

Roseville has joined
our list of Inclusion
Support Cities.

Mark your calendars!
The Ghostly Gala will be
October 27.

Edina has joined our
Adaptive Recreation
Cooperative Cities!

Empowering people of all-abilities to reach their full potential.

SUMMER 2023

Reach Reader



2023 Reach Annual Award Winners

Since 2007, we have been recognizing individuals, families, volunteers, businesses, Reach employees and other organizations who have helped us each year in fulfilling our mission. Thank you to everyone who submitted nominations. While we cannot recognize every nominee, we are excited to announce this years recipients!

Community Partner of the Year - City of Brooklyn Park

The City of Brooklyn Park has demonstrated an unwavering commitment to enhancing the lives of people with disabilities, and has made significant contributions towards creating a more inclusive society through research, panels, resource fairs and advocacy for ADA accessibility. Brooklyn Park's Parks and Recreation Dept. has been a longstanding partner of Reach, dating back to at least 1986, and has been a true champion of inclusion and accessibility in our community ever since. Over the years, this partnership has grown and flourished, resulting in countless opportunities for individuals with disabilities to engage in meaningful recreational activities.

Brooklyn Park has been a true leader in creating a more accessible and equitable society. We are grateful for their continued commitment to inclusion, and we look forward to many more years of partnership and collaboration. Thank you for making our community a better place for everyone! *(continued on page 2)*



To learn more about the City of Brooklyn Park, please visit: brooklynpark.org.

The BOB FM Radiothon was a Success!

Thank you to everyone who tuned in for the BOB FM Radiothon benefiting Reach for Resources and Fishing for Life. Your compassion and support makes our work possible! We want to send a big thank you to the people who provided personal stories for the Radiothon, all the amazing on-air talent & live interviews and everyone who sponsored a song challenge.

If you donated during the Radiothon and need additional information about your donation incentives or want to schedule a pick-up, please contact Reach's Development Officer, Jason Skoog at jskoog@reachforresources.org or 952-564-8680.

Thank you to our top Radiothon sponsors:



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2023 Reach Annual Award Winners (continued from page 1)

Matthew Smith Memorial Award - Emily Orr

Emily has been with Reach for over 7 years as the Director of Adaptive Recreation & Inclusion. In that time, she has built an awesome team of Adaptive Rec and Inclusion Specialists and has trained in two department Assistant Directors. In her time at Reach, Emily has established creative, unique adaptive rec programming that excites those we support. Plus, she has helped Reach expand their list of adaptive rec cooperative cities. Because of Emily, our Inclusion Services are in high demand and in 2022 alone, we added five new city contracts. Also, Emily oversees Reach's employee Wellness Initiatives Team, volunteers for projects and overall has a great energy and can-do attitude. Reach is lucky to have Emily as part of our team!



Volunteer of the Year - Josh Zenner

Josh has been volunteering with Reach for over 5 years as a photographer and videographer for fundraising events and adaptive recreation programs. "He used his time and talents to capture wonderful photos and videos at a lot of Reach events over the years!" Plus, in 2022, Josh was a coach for our winter adaptive basketball league and our summer non-competitive softball league. Thanks Josh! We appreciate you.

Josh Zenner is the owner of JZ Productions. To learn more, visit: joshzennerproductions.com.

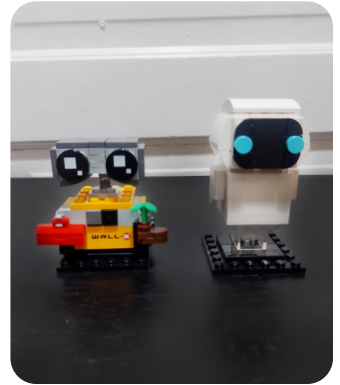
LEGO®'N Your Stress Away

May is Mental Health Awareness Month and more than ever, it's important to take care of yourself and your well-being. Just like a lot of us, Sonya is trying to maintain a healthy work/life balance while also finishing her last semester of college. To de-stress and avoid exhaustion and burnout, in the last year, Sonya has picked up a new calming activity: LEGO® building. How did Sonya get into this activity? Her sister. Sonya said she started helping her sister put together kits and slowly started to really enjoy it. Then for Christmas, she was gifted one of her very first sets, Star Wars: Yoda® and fell in love with LEGO® bricks! For one of her very first sets, Yoda was a big undertaking; over 1,770 pieces, elements that light up and it stands over 16" tall upon completion. Since finishing this set, Sonya has completed other kits including: numerous Brickheadz®, Luke Skywalker's X-Wing Fighter® and other Star Wars, Lord of the Rings and Disney themed sets.

For Sonya, not only is it fun building these projects but they de-stress her after a long day of work or school. She says, "Focusing on my LEGOs instead of the stress, it just clears my mind. Doing it in a very calming, quite atmosphere, really centers your focus." This is most evident when she's writing papers for school. "When writing a paper sometimes I get stressed. I will stop, LEGO® for a bit and then go back to finishing the paper. It resets the brain."

Everyone has different ways they deal with stress, but Sonya highly recommends giving LEGO® kits a try if you haven't already. With LEGO® kits available in a variety of themes and price ranges, there's something for everyone no matter your age. Plus, LEGO® building challenges your thinking, problem solving skills and fine motor skills. The best part is, you don't even know you're working on those skills because you're just having fun. As Sonya says, "LEGOs serve a dual purpose. Plus, it's a healthy, positive outlet for stress and solving your problems because you are focusing on yourself and the project." Great perspective!

What's next for Sonya and her LEGO® building? She has a couple of different things on the horizon. Sonya and her sister have started to learn about LEGO® collecting and what it takes to become a collector. Also, Sonya is planning to be the architect of her own kit by free building a space and planetarium scene. In LEGO® lingo, she's becoming a LEGO® MOC (LEGO® My Own Creation). With working at the Mall of America, it makes it convenient for Sonya to visit LEGO® Land for ideas and pieces for her free build. When asked what LEGO® kit would be the ultimate to build, she said, "The Star Wars Millennium Falcon® kit. It's like the size of a card table. Oh, that would take so long!"



Reach Welcomes New Event & Volunteer Manager!

We are excited to welcome Sarah Laulunen-Raj as our new Event & Volunteer Manager. Sarah has been working in volunteer management, coordination and engagement throughout her career including time with local non-profits and hospice organizations.

One of Sarah's greatest passions in life is connecting the skills people carry to the community's needs around them. She looks forward to supporting volunteers, as well as continuing to offer meaningful events to the communities Reach serves.

If you are a current Reach volunteer, Sarah would love to get to know you better! Sarah would like to know what programs or events you currently volunteer for, how many hours per week you volunteer and how long you've been with Reach. Please reach out to Sarah at: slaulunen@reachforresources.org or call/text 952-688-7598.



Reach 'On Tap' Summer Fundraiser

FREE to Attend & Bid on Silent Auction Items

Monday, June 19 • 5:00 - 9:00 p.m.

LTD Brewing • 8 8th Ave N, Hopkins, MN 55343

Golden Game Ticket: \$25

Learn More: reachforresources.org/ROT



Mark your calendars! Our annual summer fundraiser is back. New location, great games, revamped silent auction & resort contest, raffles and a whole lot of fun! Plus, **20% of ALL sales**, including gift cards, online purchases & merchandise, will go to supporting Reach.

The Golden Ticket allows you to play all of the games at the event and to win some awesome prizes including gift cards, Reach swag and some cool "mystery" items. This year's game line-up includes: Prize Putt, Blinko and Spin 'N Win. Golden tickets can be purchased at the event or prior to the event online at: web.charityengine.net/ROT2023.

Resort Contest & Silent Auction

Starting May 1st, bid for your chance to win a stay at some awesome MN resorts or other great items including: hotel stays, gift cards, jewelry and festival tickets! Follow our social media channels or join our email list to stay-up-to-date on when new items and resorts are added. To sign up for our email list, please visit: web.charityengine.net/ReachNewsletterSignUp.



Gift certificate for 10 sessions at Everybody Healing Center.



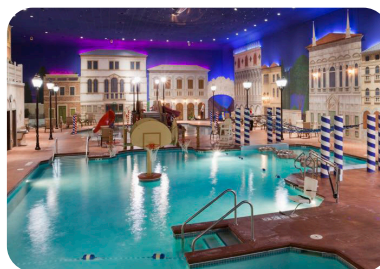
Two tickets to the MN Renaissance festival.



\$25 gift card for Amy's Cupcake Shoppe.



Tickets to Rick Bronson's House of Comedy.



1 night stay at the Holiday Inn & Venetian Indoor Waterpark.



Gift certificate to DeepHaven Rejuvenation.

Thanks for Attending Bingo & Brews!

Thank you to everyone who attended our Give Back Monday: Bingo & Brews fundraiser on February 27th at LTD Brewing. It was great to see the support of so many people. Congratulations to all of the Bingo winners! To see the event photos, visit: reachforresources.org/bingo.

Thank you to our event sponsors:



Fredrikson



ADAPTIVE RECREATION PROGRAMS

AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Edina
- Golden Valley
- Maple Grove
- Plymouth
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or visit: reachforresources.org.

All fees stated represent pre-registration. Registration for a program is required at least 3 days before the start date unless otherwise noted.

EASY ONLINE REGISTRATION!

We have an online sign-up software that makes it easier than ever to find and register for programs. This software allows you to create an account, view your invoices and download a calendar with all your upcoming programs.

Sign-up for an account:
reach.recdesk.com

PROGRAM DETAILS

For 2023, we will be offering a variety of programs including different billable options.



VIRTUAL PROGRAMS

- Programs are for "All Ages" unless specified
- Virtual via: WebEx or Zoom



IN-PERSON PROGRAMS

- Programs are for "All Ages" unless specified
- Variety of locations
- Masks are welcome but not required for indoor programs



WAIVER ELIGIBLE PROGRAM

- Program is billable via ILS Therapies on DD or CADI waivers
- Contact Emily Orr to learn more

INCLUSION SUPPORT

Reach provides inclusion support to children and adults with disabilities who would like to participate in their city's park and recreation programs. Registration for these programs is done through your local park & rec department. Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Chaska
- Crystal
- Edina
- Golden Valley
- New Brighton
- New Hope
- Robbinsdale
- Roseville
- St. Louis Park
- Three Rivers Park District
- Woodbury

To learn more, visit: reachforresources.org/inclusion.

After registering for a city park program, contact Reach to discuss the needs/ accommodations for yourself or your child via: inclusion@reachforresources.org.

Please allow a minimum of two weeks notice for a successful inclusion.

CONTACT INFORMATION

Have a question or concern about a program or need additional information? Please reach out to our Adaptive Recreation & Inclusion Department.



Emily Orr, MA, CTRS

Director of Adaptive Recreation & Inclusion

Email:
eorr@reachforresources.org

Call or Text:
952-393-5880



Brie Max

Assistant Director of Adaptive Recreation & Inclusion

Email:
bmax@reachforresources.org

Call or Text:
952-393-4277

PROGRAM POLICIES & PROCEDURES

REGISTRATION

- All participants must be registered for a program to attend. Friends, housemates, etc. cannot attend with a registered participant without obtaining special permission from the Reach Recreation Department. If the activities are held at a community center, there are often common spaces where others can wait.
- Registrations are accepted online, in person, or by mail. Registrations are not taken at programs or over the phone.
- Register at least two weeks before the beginning of a program. Some programs do fill up, and you may be placed on a waiting list if the program is full.
- If you register for a recurring program after it has started, Reach will welcome you to join and prorate the registration fee as long as there is space in the program.
- Online registration closes three days before each program.
- For Weekend Ventures registration policies, see the Weekend Ventures Policies and Procedures.

REGISTRATION CONFIRMATION

- Registration confirmations will be sent to the email used during registration or the email provided on the email form.

PAYMENT METHODS

- Reach accepts all major credit cards, cash, checks, and money orders.
- CDCS waivers can be billed with guardian approval and proper paperwork.
- Traditional waivers are accepted only for Weekend Ventures, and only when authorizations are in place and an intake meeting has taken place.

PROGRAM & CLASS CANCELLATIONS

- While rare, Reach reserves the right to cancel a program due to circumstances beyond our control including severe weather or due to a lack of staff and/or participants.

PROGRAM WITHDRAWAL

- Participants who call or email to withdraw from an activity at least two weeks before the activity are eligible to receive a refund. A \$5 cancellation fee will be charged per class. Refunds are not awarded with less than 2 weeks' notice or for ticketed events.
- There are no refunds for missed classes.
- WEEKEND VENTURES (WV) WITHDRAWAL cancellations must be made in writing with more than 30 days' before the class to be eligible for a full deposit refund.
- WV cancellations that are made with less than 30 days' notice will surrender the program deposit. This cannot be covered by the waiver.

STAFF RATIOS / SUPPORT STAFF / CAREGIVERS

- Caregivers, family & support staff can attend programs except for Weekend Ventures and Independent Adult Programs.
- Staff ratios are different for each program. If a participant requires more assistance than a program offers, please provide that support by sending along a caregiver.
- Reach staff is unable to spend a lot of 1:1 time with participants. Individuals who need 1:1 support should always have support staff with them at adaptive programs.

ARRIVING EARLY OR LATE

- Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. All participants who arrive early to a program must wait in the lobby or near the front entrance until staff arrives.
- If you plan to arrive late at Weekend Ventures please make arrangements with the Assistant Director of Recreation ahead of time when possible (952-393-4277).
- If you arrive late without prior communication, please call the floating program phone to find the group (763-377-3695).

LATE PICKUP FEE

- If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time.

ATTIRE

- Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged.

MEDICATIONS

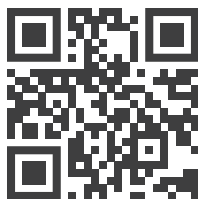
- Medications may be administered by a Reach staff at WV, but at all other programs, prescription and non-prescription drugs are the sole responsibility of the participant. At no time can a Reach staff assume responsibility for or administer medications in any form.
- Reach staff can assist with lifesaving procedures (ex: epi-pen) as long as staff are made aware of the potential need for this procedure & provided with the necessary supplies.

ILLNESS / INJURY

- If a participant becomes ill or injured, staff will contact the Emergency Contact immediately. If the Emergency Contact can't be reached, staff will contact medical personnel.

INFECTION CONTROL

- To minimize exposure to other participants and staff, participants are requested to stay home if they have the following symptoms/diagnoses:
- If you are diagnosed with Covid-19 or suspect you may have Covid-19, do not attend programs until you have been symptom-free for 72 hours, or 10 days after being diagnosed. This applies to those who are vaccinated and those who are not vaccinated. You may return to programming once you have received a negative test result.
- An upper respiratory infection such as bronchiolitis or influenza.
- Fever of 100 degrees Fahrenheit or over within the past 24 hours. Individuals must be fever-free WITHOUT the use of Tylenol or other fever-reducers for at least 24 hours.
- Vomiting or diarrhea within the past 24 hours.
- Head lice or Pink-eye (must be on eye-drops for at least 24 hours before attending).
- Strep-throat or any other illness that requires antibiotics. Individuals must be on antibiotics for at least 24 hours before attending a program.



ALL PROGRAM & PROCEDURES

To read all of our Adaptive Recreation & Inclusion procedures, please visit: bit.ly/RecPolicies.

COOKING & CRAFTS

CRAFT: MINI PALLET COASTERS

Get ready for summer parties with coasters made from Popsicle sticks and Washi tape! Everyone will get to make two coasters.

DAYS	DATE	TIME
Tue.	7/18	6:30-8:00 p.m.
Location	Chanhassen Recreation Center: Room 1; 2310 Coulter Blvd., Chanhassen, MN 55317	
Age	14+	
FEE	\$15 resident / \$17 non-resident	



kidsartcraft.com/washi-tape-coaster-crafts

CRAFT: PARACORD BRACELETS

Sit outside and enjoy the summer sun while making paracord bracelets.

DAYS	DATE	TIME
Mon.	8/21	6:30-8:00 p.m.
Location	SLP Rec Center: Wolfe Park; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	14+	
FEE	\$15 resident / \$17 non-resident	



onelittleproject.com/how-to-make-a-paracord-bracelet

CRAFT: PAPER ROLL FIREWORKS PAINTING

Use black canvas, colorful paint and glitter to make a festive piece of art while relaxing in the calm act of creating.

DAYS	DATE	TIME
Mon.	6/12	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Arts & Craft Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	14+	
FEE	\$15 resident / \$17 non-resident	



stepbysteppepainting.net/2018/07/12/how-to-paint-lightning-bugs-mason-jar

PAINTING CLASSES: LIGHTNING BUG MASON JAR

This two week, step-by-step painting class will guide you through the process of creating your own unique masterpiece. Enjoy a relaxed and social atmosphere while having fun. All skill levels welcomed! Light snacks will be provided.

DAYS	DATE	TIME
Thur.	8/10-8/17	6:00-8:00 p.m.
Location	Edina Senior Center: Room 2; 5280 Grandview Square # 101, Edina, MN 55436	
Age	14+	
FEE	\$28 resident / \$30 non-resident	



stepbysteppepainting.net/2018/07/12/how-to-paint-lightning-bugs-mason-jar

COOKING NIGHT: MEXICAN PIZZA

Gather your friends and family and join us for a fun and tasty evening of cooking and eating. No previous cooking experience required! This program is in partnership with Windows of Opportunity.

DAYS	DATE	TIME
Fri.	8/11	5:30-7:30 p.m.
Location	Sandburg Middle School; 2400 Sandburg Ln., Golden Valley, MN 55427	
Age	16+	
FEE	\$16 resident / \$18 non-resident	

COOKING NIGHT: EASY APPETIZERS

Grab your apron and join us for a fun evening of cooking and socializing. This program is in partnership with Windows of Opportunity.

DAYS	DATE	TIME
Mon.	7/24	5:30-7:00 p.m.
Location	Sandburg Middle School; 2400 Sandburg Ln., Golden Valley, MN 55427	
Age	16+	
FEE	\$16 resident / \$18 non-resident	

FITNESS & SPORTS

ADAPTIVE GOLF

Review golf etiquette, learn basic skills and rules. Participants will spend time on the driving range each night before heading out on the course to play. Registration also includes an adaptive player's card. Registration for this program is through the City of Edina Parks & Rec. *Off 5/29 & 9/4

DAYS	DATE	TIME
Mon.	5/8-6/19*	6:30-8:15 p.m.
Location	Braemar Golf Course; 6364 John Harris Dr., Edina, MN 55439	
Age	16+	
FEE	\$90 resident / \$95 non-resident	

DAYS	DATE	TIME
Mon.	8/21-10/2*	6:30-8:15 p.m.
Location	Braemar Golf Course; 6364 John Harris Dr., Edina, MN 55439	
Age	16+	
FEE	\$90 resident / \$95 non-resident	

BOCCE LEAGUE

This non-competitive league is a fun and laid-back gathering of players of all skill levels, where participants can enjoy friendly competition and socialize in a relaxed atmosphere. With its' low-key approach, the league is perfect for anyone looking to have a good time and improve their bocce skills.

DAYS	DATE	TIME
Tue.	8/1-8/22	6:30-8:00 p.m.
Location	Wesley Park South; 8200 Plymouth Ave., Golden Valley, MN, 55427	
Age	16+	
FEE	\$28 resident / \$36 non-resident	

NON-COMPETITIVE SOFTBALL

With a focus on teamwork, sportsmanship and having fun, our league offers a relaxed and supportive atmosphere for players to play and make new friends. All skill levels are welcome. Team jerseys are included!

*Weather makeup dates: 8/3 & 8/10

DAYS	DATE	TIME
Thur.	6/22-7/27*	6:30-8:00 p.m.
Location	Harley Hopkins Fields; 502 1st St. SE, Hopkins, MN 55343	
Age	16+	
FEE	\$48 resident / \$56 non-resident	



WATER AEROBICS

Join us for adaptive water aerobics! We will focus on aerobic strengthening, stretching and range-of-motion exercises.

DAYS	DATE	TIME
Wed.	6/7-6/28	7:00-8:00 p.m.
Location	Edinburgh Park Pool; 7700 York Ave. S, Edina MN 55435	
Age	16+	
FEE	\$45 resident / \$50 non-resident	

DAYS	DATE	TIME
Wed.	7/12-8/2	7:00-8:00 p.m.
Location	Edinburgh Park Pool; 7700 York Ave. S, Edina MN 55435	
Age	16+	
FEE	\$45 resident / \$50 non-resident	

OUTDOOR YOGA

Increase attention span, focus, muscle tone and flexibility in this peaceful yoga practice. Poses can be adapted for all abilities.

DAYS	DATE	TIME
Mon.	8/14	6:00-7:00 p.m.
Location	Oak Hill Park: Outdoor Pavilion; 3201 Rhode Island Ave. S, St. Louis Park, MN 55426	
Age	16+	
FEE	\$10 resident / \$11 non-resident	

CHAIR YOGA

Increase attention span, focus, muscle tone and flexibility in this peaceful yoga practice. Poses can be adapted for all abilities.

DAYS	DATE	TIME
Tue.	7/25	6:00-7:00 p.m.
Location	SLP Rec Center: Wolfe Park; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	16+	
FEE	\$10 resident / \$11 non-resident	

MN TWINS GAME

Take me out to the ballgame! Watch our MN Twins take on the Boston Red Sox. Tickets are available to participants and companions free of charge with a **suggested donation of \$15 per ticket, but any donation is appreciated!** Please mark on your registration if you require accessible seating.

DAYS	DATE	TIME
Tue.	6/20	6:40-9:30 p.m.
Location	Target Field; 1 Twins Way, Minneapolis, MN 55403	
Age	14+	
FEE	FREE / Suggested Donation	

BOWLING, GAMES & MOVIES

SNACKS & CINEMA

Relax with some friends and enjoy a movie night complete with snacks.

WHITNEY HOUSTON: I WANT TO DANCE WITH SOMEBODY

Indulge in your favorite movie treats as we sing and dance along to some of Whitney Houston's greatest hits.

DAYS	DATE	TIME
Thur.	6/29	6:00-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$6 resident / \$8 non-resident	

THOR: LOVE AND THUNDER

Snack on your favorite movie treats as you immerse yourself in the action-packed adventures of Thor and his team.

DAYS	DATE	TIME
Thur.	8/31	6:30-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$6 resident / \$8 non-resident	



BOWLING BANQUET

All bowlers from our 2022-23 seasons are invited to attend. Dinner will be served, and we will give certificates and prizes to all of our bowlers from the past year. We'll enjoy photos from the year and do a little dancing to wrap up the night! **Please register by 8/15.**

DAYS	DATE	TIME
Tue.	8/29	5:30-7:00 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	All Ages	
FEE	\$21 resident / \$23 non-resident / \$14 companions	



BINGO & PIZZA

Guests can enjoy delicious pizza while playing a variety of Bingo games with a chance to win prizes and enjoy friendly competition with friends. **Companions only need to register if they want to eat pizza.**

DAYS	DATE	TIME
Fri.	6/23	5:45-7:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$18 resident / \$20 non-resident / \$9 companions	



DAYS	DATE	TIME
Mon.	8/28	5:45-7:30 p.m.
Location	Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	All Ages	
FEE	\$18 resident / \$20 non-resident / \$9 companions	

BOWLING LEAGUE

Join our non-competitive bowling league, which provides a fun and inclusive environment. Registration includes two games of bowling per week and shoes.

*Off 7/3

DAYS	DATE	TIME
Mon.	6/26-8/21*	6:00-8:00 p.m.
Location	Park Tavern; 3401 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	All Ages	
FEE	\$78 resident / \$86 non-resident	



BINGO

Enjoy a fun and exciting gathering where players can test their luck and compete for prizes while enjoying the company of others. We strive to make everyone a winner. Light snacks are provided.

DAYS	DATE	TIME
Fri.	8/4	6:30-8:00 p.m.
Location	Brookview Community Center: Wirth Lake Room; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	All Ages	
FEE	\$8 pre-register / \$10 at door	



SOCIAL ACTIVITIES

KARAOKE WITH MOCKTAILS & SNACKS



Choose your favorite music and sing your heart out while enjoying delicious, alcohol-free cocktails.

DAYS	DATE	TIME
Fri.	7/21	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	All Ages	
FEE	\$8 pre-register / \$10 at door	



TEEN EXPLORERS



Our Teen Explorers group aims to build social skills, as well as engagement, in their communities and the natural world around them. The program includes various activities such as cooking, going out to eat, making crafts and learning about nature. This program is open to individuals of all abilities and participants can bring a staff or caregiver if additional support is needed. After your registration is complete, we will send you the schedule for the quarter so you know where to meet each week. *Off 7/4

DAYS	DATE	TIME
Tue.	6/13-8/8*	4:45-6:15 p.m.
Location	Various	
Age	13-21	
FEE	\$60 resident / \$68 non-resident	

SINGLE'S MINGLE: CONCERT IN THE PARK



Join us for a Sawyer's Dream concert in the park and meet other music-loving singles. Enjoy live music, snacks and drinks (provided by Reach) while getting to know new people who share your passion for music.

DAYS	DATE	TIME
Mon.	8/7	7:00-8:30 p.m.
Location	Brookview Community Center: Gazebo; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	18+	
FEE	\$11 resident / \$13 non-resident	

SOCIAL SEEKERS



This is a program for teens and adults on the Autism spectrum. We meet once a week for fun and social interaction. We play games, solve riddles and enjoy working through our weekly highs and lows together. Call 952-393-4277 for more information or to schedule an intake. *Off 7/5

DAYS	DATE	TIME
Wed.	6/21-8/30*	5:00-6:30 p.m.
Location	Location announced to registered participants 1 week prior to meeting	
Age	15+	
FEE	\$200 resident / \$210 non-resident	



DANCE: LUAU PARTY



This summer party is a festive and tropical celebration that brings a laid-back island vibe. Wear your favorite Hawaiian shirt or sundress. Each guest gets a lei (upon arrival), a treat and a non-alcoholic piña colada. Dance to upbeat music and participate in fun activities like hula dancing and the limbo.

DAYS	DATE	TIME
Fri.	8/25	6:30-8:30 p.m.
Location	Minnetonka Community Center: Banquet Rooms; 14600 Minnetonka Blvd., Minnetonka, MN 55345	
Age	13+	
FEE	\$8 pre-register / \$10 at door	



NATURE ACTIVITIES & WEEKEND VENTURES

FOREST FRIENDS: ARCHERY

This adapted archery class is designed to teach the fundamentals of archery while we practice on an outdoor course.

DAYS	DATE	TIME
Mon.	7/10	3:30-5:00 p.m.
Location	Elm Creek Archery; 13387 129th Ave. N, Dayton, MN 55327	
Age	14+	
FEE	\$24 resident / \$25 non-resident	



FOREST FRIENDS: BEES AND OTHER POLLINATORS

Explore the science of beekeeping and the importance of bees as plant and crop pollinators. Observe working beehives, participate in extraction, measure how much honey a bee can make and taste some raw honey. On a hike, watch pollinators in action—collecting nectar and pollen to transform a flower into a seed.

DAYS	DATE	TIME
Wed.	8/30	3:30-5:00 p.m.
Location	Richardson Nature Center; 8737 E Bush Lake Rd., Bloomington, MN 55438	
Age	14+	
FEE	\$24 resident / \$25 non-resident	



LET'S GO FISHING

We can't schedule these outings quite yet, but we hope to partner with Let's Go Fishing for a few opportunities to get out on the lake and catch fish! Register to be contacted via email when these opportunities open up. You'll have the opportunity to select dates and pay once details are finalized.

DAYS	DATE	TIME
TBD	TBD	TBD
Location	Lake Riley Public Boat Ramp; 9180 Riley Lake Rd., Eden Prairie, MN 55344	
Age	14+	
FEE	\$10 resident / \$11 non-resident	



WEEKEND VENTURES

Weekend Ventures is an overnight respite program that takes place 6 weekends each year. It is open to ages 18 and up, but most of the attendees are adults. Registration for up to 6 individuals is on a first-come, first-serve basis. Individuals may sign up for a maximum of one weekend per month. All participants need to schedule an intake meeting two months prior to attending to complete necessary paperwork. A deposit of \$250 is required to hold your spot. For more information visit: reachforresources.org/wv.

VALLEYFAIR

DAYS	DATE	TIME
Fri.-Sat.	8/4-8/5	6:00-3:00 p.m.
Location	Staybridge Suites; 5150 American Blvd. W, Bloomington, MN 55437	
Age	18+	
FEE	\$973.08	

WATER PARK & BOARD GAMES

DAYS	DATE	TIME
Fri.-Sat.	8/18-8/19	6:00-3:00 p.m.
Location	Great Wolf Lodge; 1700 American Blvd. E, Bloomington, MN 55425	
Age	18+	
FEE	\$973.08	



RECREATION THERAPY

Reach has been approved to bill ILS therapies for Recreation, Music and Art Therapy. Out-of-pocket payments are also accepted, but please contact us if you'd like to bill your waiver.

BIRDING



This beginner's birding program is a fun and educational event that introduces participants to the fascinating world of birdwatching. Attendees will learn about the basics of bird identification, habitat and behavior while enjoying the beauty of the great outdoors. Binoculars provided.

DAYS	DATE	TIME
Thur.	8/10	2:00-3:30 p.m.
Location	Eastman Nature Center; 13351 Elm Creek Rd., Maple Grove, MN 55369	
Age	13+	
FEE	\$61.17	

OUTDOOR JOURNALING



This outdoor writing class is a unique and refreshing way to journal while enjoying the beauty of nature. *Off 7/5

DAYS	DATE	TIME
Wed.	6/21-7/19*	7:00-8:00 p.m.
Location	Brooklyn Park Community Activity Center: Conference Room; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$163.12	

WALKING GROUP



This fully accessible program brings together individuals of all abilities to enjoy the natural beauty of the park while engaging in physical activity. Participants can socialize, exercise and appreciate the serene environment.

DAYS	DATE	TIME
Tue.	6/6-6/27	10:00-11:00 a.m.
Location	Centennial Lakes; 7499 France Ave. S, Edina, MN 55435	
Age	13+	
FEE	\$163.12	

POND STUDY



The pond study is a hands-on educational activity that allows participants to explore the diverse and fascinating ecosystem of a freshwater pond. Attendees will have the opportunity to observe and learn about the various plants and animals that inhabit the pond, while gaining a deeper understanding of the interconnectedness of all living things.

DAYS	DATE	TIME
Thur.	7/13	2:00-3:30 p.m.
Location	Richardson Nature Center; 8737 E Bush Lake Rd., Bloomington, MN 55438	
Age	13+	
FEE	\$61.17	

NATURE HIKE & SKETCH



Experience a wonderful opportunity to explore the great outdoors while tapping into your creative side. Participants will hike through scenic trails, observe the beauty of nature and capture their surroundings through sketching with colored pencils or painting with water colors.

DAYS	DATE	TIME
Thur.	7/27	2:00-3:30 p.m.
Location	Westwood Hills Nature Center; 8300 W Franklin Ave., St. Louis Park, MN 55426	
Age	13+	
FEE	\$61.17	



STRENGTH TRAINING



Come join us to get your body moving! We'll be doing some strength workouts that target all the muscle groups. Dress for a workout, bring water and get ready to exercise and have fun! Led by a Certified Therapeutic Recreation Specialist, the class offers a supportive and social atmosphere that makes exercise enjoyable and engaging.

DAYS	DATE	TIME
Wed.	7/26-8/16	7:00-8:00 p.m.
Location	Brooklyn Park Community Activity Center: Grand 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$163.12	

ART THERAPY SMALL GROUP



This small group art therapy class is designed to provide a safe and supportive space for teens and adults with disabilities to express themselves through art. Through creative activities and guided discussions, participants can explore their emotions, build self-esteem and develop new coping skills in a therapeutic setting.

DAYS	DATE	TIME
Thur.	5/4-5/25	4:30-6:00 p.m.
Location	Edina Art Center; 4701 W 64th St., Edina, MN 55435	
Age	18+	
FEE	\$244.68	

DAYS	DATE	TIME
Thur.	7/6-7/27	4:30-6:00 p.m.
Location	Edina Art Center; 4701 W 64th St., Edina, MN 55435	
Age	18+	
FEE	\$244.68	

WEDNESDAY NIGHT SOCIAL

The goal of this program is to become more engaged in your community and to build social skills, coping skills and practice flexibility. Activities include cooking classes, craft nights, professional sports outings, going out to eat and so much more! Open to individuals of all abilities. Participants can bring a staff or caregiver if additional support is needed. Sign up for the full series or individual activities.



Age: 18+

Date: Wednesdays, June 21 - August 16

Time: 6:30 - 8:00 p.m. *(unless noted)*

Fee for ALL the events: \$60 resident / \$68 non-resident

WNS1: NATURE WALK & SNACKS

Experience the tranquility of nature with a guided nature walk and delicious snacks.

DAYS	DATE	TIME
Wed.	6/21	6:30-8:00 p.m.
Location	French Regional Park; 12605 Rockford Rd., Plymouth, MN 55441	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS2: FRENCH TOAST NIGHT

We will prepare mouth-watering French toast with a red, white and blue twist, accompanied by colorful parfaits.

DAYS	DATE	TIME
Wed.	6/28	5:30-7:00 p.m.
Location	Sandburg Middle School; 2400 Sandburg Ln., Golden Valley, MN 55427	
Age	18+	
FEE	\$16 resident / \$18 non-resident	

WNS3: SUMMER BONFIRE

Make new friends while enjoying a bonfire and yummy s'mores.

DAYS	DATE	TIME
Wed.	7/12	6:30-8:00 p.m.
Location	Eidem Farm; 4345 101st Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS4: BUG REPELLENT CRAFT

Join us for a fun crafting session where we will create our own bug repellent potpourri!

DAYS	DATE	TIME
Wed.	7/19	6:30-8:00 p.m.
Location	Brookview Community Center: Wirth Lake Room; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	18+	
FEE	\$13 resident / \$14 non-resident	

WNS5: OUTDOOR BINGO

Enjoy the fresh air, sunshine and beautiful scenery while having a blast with friends. A light snack will be provided.

DAYS	DATE	TIME
Wed.	7/26	6:30-8:00 p.m.
Location	Oak Hill Park: Outdoor Pavilion; 3201 Rhode Island Ave. S, St. Louis Park, MN 55426	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS 6: EAT AT 5-8 CLUB

Juicy Lucy style burgers are one of the staples of the Minneapolis food scene! **Bring \$15-25 to order food off the menu.**

DAYS	DATE	TIME
Wed.	8/2	5:30-7:00 p.m.
Location	5-8 Club; 6251 Douglas Ct. N, Champlin, MN 55316	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS7: SWIMMING

Enjoy a nice, refreshing swim with friends. **Please bring \$9 for park admission.**

DAYS	DATE	TIME
Wed.	8/9	6:00-7:30 p.m.
Location	St. Louis Park Aquatic Center; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS8: TIE DYE!

Join us for a colorful and creative tie-dye event. **Bring your own white or light-colored clothing items**, and get ready to transform them into unique masterpieces.

DAYS	DATE	TIME
Wed.	8/16	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Craft Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
FEE	\$10 resident / \$11 non-resident	



INDEPENDENT ADULT PROGRAMS

(Formerly known as On The Town)

This independent social program is for adults and young adults who want to explore their community with minimal support. This program is offered at a 1:15 staff ratio. A brief intake is required. If you have not had an intake in the last five years, you must schedule one before registering. To schedule an intake, please call 952-393-4277.



Age: 18+

IAP1: ADDAMS FAMILY MUSICAL

Outdoor theater at its finest! A musical for the whole family, performed outside.

DAYS	DATE	TIME
Thur.	6/22	6:45-8:30 p.m.
Location	Staring Lake Amphitheater; 14800 Pioneer Trail, Eden Prairie, MN 55347	
Age	18+	
FEE	\$12 resident / \$14 non-resident	



edenprairie.org/Home/Components/FacilityDirectory/FacilityDirectory/148/3293

IAP2: MINI GOLF

Join us for a fun and exciting mini golf event and putt your way through challenging courses while enjoying the company of friends. **Please bring \$10-\$15 if you would like to purchase a snack.**

DAYS	DATE	TIME
Tue.	6/27	6:30-8:00 p.m.
Location	Lilli Putt; 1349 Coon Rapids Blvd. NW, Coon Rapids, MN 55433	
Age	18+	
FEE	\$17 resident / \$19 non-resident	

IAP3: EAT AT RAINFOREST CAFE

Enjoy a fabulous dinner at an indoor jungle-themed restaurant! **Bring \$20-\$30 to order off the menu.**

DAYS	DATE	TIME
Sat.	7/22	6:00-8:00 p.m.
Location	Mall of America (Floor 3); 306 South Ave., Bloomington, MN 55425	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

IAP4: CAT CAFE

This is a purrrfect opportunity to relax, unwind and enjoy the company of furry friends. **Bring \$10-\$15 if you would like to purchase a snack or beverage.**

DAYS	DATE	TIME
Fri.	7/28	7:00-8:00 p.m.
Location	The Cafe Meow; 3524 Winnetka Ave. N, New Hope, MN 55427	
Age	18+	
FEE	\$17 resident / \$18 non-resident	



IAP5: GEOCACHING FOR S'MORES

Explore the outdoors and search for hidden treasures in a fun and interactive geocache scavenger hunt, followed by a cozy campfire gathering where we'll indulge in delicious s'mores and share stories and memories.

DAYS	DATE	TIME
Tue.	8/15	6:00-8:00 p.m.
Location	Eidem Farm; 4345 101st Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$11 resident / \$12 non-resident	

IAP6: WACIPI (Pow Wow)

Observe cultural dances and ceremonies such as drum circles. Time is subject to change. **Please bring money if you would like to purchase food or a craft.**

DAYS	DATE	TIME
Sun.	8/20	11:00 a.m.-12:30 p.m.
Location	Mdewakanton Sioux Community; 3212 Dakota Pkwy., Shakopee, MN 55379	
Age	18+	
FEE	\$10 resident / \$11 non-resident	



ON THE TOWN: ALL ABILITIES

This is a community-based social program for adults and young adults who want to explore their community. More details to come upon registration and before the event. Companions are welcomed and an intake meeting is not required.



Age: 18+

OTTA1: EDINA ART FAIR

Discover unique art from talented artists, engage with the community and celebrate the diversity of the arts. **Please bring money if you would like to purchase food or art.**

DAYS	DATE	TIME
Sun.	6/4	10:00-11:30 a.m.
Location	50th & France; 3911 W 50th St., Edina, MN 55424	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

OTTA2: NO BAKE COOKING

Learn how to create something delicious without even turning on the oven.

DAYS	DATE	TIME
Sat.	6/24	5:00-6:30 p.m.
Location	Louisiana Oaks Park; 3520 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	18+	
FEE	\$16 resident / \$18 non-resident	

OTTA3: PAISLEY PARK TOUR

Calling all Prince fans and music lovers! See artifacts from Prince's personal archives, including concert wardrobes, awards, musical instruments and so much more. **Companions must register.**

DAYS	DATE	TIME
Thur.	7/20	10:15 a.m.-12:00 p.m.
Location	Paisley Park; 7801 Audubon Rd., Chanhassen, MN 55317	
Age	18+	
FEE	\$15 resident / \$17 non-resident	

OTTA4: MINNESOTA'S LARGEST CANDY STORE

Get ready for a sweet adventure! Indulge in a wide range of delicious candies from all over the world. **Please bring money if you would like to purchase candy.**

DAYS	DATE	TIME
Sat.	8/5	2:00-3:30 p.m.
Location	MN's Largest Candy Store; 20430 Johnson Memorial Dr., Jordan, MN 55352	
Age	18+	
FEE	\$10 resident / \$11 non-resident	



OTTA5: POKÉMON GO

Catch & collect a variety of Pokémon as you explore your surroundings and compete against other trainers in epic battles.

DAYS	DATE	TIME
Sat.	8/19	6:00-7:30 p.m.
Location	Lake Susan Park; 903 Lake Dr., Chanhassen, MN 55317	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

OTTA6: FARMERS MARKET

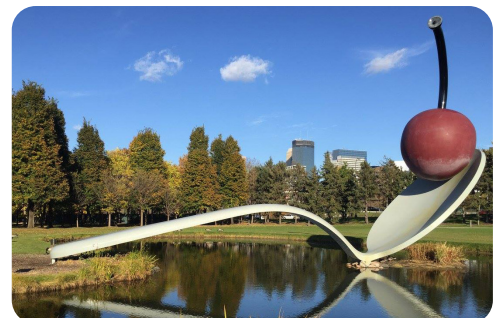
Explore the market's vibrant stalls, taste seasonal delights and meet the farmers and makers. Don't miss out on this opportunity to support our community and savor the flavors of the season. **Please bring money if you would like to purchase any items.**

DAYS	DATE	TIME
Thur.	8/24	6:30-8:00 p.m.
Location	Centennial Lakes Park; 7499 France Ave. S, Edina, MN 55435	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

OTTA7: SCULPTURE GARDEN PHOTOGRAPHY WALK

Immerse yourself in the beauty of contemporary art and nature as you capture striking images of iconic sculptures, colorful flowers and scenic landscapes.

DAYS	DATE	TIME
Sat.	8/26	6:00-7:30 p.m.
Location	MN Sculpture Garden; 725 Vineland Pl., Minneapolis, MN 55403	
Age	18+	
FEE	\$10 resident / \$11 non-resident	



REGISTRATION FORM—SUMMER 2023



Name: _____ Pronouns: _____ Birth Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Emergency Contact Name: _____ Emergency Phone: _____

Allergies/Diet/Accessibility: _____

Am I a "Resident"?

Our adaptive recreation program is a cooperative effort with the below cities. If you live in another city, please pay the non-resident fee.

- Brooklyn Center
- Chanhassen
- Golden Valley
- Plymouth
- Brooklyn Park
- Edina
- Maple Grove
- St. Louis Park

	Programs (Listed Alphabetically)	Resident/Non-Resident
	Adaptive Golf (1): Starts 5/8	Register through City of Edina
	Adaptive Golf (2): Starts 8/21	Register through City of Edina
<input type="checkbox"/>	Bingo: 8/4	\$8 / \$10 at the door
<input type="checkbox"/>	Bingo & Pizza (1): 6/23	\$18 / \$20 / \$9 companions # of Companions _____
<input type="checkbox"/>	Bingo & Pizza (2): 8/28	\$18 / \$20 / \$9 companions # of Companions _____
<input type="checkbox"/>	Bocce League: Starts 8/1	\$28 / \$36
<input type="checkbox"/>	Bowling Banquet: 8/29	\$21 / \$23 / \$14 companions # of Companions _____
<input type="checkbox"/>	Bowling - Park Tavern: Starts 6/26	\$78 / \$86 <input type="checkbox"/> Lane Bumpers <input type="checkbox"/> Bowling Ramp
<input type="checkbox"/>	Chair Yoga: 7/25	\$10 / \$11
<input type="checkbox"/>	Cooking Night - Easy Appetizers: 7/24	\$16 / \$18
<input type="checkbox"/>	Cooking Night - Mexican Pizza: 8/11	\$16 / \$18
<input type="checkbox"/>	Craft - Mini Pallet Coasters: 7/18	\$15 / \$17
<input type="checkbox"/>	Craft - Paper Roll Fireworks Painting: 6/12	\$15 / \$17
<input type="checkbox"/>	Craft - Paracord Bracelets: 8/21	\$15 / \$17
<input type="checkbox"/>	Dance: Luau Party: 8/25	\$8 / \$10 at the door
<input type="checkbox"/>	Forest Friends - Archery: 7/10	\$24 / \$25
<input type="checkbox"/>	Forest Friends - Bees & Pollinators: 8/30	\$24 / \$25
<input type="checkbox"/>	Karaoke with Mocktails & Snacks: 7/21	\$8 / \$10 at the door

	Programs (Listed Alphabetically)	Resident/Non-Resident
<input type="checkbox"/>	Let's Go Fishing: TBD	\$10 / \$11
<input type="checkbox"/>	MN Twins Game: 6/20	FREE # of Companions _____ Donation _____
<input type="checkbox"/>	Non-Competitive Softball: Starts 6/22	\$48 / \$56 Shirt Size _____
<input type="checkbox"/>	Outdoor Yoga: 8/14	\$10 / \$11
<input type="checkbox"/>	Paint Class - Lightning Bug: Starts 8/10	\$28 / \$30
<input type="checkbox"/>	Singles Mingle - Park Concert: 8/7	\$11 / \$13
<input type="checkbox"/>	Snacks & Cinema (1) - Whitney Houston: 6/29	\$6 / \$8
<input type="checkbox"/>	Snacks & Cinema (2) - Thor: 8/31	\$6 / \$8
<input type="checkbox"/>	Social Seekers: Starts 6/21	\$200 / \$210
<input type="checkbox"/>	Teen Explorers: Starts 6/13	\$60 / \$68
<input type="checkbox"/>	Water Aerobics (1): Starts 6/7	\$45 / \$50
<input type="checkbox"/>	Water Aerobics (2): Starts 7/12	\$45 / \$50
	Weekend Ventures	Fee
<input type="checkbox"/>	Valleyfair: 8/4-8/5	<input type="checkbox"/> \$250 - Deposit <input type="checkbox"/> \$973.08 - Pay in Full <input type="checkbox"/> Bill my Waiver
<input type="checkbox"/>	Water Park & Board Games: 8/18-8/19	<input type="checkbox"/> \$250 - Deposit <input type="checkbox"/> \$973.08 - Pay in Full <input type="checkbox"/> Bill my Waiver

REGISTRATION FORM—SUMMER 2023

	Wednesday Night Social (WNS) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	Wednesday Night Social - ALL Programs	\$60 / \$68
<input type="checkbox"/>	WNS1 - Nature Walk & Snacks: 6/21	\$10 / \$11
<input type="checkbox"/>	WNS2 - French Toast Night: 6/28	\$16 / \$18
<input type="checkbox"/>	WNS3 - Summer Bonfire: 7/12	\$10 / \$11
<input type="checkbox"/>	WNS4 - Bug Repellent Craft: 7/19	\$13 / \$14
<input type="checkbox"/>	WNS5 - Outdoor Bingo: 7/26	\$10 / \$11
<input type="checkbox"/>	WNS6 - Eat at 5-8 Club: 8/2	\$10 / \$11 / \$0 companions # of Companions _____
<input type="checkbox"/>	WNS7 - Swimming: 8/9	\$10 / \$11
<input type="checkbox"/>	WNS8 - Tie Dye: 8/16	\$10 / \$11

PHOTO WAIVER

To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures and social networking media.

Can be photographed: Yes ☐ No ☐

First name can be used: Yes ☐ No ☐

Program Total:	\$
Donation to Reach (Optional):	\$
TOTAL ENCLOSED:	\$

☐ Cash ☐ Check # _____

☐ Credit Card # _____

Expiration Date: _____ Security Code: _____

Name on Card: _____

Billing Address (if different than registration address): _____

Sign here to acknowledge that you have read and understood the Program Policies and you agree to be bound by them. Participants and/or caregivers or guardians can sign.

Participant Signature: _____

Caregiver or Guardian: _____

	Recreation Therapy - 13+	Resident/Non-Resident
<input type="checkbox"/>	Art Therapy Small Group (1) - Starts 5/4	\$244.68
<input type="checkbox"/>	Art Therapy Small Group (2) - Starts 7/6	\$244.68
<input type="checkbox"/>	Birding: 8/10	\$61.17
<input type="checkbox"/>	Nature Hike & Sketch: 7/27	\$61.17
<input type="checkbox"/>	Outdoor Journaling: Starts 6/21	\$163.12
<input type="checkbox"/>	Pond Study: 7/13	\$61.17
<input type="checkbox"/>	Strength Training: Starts 7/26	\$163.12
<input type="checkbox"/>	Walking Group: Starts 6/6	\$163.12

	Independent Adult Program (IAP) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	IAP1 - Addams Family Musical: 6/22	\$12 / \$14
<input type="checkbox"/>	IAP2 - Mini Golf: 6/27	\$17 / \$19
<input type="checkbox"/>	IAP3 - Eat at Rainforest Cafe: 7/22	\$10 / \$11
<input type="checkbox"/>	IAP4 - Cat Cafe: 7/28	\$17 / \$18
<input type="checkbox"/>	IAP5 - Geocaching for S'Mores: 8/15	\$11 / \$12
<input type="checkbox"/>	IAP6 - Wacipi (Pow Wow): 8/20	\$10 / \$11
<input type="checkbox"/>	Check the box if a brief IAP Intake meeting is needed.	

	On The Town: All Abilities (OTTA) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	OTTA1 - Edina Art Fair: 6/4	\$10 / \$11
<input type="checkbox"/>	OTTA2 - No Bake Cooking: 6/24	\$16 / \$18
<input type="checkbox"/>	OTTA3 - Paisley Park Tour: 7/20	\$15 / \$17 # of Companions _____
<input type="checkbox"/>	OTTA4 - MN Largest's Candy Store: 8/5	\$10 / \$11
<input type="checkbox"/>	OTTA5 - Pokémon Go: 8/19	\$10 / \$11
<input type="checkbox"/>	OTTA6 - Farmers Market: 8/24	\$10 / \$11
<input type="checkbox"/>	OTTA7 - Sculpture Garden: 8/26	\$10 / \$11

Newsletter Sign Up

Looking to receive the latest news, updates and program information from Reach? Subscribe to our quarterly printed newsletter, monthly emails and social media accounts.

☐ Subscribe to the printed newsletter (Reach Reader).

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

☐ Subscribe to the monthly email newsletter.

Name: _____

Email: _____



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@Reach4Resources



@Reach4Resources

Please send completed form with payment to:

Reach for Resources

5900 Green Oak Drive, Suite 303

Minnetonka, MN 55343

Fax: 952-229-4468 • info@reachforresources.org

Online registration: reach.recdesk.com



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Minnetonka, MN 55343
Office: 952-200-3030
Fax: 952-229-4468
info@reachforresources.org
reachforresources.org



Reach Charity Golf Tournament

Monday, July 17 • 12:00 p.m. Shotgun Start

The Wilds Golf Club • 3151 Wilds Ridge Ct., Prior Lake, MN 55372

Ticket: \$150 per golfer | 18 holes of golf, golf cart, lunch and dinner

Learn More: reachforresources.org/golf

It's never too early to practice your putts! The Reach Charity Golf Tournament is an opportunity to have fun while supporting children, teens and adults with disabilities throughout the Twin Cities. The day will include: great food (lunch & dinner), 18 holes of golf with a cart, access to exclusive raffles, games at each hole and a chance to win some great prizes!



Register Today!
bit.ly/ReachGolfer23

Thank you to our tournament sponsor!

