

Save the date! The Cackle & Spur Charity Pheasant Hunt is October 5

We are hiring for a variety of positions! Learn more: reachforresources.org/employment

Give to the Max Day will be Thursday, November 17 bit.ly/GiveMNR4R

Empowering people of all-abilities to reach their full potential.

FALL 2022

Reach Reader



One Lyft at a Time

Finding reliable, flexible transportation to and from work can be tough especially for people with disabilities. To help solve this problem, Reach launched a Lyft test pilot program at the beginning of 2022. Lyft is an app-based ride-sharing service that allows people to schedule rides in advance or on the spot. To tryout this new program, Reach needed the perfect tester. Naomi, an Employment Specialist at Reach, had just the person! Sonya.

Sonya loves her job at the Mall of America but was looking for safer, more dependable transportation options. Working together, Sonya and Naomi setup a Lyft account that would use her waived services funds only for transportation to and from work. For the first month, Sonya's only goal was to test this program to see if Lyft was a viable option and if there were any limitations with the service. In the beginning there were a lot of trial and errors but after the first month Sonya says, "Lyft turned out to be a very good thing! It gave me more independence and at the same time more accountability and responsibility for my rides."

Since the test run went so well, Sonya has continued to utilize Lyft and now has it as one of her set services for the next year within her waiver plan. Sonya is in charge of scheduling all of her work rides and to ensure she arrives on time, Sonya schedules all her rides an hour and 15 minutes ahead of her shift. One time, Sonya's work schedule switched last minute, and she didn't have a ride scheduled. No worries! With Lyft, Sonya was able to schedule a ride for immediate pick-up and make it to work. Sonya says, "It frees up family members that use to give me rides to work. I'm able to do it myself and feel comfortable making my rides."

All of Sonya's work rides are paid utilizing her waiver funds. The cost of each ride is based on the average distance to and from work. If she goes over her ride allowance, she pays the difference out-of-pocket. The ride allowance along with how many rides she plans to take for the year are added to a Lyft pass, a digital version of a punch card. (continued on page 2)



Reach Welcomes New Board Member

We are excited to welcome Peter N. Thompson to our Board of Directors. Peter joined the board in April 2022. He was a professor and dean at the Hamline University School of Law where he was selected as one of the “150 Lives that Make a Difference.” He has written a treatise on MN Evidence and has co-authored books on mediation, class action suits and courtroom practice.



He serves as an arbitrator for AAA and FINRA. Peter was a founding Board Member of the Peace Foundation in North Minneapolis and the Founding Chair of the Grief Club of MN. He has nine grandchildren and is a full-time spectator at hockey, soccer, choir, basketball, track, swimming and baseball events.

Updated Mission & Vision Statements

We are excited to announce updated company mission and vision statements for 2022. At the beginning of each year, Reach's Board of Directors re-evaluates all company information. With input from employees and people we serve, we felt it was important to make updates to our vision and mission statements to better reflect our services.

Vision

Empowering people of all-abilities to reach their full potential.

Mission

We provide individualized services that maximize independence, boosts community engagement and improves physical and emotional well-being.

In addition to updated mission and vision statements, keep an eye out in the coming months for a refreshed Reach logo, updated brand colors, addition of company values and a more user friendly website.

BOARD OF DIRECTORS

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HealthPartners/Stub Enterprises, Inc.

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U.S. Bank

One Lyft at a Time (continued from page 1)

One of Sonya's favorite things about using Lyft is the safety tracking feature that texts her emergency contact, the route she is currently taking. She also loves, "Meeting people. There have been some really nice, down-to-earth drivers. It's always been a fun experience."

Since using Lyft, Sonya has never had a driver be late or cancel a ride. Because of her success with Lyft, Sonya is looking into the option of using it for personal rides like to the grocery store, appointments or school. When it comes to everyday transportation, Sonya says, "Lyft is a very good option vs the others [Metro Mobility, Public Transportation]. It may cost less for the others but the reliability and safety features with Lyft cover the extra cost."

Since Sonya has had great success using Lyft, Reach has officially launched the Lyft program with others we support through our services. All individuals that utilize our Employment Supports and receive waived services, can get authorized for transportation services with Lyft. With reliable and flexible work transportation being a big barrier for people with disabilities, Reach is hoping to rewrite that narrative using Lyft. To learn more about this program, please contact Larissa Beck, Director of Community Living at lbeck@reachforresources.org.

Reach 'On Tap' Raises Over \$15,000!

Thank you to everyone who came out to enjoy our annual summer fundraiser on June 20th! It was a fun-filled evening of games, a silent auction, raffles and live music. To see all of the event photos, please visit: reachforresources.org/ROT.



Thank you to our event sponsors:



Thank you to our resort sponsors:



Special thank you to all the business that donated silent auction items. We appreciate it!

Rasmussen Cleaning Service • MN Renaissance Festival • Fired Up Studios • Top Golf • St. Paul Saints • Go Health Chiropractic • Porter Creek Grill • Imagine Theater • Doolittles Grill • Stages Theatre Company • MN Wild • Scoreboard Bar & Grill • Brookview Golf Course • Chanhassen Dinner Theatres • 5-8 Club • Matt's Bar • Murray's • Munkabean's Coffeehouse • Cold Stone Creamery • Bacio • BLVD • Tavern Grill • Cheesecake Factory • Bakken Museum • Mister Car Wash • MN Landscape Arboretum • Can Can Wonderland • Zerorez • Steady Pour • Total Wine & More • Country Daze • Lakefront Music Fest • Clive's Roadhouse • Wok in the Park • MN Vikings • Fogo de Chao • MakennaDel • Trader Joe's • JD's Spices • MN Twins • Breadsmith • Stockholm Karting Center • Toro • PetSmart • The Parlour Salon & Spa • Drollin' Moose • Amy's Cupcake Shoppe • Sun-Glowz • Nelson's Meats, Bakery, Deli & Catering • Alora Ambiance • Warby Parker

Counseling Services & Group Therapy

Reach offers in-person and virtual individual therapy and group therapy services to adults, adolescents and families of all abilities in need of emotional support. We strive to help clients share their personal struggles, develop awareness of their emotional patterns, develop understanding of the function of emotions and develop functional emotional coping strategies. We do this by providing support, guidance, education, resources and connections to others on your journey toward personal growth.

Learn more: reachforresources.org/counseling

Meat Raffle & Bingo Fundraiser

October 10th, 2022

6:00-9:00 p.m.

LTD Brewing Co.
Hopkins, MN



Come play Bingo, win some awesome prizes and take part in a meat raffle.

ADAPTIVE RECREATION PROGRAMS

AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Golden Valley
- Maple Grove
- Plymouth
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or visit: reachforresources.org.

All fees stated represent pre-registration. Registration for a program is required at least 3 days before the start date unless otherwise noted.

EASY ONLINE REGISTRATION!

We have an online sign-up software that makes it easier than ever to find and register for programs. This software allows you to create an account, view your invoices and download a calendar with all your upcoming programs.

Sign-up for an account:
reach.recdesk.com

PROGRAM OPTIONS

For fall 2022, we will be offering a variety of programs. Learn more about each program type below.



VIRTUAL PROGRAMS

- Programs are for "All Ages" unless specified
- Virtual via: WebEx, Zoom, Google Meet or YouTube



IN PERSON PROGRAMS

- Programs are for "All Ages" unless specified
- Variety of locations
- Masks are welcome but not required for indoor programs

INCLUSION SUPPORT

Reach for Resources provides inclusion support to children and adults with disabilities who would like to participate in their city's park and recreation programs. Registration for these programs is done through your local park & rec department. Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Chaska
- Crystal
- Edina
- Golden Valley
- New Brighton
- New Hope
- Robbinsdale
- St. Louis Park
- Three Rivers Park District

After registering for a city park program, contact Reach to discuss the needs/ accommodations for yourself or your child via, inclusion@reachforresources.org.

Please allow a minimum of two weeks notice for a successful inclusion.

Adaptive Recreation & Inclusion Program Policies

I understand that participation in this activity is completely voluntary and the activity is being offered for the benefit of the participant. Reach for Resources, Inc. along with its agents and employees shall not be liable for any claims, injuries, or damages of whatever nature, incurred by the participant arising out of, or connected with, recreational activities. All participants must be registered for a program in order to attend. Please register at least two weeks prior to the beginning of a program. If there are not enough people registered for a program it will be canceled a minimum of 3 days prior to the beginning of the program. Participants will be notified by phone or email and a refund will be processed. If classes or recreation activities are canceled due to inclement weather, Reach will schedule a make-up session or offer a refund when possible. For a recorded message about activity cancellations, call 952-200-3030. A written request to withdraw from an activity at least two weeks prior to the activity is eligible to receive a refund (except for Weekend Ventures, which abides by a separate cancellation policy), less a \$5 cancellation fee per class. Refunds are not awarded for ticketed events. Caregivers are welcome to attend all Reach programming with the exception of On The Town. Support staff and family can attend most activities free of charge, but are required to pay for ticketed events that they wish to attend. Caregivers are asked to provide any individualized support that the person they are supporting may need. Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. If a participant is more than 5 minutes late at a community-based event, staff may no longer be waiting for their arrival. If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time. Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged. Prescription and non-prescription drugs are the sole responsibility of the participant. Please visit the Reach website for further information on these policies, as well as a full description of our drug, alcohol, tobacco and behavior policies.

REGISTRATION FORM—FALL 2022



Name: _____ Address: _____

City: _____ State: _____ Zip: _____

Birth Date: _____ Phone: _____ Alt. Phone: _____

Email: _____ Alt. Email: _____

Emergency Contact Name: _____ Emergency Phone: _____

Allergies/Diet/Accessibility: _____

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Bingo: 9/16	\$8
<input type="checkbox"/>	Bingo: 11/18	\$8
<input type="checkbox"/>	Bingo & Pizza (1): 10/13	\$17 / \$8 companions # of Companions _____
<input type="checkbox"/>	Bingo & Pizza (2): 12/12	\$17 / \$8 companions # of Companions _____
<input type="checkbox"/>	Book & Film Club: Starts 9/1	\$9
<input type="checkbox"/>	Bowling - New Hope: Starts 9/24	\$78 / \$86
<input type="checkbox"/>	Bowling - Park Tavern: Starts 9/24	\$78 / \$86
<input type="checkbox"/>	Cooking Night - Holiday Cookies: 12/13	\$25
<input type="checkbox"/>	Cooking Night - Lo Mein: 10/18	\$25
<input type="checkbox"/>	Craft - DIY Holiday Gifts: 12/5	\$13
<input type="checkbox"/>	Craft - Spooky Halloween Lanterns: 10/4	\$17
<input type="checkbox"/>	Craft - Wooden Snowmen: 11/15	\$17
<input type="checkbox"/>	Dance Workout: Starts 11/4	\$12 / \$20
<input type="checkbox"/>	Dance - Fall Formal: 9/23	\$10
<input type="checkbox"/>	Dance - Pirate Themed: 12/9	\$8
<input type="checkbox"/>	Game Break!: Starts 9/19	\$15 / \$21

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Ghostly Gala: 10/28	\$10
<input type="checkbox"/>	Graham Cracker Houses: 12/1	\$12
<input type="checkbox"/>	Holiday Jamboree: 12/16	\$15
<input type="checkbox"/>	Jeopardy!: 10/11	\$5
<input type="checkbox"/>	Non-Competitive Soccer: Starts 9/12	\$44 / \$52 Shirt Size _____
<input type="checkbox"/>	NYE Dance Party: 12/30	\$8
<input type="checkbox"/>	Singles Night Bingo: 10/21	\$8
<input type="checkbox"/>	Snacks & Cinema (1) - Playing with Fire: 9/29	\$8
<input type="checkbox"/>	Snacks & Cinema (2) - Adams Family: 10/27	\$8
<input type="checkbox"/>	Snacks & Cinema (3) - Turning Red: 12/29	\$8
<input type="checkbox"/>	Social Seekers: Starts 9/14	\$205 <input type="checkbox"/> Bill my Waiver
<input type="checkbox"/>	SoFit: Starts 10/31	\$12 / \$20
<input type="checkbox"/>	Teen Explorers: Starts 9/20	\$49 / \$57
<input type="checkbox"/>	Virtual Fantasy Football Draft: 9/1	\$5
<input type="checkbox"/>	Young Athletes: Starts 11/1	FREE

PHOTO WAIVER

To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures and social networking media.

Can be photographed: Yes ☐ No ☐

First name can be used: Yes ☐ No ☐

REGISTRATION FORM—FALL 2022

	Wednesday Night Social (WNS) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	Wednesday Night Social - ALL Programs	\$57 / \$65
<input type="checkbox"/>	WNS1 - Open Gym: 9/14	\$10
<input type="checkbox"/>	WNS2 - Farm & Bonfire Night: 9/21	\$10
<input type="checkbox"/>	WNS3 - Eat at Olive Garden: 9/28	\$10
<input type="checkbox"/>	WNS4 - Fall Walk & Snack Mix: 10/5	\$10
<input type="checkbox"/>	WNS5 - Fall Desserts: 10/12	\$10
<input type="checkbox"/>	WNS6 - Dehn's Pumpkin Patch: 10/19	\$10
<input type="checkbox"/>	WNS7 - Halloween Party: 10/26	\$10
<input type="checkbox"/>	WNS8 - Fall Bingo & Treats: 11/2	\$10

Therapeutic Recreation Assessment *(Appointment Only)*

Request an individual appointment with a licensed Certified Therapeutic Recreation Specialist at Reach to discuss your current activities and goals. We'll research available resources in your area to help come up with a plan for you get the most out of your leisure activities. We can have a follow up meeting in 6 or 12 months if you'd like further evaluation.

- ☐ \$75 – 1-hour appointment
☐ \$100 – 1-hour appointment + follow-up meeting

Sign here to acknowledge that you have read and understood the Program Policies and you agree to be bound by them. Participants and/or caregivers or guardians can sign.

Participant Signature: _____

Caregiver or Guardian: _____

Program Total:	\$
Donation to Reach <i>(Optional):</i>	\$
TOTAL ENCLOSED:	\$

☐ Cash ☐ Check # _____

☐ Credit Card # _____

Expiration Date: _____ Security Code: _____

Name on Card: _____

	On The Town (OTT) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	OTT1 - Let's Go Fishing: 9/23	\$6
<input type="checkbox"/>	OTT2 - Apple Cider & Bingo: 10/6	\$6
<input type="checkbox"/>	OTT3 - Science Museum: 10/7	\$10
<input type="checkbox"/>	OTT4 - Music Video Request Night: 11/10	\$6
<input type="checkbox"/>	OTT5 - Eat at Grizzles: 12/2	\$6

	On The Town: All Abilities (OTTA) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	OTTA1 - Fall Party: 9/23	\$10
<input type="checkbox"/>	OTTA2 - Farm Night: 10/1	\$8
<input type="checkbox"/>	OTTA3 - King & Queens Night: 10/22	\$6
<input type="checkbox"/>	OTTA4 - Hot Chocolate & Games: 11/11	\$6
<input type="checkbox"/>	OTTA5 - Holiday Shopping: 12/3	\$6
<input type="checkbox"/>	OTTA6 - MN History Center: 12/4	\$8 # of Companions _____

Newsletter Sign Up

Looking for a way to receive the latest news, updates and program information from Reach? Subscribe to our quarterly printed newsletter, monthly emails, and social media accounts.

- ☐ Subscribe to the printed newsletter (Reach Reader).

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

- ☐ Subscribe to monthly email newsletter.

Name: _____




Email: _____

- ☐ I would no longer like to receive the quarterly printed newsletter.

First & Last Name: _____

- ☐ I would no longer like to receive the monthly email newsletter.

Email: _____

 Reach4Resources  @Reach4Resources  Reach4Resources

 @Reach4Resources  Reach-for-resources-inc

Please mail completed form with payment to:
 Reach for Resources
 5900 Green Oak Drive, Suite 303
 Minnetonka, MN 55343
 Fax: 952-229-4468 • info@reachforresources.org
Online registration: reach.recdesk.com

ADMIN USE ONLY

Registered by _____ Amt Pd \$ _____ Ck# _____
 Pymt Received by _____

COOKING & CRAFTS

COOKING NIGHT: LO MEIN & EDEMAME

Create a simple, versatile meal with a lot of color and flavor! Bring the recipes home to cook it for your friends and family.

DAYS	DATE	TIME
Tue.	10/18	5:30-7:30 p.m.
Location	Eisenhower Community Center: Room 210; 1001 MN-7, Hopkins, MN 55305	
Age	16+	
FEE	\$25	



GRAHAM CRACKER HOUSES

Join your peers for an evening of cookie decorating fun. We'll have all the building blocks to create an epic gingerbread house to display or eat! **Pre-registration required.**

DAYS	DATE	TIME
Thur.	12/1	6:30-8:00 p.m.
Location	Chanhassen Community Center: Room 1; 2310 Coulter Blvd., Chanhassen, MN 55317	
Age	14+	
FEE	\$12	



CRAFT: WOODEN SNOWMEN

Come design one or two wooden snowmen using wood, fabric, glue and paint. They are the perfect winter home décor item.

DAYS	DATE	TIME
Tue.	11/15	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$17	



COOKING NIGHT: HOLIDAY COOKIE PLATE

We will make a variety of treats to bring home to share with family and friends. Take your favorite recipes home so you can make them on your own.

DAYS	DATE	TIME
Tue.	12/13	6:30-8:30 p.m.
Location	Eisenhower Community Center: Room 210; 1001 MN-7, Hopkins, MN 55305	
Age	16+	
FEE	\$25	



CRAFT: SPOOKY HALLOWEEN LANTERNS

Spend the evening making a spooky, glow-in-the-dark lantern that will get you in the Halloween spirit.

DAYS	DATE	TIME
Tue.	10/4	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$17	



CRAFT: DIY HOLIDAY GIFTS

Make a creative Holiday gift for a family member or friend! We will have supplies for three different gifts and you get to pick the one you like best.

DAYS	DATE	TIME
Mon.	12/5	6:30-8:00 p.m.
Location	SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$13	



FITNESS & SPORTS

NON-COMPETITIVE SOCCER



We're starting an adaptive soccer league! Learn some new ball skills and scrimmage with friends. All abilities are welcome.

DAYS	DATE	TIME
Mon.	9/12-10/3	6:15-7:15 p.m.
Location	Park Center High School: Turf Field; 7300 Brooklyn Blvd., Brooklyn Park, MN 55443	
Age	16+	
FEE	\$44 resident / \$52 non-resident	



BOWLING LEAGUE



Join us for fun, non-competitive bowling. You will bowl two games each week.

NEW HOPE

DAYS	DATE	TIME
Sat.	9/24-11/12	12:00-2:00 p.m.
Location	New Hope Bowl; 7107 42nd Ave. N, New Hope, MN 55427	
Age	All Ages	
FEE	\$78 resident / \$86 non-resident	

PARK TAVERN

DAYS	DATE	TIME
Sat.	9/24-11/12	9:30-11:30 a.m.
Location	Park Tavern; 3401 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	All Ages	
FEE	\$78 resident / \$86 non-resident	

SOfit



Special Olympics Minnesota's SOfit health promotion program is a Unified approach to improving and protecting health and wellness for people with and without intellectual disabilities. SOfit offers participants a comprehensive, 360-degree look at wellness and the human spirit. Together, athletes and Unified partners are empowered to challenge and change the way they look at diet, daily exercise and lifestyle choices.

DAYS	DATE	TIME
Mon.	10/31-12/19	3:30-4:30 p.m.
Location	WebEx	
Age	14+	
FEE	\$12 resident / \$20 non-resident	



FANTASY FOOTBALL DRAFT



Want to try Fantasy Football? We will go through the draft together on video chat or you can follow along on your computer/tablet/phone and make choices when it's your turn. Keep up with your fantasy team throughout the season. The top two teams will receive some awesome prizes! We will be using ESPN for our draft. Can't attend the draft but want to participate? You can have ESPN autodraft for you.

DAYS	DATE	TIME
Thur.	9/1	3:00-4:30 p.m.
Location	WebEx	
Age	13+	
FEE	\$5	

YOUNG ATHLETES



Your child will have fun playing different games while improving their gross motor skills! Young Athletes is an early introduction to sports using focused activities that target mental and physical growth. This is a Unified program designed for children with and without disabilities. The evidence supported curriculum for this program is provided by Special Olympics MN.

Call 952-393-4277 to register. *Off 11/8

DAYS	DATE	TIME
Tue.	11/1-12/20*	10:00-10:45 a.m.
Location	Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	2-7 (with and without disabilities)	
FEE	FREE	



DANCE WORKOUT



Join Emily for a fast paced dance class where you get some exercise while having fun!

*Off 11/25

DAYS	DATE	TIME
Fri.	11/4-12/2	10:30-11:30 a.m.
Location	WebEx	
Age	All Ages	
FEE	\$12 resident / \$20 non-resident	

GAMES & MOVIES

BINGO & PIZZA



Let's get together for dinner & game night. Prizes and pizza for all!

DAYS	DATE	TIME
Thur.	10/13	6:00-8:00 p.m.
Location	Brookview CC: Valley Room North & South; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	All Ages	
FEE	\$17 participants / \$8 companions	

DAYS	DATE	TIME
Mon.	12/12	6:00-8:00 p.m.
Location	Brookview CC: Valley Room North & South; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	All Ages	
FEE	\$17 participants / \$8 companions	

GAME BREAK!



Join Emily and friends for a weekly interactive game group! Some games we play include: Pictionary, 20 Questions and many more!

DAYS	DATE	TIME
Mon.	9/19-10/24	1:00-2:30 p.m.
Location	WebEx	
Age	All Ages	
FEE	\$15 resident / \$21 non-resident	

JEOPARDY!



Bring your own snacks and compete on trivia about your favorite topics with a host from Reach. Teams are welcome. Join on video chat or call in using your phone to participate with audio only.

DAYS	DATE	TIME
Tue.	10/11	2:30-4:00 p.m.
Location	WebEx	
Age	16+	
FEE	\$5	



BOOK & FILM CLUB



Read or listen to the book or watch the movie and join us for a lively discussion. We'll vote on the next book/movie at each meeting.

DAYS	DATE	TIME
Thur.	9/1, 10/6 11/3, 12/1	10:00-11:30 a.m.
Location	WebEx	
Age	14+	
FEE	\$9	

BINGO



Come play everyone's favorite game and enjoy a treat. Everybody goes home a winner!

DAYS	DATE	TIME
Fri.	9/16	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13+	
FEE	\$8 pre-register / \$10 at door	

DAYS	DATE	TIME
Fri.	11/18	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Cohen Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	13+	
FEE	\$8 pre-register / \$10 at door	



SNACKS & CINEMA



We all know you can watch movies on your own, but it's more fun to watch them with friends!

PLAYING WITH FIRE

DAYS	DATE	TIME
Thur.	9/29	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$8	

THE ADAMS FAMILY 2

DAYS	DATE	TIME
Thur.	10/27	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$8	

TURNING RED

DAYS	DATE	TIME
Thur.	12/29	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$8	

SOCIAL ACTIVITIES

NYE DANCE PARTY



Ring in 2023 with us! Enjoy karaoke, snacks, mocktails and lots of music.

DAYS	DATE	TIME
Fri.	12/30	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13+	
FEE	\$8 pre-register / \$15 at door	



DANCE: FALL FORMAL



It's time to get all dressed up and dance the night away with your friends! We'll have a photo booth, delicious desserts and festive decor. Wear semi-formal or formal attire.

DAYS	DATE	TIME
Fri.	9/23	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	14+	
FEE	\$10 pre-registration/ \$15 at door	



HOLIDAY JAMBOREE



Join your friends to enjoy hot chocolate, make holiday themed crafts, listen to great music and play bingo! **Pre-registration required.**

DAYS	DATE	TIME
Fri.	12/16	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	14+	
FEE	\$15	

DANCE: PIRATE THEMED



Join your friends and groove to some hit dance songs! **Pre-registration required.**

DAYS	DATE	TIME
Fri.	12/9	6:30-8:30 p.m.
Location	Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	13+	
FEE	\$8	

SINGLES NIGHT BINGO



Looking to meet someone special? Come meet other singles while playing bingo. We will switch tables and do some get to know you games. **Pre-registration required.**

DAYS	DATE	TIME
Fri.	10/21	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Cohen Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
FEE	\$8	

SOCIAL SEEKERS



This program is for teens and adults on the Autism spectrum. We meet once a week for fun, social interaction and to play games, solve riddles and work through our weekly highs and lows. Contact Jesse at 952-393-4277 for more info. or to schedule an intake. **This program may be waiver eligible.**

DAYS	DATE	TIME
Wed.	9/14-11/16	5:00-6:30 p.m.
Location	The Depot; 9451 Excelsior Blvd., Hopkins, MN 55343	
Age	15+	
FEE	\$205	

TEEN EXPLORERS



Come hang out with a super fun group of teens! We love going bowling, grabbing ice cream, enjoying nature, doing crafts and so much more. For the full schedule of the weekly activities, visit: bit.ly/TEFall22.

DAYS	DATE	TIME
Tues.	9/20-11/8	6:30-8:30 p.m.
Location	Various	
Age	13- 21	
FEE	\$49 resident / \$57 non-resident	



WEDNESDAY NIGHT SOCIAL

The goal of this program is to become more engaged in your community and to build social skills, coping skills and practice flexibility. Activities include cooking classes, craft nights, professional sports outings, going out to eat and so much more! Open to individuals of all abilities. Participants can bring a staff or caregiver if additional support is needed. Sign up for the full series or individual activities.



Age: 18+

Date: Wednesdays, September 14 - November 2

Time: 6:30 - 8:30 p.m. *(unless noted)*

Fee for ALL the events: \$57 resident / \$65 non-resident

WNS1: OPEN GYM

Spend an evening playing some sports and yard games with your friends.

DAYS	DATE	TIME
Wed.	9/14	6:30-8:30 p.m.
Location	Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
FEE	\$10	

WNS2: FARM & BONFIRE NIGHT

Tour the historic Eidem Farm and have fun visiting/petting the animals. Then enjoy a bonfire and roast some marshmallows.

Please bring a blanket or chair to sit on & \$15 if you wish to purchase food.

DAYS	DATE	TIME
Wed.	9/21	6:00-8:00 p.m.
Location	Eidem Farm; 4345 101st Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10	



WNS3: OUT TO EAT AT OLIVE GARDEN

Sit back and relax as we enjoy some delicious food from Olive Garden. **Please bring \$15-\$25 to order off the menu.**

DAYS	DATE	TIME
Wed.	9/28	6:30-8:30 p.m.
Location	Olive Garden; 11390 W Wayzata Blvd., Minnetonka, MN 55305	
Age	18+	
FEE	\$10	

WNS4: FALL WALK WITH SNACKS

Enjoy a beautiful fall walk with friends and snack on trail mix provided by Reach.

DAYS	DATE	TIME
Wed.	10/5	4:00-5:30 p.m.
Location	French Regional Park; 12605 Rockford Rd., Plymouth, MN 55441	
Age	18+	
FEE	\$10	

WNS5: FALL DESSERTS

Bring your creativity as we put together some yummy fall treats.

DAYS	DATE	TIME
Wed.	10/12	6:00-7:30 p.m.
Location	Eisenhower Community Center: Room 210; 1001 MN-7, Hopkins, MN 55305	
Age	18+	
FEE	\$10	

WNS 6: DEHN'S PUMPKIN PATCH

Join Reach and friends as we enjoy Dehn's Pumpkin Patch. **Please bring \$15-\$25 for admission and extra spending money.**

DAYS	DATE	TIME
Wed.	10/19	4:00-6:00 p.m.
Location	Dehn's Pumpkin Patch; 17270 125th Ave. N, Dayton, MN 55327	
Age	18+	
FEE	\$10	

WNS7: HALLOWEEN PARTY

Grab your costume and join friends to celebrate Halloween!

DAYS	DATE	TIME
Wed.	10/26	6:30-8:30 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10	

WNS8: FALL BINGO & TREATS

Have fun playing bingo while enjoying some fall treats.

DAYS	DATE	TIME
Wed.	11/2	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10	

ON THE TOWN

This is a community-based social program for adults and young adults who want to explore their community with minimal support. To minimize safety concerns, a brief intake is required. To schedule an intake, please call: 952-393-4277.



Age: 18+

OTT1: LETS GO FISHING

Enjoy an afternoon of fishing at Lake Riley.

DAYS	DATE	TIME
Fri.	9/23	1:00-3:00 p.m.
Location	Lake Riley; 9300 Riley Lake Rd., Eden Prairie, MN 55344	
Age	18+	
FEE	\$6	



OTT2: APPLE CIDER & BINGO

Come hang out with friends and enjoy some apple cider and bingo.

DAYS	DATE	TIME
Thur.	10/6	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$6	

OTT3: SCIENCE MUSEUM

You're in for a fun and educational night! We'll learn about all things science and do some experiments. Admission to the Science Museum is included in registration. **Please bring money if you wish to purchase something from the gift shop.**

DAYS	DATE	TIME
Fri.	10/7	6:00-8:00 p.m.
Location	Science Museum of MN; 120 W Kellogg Blvd., St. Paul, MN 55102	
Age	18+	
FEE	\$10	



OTT4: MUSIC VIDEO REQUEST NIGHT

It's music video request night! Dance the night away to your favorite songs.

DAYS	DATE	TIME
Thur.	11/10	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$6	



OTT5: OUT TO EAT AT GRIZZLES

Enjoy some delicious food at everyone's favorite restaurant, Grizzlies. **Please bring \$15-\$25 to order off the menu.**

DAYS	DATE	TIME
Fri.	12/2	6:30-8:30 p.m.
Location	Grizzlies; 220 Carlson Pkwy. N, Plymouth, MN 55447	
Age	18+	
FEE	\$6	

ON THE TOWN: ALL ABILITIES

This is a community-based social program for adults and young adults who want to explore their community. More details to come upon registration and before the event. Companions are welcomed and an intake meeting is not required.



Age: 18+

OTTA1: KICK OFF TO FALL PARTY

Welcome in fall with yard games and hot apple cider.

DAYS	DATE	TIME
Fri.	9/23	6:00-8:00 p.m.
Location	SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10	

OTTA2: FARM NIGHT

Tour the historic Eidem Farm and pet the animals, help in the gardens and have a bonfire (if there is time).

DAYS	DATE	TIME
Sat.	10/1	5:00-7:00 p.m.
Location	Eidem Farm; 4345 101st Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$8	



OTTA3: KINGS & QUEENS NIGHT

Feel like royalty for a night as we go out to eat at Burger King and then enjoy desert at Dairy Queen. **Please bring \$15-\$25 for dinner and ice cream.**

DAYS	DATE	TIME
Sat.	10/22	6:30-8:30 p.m.
Location	Burger King; 5105 Edina Industrial Blvd., Edina, MN 55439 Dairy Queen; 7700 Normandale Blvd., Edina, MN 55439	
Age	18+	
FEE	\$6	



OTTA4: HOT CHOCOLATE AND GAMES

Bring you sweet tooth and enjoy hot chocolate and board games with friends.

DAYS	DATE	TIME
Fri.	11/11	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$6	

OTTA5: HOLIDAY SHOPPING WITH FRIENDS

Meet friends at the mall to get your holiday shopping done. **Please bring money to shop.**

DAYS	DATE	TIME
Sat.	12/3	5:00-7:00 p.m.
Location	Ridgedale Mall; 1240 W Wayzata Blvd., Minnetonka, MN 55305	
Age	18+	
FEE	\$6	

OTTA6: MN HISTORY CENTER

Join us for a visit to the MN History Center! Museum fee is included in registration. Companions don't need to pay but must register to reserve a ticket.

DAYS	DATE	TIME
Sun.	12/4	11:00 a.m.-1:00 p.m.
Location	Minnesota History Center; 345 W Kellogg Blvd., St. Paul, MN 55102	
Age	18+	
FEE	\$8	





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reachforresources.org



GHOSTLY GALA

Join us for our annual spooky celebration

Friday, October 28, 2022 • 5:30 - 8:00 p.m.
\$10 pre-register • \$15 at door
All Ages Welcomed

Brooklyn Park Community Activity Center: Grand Rooms;
5600 85th Ave. N, Brooklyn Park, MN 55443
Learn more: reachforresources.org/GhostlyGala

