

Reach Annual Award
voting is OPEN! Vote:
bit.ly/ReachAwards

Bingo & Brews Night:
February 26 at LTD Brewing
in Hopkins.

We're hiring for a variety
of jobs & internships:
reachforresources.org/employment

Empowering people of all-abilities to reach their full potential.

Winter 2024

Reach Reader



Rollin' Clean Games Since '02

This year, we are celebrating 32 years of our annual Bowl-A-Thon fundraiser on March 16. Of those 32 years, Joe Parker has been participating in 21 of them. Joe is one of Reach's longest Bowl-A-Thon participants and has raised the most money for a single Bowl-A-Thon (2023) and is the current leader for the most money raised collectively year after year by a Bowl-A-Thon participant. In 2023, Joe raised \$2,129 and over a lifetime he's raised nearly \$20,000. What's Joe's secret to successful fundraising and why does he love the Bowl-A-Thon so much? We sat down with Joe to learn more!

Since he was young, Joe had been participating in Reach's Adaptive Recreation programs, specifically the bowling leagues, for many years. When he heard about the Bowl-A-Thon, he knew he needed to participate in it. Joe participated in his first Bowl-A-Thon in 2002. From that first year, he was hooked! Joe said, "I enjoy the Bowl-A-Thon a lot because it keeps me active and it's lots of fun. I get to meet new friends, there's free food and good prizes." In addition, Joe likes to challenge himself every year to raise more money than the previous year - which he's done nearly every year since first participating.

So what's Joe's secret to successful fundraising? Personality, good communication and knowing a lot of people. Joe is confident, outgoing and talkative with the ability to strike up a conversation with anyone. Joe said, "I start early with fundraising. I reach out to my coworkers, family and friends and communicate all the information to them." Over the 21 years, Joe has perfected his craft. What advice would he give to someone fundraising for the first time? *(continued on page 2)*



At the 2005 Bowl-A-Thon, Joe won the award for the highest cumulative bowling score.

Reach Golf Tournament Raises \$33,645!

Big thank you to everyone who came out to support our 2nd Annual Reach Golf Tournament on July 17 at The Wilds Golf Club. It was great to see so many returning golfers, in addition to many new golfers all coming together to support Reach. Mark your calendars! Next year's Golf Tournament is tentatively scheduled for July 15, 2024 at The Wilds Golf Club.

Special thank you to all of our volunteers from Revo Health and our photographer/videographer Leroy Hafund.

Thank you to our sponsors:



Fredrikson



Peter & Vicki Thompson

The Hampe Family Foundation

The Cheney Family



BOARD OF DIRECTORS

David Erickson, Chair
HealthPartners & Stub Enterprises, Inc.

Cody Holliday, Vice Chair
Fredrikson

Anna Hulstein, Treasurer
Blue Cross & Blue Shield of Minnesota

Peter N. Thompson
Retired Law Professor

Dandy Leizens
Boston Scientific

Patrick Boley
Eckberg Lammers, P.C.

Danny Ngo
Ecolab

Rollin' Clean Games Since '02 *(continued from page 1)*

Joe says, "It's important to start early. There are more opportunities when you start early. And make sure to ask everyone you know." Great advice!

Joe's success at the Bowl-A-Thon carries over into other parts of his life. For over 15 years, Joe has been working for a law firm in downtown Minneapolis and loves it. "They want to keep me till I retire. I tell them jokes and they really like my jokes." Outside of work, Joe has also found success in Special Olympics. The two main sports he participates in are Bocce and Bowling. In 2014, Joe brought home two bronze medals and one silver medal for Bocce at Special Olympics USA and in 2022 won a gold medal in Bocce singles, a silver for doubles and a bronze for team. In 2026, Special Olympics USA will be held in Minnesota and Joe is looking forward to either participating or volunteering at the games with his dad.

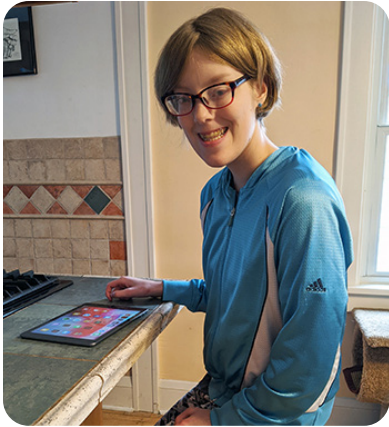
We have no doubt that Joe will continue to achieve great success on and off the bowling lane. Thank you Joe for being one of our longest Bowl-A-Thon participants and for all the money you've raised! We are looking forward to seeing Joe and all the bowlers at this year's Bowl-A-Thon on March 16.



Joe at the 2023 Bowl-A-Thon with his friends Jessie and Lisa.

Give to the Max Day is November 16

This year for Give to the Max, we will be raising funds for two different Reach supports: SILS and TRAIL. Giving starts November 1st with the biggest day of giving on November 16th. Learn more: reachforresources.org/GTM.



This year, Reach is raising funds for our Semi-Independent Living Services (SILS) to help adults with developmental disabilities achieve the highest level of self-reliance within their community. We work with individuals and their families to provide support for each person's specific needs and goals. Through SILS, we help adults with a wide range of services including: preparing meals, employment skills, budgeting, bill paying, daily living skills, health/hygiene, safety, self-advocacy, grocery shopping, obtain/maintain housing and socialization.

Hanna is an organized, intelligent and ambitious young adult who sings in a glee club, volunteers at the library, attends dance class, interns in the neonatal intensive care unit at Children's MN and enjoys hanging out with her friends. However, when it comes to cooking and cleaning tasks, Hanna needs some guidance. With the help of donor funded assistive technology that provides step-by-step directions with pictures on completing household tasks and a Community Living Specialist from Reach, Hanna is able to live more independently.

Give the gift of transportation! All donations to TRAIL will be used to subsidize transportation costs, keeping roundtrip rider fares affordable for adults with developmental disabilities living in Bloomington, Eden Prairie, Edina and Richfield. To date, TRAIL has provided over 950 individual rides to 130+ Adaptive Recreation & Learning Exchange programs. All programs are specifically designed to meet the needs of people with developmental disabilities, providing independence to enrich their lives, mentally, creatively and socially.

Independence boosts confidence, reduces reliance on others, promotes a positive outlook and opens opportunities. Independence is priceless! It's not about someone's disability, it's about their ability to make an impact on the world around them.



Help us reach our goal of \$35,000 for SILS.



Help TRAIL reach their goal of \$10,000.

Purchase Wings & Support Reach

This fall, we've teamed up with Clive's Roadhouse and BOB FM for a wing fundraiser. From October 13th through November 16th, for every award winning chicken wing plate sold, Clive's will donate a \$1 to Reach.

What makes these wings award winning? On October 12th, a panel of local celebrities taste tested unique chicken wing recipes created by the head chefs of all the Clive's Minnesota locations. The winning chef's wing recipe is being served at all Clive's locations through November 16th. Clive's Roadhouse locations include: Burnsville, Champlin, Blaine and Rogers. Make sure to stop by your local Clive's Roadhouse location to enjoy these limited edition, award winning wings!

All wing purchases will be matched thanks to generous sponsors. To see the full list of sponsors, please visit: reachforresources.org/gtmLearnMore.



TRAIL 10th-Annual

Bowling for Buses

9-Pin No-Tap Fundraiser



Join us for a fun afternoon of bowling, food and prizes in support of TRAIL by Reach!

Saturday, December 2 | 2:00 - 5:00 p.m.
\$25 Bowler | \$15 Spectator
AMF Southtown Lanes - Bloomington
All Ages & Abilities Welcome

Register Today!

All proceeds go to ensuring fares remain affordable for all TRAIL riders.



GHOSTLY GALA



Join us for our annual spooky celebration

Friday, October 27 | 5:30 - 8:00 p.m.
\$10 pre-registration | \$15 at the door
Brooklyn Park Community Activity Center
All Ages & Abilities Welcome



Register 

ADAPTIVE RECREATION PROGRAMS

AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Edina
- Golden Valley
- Maple Grove
- Plymouth
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or visit: reachforresources.org.

All programs are pre-registration only. Registration for a program is required at least 3 days before the start date unless otherwise noted.

EASY ONLINE REGISTRATION!

We have an online sign-up software that makes it easier than ever to find and register for programs. This software allows you to create an account, view your invoices and download a calendar with all your upcoming programs.

Sign-up for an account:
reach.recdesk.com

PROGRAM DETAILS

For 2024, we will be offering a variety of programs including different billable options.



VIRTUAL PROGRAMS

- Programs are for "All Ages" unless specified
- Virtual via: WebEx, Teams or Zoom



IN-PERSON PROGRAMS

- Programs are for "All Ages" unless specified
- Variety of locations
- Masks are welcome but not required for indoor programs



WAIVER ELIGIBLE PROGRAM

- Program is billable via ILS Therapies on DD or CADI waivers
- Contact Emily Orr to learn more

INCLUSION SUPPORT

Reach provides inclusion support to children and adults with disabilities who would like to participate in their city's park and recreation programs. Registration for these programs is done through your local park & rec department. Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Chaska
- Crystal
- Edina
- Golden Valley
- New Brighton
- New Hope
- Robbinsdale
- Roseville
- St. Louis Park
- Three Rivers Park District
- Woodbury

To learn more, visit: reachforresources.org/inclusion.

After registering for a city park program, contact Reach to discuss the needs/ accommodations for yourself or your child via: inclusion@reachforresources.org.

Please allow a minimum of two weeks notice for a successful inclusion.

CONTACT INFORMATION

Have a question or concern about a program or need additional information? Please reach out to our Adaptive Recreation & Inclusion Department.



Emily Orr, MA, CTRS

Director of Adaptive Recreation & Inclusion

Email:
eorr@reachforresources.org

Call or Text:
952-393-5880



Brie Max

Assistant Director of Adaptive Recreation & Inclusion

Email:
bmax@reachforresources.org

Call or Text:
952-393-4277

PROGRAM POLICIES & PROCEDURES

REGISTRATION

- All participants must be registered for a program to attend. Friends, housemates, etc. cannot attend with a registered participant without obtaining special permission from the Reach Recreation Department. If the activities are held at a community center, there are often common spaces where others can wait.
- Registrations are accepted online, in person, or by mail. Registrations are not taken at programs or over the phone.
- Register at least two weeks before the beginning of a program. Some programs do fill up, and you may be placed on a waiting list if the program is full.
- If you register for a recurring program after it has started, Reach will welcome you to join and prorate the registration fee as long as there is space in the program.
- Online registration closes three days before each program.
- For Weekend Ventures registration policies, see the Weekend Ventures Policies and Procedures.

REGISTRATION CONFIRMATION

- Registration confirmations will be sent to the email used during registration or the email provided on the email form.

PAYMENT METHODS

- Reach accepts all major credit cards, cash, checks, and money orders.
- CDCS waivers can be billed with guardian approval and proper paperwork.
- Traditional waivers are accepted only for Weekend Ventures, and only when authorizations are in place and an intake meeting has taken place.

PROGRAM & CLASS CANCELLATIONS

- While rare, Reach reserves the right to cancel a program due to circumstances beyond our control including severe weather or due to a lack of staff and/or participants.

PROGRAM WITHDRAWAL

- Participants who call or email to withdraw from an activity at least two weeks before the activity are eligible to receive a refund. A \$5 cancellation fee will be charged per class. Refunds are not awarded with less than 2 weeks' notice or for ticketed events.
- There are no refunds for missed classes.
- WEEKEND VENTURES (WV) WITHDRAWAL cancellations must be made in writing with more than 30 days' before the class to be eligible for a full deposit refund.
- WV cancellations that are made with less than 30 days' notice will surrender the program deposit. This cannot be covered by the waiver.

STAFF RATIOS / SUPPORT STAFF / CAREGIVERS

- Caregivers, family & support staff can attend programs except for Weekend Ventures and Independent Adult Programs.
- Staff ratios are different for each program. If a participant requires more assistance than a program offers, please provide that support by sending along a caregiver.
- Reach staff is unable to spend a lot of 1:1 time with participants. Individuals who need 1:1 support should always have support staff with them at adaptive programs.

ARRIVING EARLY OR LATE

- Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. All participants who arrive early to a program must wait in the lobby or near the front entrance until staff arrives.
- If you plan to arrive late at Weekend Ventures please make arrangements with the Assistant Director of Recreation ahead of time when possible (952-393-4277).
- If you arrive late without prior communication, please call the floating program phone to find the group (763-377-3695).

LATE PICKUP FEE

- If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time.

ATTIRE

- Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged.

MEDICATIONS

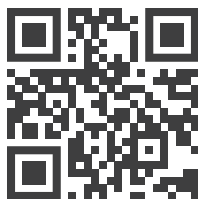
- Medications may be administered by a Reach staff at WV, but at all other programs, prescription and non-prescription drugs are the sole responsibility of the participant. At no time can a Reach staff assume responsibility for or administer medications in any form.
- Reach staff can assist with lifesaving procedures (ex: epi-pen) as long as staff are made aware of the potential need for this procedure & provided with the necessary supplies.

ILLNESS / INJURY

- If a participant becomes ill or injured, staff will contact the Emergency Contact immediately. If the Emergency Contact can't be reached, staff will contact medical personnel.

INFECTION CONTROL

- To minimize exposure to other participants and staff, participants are requested to stay home if they have the following symptoms/diagnoses:
- If you are diagnosed with Covid-19 or suspect you may have Covid-19, do not attend programs until you have been symptom-free for 72 hours, or 10 days after being diagnosed. This applies to those who are vaccinated and those who are not vaccinated. You may return to programming once you have received a negative test result.
- An upper respiratory infection such as bronchiolitis or influenza.
- Fever of 100 degrees Fahrenheit or over within the past 24 hours. Individuals must be fever-free WITHOUT the use of Tylenol or other fever-reducers for at least 24 hours.
- Vomiting or diarrhea within the past 24 hours.
- Head lice or Pink-eye (must be on eye-drops for at least 24 hours before attending).
- Strep-throat or any other illness that requires antibiotics. Individuals must be on antibiotics for at least 24 hours before attending a program.



ALL PROGRAM & PROCEDURES

To read all of our Adaptive Recreation & Inclusion procedures, please visit: bit.ly/RecPolicies.

COOKING & CRAFTS

COOKING NIGHT: BAKED POTATO SOUP



Join us to learn this easy recipe that transforms simple ingredients into a hearty, flavorful winter soup.

DAYS	DATE	TIME
Wed.	3/20	5:30-7:00 p.m.
Location	Sandburg Middle School: Room 226 (enter through door 1); 2400 Sandburg Ln., Golden Valley, MN 55427	
Age	16+	
FEE	\$16 resident / \$18 non-resident	



CRAFT: DIY VALENTINE'S HEART SHIRT



Each participant will receive a white t-shirt and use fabric markers or paint to create a unique heart design to wear to Valentine's events.

DAYS	DATE	TIME
Mon.	1/22	6:30-7:45 p.m.
Location	Chanhassen Recreation Center; 2310 Coulter Blvd., Chanhassen, MN 55317	
Age	14+	
FEE	\$14 resident / \$16 non-resident	

CRAFT: ROLLED BEESWAX CANDLES



Warm up with some homemade beeswax candles! You'll roll a wick in a sheet of beeswax and decorate it with other colors of wax. Each person will make two candles.

DAYS	DATE	TIME
Thu.	2/8	6:30-7:45 p.m.
Location	Brooklyn Center Community Center: Craft Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	14+	
FEE	\$17 resident / \$19 non-resident	

CRAFT: SOCK BUNNY FAMILY



Use socks, ribbon and rice to create some adorable sock bunnies. This quick and easy craft is perfect to welcome in spring.

DAYS	DATE	TIME
Tue.	3/5	6:30-7:45 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	14+	
FEE	\$14 resident / \$16 non-resident	



STEP-BY-STEP PAINTING CLASSES: BEE WITH FLOWERS



This two week, step-by-step painting class will guide all skill levels through the process of creating your own unique masterpiece. Attendees will receive personalized instruction and support while enjoying a relaxed and social atmosphere. Light snacks will be provided.

DAYS	DATE	TIME
Thu.	2/22 & 2/29	6:30-8:00 p.m.
Location	Edina Senior Center: Room 1 (2/22) / Aquarium Room (2/29); 5280 Grandview Square # 101, Edina, MN 55436	
Age	14+	
FEE	\$26 resident / \$30 non-resident	



ART ABILITIES



This series of workshops will invite the participants to explore their creative interests beginning with warm-up exercises, followed by painting, drawing, journaling and other abstract creations to help the participants learn a different method of communication. This activity is made possible through a generous grant funded by the Bentson Foundation.

DAYS	DATE	TIME
TBD	TBD	TBD
Location	Microsoft Teams (virtual)	
Age	14+	
FEE	FREE	

SPORTS & NATURE

PARENT SUPPORT GROUP FOR KIDS WITH UNIQUE ABILITIES

Take some time for self-care and spend your lunch break with us. This virtual support group connects parents of children who require higher behavioral, emotional, physical and/or medical support than typical children. The group will have a topic to discuss each week and will provide a supportive environment for sharing experiences and resources to navigate the challenges and celebrate the achievements of your extraordinary children.

DAYS	DATE	TIME
Thu.	2/15-3/28	12:00-1:00 p.m.
Location	Microsoft Teams (virtual)	
Age	18+	
FEE	\$150 resident / \$162 non-resident	

NON-COMPETITIVE BASKETBALL

Have fun on a team and improve your basketball skills. Help design your team jersey and celebrate with a party at the end of the season. **Register by 3/18 to receive a team jersey.**

DAYS	DATE	TIME
Tue.	3/19-4/23	6:30-8:00 p.m.
Location	Brooklyn Park Community Activity Center: Gym; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	16+	
FEE	\$48 resident / \$54 non-resident	



FOREST FRIENDS: ICE FISHING

Join us to venture onto a frozen lake in search of the perfect catch. This program is specially designed for individuals of all abilities, ensuring that everyone can enjoy the wonders of ice fishing. Please make any necessary accessibility notes when registering.

DAYS	DATE	TIME
Mon.	2/5	1:30-3:30 p.m.
Location	Lake Minnetonka Regional Park; 4610 County Rd. 44, Minnetrista, MN 55364	
Age	14+	
FEE	\$25 resident / \$26 non-resident	



FOREST FRIENDS: MAPLE SYRUP HISTORY & TOOLS

Learn about the significance this product of nature has held through time. Experience the process of making maple syrup: tap a maple tree, collect sap, visit the boiling-down cauldron and finishing station. At each stage of the process, compare and evaluate the tools of today and of long ago. Travel back in time with a traditional story about the sweet discovery of maple sap while watching maple sugar form before your eyes. Taste the final products!

DAYS	DATE	TIME
Mon.	3/25	2:00-4:00 p.m.
Location	Eastman Nature Center; 13351 Elm Creek Rd., Maple Grove, MN 55369	
Age	14+	
FEE	\$25 resident / \$26 non-resident	

BOWLING LEAGUE

Join our non-competitive bowling league, which provides a fun and inclusive environment. Registration includes two games of bowling per week and shoes.

NEW HOPE

DAYS	DATE	TIME
Sat.	1/20-3/9	12:00-2:00 p.m.
Location	New Hope Bowl; 7107 N 42nd Ave., New Hope, MN 55427	
Age	All Ages	
FEE	\$79 resident / \$87 non-resident	

PARK TAVERN

DAYS	DATE	TIME
Sat.	1/20-3/9	10:00 a.m.-12:00 p.m.
Location	Park Tavern; 3401 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	All Ages	
FEE	\$79 resident / \$87 non-resident	

YOGA & MINDFUL SNACKING

Increase attention span, focus, muscle tone and flexibility in this peaceful yoga practice. Then treat your taste buds to a selection of delectable mindful snacks. Poses can be adapted for all abilities.

DAYS	DATE	TIME
Mon.	2/26-3/18	4:30-5:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	14+	
FEE	\$50 resident / \$54 non-resident	

GAMES & MOVIES

NICKELODEON UNIVERSE RIDES & LUNCH

Join us as we visit Nickelodeon Universe in the Mall of America for a day full of rides and fun! We plan to each lunch from noon to 1:00 p.m. **Please bring \$10-\$25 to order lunch at the food court. Companions only need to register if they plan to ride.**

DAYS	DATE	TIME
Sun.	3/3	10:00 a.m.- 2:30 p.m.
Location	Mall of America: Floor 1; 60 E Broadway, Bloomington, MN 55425	
Age	13+	
FEE	\$39 resident / \$41 non-resident / \$26 companion	

BINGO

Enjoy a fun and exciting gathering where players can test their luck and compete for prizes while enjoying the company of others. We strive to make everyone a winner. Light snacks are provided.

DAYS	DATE	TIME
Fri.	1/5	6:30-8:00 p.m.
Location	Brookview Community Center: Valley Rooms North & South; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	13+	
FEE	\$10 pre-registration required	

DAYS	DATE	TIME
Fri.	3/1	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13+	
FEE	\$10 pre-registration required	

BINGO & PIZZA

Bingo & Pizza night is a fun and casual event that combines two beloved pastimes. Guests can enjoy delicious pizza while playing a variety of Bingo games with chances to win prizes and enjoy friendly competition with friends. **Companions only need to register if they want to eat pizza.**

DAYS	DATE	TIME
Thu.	1/25	5:45-7:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$18 resident / \$20 non-resident / \$9 companions	

DAYS	DATE	TIME
Fri.	3/15	5:45-7:30 p.m.
Location	Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	13+	
FEE	\$18 resident / \$20 non-resident / \$9 companions	

BOOKWORMS BOOK & FILM CLUB

Read the book, listen to the audiobook or watch the movie and join us for a lively discussion! We'll vote on the next book/movie at each meeting.

DAYS	DATE	TIME
Thu.	1/25, 2/29 & 3/28	10:00-11:00 a.m.
Location	Microsoft Teams (virtual)	
Age	16+	
FEE	\$12 resident / \$15 non-resident	

SNACKS & CINEMA

Relax with some friends and enjoy a movie night complete with snacks.

KNIVES OUT (PG-13)

Watch as this mystery unfolds on the screen while sipping hot tea and enjoying an assortment of tasty snacks. Wrap yourself in suspense, warmth and flavors that perfectly complement the twists and turns of this film.

DAYS	DATE	TIME
Thu.	1/11	6:15-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$6 resident / \$8 non-resident	

WALK THE LINE (PG-13)

Sing-along as we screen the iconic film 'Walk the Line' and serve up one of Johnny Cash's favorite snacks, cornbread! Let the music and flavors make it a memorable movie night on Johnny Cash's birthday.

DAYS	DATE	TIME
Mon.	2/26	6:15-8:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$6 resident / \$8 non-resident	



SOCIAL ACTIVITIES

DANCE: VALENTINE'S DAY



Whether you're celebrating with a partner, friends or looking to meet someone new, this is the perfect occasion to revel in the spirit of Valentine's Day.

DAYS	DATE	TIME
Tue.	2/13	6:30-8:30 p.m.
Location	Plymouth Community Center: Banquet Room; 14800 34th Ave. N, Plymouth, MN 55447	
Age	13+	
FEE	\$10 pre-registration required	

DANCE: ST. PADDY'S DAY



Wear green and step into a world of Irish merriment as we celebrate with spirited jigs, lively reels and modern beats that will have you dancing the night away.

DAYS	DATE	TIME
Thu.	3/14	6:30-8:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13+	
FEE	\$10 pre-registration required	

SOCIAL SEEKERS



This is a program for teens and adults on the Autism spectrum. We meet once a week for fun and social interaction. We play games, solve riddles and enjoy working through our weekly highs and lows together. Call 952-393-4277 for more information or to schedule an intake. **Off 2/14*

DAYS	DATE	TIME
Wed.	1/10-3/13*	5:00-6:30 p.m.
Location	Edina Senior Center: Aquarium Room; 5280 Grandview Square # 101, Edina, MN 55436	
Age	15+	
FEE	\$200 resident / \$210 non-resident	

SINGLES MINGLE: COOKING



Enjoy an evening meeting new people while making a Valentine's themed recipe: Marry Me Chicken. This is the perfect opportunity to connect with other foodies and potentially find a romantic spark or friendship.

DAYS	DATE	TIME
Tue.	2/6	5:30-7:30 p.m.
Location	Sandburg Middle School: Room 226 (enter through door 1); 2400 Sandburg Ln., Golden Valley, MN 55427	
Age	18+	
FEE	\$16 resident / \$18 non-resident	



ONLINE DATING SAFETY WORKSHOP



Learn the ins and outs of online dating and how to safely connect with other singles. We will talk about everything from different online dating platforms, relationship styles and dating. This workshop will be taught by Lutheran Social Service of MN's SELF team. Due to generous funding sources, there is no cost to attend this workshop.

DAYS	DATE	TIME
Thu.	4/2	4:30-6:00 p.m.
Location	Zoom (virtual)	
Age	18+	
FEE	FREE	

CONSENT & BOUNDARIES WORKSHOP



Students will learn about the definitions of consent and boundaries. We will talk about how to communicate our own boundaries to others, how to ask for consent and what healthy consent looks like. This workshop will be taught by Lutheran Social Service of MN's SELF team. Due to generous funding, there is no cost to attend this series.

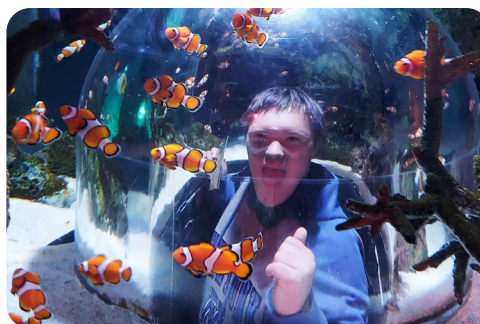
DAYS	DATE	TIME
Tue.	3/26	4:30-6:00 p.m.
Location	Zoom (virtual)	
Age	18+	
FEE	FREE	

TEEN EXPLORERS



Our Teen Explorers group aims to build social skills, as well as engagement, in their communities and the natural world around them. This program includes various activities such as cooking, going out to eat, making crafts and learning about nature. This program is open to individuals of all abilities and participants can bring a staff or caregiver if additional support is needed. After your registration is complete, we will send you the schedule for the quarter so you know where to meet each week. **3/20 instead of 3/19*

DAYS	DATE	TIME
Tue.	1/30-3/20*	4:45-6:15 p.m.
Location	Various	
Age	13-21	
FEE	\$60 resident / \$68 non-resident	



RECREATION THERAPY

Reach is approved to bill ILS therapies for Recreation, Music and Art Therapy. Out-of-pocket payments are also accepted, but please contact us if you'd like to bill your waiver.

MINI SUCCULENT GARDENS

Each person will personalize a planter with bling and paint. Get our hands dirty with soil and plant 3-4 mini succulents each. We'll discuss caring for succulents and learn about the mental health benefits of having live plants in your home.

DAYS	DATE	TIME
Fri.	3/8	1:00-2:30 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$61.17	

DANCE WORKOUT

Get ready to move, groove and sweat with our dynamic dance workout program! Follow along with our energetic instructors in a series of fun and engaging dance routines that will help you burn calories, boost your fitness and unleash your inner dancer. You can join in person or virtually via Teams.

DAYS	DATE	TIME
Fri.	2/2-2/23	10:30-11:30 a.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416 OR Microsoft Teams (virtual)	
Age	18+	
FEE	\$163.12	

NORDIC WALKING

Nordic Walking is beneficial for the mind and body. Join us in a small group setting where we walk at our own pace along the walking track in the Plymouth Fieldhouse. The fieldhouse may be cool, please dress in layers. Nordic walking poles will be provided.

DAYS	DATE	TIME
Mon.	1/22-2/12	2:00-3:00 p.m.
Location	Plymouth Fieldhouse: Walking Track; 14800 34th Ave. N, Plymouth, MN 55447	
Age	18+	
FEE	\$163.12	

MN ZOO FIELD TRIP

Experience a break from reality as we view and interact with animals and tropical fish. The group will be together from 10 a.m.-12 p.m., but you're welcome to stay as long as you like. PCAs may join for free.

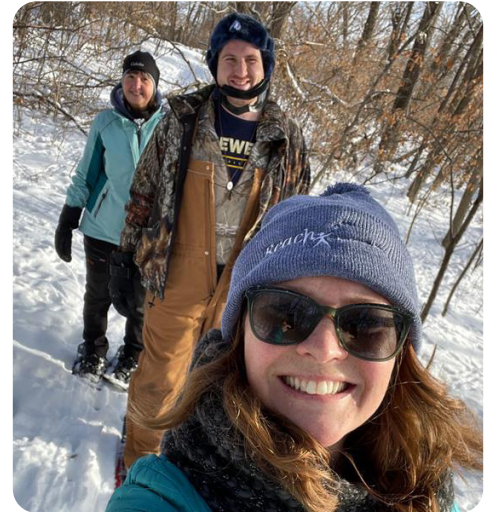
DAYS	DATE	TIME
Wed.	3/13	10:00 a.m.-12:00 p.m.
Location	MN Zoo; 13000 Zoo Blvd., Apple Valley, MN 55124	
Age	18+	
FEE	\$81.56	



MONDAY FUNDAY

This daytime program offers opportunities for social connection and exercise with peers. We'll do a new activity each week including Bingo, Charades, crafts, workouts and nature-based activities.

DAYS	DATE	TIME
Mon.	2/26-3/18	2:00-3:30 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$244.68	



RECREATION THERAPY

Reach is approved to bill ILS therapies for Recreation, Music and Art Therapy. Out-of-pocket payments are also accepted, but please contact us if you'd like to bill your waiver.

WINTER APPRECIATION & GRATITUDE



By this time in the season, winter is feeling LONG and exacerbating some mental health conditions. In this session, we will explore the benefits of winter, do some sensory play with snow, and learn how to practice gratitude and appreciation so it may benefit happiness levels.

DAYS	DATE	TIME
Fri.	1/19	10:00-11:30 a.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$61.17	

MINDFUL COLORING & EATING



Indulge in a tranquil experience of mindfulness as you engage in conscious coloring and savor a delectable array of foods, immersing yourself in the present moment and nurturing your senses.

DAYS	DATE	TIME
Thu.	2/1	3:00-4:00 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$40.78	

ZEN DOODLING



Try out this therapeutic technique of doodling intricate designs by completing small areas of patterns. This is a completely freestyle drawing activity and the aim is to get into a "flow state" and reduce stress and anxiety.

DAYS	DATE	TIME
Tue.	2/20	1:00-2:00 p.m.
Location	Brookview Community Center: Bassett Creek North Room; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	18+	
FEE	\$40.78	

PRE-K PALS



Nervous about starting school? This small group therapeutic recreation program will work on getting into a routine using a visual schedule and trying out some typical pre-school activities like music, storytime, arts and crafts and free play time. A large focus will be on social communication and emotion regulation.

DAYS	DATE	TIME
Tue.	2/27-3/19	9:30-10:15 a.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	3-5	
FEE	\$122.34	

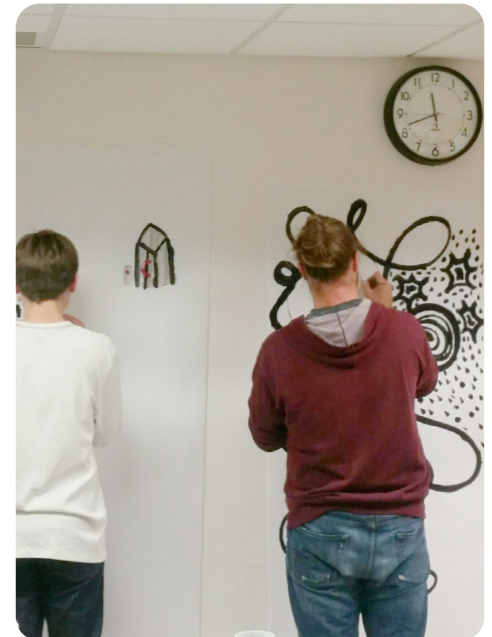
ART THERAPY SMALL GROUP



This art therapy class is designed to provide a safe and supportive space for teens and adults with disabilities to express themselves through art. Through creative activities and guided discussions, participants can explore their emotions, build self-esteem and develop new coping skills in a therapeutic setting.

DAYS	DATE	TIME
Thu.	1/11-2/1	4:30-6:00 p.m.
Location	Edina Senior Center: Room 2; 5280 Grandview Square # 101, Edina, MN 55436	
Age	18+	
FEE	\$244.68	

DAYS	DATE	TIME
Thu.	3/7-3/28	4:30-6:00 p.m.
Location	Edina Senior Center: Room 2; 5280 Grandview Square # 101, Edina, MN 55436	
Age	18+	
FEE	\$244.68	



WEDNESDAY NIGHT SOCIAL

The goal of this program is to become more engaged in your community and to build social skills, coping skills and practice flexibility. Activities include cooking classes, craft nights, professional sports outings, going out to eat and so much more! Open to individuals of all abilities. Participants can bring a staff or caregiver if additional support is needed. Sign up for the full series or individual activities.



Age: 18+

Date: Wednesdays, January 17 - March 13 (*no program the week of 2/14*)

Time: 6:30 - 8:00 p.m. (*unless noted*)

Fee for ALL the events: \$64 resident / \$74 non-resident

WNS1: CREATE A CALENDAR

Get creative by designing your own calendar and start the new year off organized.

DAYS	DATE	TIME
Wed.	1/17	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$13 resident / \$14 non-resident	

WNS2: S'MORES BAR & GAMES

Experience the classic campfire delight without having to brave the elements!

DAYS	DATE	TIME
Wed.	1/24	6:30-8:00 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS3: VALENTINE'S DAY CARDS

Get ready to create heartfelt cards that will warm the hearts of your loved ones.

DAYS	DATE	TIME
Wed.	1/31	6:30-8:00 p.m.
Location	Brookview Community Center: Valley Rooms North & South; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	18+	
FEE	\$13 resident / \$14 non-resident	

WNS4: SUPER-BOWL

Roll some Strikes & Spares with friends. Includes: 2 games of bowling & shoes. **Bring \$15-\$25 if you would like to purchase food.**

DAYS	DATE	TIME
Wed.	2/7	6:30-8:00 p.m.
Location	Park Tavern; 3401 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	18+	
FEE	\$15 resident / \$16 non-resident	

WNS5: WACKY OLYMPICS

Get ready to participate in wacky and wonderful unconventional games!

DAYS	DATE	TIME
Wed.	2/21	6:30-8:00 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS 6: SIP & PAINT

Indulge in an evening of creativity and relaxation as we bring together the perfect blend of mocktails and artistic expression.

DAYS	DATE	TIME
Wed.	2/28	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Arts & Crafts Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
FEE	\$14 resident / \$16 non-resident	

WNS7: UNO TOURNAMENT

Get ready to show off your card-playing skills while having fun with friends.

DAYS	DATE	TIME
Wed.	3/6	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10 resident / \$11 non-resident	



WNS8: COOKING NIGHT - ST. PATRICK'S DAY

Get ready to don your apron and embark on a culinary journey that'll leave your taste buds dancing a jig!

DAYS	DATE	TIME
Wed.	3/13	5:30-7:30 p.m.
Location	Sandburg Middle School: Room 226 (enter through door 1); 2400 Sandburg Ln., Golden Valley, MN 55427	
Age	18+	
FEE	\$16 resident / \$18 non-resident	

INDEPENDENT ADULT PROGRAMS

This independent social program is for adults and young adults who want to explore their community with minimal support. This program is offered at a 1:15 staff ratio. A brief intake is required. If you have not had an intake in the last five years, you must schedule one before registering. To schedule an intake, please call 952-393-4277.

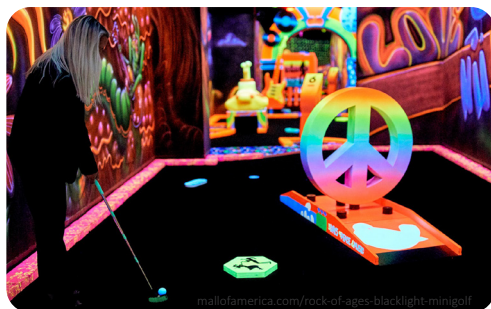


Age: 18+

IAP1: ROCK OF AGES MINI GOLF

Embark on a nostalgic adventure through this whimsical and creatively designed mini-golf course, where you'll putt your way through themed landscapes reminiscent of different eras.

DAYS	DATE	TIME
Mon.	1/8	6:30-8:00 p.m.
Location	Mall of America: Level 3; 336 E Broadway, Bloomington, MN 55425	
Age	18+	
FEE	\$24 resident / \$25 non-resident	



IAP2: FELT HEART TREE CRAFT AND COCOA

Join us in crafting a heartwarming installation as we collaboratively create a felt heart tree, adorning it with personalized felt hearts that symbolize love, unity and cherished connections.

DAYS	DATE	TIME
Tue.	1/30	6:30-8:00 p.m.
Location	Edina Senior Center: Classroom 1; 5280 Grandview Square # 101, Edina, MN 55436	
Age	18+	
FEE	\$12 resident / \$13 non-resident	

IAP3: MARDI GRAS PARTY

Join us for an exhilarating Mardi Gras extravaganza! Immerse yourself in the vibrant spirit of New Orleans as we create dazzling masks, test your knowledge with festive trivia, indulge in snacks and top off the night by crowning our very own Mardi Gras royalty.

DAYS	DATE	TIME
Mon.	2/12	6:00-7:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$12 resident / \$13 non-resident	

IAP4: PAISLEY PARK

Explore the legendary Paisley Park, the creative sanctuary of the iconic musician Prince. You'll have the opportunity to delve into his world through guided tours, music history and immersive exhibits. **Companions must register.**

DAYS	DATE	TIME
Fri.	2/23	10:45 a.m.-12:30 p.m.
Location	Paisley Park; 7801 Audubon Rd., Chanhassen, MN 55317	
Age	18+	
FEE	\$16 resident / \$18 non-resident	



IAP5: SWIMMING NIGHT

Dive into a refreshing aquatic experience at the Brooklyn Center pool, where you can enjoy invigorating laps, family-friendly recreation and a welcoming environment for swimmers of all levels.

DAYS	DATE	TIME
Mon.	3/4	5:30-7:00 p.m.
Location	Brooklyn Center Community Center: Pool; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
FEE	\$15 resident / \$16 non-resident	



IAP6: SUNSET SNOWSHOEING

Embark on a serene snowshoeing expedition through picturesque winter landscapes at the historic Eidem Farm, where you'll traverse snow-covered trails, breathe in the crisp air and connect with nature in its tranquil seasonal beauty.

DAYS	DATE	TIME
Thu.	3/21	5:30-7:00 p.m.
Location	Historic Eidem Farm; 4345 101st Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$12 resident / \$13 non-resident	

ON THE TOWN: ALL ABILITIES

This is a community-based social program for adults and young adults who want to explore their community. Companions are welcomed and an intake meeting is not required.

Age: 18+



OTTA1: JEWELRY MAKING

Discover the artistry of crafting your own jewelry as you learn to design and assemble intricate pieces that reflect your personal style.

DAYS	DATE	TIME
Fri.	1/12	6:00-7:30 p.m.
Location	Chanhassen Recreation Center; 2310 Coulter Blvd., Chanhassen, MN 55317	
Age	18+	
FEE	\$13 resident / \$14 non-resident	



OTTA2: SWING DANCING

Step back in time and immerse yourself in the nostalgia of swing dancing, set against the intriguing backdrop of Wabasha Street Caves' underground ambiance. **Please bring \$10 for the Wabasha admission fee.**

DAYS	DATE	TIME
Thu.	1/18	6:45-7:30 p.m.
Location	Wabasha Street Caves; 215 Wabasha St. S, St. Paul, MN 55107	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

OTTA3: SUPER BOWL PARTY

Immerse yourself in the ultimate Super Bowl tailgate experience by playing some indoor yard games, enjoying some festive snacks and watching regular season highlights.

DAYS	DATE	TIME
Sun.	2/11	1:00-2:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$13 resident / \$14 non-resident	

OTTA4: SLEDDING

Embrace the winter enchantment as you sled down the slopes of French Park's Sledding Hill, surrounded by snowy landscapes and the thrill of outdoor fun. Sleds will be provided.

DAYS	DATE	TIME
Thu.	2/15	4:30-5:30 p.m.
Location	French Regional Park: Sledding Hill; 2605 Rockford Rd., Plymouth, MN 55441	
Age	18+	
FEE	\$11 resident / \$12 non-resident	



OTTA5: EAT AT GREEN MILL

Connect over legendary pizza, delightful pasta and a wide range of appetizers. **Please bring \$15-\$25 to order off the menu. Companions must register.**

DAYS	DATE	TIME
Fri.	3/8	5:30-7:30 p.m.
Location	Green Mill; 2705 Annapolis Ln. N, Plymouth, MN 55441	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

OTTA6: WET FELTING COASTERS

Delve into the hands-on world of wet felting to craft your own set of coasters. You'll blend vibrant fibers into a tactile masterpiece that's both functional and artistic.

DAYS	DATE	TIME
Fri.	3/22	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$14 resident / \$15 non-resident	





Address Service Requested

Non-Profit
U.S. Postage
PAID
Twin Cities, MN
Permit No. 594

5900 Green Oak Drive, Suite 303
Minnetonka, MN 55343
Office: 952-200-3030
Fax: 952-229-4468
info@reachforresources.org
reachforresources.org



Reach Bowl-A-Thon

Join us for our annual bowling FUNdraiser! Collect pledges and then join us for two games of bowling, pizza, good music and prizes. Don't miss this great opportunity to spend the day having fun with your friends while supporting Reach.

Saturday, March 16 | 10:00 a.m. - 1:00 p.m.
Park Tavern: 3401 Louisiana Ave. S, St. Louis Park, MN 55426
Fee: \$40 by March 1 | \$50 after March 1 | \$20 Lunch only
Learn more: reachforresources.org/BAT



Register 



REGISTRATION FORM—WINTER 2024



Name: _____ Pronouns: _____ Birth Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Emergency Contact Name: _____ Emergency Phone: _____

Allergies/Diet/Accessibility: _____

Am I a "Resident"?

Our adaptive recreation program is a cooperative effort with the below cities. If you live in another city, please pay the non-resident fee.

- Brooklyn Center
- Chanhassen
- Golden Valley
- Plymouth
- Brooklyn Park
- Edina
- Maple Grove
- St. Louis Park

	Cooking & Crafts (page 7)	Resident/Non-Resident
<input type="checkbox"/>	Art Abilities: TBD	FREE
<input type="checkbox"/>	Cooking Night - Baked Potato Soup: 3/20	\$16 / \$18
<input type="checkbox"/>	Craft - DIY Valentine's Heart Shirt: 1/22	\$14 / \$16 Shirt Size _____
<input type="checkbox"/>	Craft - Rolled Beeswax Candles: 2/8	\$17 / \$19
<input type="checkbox"/>	Craft - Sock Bunny Family: 3/5	\$14 / \$16
<input type="checkbox"/>	Step-By-Step Bee Painting: 2/22 & 2/29	\$26 / \$30

	Sports & Nature (page 8)	Resident/Non-Resident
<input type="checkbox"/>	Bowl-A-Thon: 3/16	\$40 (before 3-1)/\$50 (after 3-1) / \$20 (lunch only) <input type="checkbox"/> Payment Included <input type="checkbox"/> Pay At The Event # of Bowlers _____ Shirt Size _____ # of Lunch Only _____
<input type="checkbox"/>	Bowling - New Hope: Starts 1/20	\$79 / \$87 <input type="checkbox"/> Lane Bumpers <input type="checkbox"/> Bowling Ramp
<input type="checkbox"/>	Bowling - Park Tavern: Starts 1/20	\$79 / \$87 <input type="checkbox"/> Lane Bumpers <input type="checkbox"/> Bowling Ramp
<input type="checkbox"/>	Forest Friends: Ice Fishing: 2/5	\$25 / \$26
<input type="checkbox"/>	Forest Friends: Maple Syrup: 3/25	\$25 / \$26
<input type="checkbox"/>	Non-Competitive Basketball: Starts 3/19	\$48 / \$54 Shirt Size _____
<input type="checkbox"/>	Parent Support Group: Starts 2/15	\$150 / \$162
<input type="checkbox"/>	Yoga & Mindful Snacking: Starts 2/26	\$50 / \$54

	Games & Movies (page 9)	Resident/Non-Resident
<input type="checkbox"/>	Bingo (1): 1/5	\$10
<input type="checkbox"/>	Bingo (2): 3/1	\$10
<input type="checkbox"/>	Bingo & Pizza (1): 1/25	\$18 / \$20 / \$9 companions # of Companions _____
<input type="checkbox"/>	Bingo & Pizza (2): 3/15	\$18 / \$20 / \$9 companions # of Companions _____
<input type="checkbox"/>	Bookworms Book & Film Club: Starts 1/25	\$12 / \$15
<input type="checkbox"/>	Nickelodeon Universe Rides: 3/3	\$39 / \$41 / \$26 companions # of Companions _____
<input type="checkbox"/>	Snacks & Cinema (1) - Knives Out: 1/11	\$6 / \$8
<input type="checkbox"/>	Snacks & Cinema (2) - Walk The Line: 2/26	\$6 / \$8

	Social Activities (page 10)	Resident/Non-Resident
<input type="checkbox"/>	Consent & Boundaries Workshop: 3/26	FREE
<input type="checkbox"/>	Dance - St. Paddy's Day: 3/14	\$10
<input type="checkbox"/>	Dance - Valentine's Day: 2/13	\$10
<input type="checkbox"/>	Ghostly Gala: 10/27	\$10
<input type="checkbox"/>	Online Dating Safety Workshop: 4/2	FREE
<input type="checkbox"/>	Singles Mingle - Cooking: 2/6	\$16 / \$18
<input type="checkbox"/>	Social Seekers: Starts 1/10	\$200 / \$210
<input type="checkbox"/>	Teen Explorers: Starts 1/30	\$60 / \$68

	Wednesday Night Social (WNS) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	Wednesday Night Social - ALL Programs	\$64 / \$74
<input type="checkbox"/>	WNS1 - Create A Calendar: 1/17	\$13 / \$14
<input type="checkbox"/>	WNS2 - S'mores Bar & Games: 1/24	\$10 / \$11
<input type="checkbox"/>	WNS3 - Valentine's Day Cards: 1/31	\$13 / \$14
<input type="checkbox"/>	WNS4 - Super-BOWL: 2/7	\$15 / \$16
<input type="checkbox"/>	WNS5 - Wacky Olympics: 2/21	\$10 / \$11
<input type="checkbox"/>	WNS6 - Sip & Paint: 2/28	\$14 / \$16
<input type="checkbox"/>	WNS7 - Uno Tournament: 3/6	\$10 / \$11
<input type="checkbox"/>	WNS8 - Cooking Night: 3/13	\$16 / \$18

PHOTO WAIVER

To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures and social networking media.

Can be photographed: Yes ☐ No ☐

First name can be used: Yes ☐ No ☐

Program Total:	\$
Donation to Reach <i>(Optional):</i>	\$
TOTAL ENCLOSED:	\$
<input type="checkbox"/> Cash <input type="checkbox"/> Check # _____	
<input type="checkbox"/> Credit Card # _____	
Expiration Date: _____ Security Code: _____	
Name on Card: _____	
Billing Address (if different than registration address): _____	
<p>Sign here to acknowledge that you have read and understood the Program Policies and you agree to be bound by them. Participants and/or caregivers or guardians can sign.</p>	
Participant Signature: _____	
Caregiver or Guardian: _____	

	Recreation Therapy - 18+	Resident/Non-Resident
<input type="checkbox"/>	Art Therapy Small Group (1): Starts 1/11	\$244.68 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	Art Therapy Small Group (2): Starts 3/7	\$244.68 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	Dance Workout: Starts 2/2	\$163.12 <input type="checkbox"/> In Person <input type="checkbox"/> Virtual <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	Mindful Coloring & Eating: 2/1	\$40.78 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	Mini Succulent Gardens: 3/8	\$61.17 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	MN Zoo Field Trip: 3/13	\$81.56 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	Monday Funday: Starts 2/26	\$244.68 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	Nordic Walking: Starts 1/22	\$163.12 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	Pre-K Pals: Starts 2/27	\$122.34 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	Winter Appreciation & Gratitude: 1/19	\$61.17 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	Zen Doodling: 2/20	\$40.78 <input type="checkbox"/> Bill My Waiver

	Independent Adult Program (IAP) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	IAP1 - Rock of Ages Mini Golf: 1/8	\$24 / \$25
<input type="checkbox"/>	IAP2 - Felt Heart Tree Craft: 1/30	\$12 / \$13
<input type="checkbox"/>	IAP3 - Mardi Gras Party: 2/12	\$12 / \$13
<input type="checkbox"/>	IAP4 - Paisley Park: 2/23	\$16 / \$18 # of Companions _____
<input type="checkbox"/>	IAP5 - Swimming Night: 3/4	\$15 / \$16
<input type="checkbox"/>	IAP6 - Sunset Snowshoeing 3/21	\$12 / \$13
<input type="checkbox"/>	Check the box if a brief IAP Intake meeting is needed.	

	On The Town: All Abilities (OTTA) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	OTTA1 - Jewelry Making: 1/12	\$13 / \$14
<input type="checkbox"/>	OTTA2 - Swing Dancing: 1/18	\$10 / \$11
<input type="checkbox"/>	OTTA3 - Super Bowl Party: 2/11	\$13 / \$14
<input type="checkbox"/>	OTTA4 - Sledding: 2/15	\$11 / \$12
<input type="checkbox"/>	OTTA5 - Eat at Green Mill: 3/8	\$10 / \$11 # of Companions _____
<input type="checkbox"/>	OTTA6 - Wet Felting Coasters: 3/22	\$14 / \$15

Digital Newsletter Sign Up

Subscribe to our monthly email newsletter.

Name: _____

Email: _____

Please send completed form with payment to:
 Reach for Resources
 5900 Green Oak Drive, Suite 303
 Minnetonka, MN 55343
 Fax: 952-229-4468 • info@reachforresources.org
Online registration: reach.recdesk.com