



Reach for Resources is a nonprofit organization who empowers people of all-abilities to reach their full potential. We do this by providing individualized services that maximize independence, boosts community engagement and improves physical and emotional well-being.

Our Services

Reach serves over 1,400 individuals annually through our wide variety of services and supports.

- **Adaptive Recreation:** Reach offers a variety of recreation programs specifically adapted to meet the needs of people with developmental disabilities. Our adaptive programs include Sports & Fitness, Social Activities, Arts & Crafts, Mind-Body Wellness and so much more.
- **Case Management:** Our case managers provide personalized supports to individuals looking to coordinate their services through waiver and non-waiver funding. This is done by: developing a person-centered service plan, informing the treatment team of service options, identifying service providers, evaluation and monitoring of services, advocating on behalf of the individual and researching & accessing additional resources.
- **Counseling:** Reach offers individual and group therapy services to adults, adolescents and families with and without disabilities in need of emotional support. We strive to help individuals share their personal struggles, develop awareness of their emotional patterns, develop understanding of emotions and develop emotional coping strategies.
- **Employment Supports:** Our Employment Services works in cooperation with different employers to provide a positive experience for people with disabilities within the community. This program can provide resume assistance, vocational assessments, support with placements, job searching, on-site training and job coaching.
- **Housing Services:** Reach provides Housing Stabilization Services and Housing Support - Independent. We help people find independent housing and work with each person to maintain their housing once it is in place.
- **Inclusion:** Reach works with city parks and recreation departments to provide an extra staff person at a program when a person with a disability requests additional accommodations to be successful. Inclusion support is available in these cities: Brooklyn Center, Brooklyn Park, Chanhassen, Chaska, Crystal, Edina, Golden Valley, New Brighton, New Hope, Plymouth, Robbinsdale, Roseville, St. Louis Park, Three Rivers Park District and Woodbury.
- **In Home Services:** Reach helps adults with disabilities increase independence and integrate into their communities. We offer a wide range of individualized support services to help people achieve their goals, including In-Home Family Supports, Supported Living Services and Independent Living Skills.
- **Mental Health Services:** Our experienced mental health team has been duly trained to address both disability issues and mental health disorders. We offer: Adult Rehabilitative Mental Health Services (ARMHS), Children's Mental Health Targeted Case Management (CMH-TCM) and Parenting Capacity Services (PCS).
- **Transportation (TRAIL):** Reach provides transportation for adults with developmental disabilities to recreation, leisure and educational programs offered by Adaptive Recreation & Learning Exchange (AR&LE) and Adaptive Recreation programs offered at Reach.



History

Our organization became a not-for-profit, 501(c)(3) in 1985. At the time, it was known as West Hennepin Community Services. It had been operating for six years through Arc Greater Twin Cities as a neighborhood support center for local families, providing assistance for individuals with intellectual disabilities and mental health conditions. As society was moving away from the widespread institutionalization of people with disabilities, these families helped create this group to increase the self-sufficiency and community inclusion of their loved ones. After receiving its own nonprofit status in 1985, the organization remained West Hennepin Community Services until 2002, when it was renamed to Reach for Resources, Inc.

Reach has over 100 employees. We also have an active volunteer base of generous people playing a crucial role in our ability to serve adults and children of all-abilities.

Support Reach

There are many different ways you can help support Reach's vision. Nearly 87% of all funding Reach receives goes directly to programming. Gifts of all sizes help us provide services to the individuals we serve and support day-to-day operations. Reach is an IRS-designated 501(c)(3) charitable organization. To learn more about donating, sponsorship opportunities and gifts please visit: reachforresources.org/donate-now.

You can also support Reach by volunteering. Reach has a variety of opportunities available for weekends, evenings and during the day, with flexibility in the level of commitment. Volunteers can work directly with individuals we serve, help with office admin tasks, serve on our Board of Directors and help plan fundraising events. To learn more about volunteering, please visit: reachforresources.org/volunteer.

Location & Service Area

Reach's office is located in Minnetonka, Minnesota. We work with people who live throughout Minnesota, with the majority living in the 7-metro county area surrounding Minneapolis.

Directions from 169 North

- Take the Bren Road and Londonderry Exit.
- Turn left at the stoplight and continue straight.
- Using the middle left lane, keep left onto Green Oak Drive (it's the next left after Opus Pkwy). This is a one-way street. Reach is located in the first building on the right.

Directions from 169 South

- Take the Bren Road and Londonderry Exit.
- Turn right at the stoplight and continue straight.
- Using the middle left lane, keep left onto Green Oak Drive (it's the next left after Opus Pkwy). This is a one-way street. Reach is located in the first building on the right.



Reach's Office is located on the 3rd floor.