

# **Certified Therapeutic Recreation Specialist (Part-time)**

## **Department Overview**

Reach for Resources is a nonprofit agency based out of Minnetonka, Minnesota. We provide individualized services that maximize independence, boosts community engagement and improve physical and emotional well-being to individuals of all abilities living in the Minneapolis metro area. Our recreation department offers small group and individual therapeutic services and also contracts with county and city park and recreation departments to provide adaptive recreation, inclusion support, and training services to their community members.

### Job Summary

The recreation therapist will plan and facilitate recreation-based therapy sessions for identified individuals. Sessions may be run in homes, at the Reach office, or at a community setting. Sessions may be individual or small groups. The therapist will be the main point of contact for each person. The therapist will manage their own schedule and complete all necessary paperwork and billing procedures associated with therapy as well as other training required by Reach and licensing requirements. This is a growing program so the hours will be limited at first with the option of increasing over time.

### **Essential Duties and Responsibilities**

- Plan goal focused programs for identified individuals
- Employ therapeutic techniques to improve cognitive, physical, and emotional wellbeing
- Evaluate participants behaviors during sessions
- Effectively communicate progress and goals for participants
- Encourage participant reflection
- Conduct assessments as needed
- Respond to referrals in a timely fashion and schedule sessions independently
- Keep detailed notes and evaluations of program and participant progress
- Complete individual paperwork and billing

### **Required Qualifications**

- Certified Therapeutic Recreation Specialist Credential
- A genuine liking for working with kids and adults of all abilities
- Current knowledge of best practices in Therapeutic Recreation
- Must be energetic and willing to make a difference program participants' lives
- Strong communication skills
- Ability to work as a member of a team
- Must have current driver's license in good standing and maintain own reliable transportation
- Strong written and oral communication skills
- Ability to lift to 30 lbs.

### **Preferred Qualifications**

- Evening and weekend availability
- Knowledge of community inclusion
- BA in recreation or a related field

- Group leadership experience
- At least 1 year experience working with individuals with disabilities
- Ability to work with a flexible schedule

### **Additional Information**

Reach for Resources, Inc. is an Equal Opportunity Employer. Reach for Resources, Inc. does not discriminate on the basis of race, religion, color, sex, gender identity, sexual orientation, age, nondisqualifying physical or mental disability, national origin, veteran status or any other basis covered by appropriate law. All employment is decided on the basis of qualifications, merit, and business need.

### To Apply

Please complete the online application on the Employment page of our website, <u>www.reachforresources.org</u>, and send your cover letter and resume to Emily Orr, Director of Adaptive Recreation & Inclusion:

Reach for Resources Attn: Emily Orr 5900 Green Oak Dr Suite 303 Minnetonka, MN 55343 <u>eorr@reachforresources.org</u> Fax: 952-229-4468 <u>www.reachforresources.org</u>