

Reach 'On Tap' fundraiser
is June 19. Learn more:
reachforresources.org/ROT

Woodbury has been
added to our list of
Inclusion cities!

Reach Charity Golf Tournament
is July 17. Learn more:
reachforresources.org/golftournament

Empowering people of all-abilities to reach their full potential.

SPRING 2023

Reach Reader

A Man of Many Talents

"A lady asked the police if they could watch her bird for her. The police said, 'I think we will stick to jail birds.'" That is only one, of over 150 creatively, funny jokes, Trey has made up. Not only does Trey love writing jokes, being challenged, doing impressions, and organizing things, he has been supported through Reach's Employment Services over the past two years.

2022 was a big year for Trey! Early in the year, he moved out of a group home into his own studio apartment that he found on his own. Using apartments.com, Trey said that he looked around until he found one that was in his price range. After taking a tour of the place, Trey knew it was going to be the perfect apartment for living on his own. He says the best part of living on his own is, "I get to do whatever I want. No limitations and I'm totally free. I can buy the food that I want too." Over the past 9 months, Trey has been thriving living on his own.

In addition to a new apartment, Trey got his first full time job. Since 2017, Trey has been volunteering at the local nonprofit Free Geek Twin Cities. Free Geek's mission is to make affordable technology available to their local communities and accepts electronic donations of all kinds. Trey is responsible for organizing and sorting the cord room, which has earned him the volunteer title, Organizational Associate. As Trey says, "One of my favorite hobbies is organizing and sorting things." This past spring Trey started working with Roy in Reach's Employment Services. Roy knew he needed to find Trey a job where he could put his hobbies to use. While at Goodwill St. Louis Park, Roy name dropped Trey to the manager. The manager called Trey for an interview. Trey said, "Everything with the interview was positive. I told him a lot about me and that I like keeping busy. And I'm very good at organizing and sorting." Within a day, Trey was hired part time as a Donation Processor. Less than a year later, Trey was offered a full time position with a pay increase. *(continued on page 2)*



To learn more about Reach's
Employment Support Services, visit:
reachforresources.org/EmploymentSupports



Scan
Me!

Housing Info Session & Roommate Social

Do you have questions about Reach's Housing Stabilization Services or want to learn more about it? Come meet Reach's new Housing Manager, Abi, and learn about housing funding, policies and the application process. Plus, we will be hosting a social hour where prospective roommates can meet each other and connect on possible living situations. If you have any questions about the event, please email: Abi at asalm@reachforresources.org. Spots are limited, so please register online or by using the Spring Rec Registration Form.

Thursday, April 20 • 6:30 - 8:00 p.m.

SLP Rec Center: Banquet Room

3401 Louisiana Ave. S, St. Louis Park, MN 55416

Fee: \$5 resident / \$6 non-resident

Register: reach.recdesk.com or the Spring Rec Registration Form



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Give to the Max Day was a Success!

Thank you to everyone who donated for Give to the Max Day! Because of your support, we were able to raise nearly \$10,000! Special thank you to Ken Nash for matching all donations up to \$5,000 in memory of Mary Ellen and David Kaul. To learn more about Mary Ellen and David Kaul, visit: bit.ly/KaulFamily. From everyone at Reach, THANK YOU!

A Man of Many Talents (continued from page 1)

Trey loves his job especially talking to the customers and working with his awesome co-workers!

With a new apartment and job, there comes the added responsibility of budgeting and paying bills. As Trey says, "How to get your money to last each month comes with these responsibilities. I've been doing good on paying bills, paying stuff and at the end of the month spending my left over money on stuff I want." Trey has been doing great working on budgeting and paying his bills. Currently, he said he's working on impulse control and not spending his money on unnecessary stuff.

What's Trey looking forward to in 2023? Trey is looking to move from his studio apartment to a 1-bedroom place in his apartment complex. In addition, he is hoping to finish his GED in the spring and then look into college courses. He wants to pursue a degree in software and hardware engineering. Trey is also thinking about getting a possible second job at a technology-based company like Best Buy. For personal growth, Trey says he's working on not getting distracted at work and getting better at multitasking. He's also working on letting stuff go especially with things he can't control. For long-term goals, Trey says he wants to become an inventor, own his own business, write a joke book and be able to support himself without Social Security. Trey is well on his way to achieving all his goals and we have no doubt he will succeed in all his life's pursuits. He has a very bright future and Reach is happy to be just a stepping stone for his long-term success. Good luck Trey!



The Ghostly Gala was a Spooktacular Time

Thank you to everyone who attended our Ghostly Gala on October 28th, 2022. It was a fun filled night of games, dancing, pizza and lots of creative costumes. We look forward to seeing you next year! Thank you to our event photographers Josh Zenner and Michelle Arlt. To view the event photos visit: reachforresources.org/GhostlyGala.



Thank you to our Ghostly Gala sponsors:



Piper Garmon



BOB FM Radiothon

Benefiting the nonprofits Reach for Resources and Fishing for Life.

Thursday, April 20 • 7:00 a.m. - 7:00 p.m.

Radiothon Number: 763-450-0500

Mybobcountry.com • 105.5 (St. Cloud/Central MN) • 106.1 (Twin Cities)

107.5 (Faribault/Southern MN/Princeton) • 1300 AM (Princeton)

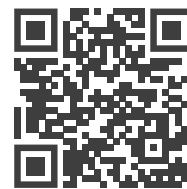
Donate online: web.charityengine.net/radiothon

Get your radios ready, the BOB FM Radiothon is back! Since 2019, the BOB FM Radiothon has filled the Minnesota airwaves with uplifting stories from individuals, families, sponsors and staff from Reach for Resources and Fishing for Life. Last year, the donations helped us provide individualized services, support, physical and mental well-being assistance and fishing programs to over 1,800 individuals throughout Minnesota and the Twin Cities metro. This year, we want to support even more individuals through both organizations. Check out the new incentives we have this year for donors who give at a certain amount.

Thank you to our Radiothon sponsors:



Donate Early



ADAPTIVE RECREATION PROGRAMS

AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Golden Valley
- Maple Grove
- Plymouth
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or visit: reachforresources.org.

All fees stated represent pre-registration. Registration for a program is required at least 3 days before the start date unless otherwise noted.

EASY ONLINE REGISTRATION!

We have an online sign-up software that makes it easier than ever to find and register for programs. This software allows you to create an account, view your invoices and download a calendar with all your upcoming programs.

Sign-up for an account:
reach.recdesk.com

PROGRAM DETAILS

For 2023, we will be offering a variety of programs including different billable options.



VIRTUAL PROGRAMS

- Programs are for "All Ages" unless specified
- Virtual via: WebEx or Zoom



IN-PERSON PROGRAMS

- Programs are for "All Ages" unless specified
- Variety of locations
- Masks are welcome but not required for indoor programs



WAIVER ELIGIBLE PROGRAM

- Program may be billable via ILS therapies waiver
- Contact Emily at eorr@reachforresources.org or 952-393-5880 to learn more

INCLUSION SUPPORT

Reach provides inclusion support to children and adults with disabilities who would like to participate in their city's park and recreation programs. Registration for these programs is done through your local park & rec department.

Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Chaska
- Crystal
- Edina
- Golden Valley
- New Brighton
- New Hope
- Robbinsdale
- Roseville
- St. Louis Park
- Three Rivers Park District
- Woodbury

After registering for a city park program, contact Reach to discuss the needs/accommodations for yourself or your child via: inclusion@reachforresources.org.

Please allow a minimum of two weeks notice for a successful inclusion.

Adaptive Recreation & Inclusion Program Policies

I understand that participation in this activity is completely voluntary and the activity is being offered for the benefit of the participant. Reach for Resources, Inc. along with its agents and employees shall not be liable for any claims, injuries, or damages of whatever nature, incurred by the participant arising out of, or connected with, recreational activities. All participants must be registered for a program in order to attend. Please register at least two weeks prior to the beginning of a program. If there are not enough people registered for a program it will be canceled a minimum of 3 days prior to the beginning of the program. Participants will be notified by phone or email and a refund will be processed. If classes or recreation activities are canceled due to inclement weather, Reach will schedule a make-up session or offer a refund when possible. For a recorded message about activity cancellations, call 952-200-3030. A written request to withdraw from an activity at least two weeks prior to the activity is eligible to receive a refund (except for Weekend Ventures, which abides by a separate cancellation policy), less a \$5 cancellation fee per class. Refunds are not awarded for ticketed events. Caregivers are welcome to attend all Reach programming with the exception of On The Town. Support staff and family can attend most activities free of charge, but are required to pay for ticketed events that they wish to attend. Caregivers are asked to provide any individualized support that the person they are supporting may need. Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. If a participant is more than 5 minutes late at a community-based event, staff may no longer be waiting for their arrival. If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time. Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged. Prescription and non-prescription drugs are the sole responsibility of the participant. Please visit the Reach website for further information on these policies, as well as a full description of our drug, alcohol, tobacco and behavior policies.

REGISTRATION FORM—SPRING 2023



Name: _____ Address: _____

City: _____ State: _____ Zip: _____

Birth Date: _____ Phone: _____ Alt. Phone: _____

Email: _____ Alt. Email: _____

Emergency Contact Name: _____ Emergency Phone: _____

Allergies/Diet/Accessibility: _____

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Bingo: 5/12	\$8 / \$10 at the door
<input type="checkbox"/>	Bingo & Pizza (1): 4/21	\$18 / \$20 / \$9 companions # of Companions _____
<input type="checkbox"/>	Bingo & Pizza (2): 5/20	\$18 / \$20 / \$9 companions # of Companions _____
<input type="checkbox"/>	Bookworms: Book & Film Club: Starts 4/6	\$6 / \$8 <input type="checkbox"/> Bill waiver
<input type="checkbox"/>	Bowl-A-Thon: 4/22 Shirt Size _____	\$40 in pledges by 3/1 \$50 in pledges after 3/1
<input type="checkbox"/>	Bowling - New Hope: Starts 4/1	\$78 / \$86 <input type="checkbox"/> Lane Bumpers <input type="checkbox"/> Bowling Ramp
<input type="checkbox"/>	Bowling - Park Tavern: Starts 4/1	\$78 / \$86 <input type="checkbox"/> Lane Bumpers <input type="checkbox"/> Bowling Ramp
<input type="checkbox"/>	Cooking Night - Mini Pizzas: 5/11	\$19 / \$21
<input type="checkbox"/>	Cooking Night - Pigs in a Blanket: 4/24	\$19 / \$21
<input type="checkbox"/>	Craft - Father's Day Birdhouse: 5/25	\$17 / \$19
<input type="checkbox"/>	Craft - Mother's Day Mug Painting: 5/1	\$17 / \$19
<input type="checkbox"/>	Craft - Rain Stick: 5/16	\$10 / \$12
<input type="checkbox"/>	Craft - Spring Hanging Sign: 3/29	\$20 / \$22
<input type="checkbox"/>	Dance: 80s Dance Party: 6/2	\$8 / \$10 at the door

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Dance Workout: Starts 4/7	\$12 / \$20 <input type="checkbox"/> Bill waiver
<input type="checkbox"/>	Get Strong! Strength Training: Starts 5/5	\$12 / \$20 <input type="checkbox"/> Bill waiver
<input type="checkbox"/>	Housing Info & Roommate Social: 4/20	\$5 / \$6
<input type="checkbox"/>	Karaoke with Mocktails & Snacks: 4/28	\$8 / \$10 at the door
<input type="checkbox"/>	K-Pop Dance Class: 5/9	\$6 / \$7 <input type="checkbox"/> Bill waiver
<input type="checkbox"/>	Monday Funday Group: Starts 4/17	\$41 / \$49 <input type="checkbox"/> Bill waiver
<input type="checkbox"/>	Online Dating Safety: 4/11	FREE!
<input type="checkbox"/>	Singles Mingle with Giant Games: 5/31	\$12 / \$14
<input type="checkbox"/>	Snacks & Cinema (1) - School of Rock: 5/4	\$6 / \$8
<input type="checkbox"/>	Snacks & Cinema (2) - Shrek: 6/1	\$6 / \$8
<input type="checkbox"/>	Social Seekers: Starts 3/29	\$200 / \$210
<input type="checkbox"/>	Sports Sampler: Starts 4/6	\$20 / \$24
<input type="checkbox"/>	Teen Explorers: Starts 4/11	\$5 / \$13
<input type="checkbox"/>	The Reptile Experience: 5/8	\$12 / \$13
<input type="checkbox"/>	Yoga: Starts 4/4	\$38 / \$42

PHOTO WAIVER

To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures and social networking media.

Can be photographed: Yes ☐ No ☐

First name can be used: Yes ☐ No ☐

REGISTRATION FORM—SPRING 2023

	Wednesday Night Social (WNS) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	Wednesday Night Social - ALL Programs	\$60 / \$68
<input type="checkbox"/>	WNS1 - Egg Stravaganza: 4/5	\$11 / \$12
<input type="checkbox"/>	WNS2 - Movie Night: 4/12	\$10 / \$11
<input type="checkbox"/>	WNS3 - Earth Day Craft & Trivia: 4/19	\$13 / \$14
<input type="checkbox"/>	WNS4 - Cooking Night: 4/26	\$20 / \$21
<input type="checkbox"/>	WNS5 - Eat at Teresa's: 5/3	\$10 / \$11
<input type="checkbox"/>	WNS6 - Karaoke Night: 5/10	\$10 / \$11
<input type="checkbox"/>	WNS7 - Air Dry Clay Pinch Pot: 5/17	\$13 / \$14
<input type="checkbox"/>	WNS8 - Lade of the Lake Cruise: 5/24	\$13 / \$14 / \$10 companions # of Companions _____

Therapeutic Recreation Assessment *(Appointment Only)*

Request an individual appointment with a licensed Certified Therapeutic Recreation Specialist at Reach to discuss your current activities and goals. We'll research available resources in your area to help come up with a plan for you get the most out of your leisure activities. We can have a follow up meeting in 6 or 12 months if you'd like further evaluation.

☐ \$75 – 1-hour appointment

☐ \$100 – 1-hour appointment + follow-up meeting

Sign here to acknowledge that you have read and understood the Program Policies and you agree to be bound by them. Participants and/or caregivers or guardians can sign.

Participant Signature: _____

Caregiver or Guardian: _____

Program Total:	\$
Donation to Reach <i>(Optional):</i>	\$
TOTAL ENCLOSED:	\$

☐ Cash ☐ Check # _____

☐ Credit Card # _____

Expiration Date: _____ Security Code: _____

Name on Card: _____

Billing Address (if different than registration address): _____

	Independent Adult Program (IDP) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	IDP1 - Board Games & Ice Tea: 4/7	\$10 / \$11
<input type="checkbox"/>	IDP2 - Out to the Movies: 4/18	\$18 / \$20
<input type="checkbox"/>	IDP3 - Como Zoo: 5/5	\$10 / \$11
<input type="checkbox"/>	IDP4 - Walker Art Museum: 5/6	\$10 / \$11
<input type="checkbox"/>	IDP5 - Eat at Perkins: 5/18	\$10 / \$11
<input type="checkbox"/>	IDP6 - Yard Games & Mocktails: 5/23	\$10 / \$11

	On The Town: All Abilities (OTTA) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	OTTA1 - Popcorn & Movies: 3/31	\$10 / \$11
<input type="checkbox"/>	OTTA2 - Bunny Craft: 4/3	\$13 / \$15
<input type="checkbox"/>	OTTA3 - Spa Night: 4/13	\$10 / \$11
<input type="checkbox"/>	OTTA4 - Tote Bag Decorating: 5/9	\$12 / \$14
<input type="checkbox"/>	OTTA5 - Nature Photography - Part 1: 5/15	\$12 / \$14
<input type="checkbox"/>	OTTA6 - Nature Photography - Part 2: 5/22	\$12 / \$14
<input type="checkbox"/>	OTTA7 - Nature Scavenger Hunt: 6/3	\$10 / \$11

Newsletter Sign Up

Looking to receive the latest news, updates and program information from Reach? Subscribe to our quarterly printed newsletter, monthly emails and social media accounts.

☐ Subscribe to the printed newsletter (Reach Reader).

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

☐ Subscribe to the monthly email newsletter.

Name: _____




Email: _____

☐ I would no longer like to receive the quarterly printed newsletter.

First & Last Name: _____

☐ I would no longer like to receive the monthly email newsletter.

Email: _____

 Reach4Resources  @Reach4Resources  Reach4Resources

 @Reach4Resources  Reach-for-resources-inc

ADMIN USE ONLY

Registered by _____ Amt Pd \$ _____ Ck# _____

Pymt Received by _____

Please send completed form with payment to:

Reach for Resources
5900 Green Oak Drive, Suite 303
Minnetonka, MN 55343

Fax: 952-229-4468 • info@reachforresources.org

Online registration: reach.recdesk.com

COOKING & CRAFTS

COOKING NIGHT: MINI PIZZAS

Create your own mini pizzas along with a side veggie and surprise dessert.

DAYS	DATE	TIME
Thur.	5/11	5:30-7:00 p.m.
Location	Eisenhower Community Center: Room 210; 1001 MN-7, Hopkins, MN 55305	
Age	14+	
FEE	\$19 resident / \$21 non-resident	

COOKING NIGHT: PIGS IN A BLANKET

It's National Pigs in a Blanket day! We'll bake the main course along with some sweet potato fries and a salad.

DAYS	DATE	TIME
Mon.	4/24	5:30-7:30 p.m.
Location	Eisenhower Community Center: Room 210; 1001 MN-7, Hopkins, MN 55305	
Age	16+	
FEE	\$19 resident / \$21 non-resident	



<https://lilluna.com/pigs-in-a-blanket/>

CRAFT: FATHER'S DAY BIRDHOUSE

Assemble and paint a birdhouse to gift to a father figure in your life. We will have a variety of unique items to add to your birdhouse to give it some natural flair.

DAYS	DATE	TIME
Thur.	5/25	6:30-7:30 p.m.
Location	Chanhassen Rec Center: Room 4; 310 Coulter Blvd., Chanhassen, MN 55317	
Age	14+	
FEE	\$17 resident / \$19 non-resident	



CRAFT: MOTHER'S DAY MUG PAINTING

Choose a glass or plain white mug and paint a design of your choice, to give to a special mom in your life! We'll have some examples of flowers to paint and a few other design ideas.

DAYS	DATE	TIME
Mon.	5/1	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	14+	
FEE	\$17 resident / \$19 non-resident	

CRAFT: RAIN STICK

Fill a cardboard tube with materials to create a relaxing rain sound. Decorate your tube while learning about the history of rain sticks.

DAYS	DATE	TIME
Tue.	5/16	6:30-8:00 p.m.
Location	Chanhassen Rec Center: Room 1; 310 Coulter Blvd., Chanhassen, MN 55317	
Age	14+	
FEE	\$17 resident / \$19 non-resident	

CRAFT: WELCOME SPRING HANGING SIGN

Use some Cricut vinyl, paint and wood stain to create a beautiful spring sign.

DAYS	DATE	TIME
Wed.	3/29	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Arts & Craft Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	All Ages	
FEE	\$20 resident / \$22 non-resident	



etsy.com/au/listing/1167208684

FITNESS & SPORTS

SPORTS SAMPLER



Reach is partnering with Mount Olivet Rolling Acres to put on this new sports sampler. Each week we will focus on a different sport including: Wiffle ball, basketball, kickball and floor hockey.

DAYS	DATE	TIME
Thur.	4/6-4/27	6:30-8:00 p.m.
Location	Mount Olivet Rolling Acres; 7200 Rolling Acres Rd., Victoria, MN 55386	
Age	16+	
FEE	\$20 resident / \$24 non-resident	



GET STRONG! STRENGTH TRAINING



Hang out with Emily and learn how to use your own body weight to get stronger. We'll listen to good music and follow along to exercises together. No equipment necessary, just dress for exercise and bring water.

DAYS	DATE	TIME
Fri.	5/5-5/26	10:30-11:30 a.m.
Location	WebEx	
Age	All Ages	
FEE	\$12 resident / \$20 non-resident	

YOGA



Increase attention span, focus, muscle tone and flexibility in this peaceful yoga practice. Poses can be adapted for all abilities.

DAYS	DATE	TIME
Tue.	4/4-4/25	6:30-7:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	16+	
FEE	\$38 resident / \$42 non-resident	



DANCE WORKOUT



Join Emily for a fast paced dance class where you exercise while having fun!

DAYS	DATE	TIME
Fri.	4/7-4/28	10:30-11:30 a.m.
Location	WebEx	
Age	All Ages	
FEE	\$12 resident / \$20 non-resident	

K-POP DANCE CLASS



Learn some basic dance choreography and have fun while getting a great workout!

DAYS	DATE	TIME
Tue.	5/9	3:00-4:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$6 resident / \$7 non-resident	

BOWLING LEAGUE



Join us for fun, non-competitive bowling. You will bowl two games each week.
*Off 4/22 & 5/27

NEW HOPE

DAYS	DATE	TIME
Sat.	4/1-6/3*	12:00-2:00 p.m.
Location	New Hope Bowl; 7107 42nd Ave. N, New Hope, MN 55427	
Age	All Ages	
FEE	\$78 resident / \$86 non-resident	

PARK TAVERN

DAYS	DATE	TIME
Sat.	4/1-6/3*	10:00 a.m.-12:00 p.m.
Location	Park Tavern; 3401 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	All Ages	
FEE	\$78 resident / \$86 non-resident	



GAMES & MOVIES

BOOKWORMS: BOOK & FILM CLUB



Read or listen to the book or watch the movie and join us for a lively discussion. We'll vote on the next book/movie at each meeting.

DAYS	DATE	TIME
Thur.	4/6 & 5/4	10:00-11:00 a.m.
Location	WebEx	
Age	16+	
FEE	\$6 resident / \$8 non-resident	

SNACKS & CINEMA



Relax with some friends and enjoy a movie night complete with snacks.

SCHOOL OF ROCK (2003) WITH COOKIES

DAYS	DATE	TIME
Thur.	5/4	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$6 resident / \$8 non-resident	

SHREK (2021) WITH CHIPS & A DRINK

DAYS	DATE	TIME
Thur.	6/1	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$6 resident / \$8 non-resident	

MONDAY FUNDAY GROUP



This daytime program will offer opportunities for social connection and exercise with peers. We'll do a new activity each week including: Wii bowling, Uno tournament, Bingo, crafts and more.

DAYS	DATE	TIME
Mon.	4/17-5/22	1:00-3:00 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$41 resident / \$49 non-resident	



BINGO



Enjoy a treat and play everyone's favorite game. Everybody goes home a winner!

DAYS	DATE	TIME
Fri.	5/12	6:30-8:00 p.m.
Location	Brookview Community Center: Wirth Lake Room; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	All Ages	
FEE	\$8 pre-register / \$10 at door	

BINGO & PIZZA



Let's get together for dinner & game night. Prizes and pizza for all! Companions only need to register if they want pizza.

DAYS	DATE	TIME
Fri.	4/21	6:00-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$18 resident / \$20 non-resident / \$9 companions	

DAYS	DATE	TIME
Sat.	5/20	5:30-7:30 p.m.
Location	Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	All Ages	
FEE	\$18 resident / \$20 non-resident / \$9 companions	



SOCIAL ACTIVITIES

TEEN EXPLORERS

Our teens group focuses on outdoor education and experiences. This spring we will go bug sweeping, fishing, do pond studies, paddle sports, bird identification, archery, geocaching for s'mores and honey tasting! This program's low fees are made possible by a generous grant from the MN DNR. After your registration, we will send you the full schedule.

DAYS	DATE	TIME
Tue.	4/11-5/30	4:30-6:15 p.m.
Location	Various	
Age	13-21	
FEE	\$5 resident / \$13 non-resident	



THE REPTILE EXPERIENCE

Join us for an educational and entertaining hands on presentation that features live, harmless reptiles from around the globe.

DAYS	DATE	TIME
Mon.	5/8	5:30-7:00 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	All Ages	
FEE	\$12 resident / \$13 non-resident	



DANCE: 80s DANCE PARTY

Bring a date or come meet someone special! Dance the night away and socialize with friends. Cookies and punch provided.

DAYS	DATE	TIME
Fri.	6/2	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13+	
FEE	\$8 pre-register / \$10 at door	



SINGLES MINGLE WITH GIANT GAMES

Meet some singles and play giant games at the Union Depot.

DAYS	DATE	TIME
Wed.	5/31	6:00-8:00 p.m.
Location	Union Depot; 214 4th St. E, Saint Paul, MN 55101	
Age	18+	
FEE	\$12 resident / \$14 non-resident	



KARAOKE WITH MOCKTAILS & SNACKS

Enjoy karaoke, snacks, mocktails and lots of music with your friends.

DAYS	DATE	TIME
Fri.	4/28	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	All Ages	
FEE	\$8 pre-register / \$10 at door	



ONLINE DATING SAFETY

Learn the ins and outs of online dating and how to safely connect with other singles. This workshop will be taught by Lutheran Social Service of MN's SELF team. Due to generous funding sources, there is no cost to attend this workshop.

DAYS	DATE	TIME
Thur.	4/11	5:30-7:30 p.m.
Location	Zoom	
Age	18+	
FEE	FREE	



SOCIAL SEEKERS

This program is for teens and adults on the Autism spectrum. We meet once a week for fun, social interaction and to play games, solve riddles and work through our weekly highs and lows. For more info. or to schedule an intake call 952-393-4277.

DAYS	DATE	TIME
Wed.	3/29-5/31	5:00-6:30 p.m.
Location	Depot Coffee House; 9451 Excelsior Blvd., Hopkins, MN 55343	
Age	15+	
FEE	\$200 resident / \$210 non-resident	



WEDNESDAY NIGHT SOCIAL

The goal of this program is to become more engaged in your community and to build social skills, coping skills and practice flexibility. Activities include cooking classes, craft nights, professional sports outings, going out to eat and so much more! Open to individuals of all abilities. Participants can bring a staff or caregiver if additional support is needed. Sign up for the full series or individual activities.



Age: 18+

Date: Wednesdays, April 5 - May 24

Time: 6:30 - 8:30 p.m. (*unless noted*)

Fee for ALL the events: \$60 resident / \$68 non-resident

WNS1: EGG STRAVAGANZA

Let's color some hard boiled eggs and do other egg-citing activities!

DAYS	DATE	TIME
Wed.	4/5	6:30-8:30 p.m.
Location	SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$11 resident / \$12 non-resident	

WNS2: MOVIE NIGHT

Rest and recover with a chill movie night.

DAYS	DATE	TIME
Wed.	4/12	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS3: EARTH DAY CRAFT & TRIVIA

Come make a fun craft for Earth Day & play some nature-based trivia.

DAYS	DATE	TIME
Wed.	4/19	6:30-8:30 p.m.
Location	Brooklyn Center Community Center: Cohen Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
FEE	\$13 resident / \$14 non-resident	

WNS4: COOKING NIGHT

Warm up with some chicken soup and relax with some mocktails.

DAYS	DATE	TIME
Wed.	4/26	5:30-7:30 p.m.
Location	Eisenhower Community Center: Room 210; 1001 MN-7, Hopkins, MN 55305	
Age	18+	
FEE	\$20 resident / \$21 non-resident	

WNS5: OUT TO EAT AT TERESA'S

Celebrate Cinco De Mayo early with some delicious Mexican cuisine! **Please bring \$10-\$20 to order off the menu.**

DAYS	DATE	TIME
Wed.	5/3	5:30-7:00 p.m.
Location	Teresa's Mexican Restaurant; 5621 Duluth St., Golden Valley, MN 55422	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS 6: KARAOKE NIGHT

Sing karaoke and dance with your friends.

DAYS	DATE	TIME
Wed.	5/10	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS7: AIR DRY CLAY PINCH POT

Play with clay and create a pot to take home. Use it for decoration as it will not be food-safe.

DAYS	DATE	TIME
Wed.	5/17	6:30-8:30 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$13 resident / \$14 non-resident	

WNS8: LADY OF THE LAKE CRUISE

Enjoy a relaxing cruise on beautiful Lake Minnetonka on the Lady of the Lake paddle boat. Light snacks and drinks will be provided.

DAYS	DATE	TIME
Wed.	5/24	6:00-8:30 p.m.
Location	Lady of the Lake; 8 Water St., Excelsior, MN 55331	
Age	18+	
FEE	\$13 resident / \$14 non-resident / \$10 companions	



INDEPENDENT ADULT PROGRAMS

(Formally known as On The Town)

This independent social program is for adults and young adults who want to explore their community with minimal support. To minimize safety concerns, a brief intake is required. To schedule an intake, please call: 952-393-4277.



Age: 18+

IAP1: BOARD GAMES & ICE TEA

Come play some fun board games and meet new friends.

DAYS	DATE	TIME
Fri.	4/7	6:00-7:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

IAP3: COMO ZOO

Join us at the Como Zoo to see some of the awesome animals. **Please bring \$5-\$20 if you would like to purchase a snack or an item from the gift shop.**

DAYS	DATE	TIME
Fri.	5/5	4:00-6:00 p.m.
Location	Como Zoo; 1225 Estabrook Dr., Saint Paul, MN 55103	
Age	18+	
FEE	\$10 resident / \$11 non-resident	



IAP5: OUT TO EAT AT PERKINS

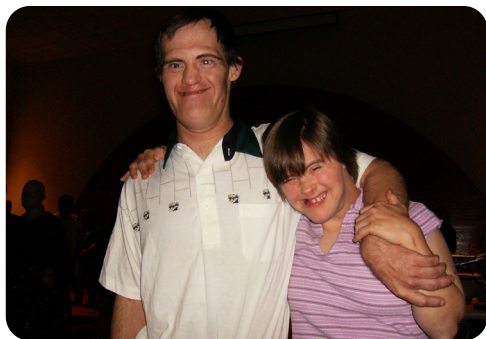
"Brinner" or regular dinner, it's up to you. **Please bring \$10-\$20 to order off of the menu.**

DAYS	DATE	TIME
Thur.	5/18	5:30-7:00 p.m.
Location	Perkins Restaurant & Bakery; 6920 Wayzata Blvd., Golden Valley, MN 55426	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

IAP2: OUT TO THE MOVIES

See a newly released movie at the theater. The movie will be decided later. Movie ticket included in price. **Please bring \$5-\$15 if you would like to purchase a snack.**

DAYS	DATE	TIME
Tue.	4/18	Approx. 6:00-8:00 p.m.
Location	Imagine Willow Creek Theater; 9900 Shelard Pkwy., Plymouth, MN 55441	
Age	18+	
FEE	\$18 resident / \$20 non-resident	



IAP6: YARD GAMES & MOCKTAILS

Spring is here! Let's hang out outside and enjoy some fun yard games, mocktails and a light snack.

DAYS	DATE	TIME
Tue.	5/23	6:00-8:00 p.m.
Location	SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10 resident / \$11 non-resident	



IAP4: WALKER ART MUSEUM

Check out this unique art museum and sculpture garden. Admission is free.

DAYS	DATE	TIME
Sat.	5/6	2:30-4:30 p.m.
Location	Walker Art Museum; 725 Vineland Pl., Minneapolis, MN 55403	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

ON THE TOWN: ALL ABILITIES

This is a community-based social program for adults and young adults who want to explore their community. More details to come upon registration and before the event. Companions are welcomed and an intake meeting is not required.



Age: 18+

OTTA1: POPCORN AND MOVIES

Relax with some friends and enjoy a movie night complete with popcorn and drinks.

DAYS	DATE	TIME
Fri.	3/31	6:30-8:30 p.m.
Location	Brooklyn Center Community Center: Cohen Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

OTTA2: BUNNY CRAFT

Paint a flower pot white, use ribbons as ears and add a cute bunny face for a festive decor item.

DAYS	DATE	TIME
Mon.	4/3	6:30-8:00 p.m.
Location	Chanhassen Rec Center: Room 4; 310 Coulter Blvd., Chanhassen, MN 55317	
Age	18+	
FEE	\$13 resident / \$15 non-resident	

OTTA3: SPA NIGHT

Let's relax with some calming music, hot tea, manicures and face masks.

DAYS	DATE	TIME
Thur.	4/13	6:00-7:30 p.m.
Location	Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

OTTA4: TOTE BAG DECORATING

Use fabric pens and puff paint to decorate a black tote bag.

DAYS	DATE	TIME
Tue.	5/9	6:30-8:00 p.m.
Location	Brookview Community Center: Wirth Lake Room; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	18+	
FEE	\$12 resident / \$14 non-resident	



OTTA5: NATURE PHOTOGRAPHY - PART 1

Go on a nature walk and explore the trails. Take photos with digital cameras and choose your favorite to be printed.

DAYS	DATE	TIME
Mon.	5/15	6:00-7:30 p.m.
Location	French Regional Park; 12605 Rockford Rd., Plymouth, MN 55441	
Age	18+	
FEE	\$12 resident / \$14 non-resident	

OTTA6: NATURE PHOTOGRAPHY - PART 2

We will take your photo from part 1 and put it in a wooden picture frame and then decorate the frame.

DAYS	DATE	TIME
Mon.	5/22	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$12 resident / \$14 non-resident	

OTTA7: NATURE SCAVENGER HUNT

Explore the Eloise Butler Wildflower Garden and look for different colored items.

DAYS	DATE	TIME
Sat.	6/3	5:30-7:30 p.m.
Location	Eloise Butler Wildflower Garden; 1 Theodore Wirth Pkwy., Minneapolis, MN 55405	
Age	18+	
FEE	\$10 resident / \$11 non-resident	





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info@reachforresources.org
reachforresources.org



Reach Bowl-A-Thon

Join us for our annual bowling FUNdraiser! Collect pledges and then join us for two games of bowling, pizza, good music and prizes. Don't miss this great opportunity to spend the day having fun with your friends while supporting Reach.

Saturday, April 22 • 10:00 a.m. - 1:00 p.m.

Park Tavern: 3401 Louisiana Ave. S, St. Louis Park, MN 55426

Register online: reachforresources.org/BAT

Fee: \$40 by March 1; \$50 after March 1

[Learn More](#)

