

### Q: What are inclusion services?

**A:** We provide inclusion staff to help children and adults of all abilities to be successful at local parks and recreation programs. Our staff can help with attention span needs, sensory needs, emotion regulation support or any other assistance the participant may need.

### Q: What will support look like?

**A:** Each person is unique and the support they receive looks different. It is individualized support based on the participant's goals and desires.

### Q: Who qualifies for inclusion support?

**A:** Any participant with a special need that requires a smaller staff ratio or other accommodation will qualify for inclusion services. Populations we support include (but are not limited to) individuals who live with the following diagnoses: Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder, Down Syndrome, Autism, other developmental or intellectual disabilities, emotional and behavioral disorders, Cerebral Palsy, Traumatic Brain Injury, Spina Bifida, Fetal Alcohol Syndrome and any other physical or visual impairment.

# Q: Where are Inclusion services offered?

**A:** All programs offered through our current inclusion partners should be covered by Reach inclusion services. Our list of contracted partners is always growing. The current city/county parks departments should be listed on our website here: <a href="https://www.reachforresources.org/services/inclusion/">https://www.reachforresources.org/services/inclusion/</a>.

### Q: What types of programs do you offer support for?

**A:** We provide support at most city/county parks and rec program offerings including: summer camps, sports leagues, swim lessons, golf lessons, art camps, dance lessons, gymnastics, and other special interest classes. We do our best to accommodate requests that involve a special skill such as ice skating and skiing/snowboarding.

### Q: What type of paperwork do you need completed prior to starting services?

**A:** We ask all individuals or families to complete our online inclusion questionnaire (<a href="https://bit.ly/InclusionQuestionnaire">https://bit.ly/InclusionQuestionnaire</a>) to help us prepare and provide the best support possible. If you would like assistance filling out this form, please contact us and we are happy to meet with you. Please



send a photo of the child, teen or adult to <a href="mailto:inclusion@reachforresources.org">inclusion@reachforresources.org</a>. This will help our inclusion staff know who to assist.

## Q: What are your staff ratios?

**A:** We typically have a 1:1 staff ratio. This may be adjusted based on the needs of the participant, the number of people in a program who need support, and staff availability. Sometimes we send two staff for one child when we are training new staff.

### Q: How do you train your staff?

A: Many of our staff have a background in working with people of all abilities, but some are newer to the field. The amount of training we assign depends on their experience. All of our staff receive training on Reach's policies and procedures, the principles of inclusion, behavior management techniques, first aid, HIPPA, Universal Precautions for Bloodborne Pathogens, fraud prevention, documentation, rights of people receiving services, minimizing the risk of sexual violence, mandated reporting for children & vulnerable adults, and positive support strategies. Each staff completes a series of training courses at the time of their hire and annually thereafter. In addition, we offer further training opportunities on panic attacks, de-escalation techniques, grounding techniques working with individuals with limited verbal ability, 10 problem behaviors & support strategies, Autism Spectrum Disorder, Seizure disorders, and more. If a staff requests training on a certain subject, we strive to accommodate those requests. We also require in-person shadow shifts for new staff. A list of our current staff can be found here: https://www.reachforresources.org/rec-staff-profiles/.

#### Q: How much do inclusion services cost?

**A:** Inclusion services are offered free of charge for the individuals that we support and is covered through city/county contracts, as their way to stay in compliance with ADA law. The only fee you will pay is the registration for the program you have signed up for.

# Q: Are your inclusion services only for kids?

**A:** No! Although many of our requests are for youth programs, we provide services to anyone of any age trying to access their city/county parks and rec programs through our partners.

### Q: Can you guarantee that I will have the same staff every time?

**A:** We will do our best to ensure some consistency for the person receiving services. However, we are unable to guarantee that a participant will have the same staff person each time.



# Q: Will I have the contact information of the staff person assigned?

**A:** We do not typically share contact information of our staff to respect their privacy. You can text or call Reach's Inclusion Director, Emily at 952-393-5880 or Assistant Director, Brie at 952-393-4277.

# Q: What do I do if we will be absent for a scheduled session?

A: Please let us know as soon as possible about the schedule change so we can inform our team.

#### Q: How do I contact Reach to coordinate inclusion services?

**A:** Inclusion services can be requested by emailing <u>inclusion@reachforresources.org</u> or by calling 952-393-5880. You can also work directly with your city/county parks department to request services.

### Q: Who do I contact to learn more about inclusion services?

**A:** You can contact the Reach's Director of Adaptive Recreation and Inclusion, or the Assistant Director of Adaptive Recreation and Inclusion.

### **Emily Orr, MA, CTRS**

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