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November 17. Donate:
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Immediate openings
available for counseling!
reachforresources.org/counseling

We are hiring for a variety of
positions. Learn more:
reachforresources.org/employment

Empowering people of all-abilities to reach their full potential.

WINTER 2023

Reach Reader



Persistence Leads To Change

A couple of months ago, Danny, one of Reach's Employment Specialists, was with one of his participants at their local Goodwill. Danny's participant, Matthew, has a passion for thrifting, antiques and collecting. Because of his passions, Goodwill was always his dream job. Excited to apply for a job, Matthew and Danny entered their local Goodwill. Upon speaking with the manager, they learned employment specialists/job coaches were not allowed in the building while employees were working their shifts. Also, Danny wouldn't be able to accompany Matthew to the interview. If Matthew got the job, Danny would only be allowed to provide assistance during orientation. For a company that prides itself on helping marginalized members of the community find and keep jobs, this didn't make sense. Knowing how much a job at Goodwill would mean to Matthew, Danny could not let it go.

Danny decided to do some research into Goodwill's employment policy for people with disabilities. He ended up spending the better half of a day calling Goodwill offices all over the country, and even their headquarters in Texas. Danny struggled for a while to get through to a real person, so he left emails and voicemails wherever he could. Finally, he got a response from Goodwill's Head of HR!

In the email Danny received, the Head of HR was incredibly apologetic and explained why the store manager they spoke to was incorrect. The next morning, Danny had a phone call with Goodwill's Head of HR, discussing their proper procedure for hiring, and all the steps put into place to help people like Matthew gain employment at Goodwill. They explained to Danny, what he was told does NOT match Goodwill's policies, and that employment specialists/job coaches are always allowed to be there to provide support.

(continued on page 2)



*Matthew's first day of work at
his new job.*

To learn about Reach's Employment
Support Services, visit:
reachforresources.org/EmploymentSupports.

Reach Welcomes New Therapy Intern

We are excited to welcome Susy Laursen, as a therapy intern, to our Counseling Department! She is in her second year of the Master of Social Work Degree Program at Bethel University. For over 10 years, Susy has worked with individuals with severe and persistent mental illness (SPMI) and comorbidities of Intellectual/Developmental Disabilities, Physical Disabilities, Traumatic Brain Injuries, Autism Spectrum Disorder and other cognitive deficits, Substance Use Disorder and chronic health conditions/invisible illness.

Susy has worked in the social services field in a variety of roles including: direct care practice, supportive living apartments program management, victim advocacy for individuals dealing with domestic abuse/interpersonal violence and a Guardian Ad Litem (GAL) for CHIPS cases. Outside of her role at Reach, she is an ARMHS worker in the Twin Cities metro area.



To learn more about Reach's Counseling program, visit: reachforresources.org/counseling.

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Bingo & Brews a Success!

Thank you to everyone who attended our Give Back Monday: Bingo & Brews fundraiser on October 10th at LTD Brewing. It was great to see the support of so many people throughout the day and evening. Congratulations to all the individuals who won Bingo!

To see all of the event photos, visit: reachforresources.org/bingo.

[Thank you to our sponsors:](#)



Persistence Leads To Change (continued from page 1)

Then, the Head of HR gave Matthew the green light to go ahead and apply for a position at any Goodwill location.

Matthew ended up applying for a position at his local Goodwill. Within a few days he got an in-person interview, which Danny was able to attend. A week later, Matthew was officially offered a position! Matthew has been working at Goodwill a couple of months now and LOVES his job and the people he works with. He always shows up with a great attitude, ready to work.

Throughout Matthew's employment at Goodwill, Danny has been able to be on-site assisting Matthew in any tasks he needs additional guidance for. Matthew has taken initiative to learn how to perform his own COVID health screening at the beginning of each of his shifts and has been independently doing his monthly online safety trainings and knowledge checks. Managers have told Matthew he's the fastest donations processor they've ever seen. Compliments like these helps boost his confidence and gives him something to be proud of at the end of the day.



Thanks to Danny's persistence, Matthew is thriving at a job he loves. This will hopefully lead to even more opportunities for individuals we support through employment. Thanks to Goodwill for taking the matter seriously and being swift in their response to correct the situation.

Reach Bowl-A-Thon

Join us for our 31st annual bowling FUNdraiser! Collect pledges and then join us for two games of bowling, pizza, good music and prizes! Don't miss this great opportunity to spend the day having fun with your friends while supporting Reach.

Saturday, April 22 • 10:00 a.m. - 1:00 p.m.

Park Tavern: 3401 Louisiana Ave. S, St. Louis Park

Register online: reachforresources.org/BAT

Fee: \$40 by March 1; \$50 after March 1



Thank You Cackle & Spur Pheasant Hunt Sponsors

Thank you to everyone who came out to support our Cackle & Spur Charity Pheasant Hunt on October 5th. It was a fun day filled with hunting, games, great food, raffles and so much more. We look forward to seeing you again next year!

To see all of the event photos and sponsors, visit: reachforresources.org/c&s.

Thank you to our event sponsors:



Thank you to all of the businesses who donated raffle & silent auction items:



ADAPTIVE RECREATION PROGRAMS

AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Golden Valley
- Maple Grove
- Plymouth
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or visit: reachforresources.org.

All fees stated represent pre-registration. Registration for a program is required at least 3 days before the start date unless otherwise noted.

EASY ONLINE REGISTRATION!

We have an online sign-up software that makes it easier than ever to find and register for programs. This software allows you to create an account, view your invoices and download a calendar with all your upcoming programs.

Sign-up for an account:
reach.recdesk.com

PROGRAM OPTIONS

For winter 2023, we will be offering a variety of programs. Learn more about each program type below.



VIRTUAL PROGRAMS

- Programs are for "All Ages" unless specified
- Virtual via: WebEx or Zoom



IN PERSON PROGRAMS

- Programs are for "All Ages" unless specified
- Variety of locations
- Masks are welcome but not required for indoor programs

INCLUSION SUPPORT

Reach provides inclusion support to children and adults with disabilities who would like to participate in their city's park and recreation programs. Registration for these programs is done through your local park & rec department. Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Chaska
- Crystal
- Edina
- Golden Valley
- New Brighton
- New Hope
- Robbinsdale
- St. Louis Park
- Three Rivers Park District

After registering for a city park program, contact Reach to discuss the needs/accommodations for yourself or your child via, inclusion@reachforresources.org.

Please allow a minimum of two weeks notice for a successful inclusion.

Adaptive Recreation & Inclusion Program Policies

I understand that participation in this activity is completely voluntary and the activity is being offered for the benefit of the participant. Reach for Resources, Inc. along with its agents and employees shall not be liable for any claims, injuries, or damages of whatever nature, incurred by the participant arising out of, or connected with, recreational activities. All participants must be registered for a program in order to attend. Please register at least two weeks prior to the beginning of a program. If there are not enough people registered for a program it will be canceled a minimum of 3 days prior to the beginning of the program. Participants will be notified by phone or email and a refund will be processed. If classes or recreation activities are canceled due to inclement weather, Reach will schedule a make-up session or offer a refund when possible. For a recorded message about activity cancellations, call 952-200-3030. A written request to withdraw from an activity at least two weeks prior to the activity is eligible to receive a refund (except for Weekend Ventures, which abides by a separate cancellation policy), less a \$5 cancellation fee per class. Refunds are not awarded for ticketed events. Caregivers are welcome to attend all Reach programming with the exception of On The Town. Support staff and family can attend most activities free of charge, but are required to pay for ticketed events that they wish to attend. Caregivers are asked to provide any individualized support that the person they are supporting may need. Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. If a participant is more than 5 minutes late at a community-based event, staff may no longer be waiting for their arrival. If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time. Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged. Prescription and non-prescription drugs are the sole responsibility of the participant. Please visit the Reach website for further information on these policies, as well as a full description of our drug, alcohol, tobacco and behavior policies.

COOKING & CRAFTS

COOKING NIGHT: CHILI & CORNBREAD



Winter is here and it's time for some comfort food. Warm up with a big pot of chili and tasty cornbread.

DAYS	DATE	TIME
Mon.	1/23	5:30-7:30 p.m.
Location	Eisenhower Community Center: Room 210; 1001 MN-7, Hopkins, MN 55305	
Age	16+	
FEE	\$19 resident / \$21 non-resident	



COOKING NIGHT: TACO SALAD



Prepare some meat and vegetables then assemble it into a delicious salad for an easy meal you can also make at home.

DAYS	DATE	TIME
Thur.	3/16	5:30-7:00 p.m.
Location	Eisenhower Community Center: Room 210; 1001 MN-7, Hopkins, MN 55305	
Age	16+	
FEE	\$19 resident / \$21 non-resident	



CRAFT: NO SEW HEART PILLOW



Come make a cozy gift for a loved one using fleece fabric. We'll make some greeting cards for friends and family too!

DAYS	DATE	TIME
Thur.	1/26	6:30-8:00 p.m.
Location	Chanhassen Rec Center: Room 1; 310 Coulter Blvd., Chanhassen, MN 55317	
Age	All Ages	
FEE	\$20 resident / \$22 non-resident	



CRAFT: DIY PENCIL HOLDER



Use felt, markers and googly eyes to create your own pencil holder.

DAYS	DATE	TIME
Wed.	3/15	6:30-8:00 p.m.
Location	Chanhassen Rec Center: Room 1; 310 Coulter Blvd., Chanhassen, MN 55317	
Age	All Ages	
FEE	\$17 resident / \$19 non-resident	



CRAFT: ST. PADDY'S DAY SUNCATCHER



Get together with some friends to create an easy and fun suncatcher to decorate your place for St. Paddy's Day.

DAYS	DATE	TIME
Mon.	2/27	6:30-7:30 p.m.
Location	Brooklyn Center Community Center: Craft Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	All Ages	
FEE	\$10 resident / \$12 non-resident	



FITNESS & SPORTS

NON-COMPETITIVE BASKETBALL LEAGUE

Have fun on a team and improve your basketball skills. Help design your team jersey and celebrate with a party at the end of the season. All abilities welcome.

Register by 1/12 to get a team jersey.

DAYS	DATE	TIME
Thur.	1/12-3/2	6:30-8:00 p.m.
Location	Brooklyn Park Community Activity Center: Gym; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$48 resident / \$56 non-resident	



GET STRONG! STRENGTH TRAINING

Hang out with Emily and learn how to use your own body weight to get stronger! We'll listen to good music and follow along to exercises together. No equipment necessary, just dress for exercise and bring water.

DAYS	DATE	TIME
Fri.	3/3-3/24	10:30-11:30 a.m.
Location	WebEx	
Age	All Ages	
FEE	\$12 resident / \$20 non-resident	

COLORING CALM & YOGA COMBO CLASS

Join us for a four week peaceful class that combines adapted yoga with some mindfulness and calming coloring activities.

DAYS	DATE	TIME
Tue.	3/7-3/28	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	14+	
FEE	\$42 resident / \$50 non-resident	

DANCE WORKOUT

Join Emily for a fast paced dance class where you get some exercise while having fun!

DAYS	DATE	TIME
Fri.	1/20-2/10	10:30-11:30 a.m.
Location	WebEx	
Age	All Ages	
FEE	\$12 resident / \$20 non-resident	

MONDAY FUNDAY GROUP

This new daytime program will offer opportunities for social connection and exercise with peers. We'll do a new activity each week including: Wii bowling, Uno tournament, Bingo, crafts and more.

**Off 2/20*

DAYS	DATE	TIME
Mon.	1/23-3/6*	1:00-3:00 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$41 resident / \$49 non-resident	

BOWLING LEAGUE

Join us for fun, non-competitive bowling. You will bowl two games each week.

NEW HOPE

DAYS	DATE	TIME
Sat.	1/21-3/11	12:00-2:00 p.m.
Location	New Hope Bowl; 7107 42nd Ave. N, New Hope, MN 55427	
Age	All Ages	
FEE	\$78 resident / \$86 non-resident	

PARK TAVERN

DAYS	DATE	TIME
Sat.	1/21-3/11	9:30-11:30 a.m.
Location	Park Tavern; 3401 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	All Ages	
FEE	\$78 resident / \$86 non-resident	



GAMES & MOVIES

VALENTINE'S BINGO WITH CANDY HEARTS

Come play everyone's favorite game and enjoy a treat. Everybody goes home a winner!



DAYS	DATE	TIME
Fri.	2/3	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$8 pre-register / \$10 at door	



SNACKS & CINEMA

We all know you can watch movies on your own, but it's more fun to watch them with friends.



LION KING (2019) WITH ANIMAL CRACKERS

DAYS	DATE	TIME
Thur.	1/12	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$6 resident / \$8 non-resident	

THE PARENT TRAP (1998) WITH OREO COOKIES

DAYS	DATE	TIME
Thur.	2/23	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$6 resident / \$8 non-resident	



BINGO & PIZZA

Let's get together for dinner & game night. Prizes and pizza for all! Companions only need to register if they want pizza.



DAYS	DATE	TIME
Mon.	2/6	6:00-8:00 p.m.
Location	Brookview Community Center: Valley Room North & South; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	All Ages	
FEE	\$18 resident / \$20 non-resident / \$9 companions	

DAYS	DATE	TIME
Thur.	3/23	6:00-8:00 p.m.
Location	Brookview Community Center: Valley Room North & South; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	All Ages	
FEE	\$18 resident / \$20 non-resident / \$9 companions	



BOOK & FILM CLUB

Read or listen to the book or watch the movie and join us for a lively discussion. We'll vote on the next book/movie at each meeting.



DAYS	DATE	TIME
Thur.	1/5, 2/2, 3/2	10:00-11:00 a.m.
Location	WebEx	
Age	14+	
FEE	\$9 resident / \$11 non-resident	

SOCIAL ACTIVITIES

TEEN EXPLORERS



Our teen group focuses on outdoor education and experiences. This winter we will go maple syruping, sledding, snowshoeing, birding and so much more! This program's low fees are made possible by a generous grant from the MN DNR. After you register, we will send you the schedule.

DAYS	DATE	TIME
Tue.	1/31-3/21	4:15-6:15 p.m.
Location	Various	
Age	13-21	
FEE	\$5 resident / \$13 non-resident	

SUPERBOWL PARTY



Join friends to enjoy a great meal while watching the Superbowl. We will provide pizza, soda and dessert. Come cheer on the two best teams in the NFL. Companions only need to register if they want pizza.

DAYS	DATE	TIME
Sun.	2/12	5:00-9:00 p.m.
Location	Brookview CC: Valley Room; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	14+	
FEE	\$18 resident / \$20 non-resident / \$9 companions	

KARAOKE WITH MOCKTAILS & SNACKS



Enjoy karaoke, snacks, mocktails and lots of music with your friends.

DAYS	DATE	TIME
Fri.	3/24	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	All	
FEE	\$8 pre-register / \$10 at door	

SOCIAL SEEKERS



This program is for teens and adults on the Autism spectrum. We meet once a week for fun, social interaction and to play games, solve riddles and work through our weekly highs and lows. For more info. or to schedule an intake call 952-393-5880.

This program may be waiver eligible.

DAYS	DATE	TIME
Wed.	1/11-3/15	5:00-6:30 p.m.
Location	The Depot; 9451 Excelsior Blvd., Hopkins, MN 55343	
Age	15+	
FEE	\$200 resident / \$210 non-resident	

VALENTINE'S DAY SINGLES MINGLE: GAME NIGHT



Get to know other singles during a relaxed evening playing Charades, Uno and Family Feud. We'll have drinks and a light snack.

DAYS	DATE	TIME
Sat.	2/18	6:00-8:00 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$12 resident / \$14 non-resident	



VALENTINE'S DAY DANCE



Bring a date or come meet someone special! Dance the night away and socialize with friends. Cookies and punch provided.

DAYS	DATE	TIME
Fri.	2/10	6:30-8:30 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13+	
FEE	\$8 pre-register / \$10 at door	



CONSENT AND BOUNDARIES WORKSHOPS



In these virtual workshops, students will learn the definitions of consent and boundaries and how they relate to private and public behaviors and spaces. We will talk about how to communicate our own boundaries to others, how to ask for more privacy and when to ask for consent. This workshop will be taught by Lutheran Social Service of MN's SELF team. Due to generous funding sources, there is no cost to attend this series.

DAYS	DATE	TIME
Thur.	3/2, 3/9, 3/16	4:30-5:30 p.m.
Location	Zoom	
Age	18+	
FEE	FREE	

WEDNESDAY NIGHT SOCIAL

The goal of this program is to become more engaged in your community and to build social skills, coping skills and practice flexibility. Activities include cooking classes, craft nights, professional sports outings, going out to eat and so much more! Open to individuals of all abilities. Participants can bring a staff or caregiver if additional support is needed. Sign up for the full series or individual activities.



Age: 18+

Date: Wednesdays, January 11 - March 1

Time: 6:30 - 8:30 p.m. *(unless noted)*

Fee for ALL the events: \$60 resident / \$68 non-resident

WNS1: INDOOR PICNIC WITH COCO & TREATS

Come enjoy an indoor picnic with friends.

DAYS	DATE	TIME
Wed.	1/11	6:30-8:30 p.m.
Location	Brooklyn Center Community Center: Grand Room 1; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS2: BINGO

Come play everyone's favorite game, Bingo.

DAYS	DATE	TIME
Wed.	1/18	6:30-8:30 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS3: MOVIE NIGHT

Sit back and relax as we watch a new movie together.

DAYS	DATE	TIME
Wed.	1/25	6:30-8:30 p.m.
Location	Brooklyn Center Community Center: Grand Room 1; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS4: GROUNDHOG'S DAY CRAFT

Get creative as we make some Groundhog's Day crafts together.

DAYS	DATE	TIME
Wed.	2/1	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS5: VALENTINE'S DAY PARTY

Wear pink, red or purple as we celebrate Valentine's Day together!

DAYS	DATE	TIME
Wed.	2/8	6:30-8:30 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS 6: EAT AT 50'S GRILL

Join the other cool cats at a yummy 50's diner. **Please bring \$10-\$20 to order off the menu.**

DAYS	DATE	TIME
Wed.	2/15	6:00-7:30 p.m.
Location	50's Grill; 5524 Brooklyn Blvd., Brooklyn Center, MN 55429	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS7: TALENT SHOW

Bring your skills and talent for Reach's very own talent show!

DAYS	DATE	TIME
Wed.	2/22	6:30-8:30 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10 resident / \$11 non-resident	



WNS8: COOKING NIGHT - ITALIAN DINNER

Come learn a new recipe and test your skills while creating some tasty spaghetti, a fresh salad and garlic bread.

DAYS	DATE	TIME
Wed.	3/1	5:30-7:30 p.m.
Location	Eisenhower Community Center: Room 210; 1001 MN-7, Hopkins, MN 55305	
Age	18+	
FEE	\$20 resident / \$22 non-resident	

ON THE TOWN

This is a community-based social program for adults and young adults who want to explore their community with minimal support. To minimize safety concerns, a brief intake is required. To schedule an intake, please call: 952-393-5880.



Age: 18+

OTT1: SNOWSHOEING AT FRENCH REGIONAL PARK

Enjoy a beautiful Minnesota winter day while snowshoeing with friends. Snowshoe rental included in fee.

DAYS	DATE	TIME
Thur.	1/26	2:00-4:00 p.m.
Location	French Regional Park; 12605 Rockford Rd., Plymouth, MN 55441	
Age	18+	
FEE	\$12 resident / \$14 non-resident	



OTT2: WINTER CRAFTS BY THE FIREPLACE

Enjoy getting crafty while being cozy by the fireplace. We will be creating Popsicle stick ornaments and so much more.

DAYS	DATE	TIME
Sat.	2/11	6:30-8:00 p.m.
Location	Brookview CC: Valley Room; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	18+	
FEE	\$12 resident / \$14 non-resident	

OTT3: REM5 VIRTUAL REALITY LABORATORY

We've partnered with Rem5 for a new program using virtual reality pods!

DAYS	DATE	TIME
Fri.	2/17	6:30-8:30 p.m.
Location	REM5 Virtual Reality Lab; 4950 W 35th St., St. Louis Park, MN 55416	
Age	18+	
FEE	\$21 resident / \$23 non-resident	

OTT4: EAT AT OLIVE GARDEN

Enjoy some delicious food at everyone's favorite restaurant. **Please bring \$15-\$25 to order off the menu.**

DAYS	DATE	TIME
Fri.	3/3	5:30-7:00 p.m.
Location	Olive Garden; 11390 Wayzata Blvd., Minnetonka, MN 55305	
Age	18+	
FEE	\$6 resident / \$8 non-resident	



OTT5: POPCORN & MOVIE NIGHT

Spend the night with your friends enjoying some popcorn and the Mighty Ducks movie.

DAYS	DATE	TIME
Mon.	3/6	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$6 resident / \$8 non-resident	

OTT6: ST. PATRICK'S DAY COOKIE DECORATING & GAMES

Wear green and gold as we celebrate St. Patrick's Day with cookie decorating and games.

DAYS	DATE	TIME
Fri.	3/17	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Gardenvue Room; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10 resident / \$12 non-resident	



ON THE TOWN: ALL ABILITIES

This is a community-based social program for adults and young adults who want to explore their community. More details to come upon registration and before the event. Companions are welcomed and an intake meeting is not required.



Age: 18+

OTTA1: HOT CHOCOLATE AND BOARD GAMES

Enjoy some hot chocolate and board games to start off the new year.

DAYS	DATE	TIME
Tue.	1/24	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$6 resident / \$8 non-resident	

OTTA2: POKÉMON GO AT THE MALL OF AMERICA

Meet us at the Mall of America for Pokémon GO! Please bring your own device to play on, if you have one.

DAYS	DATE	TIME
Tue.	1/31	6:30-8:30 p.m.
Location	Mall of America; 60 E Broadway, Bloomington, MN 55425	
Age	18+	
FEE	\$6 resident / \$8 non-resident	



OTTA3: U OF M WOMEN'S HOCKEY GAME

Watch the U of M women's hockey team take on Ohio State in a live, exciting game! Ticket is included in the fee. Companions must register. **Please bring \$10-\$20 if you would like to purchase a snack.**

DAYS	DATE	TIME
Sat.	2/4	5:30-8:30 p.m.
Location	Ridder Arena; 1815 4th St. SE, Minneapolis, MN 55455	
Age	18+	
FEE	\$15 resident / \$17 non-resident / \$15 companions	



OTTA4: OUT TO THE MOVIES

Relax as we watch a new movie together at Emagine Willow Creek Theater. Movie ticket is included in the fee. Companions must register. **Please bring \$10-\$20 if you would like to purchase a snack.**

DAYS	DATE	TIME
Sat.	2/25	Approx. 6:00-8:00 p.m.
Location	Emagine Willow Creek Theater; 9900 Shelard Pkwy., Plymouth, MN 55441	
Age	18+	
FEE	\$18 resident / \$20 non-resident / \$13 companions	

OTTA5: EAT AT TAVERN 4&5

Let's go out to eat and enjoy a new restaurant together. **Please bring \$15-\$25 to order off the menu.**

DAYS	DATE	TIME
Fri.	3/10	5:30-7:00 p.m.
Location	Tavern 4&5; 16396 Wagner Way, Eden Prairie, MN 55344	
Age	18+	
FEE	\$6 resident / \$8 non-resident	

OTTA6: BRING ON SPRING WITH CRAFTS

Welcome in spring as we decorate a canvas with tissue paper flowers.

DAYS	DATE	TIME
Sat.	3/25	5:30-7:30 p.m.
Location	Chanhassen Rec Center: Room 1; 310 Coulter Blvd., Chanhassen, MN 55317	
Age	18+	
FEE	\$10 resident / \$12 non-resident	



REGISTRATION FORM—WINTER 2023



Name: _____ Address: _____

City: _____ State: _____ Zip: _____

Birth Date: _____ Phone: _____ Alt. Phone: _____

Email: _____ Alt. Email: _____

Emergency Contact Name: _____ Emergency Phone: _____

Allergies/Diet/Accessibility: _____

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Bingo & Pizza (1): 2/6	\$18 / \$20 / \$9 companions # of Companions _____
<input type="checkbox"/>	Bingo & Pizza (2): 3/23	\$18 / \$20 / \$9 companions # of Companions _____
<input type="checkbox"/>	Book & Film Club: Starts 1/5	\$9 / \$11
<input type="checkbox"/>	Bowl-A-Thon: 4/22 Shirt Size _____	\$40 in pledges by 3/1 \$50 in pledges after 3/1
<input type="checkbox"/>	Bowling - New Hope: Starts 1/21	\$78 / \$86
<input type="checkbox"/>	Bowling - Park Tavern: Starts 1/21	\$78 / \$86
<input type="checkbox"/>	Coloring Calm & Yoga: Starts 3/7	\$42 / \$50
<input type="checkbox"/>	Consent & Boundaries Classes: Starts 3/2	FREE
<input type="checkbox"/>	Cooking Night - Chili & Corn Bread: 1/23	\$19 / \$21
<input type="checkbox"/>	Cooking Night - Taco Salad: 3/16	\$19 / \$21
<input type="checkbox"/>	Craft - DIY Pencil Holder: 3/15	\$17 / \$19
<input type="checkbox"/>	Craft - No Sew Heart Pillow: 1/26	\$20 / \$22
<input type="checkbox"/>	Craft - St. Paddy's Day Suncatcher: 2/27	\$10 / \$12
<input type="checkbox"/>	Dance Workout: Starts 1/20	\$12 / \$20

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Get Strong! Strength Training: Starts 3/3	\$12 / \$20
<input type="checkbox"/>	Ghostly Gala: 10/28	\$10
<input type="checkbox"/>	Karaoke with Mocktails & Snacks: 3/24	\$8
<input type="checkbox"/>	Monday Funday Group: Starts 1/23	\$41 / \$49
<input type="checkbox"/>	Non-Competitive Basketball: Starts 1/12 Jersey Size _____	\$48 / \$56
<input type="checkbox"/>	Snacks & Cinema (1) - Lion King: 1/12	\$6 / \$8
<input type="checkbox"/>	Snacks & Cinema (2) - Parent Trap: 2/23	\$6 / \$8
<input type="checkbox"/>	Social Seekers: Starts 1/11	\$200 / \$210 <input type="checkbox"/> Bill my Waiver
<input type="checkbox"/>	Superbowl Party: 2/12	\$18 / \$20 / \$9 companions # of Companions _____
<input type="checkbox"/>	Teen Explorers: Starts 1/31	\$5 / \$13
<input type="checkbox"/>	Valentine's Bingo w/ Candy Hearts: 2/3	\$8
<input type="checkbox"/>	Valentine's Day Dance: 2/10	\$8
<input type="checkbox"/>	Valentine's Day Single Mingle: 2/18	\$12 / \$14

PHOTO WAIVER

To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures and social networking media.

Can be photographed: Yes ☐ No ☐

First name can be used: Yes ☐ No ☐

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	Wednesday Night Social (WNS) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	Wednesday Night Social - ALL Programs	\$60 / \$68
<input type="checkbox"/>	WNS1 - Picnic Indoors w/ Coco: 1/11	\$10 / \$11
<input type="checkbox"/>	WNS2 - Bingo: 1/18	\$10 / \$11
<input type="checkbox"/>	WNS3 - Movie Night: 1/25	\$10 / \$11
<input type="checkbox"/>	WNS4 - Groundhog's Day Craft: 2/1	\$10 / \$11
<input type="checkbox"/>	WNS5 - Valentine's Day Party: 2/8	\$10 / \$11
<input type="checkbox"/>	WNS6 - Eat at 50's Grill: 2/15	\$10 / \$11
<input type="checkbox"/>	WNS7 - Talent Show: 2/22	\$10 / \$11
<input type="checkbox"/>	WNS8 - Cooking Night- Italian: 3/1	\$20 / \$22

Therapeutic Recreation Assessment *(Appointment Only)*

Request an individual appointment with a licensed Certified Therapeutic Recreation Specialist at Reach to discuss your current activities and goals. We'll research available resources in your area to help come up with a plan for you get the most out of your leisure activities. We can have a follow up meeting in 6 or 12 months if you'd like further evaluation.

- ☐ \$75 – 1-hour appointment
☐ \$100 – 1-hour appointment + follow-up meeting

Sign here to acknowledge that you have read and understood the Program Policies and you agree to be bound by them. Participants and/or caregivers or guardians can sign.

Participant Signature: _____

Caregiver or Guardian: _____

Program Total:	\$
Donation to Reach <i>(Optional)</i>:	\$
TOTAL ENCLOSED:	\$

☐ Cash ☐ Check # _____

☐ Credit Card # _____

Expiration Date: _____ Security Code: _____

Name on Card: _____

	On The Town (OTT) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	OTT1 - Snowshoeing: 1/26	\$12 / \$14
<input type="checkbox"/>	OTT2 - Winter Crafts: 2/11	\$12 / \$14
<input type="checkbox"/>	OTT3 - REM5 Virtual Reality: 2/17	\$21 / \$23
<input type="checkbox"/>	OTT4 - Eat at Olive Garden: 3/3	\$6 / \$8
<input type="checkbox"/>	OTT5 - Popcorn & Movie Night: 3/6	\$6 / \$8
<input type="checkbox"/>	OTT6 - St. Paddy's Day Cookies: 3/17	\$10 / \$12

	On The Town: All Abilities (OTTA) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	OTTA1 - Hot Coco & Games: 1/24	\$6 / \$8
<input type="checkbox"/>	OTTA2 - Pokémon GO: 1/31	\$6 / \$8
<input type="checkbox"/>	OTTA3 - U of M Hockey Game: 2/4	\$15 / \$17 / \$15 companions # of Companions _____
<input type="checkbox"/>	OTTA4 - Movie at Emagine Theater: 2/25	\$18 / \$20 / \$13 companions # of Companions _____
<input type="checkbox"/>	OTTA5 - Eat at Tavern 4&5: 3/10	\$6 / \$8
<input type="checkbox"/>	OTTA6 - Spring Crafts: 3/25	\$10 / \$12

Newsletter Sign Up

Looking for a way to receive the latest news, updates and program information from Reach? Subscribe to our quarterly printed newsletter, monthly emails, and social media accounts.

- ☐ Subscribe to the printed newsletter (Reach Reader).

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

- ☐ Subscribe to monthly email newsletter.

Name: _____




Email: _____

- ☐ I would no longer like to receive the quarterly printed newsletter.

First & Last Name: _____

- ☐ I would no longer like to receive the monthly email newsletter.

Email: _____

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ADMIN USE ONLY

Registered by _____ Amt Pd \$ _____ Ck# _____
Pymt Received by _____

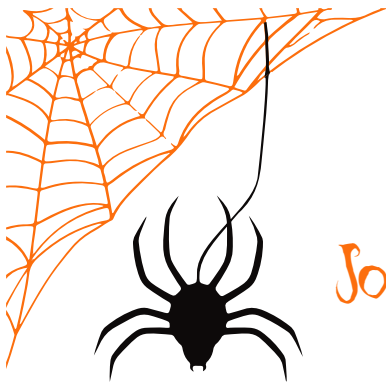
Please send completed form with payment to:
Reach for Resources
5900 Green Oak Drive, Suite 303
Minnetonka, MN 55343
Fax: 952-229-4468 • info@reachforresources.org
Online registration: reach.recdesk.com



Address Service Requested

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5900 Green Oak Drive, Suite 303
Minnetonka, MN 55343
Office: 952-200-3030
Fax: 952-229-4468
info@reachforresources.org
reachforresources.org



GHOSTLY GALA



Join us for our annual spooky celebration

Friday, October 28 • 5:30 - 8:00 p.m.

\$10 pre-register • \$15 at door

All Ages Welcomed

Brooklyn Park Community Activity Center: Grand Rooms;
5600 85th Ave. N, Brooklyn Park, MN 55443

Learn more: reachforresources.org/GhostlyGala

