
- OTT: Out to the Movies - 7/19
- WNS: Gardening & Animals - 7/20
- Bocce League - Starts 7/26
- WNS: Music in the Park - 7/27
- Bingo - 7/29
- OTTA: Movie Night - 7/20
- OTT: Popsicle Party - 8/1

[July Calendar](#)

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[Donate to Reach](#)



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**Mailing address:**

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