



Fact Sheet

Reach for Resources is a nonprofit organization who empowers people of all-abilities to reach their full potential. We do this by providing individualized services that maximize independence, boosts community engagement and improves physical and emotional well-being.

Our Services

Reach serves over 1,300 individuals annually through our wide variety of services and supports.

- **Adaptive Recreation:** Reach offers a variety of recreation programs specifically adapted to meet the needs of people with developmental disabilities. Our adaptive programs include Sports & Fitness, Social Activities, Arts & Crafts, Mind-Body Wellness and so much more.
- **Case Management:** Our case managers provide personalized supports to individuals looking to coordinate their services through waiver and non-waiver funding. This is done by: developing a person-centered service plan, informing the treatment team of service options, identifying service providers, evaluation and monitoring of services, advocating on behalf of the individual and researching & accessing additional resources.
- **Counseling:** Reach offers individual and group therapy services to adults, adolescents and families of all-abilities in need of emotional support. We strive to help individuals share their personal struggles, develop awareness of their emotional patterns, develop understanding of emotions and develop emotional coping strategies.
- **Employment Services:** Our employment Services Department works in cooperation with different employers to provide a positive experience for people with disabilities within the community. This program can provide resume assistance, vocational assessments, support with placements, job searching, on-site training and job coaching.
- **Housing Stabilization Services:** Reach provides Housing Stabilization Services and Housing Support - Independent. We help people find independent housing and work with each person to maintain their housing once it is in place.
- **Inclusion:** Reach works with city parks and recreation departments to provide an extra staff person at a program when a person with a disability requests additional accommodations to be successful. Inclusion support is available in these cities: Brooklyn Center, Brooklyn Park, Chanhassen, Chaska, Crystal, Edina, Golden Valley, New Brighton, New Hope, Robbinsdale, Roseville St. Louis Park, the Three Rivers Park District and Woodbury.
- **In Home Services:** Reach helps adults with disabilities increase independence and integrate into their communities. We offer a wide range of individualized support services to help people achieve their goals, including In-Home Family Supports, Supported Living Services and Independent Living Skills.
- **Mental Health Services:** Our experienced mental health team has been duly trained to address both disability issues and mental health disorders. We offer: Adult Rehabilitative Mental Health Services (ARMHS), Children's Mental Health Targeted Case Management (TCM) and Parenting Capacity Services.



Fact Sheet

History

Our organization became a not-for-profit, 501(c)(3) in 1985. At the time, it was known as West Hennepin Community Services. It had been operating for six years through Arc Greater Twin Cities as a neighborhood support center for local families, providing assistance for individuals with intellectual disabilities and mental health conditions. As society was moving away from the widespread institutionalization of people with disabilities, these families helped create this group to increase the self-sufficiency and community inclusion of their loved ones. After receiving its own nonprofit status in 1985, the organization remained West Hennepin Community Services until 2002, when it was renamed to Reach for Resources, Inc.

Reach currently has approximately 80 full- and part-time employees. We also have an active volunteer base of generous people playing a crucial role in our ability to serve adults and children of all-abilities.

Support Reach

There are many different ways you can help support Reach's vision. Nearly 87% of all funding Reach receives goes directly to programming. Gifts of all sizes help us provide services to the individuals we serve and support day-to-day operations. Reach is an IRS-designated 501(c)(3) charitable organization. To learn more about donating, sponsorship opportunities and gifts please visit: reachforresources.org/donate-now.

You can also support Reach by volunteering. Reach has a variety of opportunities available for weekends, evenings and during the day, with flexibility in the level of commitment. Volunteers can work directly with individuals we serve, help with office admin tasks, serve on our Board of Directors and help plan fundraising events. To learn more about volunteering, please visit: reachforresources.org/volunteer.

Location & Service Area

Reach's office is located in Minnetonka, Minnesota. We work with people who live throughout Minnesota, with the majority living in the 7-metro county area surrounding Minneapolis.

Directions from 169 North

- Take the Bren Road and Londonderry Exit.
- Turn left at the stoplight and continue straight.
- Using the middle left lane, keep left onto Green Oak Drive (it's the next left after Opus Pkwy). This is a one-way street. Reach is located in the first building on the right. The building says Recover Health on it.

Directions from 169 South

- Take the Bren Road and Londonderry Exit.
- Turn right at the stoplight and continue straight.
- Using the middle left lane, keep left onto Green Oak Drive (it's the next left after Opus Pkwy). This is a one-way street. Reach is located in the first building on the right. The building says Recover Health on it.



Reach's Office is located on the 3rd floor.



Online Resources: Newsletter & Bill Pay

Online Bill Pay

If you have received an invoice from Reach, we have the option to pay your invoice online:
web.charityengine.net/billpay. Cash or check Payments can be mailed to our office for processing.

If you have any questions, please reach out to:
Roseann Lent
Finance & Office Manager
952-200-5024 | rlent@reachforresources.org
5900 Green Oak Drive, Suite 303 | Minnetonka, MN 55343

Scan for
Online Bill Pay



Newsletter & Reach Reader Online Sign Up

Want to stay up-to-date with the latest news, updates and program information at Reach?
Subscribe to our free quarterly printed newsletter, monthly emails and social media accounts.
Register online at: [ReachNewsletterSignUp](#).

Scan to sign-up for
our newsletters



Reach Reader

Our printed newsletter will be mailed, for free, to your house every 3-4 months. The Reader includes great articles, upcoming fundraising events, latest Reach news, adaptive rec programs and the registration form for adaptive rec programs.



Monthly Email

Our monthly email includes upcoming fundraising events, important Reach updates, adaptive rec programs and other relevant Reach information.

Newsletter & Reach Reader Sign Up

Please detach and mail this form to the Reach office at 3900 Green Oak Dr., Suite 303, Minnetonka, MN 55343 or give it to a Reach employee.

☐ Subscribe to the printed newsletter (Reach Reader).

☐ Subscribe to the monthly email newsletter

Name: _____

Name: _____

Address: _____

Email: _____

City: _____

Phone (optional): _____

State: _____ Zip: _____



Adaptive Recreation & Inclusion

Adaptive Sports & Fitness

Reach offers a variety of recreation programs specifically adapted to meet the needs of people with developmental disabilities. The programs are designed to promote physical health, gain confidence, enhance team building skills and to have fun! We offer a non-competitive environment and programs are designed for ages 14 through adulthood. Some programs include:

- Basketball
- Bowling
- Dance Classes
- Softball
- Strength Training
- Yoga
- And More!



Register for
Programs



Social Activities

We offer a variety of different social groups and activities for teens and adults of all abilities and interests. We value being engaged members in our community and get out and about as much as we can. Sign up for our quarterly newsletter and monthly email to stay informed about our latest programs at: reachforresources.org/AdaptiveRec. Below are a few of Reach's social activities:

- Bingo
- Craft Nights
- Dances
- Farmers Markets
- Karaoke
- Movies
- Out To Eat At Restaurants
- Shopping
- Social Skills Groups
- Sports Games
- Trivia Nights
- And More!

Inclusion Support

Reach works with city parks and recreation departments to provide an extra staff person at a program when a person with a disability requests additional accommodations to be successful. These inclusion facilitators work together with coaches and instructors to blend in, providing the minimum support needed at any given time and encourage independence and skill building in all of the participants. Inclusion staff members support children and adults in all types of programs.

To learn more about Inclusion Support, visit: reachforresources.org/Inclusion



Who is Reach for Resources?

Reach for Resources is a nonprofit that empowers people of all-abilities to reach their full potential. This is done by providing individualized services that maximize independence, boosts community engagement and improves physical and emotional well-being. Reach supports individuals throughout the Twin Cities and surrounding suburbs and offers four different service areas: Adaptive Recreation & Inclusion, Community Living Services, Case Management and Mental Health Services. To learn more, visit: reachforresources.org.

5900 Green Oak Dr., Ste 303
Minnetonka, MN 55343

Emily Orr, MA, CTRS
Director of Adaptive Recreation & Inclusion

(p) 952-393-5880
eorr@reachforresources.org



[Reachforresources.org](https://reachforresources.org)



[@Reach4Resources](https://www.facebook.com/Reach4Resources)



[@Reach4Resources](https://www.instagram.com/Reach4Resources)



[@Reach4Resources](https://www.twitter.com/Reach4Resources)



Community Living Services

Employment Services

The Employment Services Department works in cooperation with different employers to provide a positive experience for people with disabilities within the community. This program can provide resume assistance, vocational assessments, support with placements, job searching, on-site training and job coaching. Employment Services can be funded through waiver, county funding and VRS.

Learn more:
reachforresources.org/EmploymentServices



Housing Services

Reach provides Housing Stabilization Services and Housing Support - Independent. We help people find independent housing and work with each person to maintain their housing once it is in place.

Learn more:
reachforresources.org/HousingServices



In Home Services

The In Home Services Department helps adults with developmental disabilities achieve the highest level of self-reliance, as well as, integration into their communities. We work with individuals by providing person-centered services that work best for each individual and their families. This type of support is different for each person and is based around their preferences, goals and abilities.

Learn more:
reachforresources.org/InHomeServices



Who is Reach for Resources?

Reach for Resources is a nonprofit that empowers people of all-abilities to reach their full potential. This is done by providing individualized services that maximize independence, boosts community engagement and improves physical and emotional well-being. Reach supports individuals throughout the Twin Cities and surrounding suburbs and offers four different service areas: Adaptive Recreation & Inclusion, Community Living Services, Case Management and Mental Health Services. To learn more, visit: reachforresources.org.



5900 Green Oak Dr., Ste 303
Minnetonka, MN 55343

Larissa Beck
Director of Community Living

(p) 952-688-3050
lbeck@reachforresources.org



Mental Health Services

Adult Rehabilitative Mental Health Services (ARMHS)

ARMHS is a recovery-based rehabilitative program that enables individuals to develop and improve their psychiatric stability in various areas of their lives, such as mental illness symptom management, interpersonal communication, household management and relapse prevention. Skills that have been lost or diminished due to symptoms of mental illness can be acquired, practiced and enhanced through training and education. Our qualified ARMHS Practitioners provide one-on-one support both in the home and in the community. (Funded by MA) Learn more: reachforresources.org/ARMHS

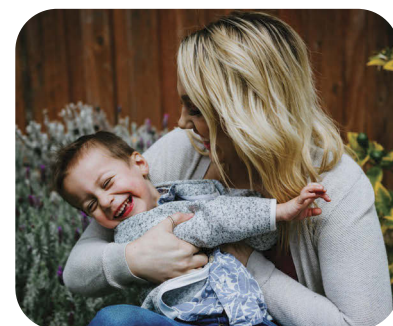


Children's Mental Health Targeted Case Mgmt (TCM)

Children's Mental Health Targeted Case Management assists children diagnosed with a severe emotional disturbance (SED) and their families with assessing, accessing, coordinating, monitoring and planning mental health services. Case management services help the child/family obtain needed mental health services, social services, educational services, health services, vocational services, recreational services and related services in areas such as volunteer services, advocacy, transportation and legal services. Reach provides Hennepin County contracted case management services to families living within Hennepin County with children ages 5-21 who meet the need for these services. (Funded by MA and/or Hennepin County) Learn more: reachforresources.org/TCM

Parenting Capacity Services (PCS)

Reach is contracted with Hennepin County to provide parent education to families receiving child protection services with a goal of keeping children with their family, in their community and with support for their long-term stability. Our trained Parent Educators incorporate Quality Parenting Initiative (QPI) practices and Protective Factors (parent resilience, nurturing and attachment, knowledge of parenting and child development, social and emotional competence of children, social connections, concrete supports) in supporting families with children placed both in and outside the home to promote relationship building in hopes of reunification and/or reduced involvement with child protection services. This program is restricted to families directly referred to Reach by Hennepin County Child Protection Services. Learn more: reachforresources.org/PCS



Who is Reach for Resources?

Reach for Resources is a nonprofit that empowers people of all-abilities to reach their full potential. This is done by providing individualized services that maximize independence, boosts community engagement and improves physical and emotional well-being. Reach supports individuals throughout the Twin Cities and surrounding suburbs and offers four different service areas: Adaptive Recreation & Inclusion, Community Living Services, Case Management and Mental Health Services. To learn more, visit: reachforresources.org.

5900 Green Oak Dr., Ste 303
Minnetonka, MN 55343

Jessica Cermak
Managing Director - Mental Health Services

(p) 952-737-2980
jccermak@reachforresources.org



[Reachforresources.org](https://reachforresources.org)



[@Reach4Resources](https://www.facebook.com/Reach4Resources)



[@Reach4Resources](https://www.instagram.com/Reach4Resources)



[@Reach4Resources](https://twitter.com/Reach4Resources)

Waiver Case Management

Reach's case managers are the bridge that connects you to the services needed to live a full life. They are dedicated to creating a Community Services Support Plan that is the best reflection of the goals you would like to accomplish. Our case managers will work with individuals, their families and current providers to create a person-centered service plan based on an individual's needs and preferences within the guidelines of their waiver. In addition, case managers complete will assessments, inform the treatment team of service options, identify service providers, while evaluating and monitoring services. Case managers will also advocate on behalf of the individual, and assist with researching and accessing additional resources. Learn more: reachforresources.org/CaseManagement



When a case is transferred to Reach

Once a case is transferred to Reach from Hennepin County, the following Monday, a case manager will contact you to set up an initial meeting. This initial meeting must take place within 10 days of the case being transferred, to ensure the services being provided are meeting your needs. During the initial meeting the case manager will introduce themselves, get to know the person receiving services and their care takers. Next, the case manager will go over the current support plan and service providers. If your needs are not being met by any of the providers, please let your case manager know.

Appointments & communication

Annual and quarterly meetings are dependent upon each person's waiver and allocation for the service. Appointments usually range from one to two hours depending on the goals, person and service providers. Your case manager will be available by phone and email during regular business hours, 9:00 a.m. - 5:00 p.m. Case managers will return your call or email within two business day.



Who is Reach for Resources?

Reach for Resources is a nonprofit that empowers people of all-abilities to reach their full potential. This is done by providing individualized services that maximize independence, boosts community engagement and improves physical and emotional well-being. Reach supports individuals throughout the Twin Cities and surrounding suburbs and offers four different service areas: Adaptive Recreation & Inclusion, Community Living Services, Case Management and Mental Health Services. To learn more, visit: reachforresources.org.



Welcome to Reach for Resources!

Our mission is to empower people of all-abilities to reach their full potential. We do this by providing individualized services that maximize independence, boosts community engagement and improves physical and emotional well-being.

As you start working with Reach, we hope you find our organization, services, and supports are a good fit for you and your loved ones. We provide quality, individualized supports and services, thanks to our amazing staff, network of volunteers and generous supporters.

To continue to maintain and grow our organization to support more individuals, we need your help. Individuals, like yourself, can share their time, talent, or treasures with us. It's easy to get involved! You can attend one of our local events, share your one or many talents with us by volunteering, or by directly supporting our services.

Your donation, of any size or kind, makes a big impact on our organization and the people we support. For example:

- **2 Hours of Volunteering** helps successfully run an adaptive recreation program while providing emotional benefits to volunteers and participants.
- **\$50** gives an hour of life-changing, Semi Independent Living Services.
- **\$500** supports a week of case management for up to 25 individuals & families.
- **\$2,500** gives someone the gift of critical employment support.

In addition, most companies match donations their employees make to Reach. We've made it easy to see if your company will match your generosity. Check our website for details and to sign up for our monthly email newsletter or quarterly printed Reach Reader.

To learn more about supporting Reach, please contact our Development Officer, Jason. Interested in volunteering? Please reach out to our Event & Volunteer Manager, Madison. We look forward to hearing from you!

Thank you for considering to sharing your time, talent, and treasure with us.

Jason Skoog
Development Officer
(952) 564-8680
jskoog@reachforresources.org

Madison Fowler
Event & Volunteer Manager
(952) 688-7598
mfowler@reachforresources.org



5900 Green Oak Drive, Suite 303, Minnetonka, MN 55343

reachforresources.org • info@reachforresources.org • General Voicemail: 952-200-3030 • Fax: 952-229-4468



Donation & Sponsorship Opportunities



Who is Reach for Resources?

Reach is a nonprofit organization who serves and empowers people of all-abilities throughout the Twin Cities metro and surrounding suburbs. We provide individualized services that maximize independence, boosts community engagement and improves physical and emotional well-being.

What services does Reach provide?

Reach provides five main services: Adaptive Recreation & Inclusion, Mental Health, Counseling, Community Living and Case Management. Adaptive Recreation & Inclusion offers a variety of activity programs that are specifically designed to meet the needs of people with disabilities. Community Living provides employment support, housing stabilization and living support services. Mental Health offers a variety of specialized services to address both disability concerns and mental health conditions. Case Management provides personalized supports to individuals looking to coordinate their services through waiver funding. Counseling offers individual and group therapy.



Your donation goes to:



Helping Reach provide adaptive programs that promote physical health, build social skills, help with community integration and enhance team building skills.

Because of Reach's Adaptive Recreation programs, individuals like Susan are able to enjoy weekly yoga classes with her friends. These classes focus on breathing techniques and increased body awareness while being specifically adapted to meet the needs of individuals with a wide range of disabilities.



Providing housing stabilization and independent living support services. These services focus on helping people with disabilities achieve the highest level of self-reliance possible.

With the help of Reach staff and a variety of services and programs, Jim has gained additional comfort in living alone and going out in his community. To become as independent as possible, Jim is working towards a goal of tackling laundry on his own and improving his cooking skills.



Empowering individuals with disabilities to find and sustain positive work experiences. This service focuses on resume assistance, job searching and on-site training.

Andrew needed assistance finding meaningful employment in a more competitive, integrated setting and Reach was there to help. Utilizing Employment Services, Andrew was able to find a job he loves within three months. Plus, he's making the highest wage he's ever made!



Donation & Sponsorship Opportunities

How do I sponsor a fundraising event?

Throughout the year, Reach puts on some fun, unique fundraising events in the Twin Cities. Sponsorship levels vary for each event. Some of our fundraising events include:

- Bowl-A-Thon
- Reach 'On Tap'
- Golf Tournament
- Radiothon
- Ghostly Gala
- Give to the Max Day

To learn more about our fundraising events: reachforresources.org/events



How do I sponsor a Reach sports league?

Reach offers a variety of adaptive recreation sports leagues throughout the year that are specifically designed to meet the needs of people with developmental disabilities. Our programs promote physical health, build social skills and enhance community integration. We have the following leagues:

- Basketball
- Bowling
- Soccer
- Bocce
- Pickleball
- Softball

To learn more about our adaptive rec leagues: reachforresources.org/sponsors

How do I make a one-time or recurring donation?

Gifts of all sizes including in-kind items, helps us to provide support, programs and assistance to individuals we serve. You can make a one-time or recurring donation of \$10 or more via: check, debt card or credit card. In-kind items can be any good or service (gift card, t-shirts, etc.), that can be used as a silent auction item or a prize for our fundraising events. Reach is an IRS-designated 501(c)(3) charitable organization so your donation is tax-deductible.

To learn more about donations: reachforresources.org/donate



Ready to Sponsor or Donate?

Or have a question about sponsorship and donations at Reach? Please contact Reach's Development Officer, Jason Skoog.

Jason Skoog
Development Officer

jskoog@reachforresources.org
(p) 952-564-8680

reachforresources.org/sponsors
reachforresources.org/donate-now



Volunteer with Reach

Volunteering at Reach

Volunteers play a crucial role in our ability to serve children and adults with disabilities, and Reach has many opportunities available on weekends, evenings, or during the day. Most of Reach's volunteer opportunities are located in the western and northwestern suburbs of the Twin Cities and last between an hour to three hours. Volunteer requirements:

- Must be 8 years of age or older to volunteer
- Ages 14+ must fill out a volunteer application
- Volunteers will be supervised by Reach staff
- Volunteers will never be left alone with individuals supported by Reach
- Children 8-13 must be accompanied by an adult to volunteer



Volunteer Opportunities

Volunteers can work directly with clients, assist us with a special skill, serve on the board or help plan fundraising events.

Administration Opportunities

- Development Task Force
- Marketing Task Force
- Event Task Force
- Fundraising Events
- Administrative Tasks

Adaptive Recreation Opportunities

- Arts, Crafts & Cooking Programs
- Bingo
- Sports Leagues
- Virtual Programs
- Dances

Learn More

To learn more about volunteer opportunities, visit: reachforresources.org/volunteer



Who is Reach for Resources?

Reach for Resources is a nonprofit that empowers people of all-abilities to reach their full potential. This is done by providing individualized services that maximize independence, boosts community engagement and improves physical and emotional well-being. Reach supports individuals throughout the Twin Cities and surrounding suburbs and offers four different service areas: Adaptive Recreation & Inclusion, Community Living Services, Case Management, Counseling and Mental Health Services. To learn more, visit: reachforresources.org.

5900 Green Oak Dr., Ste 303
Minnetonka, MN 55343

Madison Fowler
Event & Volunteer Manager

(p) 952-688-7598
mfwolder@reachforresources.org



[Reachforresources.org](https://reachforresources.org)



[@Reach4Resources](https://www.facebook.com/Reach4Resources)



[@Reach4Resources](https://www.instagram.com/Reach4Resources)



[@Reach4Resources](https://www.twitter.com/Reach4Resources)