

Give to the Max Day is
November 16! Learn more:
bit.ly/GiveMNR4R

Check out our new
Recreation Therapy
programs on page 12.

TRAIL's Bowling for Buses
Fundraiser is December 2 at
AMF Southtown Lanes.

Empowering people of all-abilities to reach their full potential.

FALL 2023

Reach Reader



20+ Year Journey With Reach



Since 1985, Reach for Resources has been providing a variety of services and supports to people of all abilities throughout Minnesota. For over 20 of those years, Reach has had the opportunity to support an individual who has been with us the longest, Leah Wallin. Throughout all of those years, we've watched Leah grow, gain confidence and thrive as we've supported her through a variety of life events. Recently, we had the opportunity to sit down with Leah and learn all about her 20+ year journey with Reach.

Over 20 years ago, Leah's social worker at the time recommended Reach to her and her parents. As Leah says, "I was living at home at the time, and my parents were like, yeah, we're ready for her to move out. And I was ready too." With the help of Reach's In-Home Services, Leah started looking for an apartment that would fit within her budget and be somewhat close to her job as a daycare worker. After a couple of months, Leah found her very first apartment. She says, "It was very hard to leave home cause I've been there since I was a little kid but when I finally did move out, it was awesome."

After Leah moved into her apartment, her in-home support specialist from Reach would stop by weekly to help her run errands, assist with Metro Mobility & Transit scheduling, go grocery shopping and assist with any apartment needs. Over the next few years, Leah continued to gain confidence living on her own, enjoyed working at local daycares, started participating in some of Reach's Adaptive Rec programs and met her boyfriend of over 19 years.

Then in 2008, Leah suffered an injury that left her unable to work. Working with Reach, Leah was able to successfully apply and receive Social Security Benefits. With this new change in benefits, Leah needed to find a new apartment that fit within the parameters of her Social Security. Over the next few years, she lived in a variety of different apartments throughout the metro area. *(continued on page 2)*

To learn more about Reach's In-Home
Supports Services, please visit:
bit.ly/InHomeServices.

Reach is a Star Tribune Top 200 Workplace

Reach for Resources has been named a Top 200 Workplace in Minnesota by the Star Tribune. Big thank you to our employees and leadership team for making our company culture so supportive, accepting and caring; making us a great place to work! The rankings in the Star Tribune Top 200 Workplaces are based on survey information collected by Energage, an independent company specializing in employee engagement and retention. Reach for Resources was ranked #18 on the small company list.

“Our employees are exceptional!” said Kate Bottiger, Reach for Resources’s Executive Director, “They work really hard to support people and meet our mission. We are honored and thank our employees for believing this is a great place to work!”

Star Tribune CEO and Publisher Steve Grove said, “The companies in the Star Tribune Top 200 Workplaces deserve high praise for creating the very best work environments in the state of Minnesota. My congratulations to each of these exceptional companies.”

To qualify for the Star Tribune Top Workplaces, a company must have more than 50 employees in Minnesota. At the time of the survey, Reach for Resources had 74 employees. Over 5,000 companies were invited to participate. Rankings were composite scores calculated purely on the basis of employee responses.

A complete list of those selected is available at startribune.com/mn-top-workplaces. Produced by the same team that compiles the 32-year-old Star Tribune 100 report of the best-performing public companies in Minnesota, Top Workplaces recognizes the most progressive companies in Minnesota based on employee opinions measuring engagement, organizational health and satisfaction. The analysis included responses from 124,719 employees at Minnesota public, private and nonprofit organizations.



20+ Year Journey With Reach *(continued from page 1)*

Some apartments and locations suited her needs better than others. Reach was with her every step and move along the way to help her find a place she would be comfortable in. As Leah was looking for housing, both her parents died within a year of each other. It was a tough few years for Leah but eventually she was able to find the perfect apartment, great new guardianship, and an awesome day program she’s been attending twice a week for over the past 5 years.

When asked how Reach has impacted her life for over 20 years, Leah said, “Reach has impacted my life a lot because when I first started with Reach, I was really scared about moving out of my mom and dad’s house cause I’ve never been on my own. But with Reach, I totally wanted to live on my own and then I did. It was awesome.”

Leah is thriving, confident and has a positive, joyful energy about her. She loves to spoil her niece and nephew as well as participate in a variety of Reach’s Adaptive Rec programs. Currently, she meets with Reach’s In-Home Support Specialist, Leah, once a week to run errands, play games, volunteer and have fun. They are also working on two goals: organization and healthy eating. Leah says, “We go grocery shopping once a month and then we cook a healthy meal the following week. I lost fourteen pounds already!” When asked what her ultimate goal is, she said, “My ultimate goal is to fly out to see my niece and nephew and my sister and brother-in-law in Colorado. Hopefully in the next two years, I’ll be able to fly out there when my niece becomes a teenager.” We have no doubt in our mind that Leah will accomplish this goal!



Front Lines of the Cub Union Contract Ratification

Last year, we brought you a story from our Employment Supports Department about Sarah and the tough decision she was facing on whether to stay or leave her beloved job at Cub Foods. After 17 years, Sarah was needing more hours and looking for an opportunity that was full-time with benefits. Did Sarah end up staying at Cub? Here is an update on that story.

As you might already know, due to the title of this story, Sarah ended up staying at Cub Foods. After speaking with her new store manager, she was able to maintain and pick-up additional hours allowing her to stay. A few months after deciding to stay, Sarah was asked by her Union Rep if she would be interested in joining the Cub Foods (UNFI) Union Committee to negotiate Cub Food's new employee contract which was set to expire March 4th, 2023.

The Union Committee was formed in early 2023, with around two to three representatives from all 33 Cub Food stores. Going into it, Sarah said, "I expected it was going to be a lot of long hours. I wasn't sure about arranging my Metro Mobility rides because the meetings were last minute or would run long." The initial meetings were every couple of weeks and only lasted around three hours but as the negotiations ramped up, the meetings became more frequent lasting sometimes from 8:00 a.m. – 9:00 p.m. While these meetings were paid, Sarah was worried how it would affect her work schedule and whether she would be able to pick-up shifts at her Cub Store outside of her meeting commitments. Sarah knew these risks would be worth it to help negotiate a better contract for all Cub employees.



With multiple local grocery store chains having contracts that were expiring in 2023, there was an initial kick-off meeting with all the United Food and Commercial Workers Local 663. United Foods and Commercial Workers Local 663 is made up of many local businesses including: Lunds & Byerlys, Cub Foods and Jerry's Cub. After this initial meeting, each business then held individual meetings. Sarah said, "With the individual meetings it took awhile because we were basically negotiating our own contracts with our employees." The committee established their main objectives to focus on in their new contracts: Safety & Security and Wages.

After a few committee meetings and sharing their proposal with Cub Corporate, negotiations were barely moving forward even with the March 4th deadline looming. After passing the March 4th deadline, and Cub workers working without a contract, the Union Committee planned a couple of action days. Sarah participated in one of these days of action that started at the downtown Minneapolis Lunds & Byerlys and ended at the Uptown Cub Foods. Everyone walked with signs as they chanted, "We are the Union, the mighty, mighty Union." and "Wherever we go, people wanna know, that we are the Union."

Even after the days of action, negotiations were still at a stalemate. So the Cub Union Committee held a strike vote for all employees. Sarah said, "We had to summon everyone to ask them if they wanted to strike to see what the percentage was. The percentage was really high (nearly 95%) because everyone liked the contract that we made." After the strike passed, they decided the strike would start Easter weekend, April 5th at 5:30 a.m., nearly one month after their current contract had expired.

Then the night before the strike, Sarah said she was summoned for a meeting. "We didn't know specifically why we were meeting until we got there." Around 9:00 p.m., the Union Committee received a faxed proposal from Cub Corporate. At around 2:00 a.m. on April 5th, Corporate and the Union "reached a tentative agreement at basically the 13th hour," preventing a strike at all 33 stores by a mere 3 hours.



As part of the 2 year contract ratification, Cub will establish a landmark safety committee and provide raises of \$2.50 to \$3.50 per hour by Spring 2024. This was a huge win especially for part-time workers who make up a majority of the Cub workers. In addition, every single employee within Cub's 33 stores received a \$500 Cub gift card. After the contract was ratified, they held a little celebration to mark the big win. Sarah said, "Things were a little stressful for a bit but I'm happy with the outcome. And when everyone heard about the contract, they were happy about it."

Since the contract has officially been ratified, Sarah has received her first wage increase and is looking forward to another one in six months. In addition, Sarah has become a Cub celebrity! "I had someone come up to me when I was shopping one day at another Cub with boyfriend to say thank you for representing us all on the Union." Much deserved praise!

When asked if she would join another committee Sarah said, "Yeah, I actually expressed interest to the Cub president about me being on another committee just because I liked it so much. Even an opportunity to work in the office sometimes instead of always being at the store level."

Great job Sarah on getting involved in your Union Committee and for all your work on the Cub contract ratification. We are excited to see what your future with Cub holds and we know you will continue to do great things.

Reach Acquires Local Nonprofit TRAIL

We are excited to announce the formal acquisition of TRAIL, a nonprofit who provides transportation for adults with disabilities. Effective as of June 16, 2023, TRAIL has become part of Reach for Resources.

TRAIL, was a nonprofit that provided highly-subsidized and specialized transportation and has historically served individuals living independently/semi-independently, providing rides to adaptive recreation and learning classes in Bloomington, Eden Prairie, Edina and Richfield.

“TRAIL’s board of directors is excited about this next chapter for TRAIL and its riders, and we all look forward to seeing TRAIL’s story evolve,” says Michelle Veith, longtime TRAIL President. “We are proud that TRAIL is now part of the Reach for Resources family, and we look forward to seeing more individuals benefit from our hard work and passion for TRAIL and its riders over the years.”

With the addition of TRAIL, Reach will continue to offer safe, reliable transportation to current TRAIL riders, with the intent of expanding this service in the coming years to more individuals across other metro cities.

“We are excited to have TRAIL become part of Reach so we can continue the much-needed transportation service that was started decades ago. Individuals require transportation to access their community and social activities. This is a win-win for both organizations,” said Kate Bottiger, Reach’s Executive Director.

As part of the acquisition of TRAIL, Reach will maintain the high-quality transportation services that its riders expect and deserve. This acquisition only emphasizes Reach's commitment to provide individualized services that maximize independence, boosts community engagement and improves physical and emotional well-being to people with disabilities in Minnesota.



BOARD OF DIRECTORS

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Reach 'On Tap' Raises Over \$13,000!

Big thank you to everyone who came out to support our Reach 'On Tap' Fundraiser at LTD Brewing on Monday, June 19th. It was great to see so many long time Reach friends, employees and board members, in addition, to getting to know many new friends. We look forward to seeing you next year! To see all of the event photos, please visit: reachforresources.org/ROT.

Thank you to our event sponsors:

Janice Sanner
Catherine Carroll



ADAPTIVE RECREATION PROGRAMS

AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Edina
- Golden Valley
- Maple Grove
- Plymouth
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or visit: reachforresources.org.

All fees stated represent pre-registration. Registration for a program is required at least 3 days before the start date unless otherwise noted.

EASY ONLINE REGISTRATION!

We have an online sign-up software that makes it easier than ever to find and register for programs. This software allows you to create an account, view your invoices and download a calendar with all your upcoming programs.

Sign-up for an account:
reach.recdesk.com

PROGRAM DETAILS

For 2023, we will be offering a variety of programs including different billable options.



VIRTUAL PROGRAMS

- Programs are for "All Ages" unless specified
- Virtual via: WebEx or Zoom



IN-PERSON PROGRAMS

- Programs are for "All Ages" unless specified
- Variety of locations
- Masks are welcome but not required for indoor programs



WAIVER ELIGIBLE PROGRAM

- Program is billable via ILS Therapies on DD or CADI waivers
- Contact Emily Orr to learn more

INCLUSION SUPPORT

Reach provides inclusion support to children and adults with disabilities who would like to participate in their city's park and recreation programs. Registration for these programs is done through your local park & rec department. Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Chaska
- Crystal
- Edina
- Golden Valley
- New Brighton
- New Hope
- Robbinsdale
- Roseville
- St. Louis Park
- Three Rivers Park District
- Woodbury

To learn more, visit: reachforresources.org/inclusion.

After registering for a city park program, contact Reach to discuss the needs/accommodations for yourself or your child via: inclusion@reachforresources.org.

Please allow a minimum of two weeks notice for a successful inclusion.

CONTACT INFORMATION

Have a question or concern about a program or need additional information? Please reach out to our Adaptive Recreation & Inclusion Department.



Emily Orr, MA, CTRS

Director of Adaptive Recreation & Inclusion

Email:
eorr@reachforresources.org

Call or Text:
952-393-5880



Brie Max

Assistant Director of Adaptive Recreation & Inclusion

Email:
bmax@reachforresources.org

Call or Text:
952-393-4277

PROGRAM POLICIES & PROCEDURES

REGISTRATION

- All participants must be registered for a program to attend. Friends, housemates, etc. cannot attend with a registered participant without obtaining special permission from the Reach Recreation Department. If the activities are held at a community center, there are often common spaces where others can wait.
- Registrations are accepted online, in person, or by mail. Registrations are not taken at programs or over the phone.
- Register at least two weeks before the beginning of a program. Some programs do fill up, and you may be placed on a waiting list if the program is full.
- If you register for a recurring program after it has started, Reach will welcome you to join and prorate the registration fee as long as there is space in the program.
- Online registration closes three days before each program.
- For Weekend Ventures registration policies, see the Weekend Ventures Policies and Procedures.

REGISTRATION CONFIRMATION

- Registration confirmations will be sent to the email used during registration or the email provided on the email form.

PAYMENT METHODS

- Reach accepts all major credit cards, cash, checks, and money orders.
- CDCS waivers can be billed with guardian approval and proper paperwork.
- Traditional waivers are accepted only for Weekend Ventures, and only when authorizations are in place and an intake meeting has taken place.

PROGRAM & CLASS CANCELLATIONS

- While rare, Reach reserves the right to cancel a program due to circumstances beyond our control including severe weather or due to a lack of staff and/or participants.

PROGRAM WITHDRAWAL

- Participants who call or email to withdraw from an activity at least two weeks before the activity are eligible to receive a refund. A \$5 cancellation fee will be charged per class. Refunds are not awarded with less than 2 weeks' notice or for ticketed events.
- There are no refunds for missed classes.
- WEEKEND VENTURES (WV) WITHDRAWAL cancellations must be made in writing with more than 30 days' before the class to be eligible for a full deposit refund.
- WV cancellations that are made with less than 30 days' notice will surrender the program deposit. This cannot be covered by the waiver.

STAFF RATIOS / SUPPORT STAFF / CAREGIVERS

- Caregivers, family & support staff can attend programs except for Weekend Ventures and Independent Adult Programs.
- Staff ratios are different for each program. If a participant requires more assistance than a program offers, please provide that support by sending along a caregiver.
- Reach staff is unable to spend a lot of 1:1 time with participants. Individuals who need 1:1 support should always have support staff with them at adaptive programs.

ARRIVING EARLY OR LATE

- Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. All participants who arrive early to a program must wait in the lobby or near the front entrance until staff arrives.
- If you plan to arrive late at Weekend Ventures please make arrangements with the Assistant Director of Recreation ahead of time when possible (952-393-4277).
- If you arrive late without prior communication, please call the floating program phone to find the group (763-377-3695).

LATE PICKUP FEE

- If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time.

ATTIRE

- Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged.

MEDICATIONS

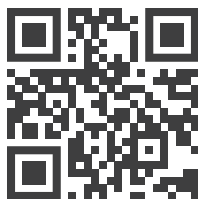
- Medications may be administered by a Reach staff at WV, but at all other programs, prescription and non-prescription drugs are the sole responsibility of the participant. At no time can a Reach staff assume responsibility for or administer medications in any form.
- Reach staff can assist with lifesaving procedures (ex: epi-pen) as long as staff are made aware of the potential need for this procedure & provided with the necessary supplies.

ILLNESS / INJURY

- If a participant becomes ill or injured, staff will contact the Emergency Contact immediately. If the Emergency Contact can't be reached, staff will contact medical personnel.

INFECTION CONTROL

- To minimize exposure to other participants and staff, participants are requested to stay home if they have the following symptoms/diagnoses:
- If you are diagnosed with Covid-19 or suspect you may have Covid-19, do not attend programs until you have been symptom-free for 72 hours, or 10 days after being diagnosed. This applies to those who are vaccinated and those who are not vaccinated. You may return to programming once you have received a negative test result.
- An upper respiratory infection such as bronchiolitis or influenza.
- Fever of 100 degrees Fahrenheit or over within the past 24 hours. Individuals must be fever-free WITHOUT the use of Tylenol or other fever-reducers for at least 24 hours.
- Vomiting or diarrhea within the past 24 hours.
- Head lice or Pink-eye (must be on eye-drops for at least 24 hours before attending).
- Strep-throat or any other illness that requires antibiotics. Individuals must be on antibiotics for at least 24 hours before attending a program.



ALL PROGRAM & PROCEDURES

To read all of our Adaptive Recreation & Inclusion procedures, please visit: bit.ly/RecPolicies.

COOKING & CRAFTS

CRAFT: HEAT TRANSFER CUSTOM TOTE BAG



Choose what you want your tote bag to say! It could be your first name, a nickname or a short phrase.

| DAYS | DATE | TIME |
|----------|--|----------------|
| Thur. | 9/28 | 6:45-7:45 p.m. |
| Location | Brooklyn Center Community Center: Arts & Craft Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430 | |
| Age | 14+ | |
| FEE | \$12 resident / \$14 non-resident | |

CRAFT: DIY PUMPKIN TRIVET



Use a cork base and pom poms to create these six inch festive and functional trivets! You can use them for serving food or just as decoration.

| DAYS | DATE | TIME |
|----------|---|----------------|
| Tue. | 10/3 | 6:30-8:00 p.m. |
| Location | SLP Rec Center: Wolfe Park; 3700 Monterey Dr., St. Louis Park, MN 55416 | |
| Age | 14+ | |
| FEE | \$14 resident / \$16 non-resident | |

CRAFT: DIY HOLIDAY GIFTS



Choose a project that will make a great gift. We will have supplies for three different gift ideas to choose from.

| DAYS | DATE | TIME |
|----------|--|----------------|
| Mon. | 12/11 | 6:30-8:00 p.m. |
| Location | Brooklyn Center Community Center: Arts & Craft Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430 | |
| Age | 14+ | |
| FEE | \$12 resident / \$14 non-resident | |

CRAFT: PAPER MACHE HOLIDAY HOUSES



Use paint, candy, glitter and other materials to decorate a festive, paper mache house!

| DAYS | DATE | TIME |
|----------|---|----------------|
| Wed. | 12/6 | 6:30-8:00 p.m. |
| Location | Edina Senior Center: Room 2; 5280 Grandview Square # 101, Edina, MN 55436 | |
| Age | 14+ | |
| FEE | \$12 resident / \$14 non-resident | |

CRAFT: SNOW GLOBES



Plastic figurines, glitter and water make for a perfect snow globe! You will get to choose what to put into your snow globe and decorate the base.

| DAYS | DATE | TIME |
|----------|--|----------------|
| Tues. | 11/28 | 6:30-8:00 p.m. |
| Location | Chanhassen Recreation Center: Room 1; 2310 Coulter Blvd., Chanhassen, MN 55317 | |
| Age | 14+ | |
| FEE | \$21 resident / \$23 non-resident | |

COOKING NIGHT: CHOW MEIN



Join us as we learn to stir-fry noodles, vegetables and savory sauces to create a mouthwatering and authentic Chow Mein.

| DAYS | DATE | TIME |
|----------|--|----------------|
| Tue. | 11/21 | 5:30-7:00 p.m. |
| Location | Plymouth Middle School: Room 110 (enter through door 14); 1001 36th Ave. N, Plymouth, MN 55441 | |
| Age | 16+ | |
| FEE | \$16 resident / \$18 non-resident | |

COOKING NIGHT: HOLIDAY COOKIES



Get into the festive spirit as we bake and decorate an assortment of delightful cookies.

| DAYS | DATE | TIME |
|----------|--|----------------|
| Wed. | 12/20 | 5:30-7:30 p.m. |
| Location | Plymouth Middle School: Room 110 (enter through door 14); 1001 36th Ave. N, Plymouth, MN 55441 | |
| Age | 16+ | |
| FEE | \$16 resident / \$18 non-resident | |



STEP-BY-STEP PAINTING CLASSES: SNOWMAN



This two week, step-by-step painting class will guide all skill levels through the process of creating your own unique masterpiece. Attendees will receive personalized instruction and support while enjoying a relaxed and social atmosphere. Light snacks will be provided.

| DAYS | DATE | TIME |
|----------|---|----------------|
| Thur. | 11/9 & 11/16 | 6:00-8:00 p.m. |
| Location | Edina Senior Center: Room 2; 5280 Grandview Square # 101, Edina, MN 55436 | |
| Age | 14+ | |
| FEE | \$26 resident / \$30 non-resident | |

MOVIES & SPORTS

SNACKS & CINEMA

Relax with some friends and enjoy a movie night complete with snacks.

DODGEBALL

Snack on your favorite movie treats as you laugh at this sports comedy film.

| DAYS | DATE | TIME |
|----------|--|----------------|
| Tue. | 10/17 | 6:00-8:30 p.m. |
| Location | Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443 | |
| Age | 13+ | |
| FEE | \$6 resident / \$8 non-resident | |

HOME ALONE

Get into the festive spirit as you snack on your favorite movie treats while enjoying this classic holiday movie.

| DAYS | DATE | TIME |
|----------|--|----------------|
| Thur. | 12/14 | 6:30-8:30 p.m. |
| Location | Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443 | |
| Age | 13+ | |
| FEE | \$6 resident / \$8 non-resident | |

ADAPTED PICKLEBALL CAMP

Come try the sport of Pickleball! Learn how to play and practice with some friends.

| DAYS | DATE | TIME |
|-----------|--|-----------------|
| Mon-Thur. | 8/28-8/31 | 9:30-10:30 a.m. |
| Location | Rosland Park; 4300 W 66th St., Edina, MN 55435 | |
| Age | 16+ | |
| FEE | \$60 resident / \$64 non-resident | |

NON-COMPETITIVE SOCCER

Come learn some ball skills and scrimmage with friends. All abilities welcomed!

| DAYS | DATE | TIME |
|----------|---|----------------|
| Mon. | 9/18-10/23 | 6:15-7:15 p.m. |
| Location | Park Center High School; 7300 Brooklyn Blvd., Brooklyn Park, MN 55443 | |
| Age | 16+ | |
| FEE | \$45 resident / \$51 non-resident | |



ADAPTED PICKLEBALL LEAGUE

Join our inclusive, non-competitive pickleball league, where players of all skill levels receive expert instruction and guidance, fostering a supportive environment to improve your game and have a great time.

| DAYS | DATE | TIME |
|----------|--|----------------|
| Tue. | 9/5-9/26 | 6:00-7:00 p.m. |
| Location | Rosland Park; 4300 W 66th St., Edina, MN 55435 | |
| Age | 13+ | |
| FEE | \$60 resident / \$64 non-resident | |



BOWLING LEAGUE

Join our non-competitive bowling league, which provides a fun and inclusive environment. Registration includes two games of bowling per week and shoes.

NEW HOPE

| DAYS | DATE | TIME |
|----------|---|-----------------|
| Sat. | 9/30-11/18 | 12:00-2:00 p.m. |
| Location | New Hope Bowl; 7107 N 42nd Ave., New Hope, MN 55427 | |
| Age | All Ages | |
| FEE | \$78 resident / \$86 non-resident | |

PARK TAVERN

| DAYS | DATE | TIME |
|----------|--|-----------------|
| Sat. | 9/30-11/18 | 9:30-11:30 a.m. |
| Location | Park Tavern; 3401 Louisiana Ave. S, St. Louis Park, MN 55426 | |
| Age | All Ages | |
| FEE | \$78 resident / \$86 non-resident | |



GAMES & GROUPS

BOOKWORMS BOOK & FILM CLUB

Read the book, listen to the audiobook or watch the movie and join us for a lively discussion! We'll vote on the next book/movie at each meeting.



| DAYS | DATE | TIME |
|------------|-----------------------------------|------------------|
| Thur. | 10/5, 11/2 & 12/7 | 10:00-11:00 a.m. |
| Location | Virtual (Microsoft Teams) | |
| Age | 16+ | |
| FEE | \$10 resident / \$13 non-resident | |

PARENT SUPPORT GROUP FOR KIDS WITH UNIQUE ABILITIES

Take some time for self-care and spend your lunch break with us. This virtual support group connects parents of children who require higher behavioral, emotional, physical and/or medical support than typical children. The group will have a topic to discuss each week and will provide a supportive environment for sharing experiences and resources to navigate the challenges and celebrate the achievements of your extraordinary children.



| DAYS | DATE | TIME |
|------------|-------------------------------------|-----------------|
| Thur. | 10/12-11/16 | 12:00-1:00 p.m. |
| Location | Virtual (Microsoft Teams) | |
| Age | 18+ | |
| FEE | \$150 resident / \$162 non-resident | |



BINGO

Enjoy a fun and exciting gathering where players can test their luck and compete for prizes while enjoying the company of others. We strive to make everyone a winner. Light snacks are provided.

| DAYS | DATE | TIME |
|------------|---|----------------|
| Fri. | 9/22 | 6:30-8:00 p.m. |
| Location | Brookview Community Center: Wirth Lake Room; 316 Brookview Pkwy. S, Golden Valley, MN 55426 | |
| Age | All Ages | |
| FEE | \$10 | |

| DAYS | DATE | TIME |
|------------|---|----------------|
| Fri. | 12/15 | 6:30-8:00 p.m. |
| Location | Brookview Community Center: Wirth Lake Room; 316 Brookview Pkwy. S, Golden Valley, MN 55426 | |
| Age | All Ages | |
| FEE | \$10 | |

ACCESSIBLE VOTING SEMINAR

Get ready for this year's election! You can register to vote and explore a range of adaptive voting options including mail/email accessible absentee ballots, agent delivery and more. Also, check out an in-person demonstration of accessible voting machines & receive a goodie bag.

| DAYS | DATE | TIME |
|------------|--|----------------|
| Mon. | 10/2 | 6:00-7:30 p.m. |
| Location | Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443 | |
| Age | 18+ | |
| FEE | FREE | |

BINGO & PIZZA

Savor delicious pizza while playing a variety of Bingo games with a chance to win prizes while enjoying friendly competition with friends. **Companions only need to register if they want to eat pizza.**

| DAYS | DATE | TIME |
|------------|--|----------------|
| Thur. | 10/19 | 5:45-7:30 p.m. |
| Location | Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443 | |
| Age | All Ages | |
| FEE | \$18 resident / \$20 non-resident / \$9 companions | |

| DAYS | DATE | TIME |
|------------|---|----------------|
| Mon. | 12/18 | 5:45-7:30 p.m. |
| Location | SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416 | |
| Age | All Ages | |
| FEE | \$18 resident / \$20 non-resident / \$9 companions | |



SOCIAL ACTIVITIES

FALL FORMAL

Wear your finest formal or semi-formal attire and enjoy an evening filled with dancing, delectable cupcakes, refreshing punch and capture the memories at our photo booth.

| DAYS | DATE | TIME |
|------------|---|----------------|
| Fri. | 9/29 | 6:30-8:30 p.m. |
| Location | Minnetonka Community Center: Banquet Room; 14600 Minnetonka Blvd., Minnetonka, MN 55345 | |
| Age | 13+ | |
| FEE | \$12 | |

WINTER WONDERLAND DANCE

Dance the night away in a winter wonderland extravaganza, where the beats are as cool as ice, the atmosphere is chill and the dance floor is transformed into a frosty paradise.

| DAYS | DATE | TIME |
|------------|---|----------------|
| Fri. | 12/1 | 6:30-8:30 p.m. |
| Location | SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416 | |
| Age | 13+ | |
| FEE | \$8 | |

HOLIDAY JAMBOREE

Unleash your creativity by painting beautiful wood ornaments, test your luck with exciting rounds of Bingo and immerse yourself in delightful holiday music while enjoying hot chocolate.

| DAYS | DATE | TIME |
|------------|--|----------------|
| Fri. | 12/15 | 6:30-8:30 p.m. |
| Location | Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430 | |
| Age | 13+ | |
| FEE | \$15 | |

SINGLE'S MINGLE

Enjoy an evening of connection and conversation in the warm and inviting ambiance of Cream & Amber. Whether you're looking for new friendships or potential romantic connections, this is the perfect opportunity to meet like-minded individuals, share meaningful conversations over aromatic brews, and perhaps discover a special connection with someone.

| DAYS | DATE | TIME |
|------------|---|----------------|
| Thur. | 11/30 | 5:30-7:00 p.m. |
| Location | Cream & Amber; 1605 Mainstreet, Hopkins, MN 55343 | |
| Age | 18+ | |
| FEE | \$11 resident / \$12 non-resident | |

TEEN EXPLORERS

Our Teen Explorers group aims to build social skills, as well as engagement, in their communities and the natural world around them. The program includes various activities such as cooking, going out to eat, making crafts and learning about nature. This program is open to individuals of all abilities and participants can bring a staff or caregiver if additional support is needed. After your registration is complete, we will send you the schedule for the quarter so you know where to meet each week. **Off 10/31*

| DAYS | DATE | TIME |
|------------|-----------------------------------|----------------|
| Tue. | 9/19-11/14* | 4:45-6:15 p.m. |
| Location | Various | |
| Age | 13-21 | |
| FEE | \$60 resident / \$68 non-resident | |



HOUSING INFO & ROOMMATE SOCIAL

Meet Reach's Housing Manager, Abi, and learn about housing funding and policies. Also, enjoy a social hour where prospective roommates can meet each other and connect on possible living situations.

| DAYS | DATE | TIME |
|------------|---|----------------|
| Thur. | 9/21 | 6:30-7:30 p.m. |
| Location | SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416 | |
| Age | 18+ | |
| FEE | FREE | |

| DAYS | DATE | TIME |
|------------|---------------------------|----------------|
| Tue. | 12/12 | 6:30-7:30 p.m. |
| Location | Virtual (Microsoft Teams) | |
| Age | 18+ | |
| FEE | FREE | |



SOCIAL SEEKERS

This is a program for teens and adults on the Autism spectrum. We meet once a week for fun and social interaction. We play games, solve riddles and enjoy working through our weekly highs and lows together. Call 952-393-4277 for more information or to schedule an intake.

| DAYS | DATE | TIME |
|------------|---|----------------|
| Wed. | 9/13-11/15 | 5:00-6:30 p.m. |
| Location | Location announced to registered participants 1 week prior to meeting | |
| Age | 15+ | |
| FEE | \$200 resident / \$210 non-resident | |

NATURE ACTIVITIES & WEEKEND VENTURES

FOREST FRIENDS: RAPTORS

Meet one of Richardson's live raptors up close. Discover how these predators are different than other birds. Look at artifacts and hike to their habitats.

| DAYS | DATE | TIME |
|------------|---|----------------|
| Mon. | 11/13 | 4:45-6:00 p.m. |
| Location | Richardson Nature Center; 8737 E Bush Lake Rd., Bloomington, MN 55438 | |
| Age | 14+ | |
| FEE | \$24 resident / \$25 non-resident | |

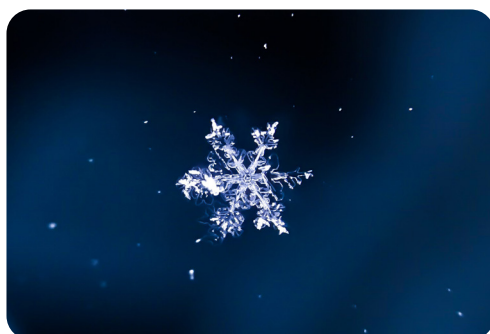


<https://bit.ly/3CIWIR2>

FOREST FRIENDS: SNOWFLAKE PRESERVATION

Discover the captivating beauty of snowflakes and dive into the fascinating world of their formation. We will examine intricately unique snowflakes under a microscope, and if weather permits, preserve your own delicate snowflakes, allowing you to cherish these enchanting creations for years to come.

| DAYS | DATE | TIME |
|------------|---|----------------|
| Tue. | 12/5 | 3:00-5:00 p.m. |
| Location | Eastman Nature Center; 13351 Elm Creek Rd., Maple Grove, MN 55369 | |
| Age | 14+ | |
| FEE | \$24 resident / \$25 non-resident | |



ART ABILITIES

This series of workshops will invite the participants to explore their creative interests beginning with warm-up exercises, followed by painting, drawing, journaling and other abstract creations to help the participants learn a different method of communication. This activity is made possible through a generous grant funded by the Bentson Foundation. Register to be contacted via email when the dates, time and location are finalized.

| DAYS | DATE | TIME |
|------------|------|------|
| TBD | TBD | TBD |
| Location | TBD | |
| Age | 14+ | |
| FEE | FREE | |



WEEKEND VENTURES

Weekend Ventures is an overnight respite program that takes place 6 weekends each year. It is open to ages 18 and up, but most of the attendees are adults. Registration for up to 6 individuals is on a first-come, first-serve basis. Individuals may sign up for a maximum of one weekend per month. All participants need to schedule an intake meeting two months prior to attending to complete necessary paperwork. A deposit of \$250 is required to hold your spot. For more information visit: reachforresources.org/weekendventures.

VALLEYFAIR

| DAYS | DATE | TIME |
|------------|---|----------------|
| Fri.-Sat. | 8/4-8/5 | 6:00-3:00 p.m. |
| Location | Staybridge Suites; 5150 American Blvd. W, Bloomington, MN 55437 | |
| Age | 18+ | |
| FEE | \$973.08 | |

WATER PARK & BOARD GAMES

| DAYS | DATE | TIME |
|------------|--|----------------|
| Fri.-Sat. | 8/18-8/19 | 6:00-3:00 p.m. |
| Location | Great Wolf Lodge; 1700 American Blvd. E, Bloomington, MN 55425 | |
| Age | 18+ | |
| FEE | \$973.08 | |



RECREATION THERAPY

Reach has been approved to bill ILS therapies for Recreation, Music and Art Therapy. Out-of-pocket payments are also accepted, but please contact us if you'd like to bill your waiver.

BONFIRE BUILDING & COOKING



Learn the basics of starting a fire and work together to get it going. Make pita pizzas for lunch and s'mores for dessert.

| DAYS | DATE | TIME |
|------------|--|------------------------|
| Thur. | 10/5 | 11:30 a.m. - 1:00 p.m. |
| Location | Eidem Farm; 4345 101st Ave. N, Brooklyn Park, MN 55443 | |
| Age | 13+ | |
| FEE | \$61.17 | |

FALL HIKING GROUP



Get outside for some fresh air and enjoy the fall colors. *Off 9/29

| DAYS | DATE | TIME |
|------------|---|----------------|
| Fri. | 9/15-10/13* | 3:00-4:00 p.m. |
| Location | Wood Lake Nature Center; 6710 Lake Shore Dr. S, Richfield, MN 55423 | |
| Age | 13+ | |
| FEE | \$163.12 | |

MINDFUL COLORING & EATING



Indulge in a tranquil experience of mindfulness as you engage in conscious coloring and savor a delectable array of foods, immersing yourself in the present moment and nurturing your senses.

| DAYS | DATE | TIME |
|------------|--|----------------|
| Tue. | 11/14 | 3:00-4:00 p.m. |
| Location | SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416 | |
| Age | 13+ | |
| FEE | \$40.78 | |

DANCE WORKOUT



Get ready to move, groove and sweat with our dynamic dance workout program! Follow along with our energetic instructors in a series of fun and engaging dance routines that will help you burn calories, boost your fitness and unleash your inner dancer. You can join in person or virtually via WebEx. *Off 11/24.

| DAYS | DATE | TIME |
|------------|--|------------------|
| Fri. | 11/3-12-1* | 10:30-11:30 a.m. |
| Location | SLP Rec Center: Gallery Room, Banquet Room (11/3 only); 3700 Monterey Dr., St. Louis Park, MN 55416 OR Virtually (WebEx) | |
| Age | 13+ | |
| FEE | \$163.12 | |

MONDAY FUNDAY



This daytime program will offer opportunities for social connection and exercise with peers. We'll do a new activity each week including Bingo, charades, crafts, workouts and nature based activities.

| DAYS | DATE | TIME |
|------------|--|----------------|
| Mon. | 10/23-12/11 | 2:00-3:30 p.m. |
| Location | SLP Rec Center: Wolfe Park (week 1-3), Gallery Room (weeks 4-8); 3700 Monterey Dr., St. Louis Park, MN 55416 | |
| Age | 13+ | |
| FEE | \$489.36 | |



WINTER SOLSTICE TRADITIONS



Immerse yourself in the cozy embrace of a hygge environment while celebrating the winter solstice. We'll do some chocolate fondue and make lanterns in a warm and inviting atmosphere for relaxation, reflection and connection.

| DAYS | DATE | TIME |
|------------|--|----------------|
| Thur. | 12/21 | 2:30-4:00 p.m. |
| Location | SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416 | |
| Age | 13+ | |
| FEE | \$61.17 | |

ART THERAPY SMALL GROUP



This art therapy class is designed to provide a safe and supportive space for teens and adults with disabilities to express themselves through art. Through creative activities and guided discussions, participants can explore their emotions, build self-esteem and develop new coping skills in a therapeutic setting. *Off 12/7.

| DAYS | DATE | TIME |
|------------|---|----------------|
| Thur. | 9/21-10/12 | 4:30-6:00 p.m. |
| Location | Edina Senior Center: Room 2; 5280 Grandview Square # 101, Edina, MN 55436 | |
| Age | 18+ | |
| FEE | \$244.68 | |

| DAYS | DATE | TIME |
|------------|---|----------------|
| Thur. | 11/30-12/28* | 4:30-6:00 p.m. |
| Location | Edina Senior Center: Room 2; 5280 Grandview Square # 101, Edina, MN 55436 | |
| Age | 18+ | |
| FEE | \$244.68 | |

WEDNESDAY NIGHT SOCIAL

The goal of this program is to become more engaged in your community and to build social skills, coping skills and practice flexibility. Activities include cooking classes, craft nights, professional sports outings, going out to eat and so much more! Open to individuals of all abilities. Participants can bring a staff or caregiver if additional support is needed. Sign up for the full series or individual activities.



Age: 18+

Date: Wednesdays, September 20 - November 8

Time: 6:30 - 8:00 p.m. *(unless noted)*

Fee for ALL the events: \$60 resident / \$68 non-resident

WNS1: BINGO NIGHT

Join us for an exciting game of Bingo to kick off the fall season!

| DAYS | DATE | TIME |
|------------|---|----------------|
| Wed. | 9/20 | 6:30-8:00 p.m. |
| Location | SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |

WNS2: FALL HIKE

Explore the beautiful autumn scenery on a refreshing hike.

| DAYS | DATE | TIME |
|------------|--|----------------|
| Wed. | 9/27 | 5:30-7:00 p.m. |
| Location | Westwood Hills Nature Center; 8300 W Franklin Ave., St. Louis Park, MN 55426 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |

WNS3: LEAF PRINTED TEA TOWEL

Create your own unique tea towel by printing autumn leaves. Once you're done, enjoy some warm apple cider!

| DAYS | DATE | TIME |
|------------|--|----------------|
| Wed. | 10/4 | 6:30-8:00 p.m. |
| Location | Brookview Community Center: Wirth Lake Room; 316 Brookview Pkwy. S, Golden Valley, MN 55426 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |

WNS4: OUT TO EAT AT DAVANNI'S

Enjoy a delicious supper of pizza or hoagies with friends. **Please bring \$10-\$20 to order off the menu.**

| DAYS | DATE | TIME |
|------------|---|----------------|
| Wed. | 10/11 | 6:30-8:00 p.m. |
| Location | Davanni's Pizza & Hot Hoagies; 663 Winnetka Ave. N, Golden Valley, MN 55427 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |

WNS5: COOKING NIGHT

Join us for a fun-filled evening of cooking and trying out delicious recipes.

| DAYS | DATE | TIME |
|------------|--|----------------|
| Wed. | 10/18 | 5:00-7:00 p.m. |
| Location | Plymouth Middle School: Room 110; 1001 36th Ave. N, Plymouth, MN 55441 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |

WNS 6: MOVIE NIGHT

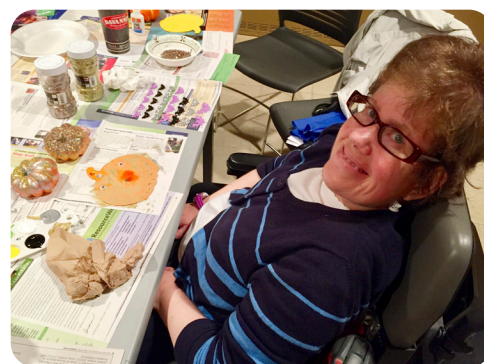
Enjoy a screening of the classic tale *The Little Mermaid* in its 2023 edition.

| DAYS | DATE | TIME |
|------------|---|----------------|
| Wed. | 10/25 | 6:30-8:00 p.m. |
| Location | Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |

WNS7: FALL EXTRAVAGANZA

Join us for a spectacular fall extravaganza, filled with a variety of exciting activities and festivities to celebrate the season.

| DAYS | DATE | TIME |
|------------|---|----------------|
| Wed. | 11/1 | 6:30-8:00 p.m. |
| Location | Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |



WNS8: HOLIDAY GIFT WRAPPING

Get into the holiday spirit by wrapping gifts and enjoying classic board games while sipping on hot cocoa.

| DAYS | DATE | TIME |
|------------|--|----------------|
| Wed. | 11/8 | 6:30-8:00 p.m. |
| Location | Brooklyn Center Community Center: Craft Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |

INDEPENDENT ADULT PROGRAMS

(Formerly known as On The Town)

This independent social program is for adults and young adults who want to explore their community with minimal support. This program is offered at a 1:15 staff ratio. A brief intake is required. If you have not had an intake in the last five years, you must schedule one before registering. To schedule an intake, please call 952-393-4277.



Age: 18+

IAP1: FALL HIKE & PAINTING

Combine the joy of hiking with a creative painting session and snacks.

| DAYS | DATE | TIME |
|------------|--|----------------|
| Fri. | 10/6 | 5:00-6:30 p.m. |
| Location | French Regional Park; 12605 Rockford Rd., Plymouth, MN 55441 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |



IAP2: DEHNS PUMPKIN PATCH

Enjoy a fun-filled day of pumpkin picking and fall activities. **Please bring \$15-\$25 for admission and extra spending money.**

| DAYS | DATE | TIME |
|------------|---|-----------------|
| Sun. | 10/15 | 12:30-2:00 p.m. |
| Location | Dehns Pumpkin; 17270 125th Ave. N, Dayton, MN 55327 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |

IAP3: MN LANDSCAPE ARBORETUM

Enjoy the amazing falls colors while we walk through the arboretum. Admission ticket included in fee. **Bring money if you would like to purchase a snack or any gift store items.**

| DAYS | DATE | TIME |
|------------|--|----------------|
| Fri. | 10/20 | 4:30-6:00 p.m. |
| Location | MN Landscape Arboretum; 3675 Arboretum Dr., Chaska, MN 55318 | |
| Age | 18+ | |
| FEE | \$19 resident / \$20 non-resident | |



IAP4: EAT AT THE 50'S GRILL

Step back in time and enjoy a nostalgic dining experience at the 50's Grill. **Bring \$20-\$30 to order off the menu.**

| DAYS | DATE | TIME |
|------------|--|----------------|
| Mon. | 11/6 | 6:00-7:30 p.m. |
| Location | 50's Grill; 5524 Brooklyn Blvd., Brooklyn Center, MN 55429 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |

IAP5: SPA NIGHT

Treat yourself to a relaxing spa night with pampering activities.

| DAYS | DATE | TIME |
|------------|---|----------------|
| Mon. | 11/20 | 6:00-7:30 p.m. |
| Location | Brooklyn Park Community Activity Center: Grand Room 3; 5600 85th Ave. N, Brooklyn Park, MN 55443 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |



IAP6: EGG CARTON SNOWMAN COOKIES

Get creative by making adorable snowmen using egg cartons and indulge in these delicious cookies.

| DAYS | DATE | TIME |
|------------|---|----------------|
| Mon. | 12/4 | 6:00-8:00 p.m. |
| Location | Brooklyn Center Community Center: Arts & Craft Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |

ON THE TOWN: ALL ABILITIES

This is a community-based social program for adults and young adults who want to explore their community. More details to come upon registration and before the event. Companions are welcomed and an intake meeting is not required.



Age: 18+

OTTA1: MN VIKINGS TAILGATE

Enjoy some tailgate snacks and get ready to cheer on the Vikings before they play the Tampa Bay Buccaneers.

| DAYS | DATE | TIME |
|------------|---|------------------|
| Sun. | 9/10 | 10:00-11:30 a.m. |
| Location | SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |

OTTA2: APPLE ORCHARD

Experience the joy of apple picking and other seasonal activities.

| DAYS | DATE | TIME |
|------------|--|-----------------|
| Sat. | 9/23 | 12:30-2:00 p.m. |
| Location | Minnetonka Orchards; 6480 County Rd. 26, Minnetrista, MN 55364 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |



OTTA3: LEAF LANTERN CRAFT

Create beautiful lanterns using autumn leaves for a warm and cozy ambiance.

| DAYS | DATE | TIME |
|------------|---|----------------|
| Tue. | 10/10 | 6:30-8:00 p.m. |
| Location | Brooklyn Park Community Activity Center: Grand Room 3; 5600 85th Ave. N, Brooklyn Park, MN 55443 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |



<https://www.redtedart.com/leaf-lanterns/>

OTTA4: PUMPKIN CARVING & HALLOWEEN JEOPARDY

Celebrate Halloween with pumpkin carving and a thrilling game of Halloween Jeopardy!

| DAYS | DATE | TIME |
|------------|---|----------------|
| Thur. | 10/26 | 6:00-7:30 p.m. |
| Location | SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |

OTTA5: LUNCH AT PANERA BREAD

Enjoy a delicious lunch at Panera Bread; a perfect place for a midday treat. **Bring \$10-\$20 to order off the menu.**

| DAYS | DATE | TIME |
|------------|---|------------------------|
| Sat. | 11/11 | 11:30 a.m. - 1:00 p.m. |
| Location | Panera Bread; 5680 Cedar Lake Rd. S, St. Louis Park, MN 55416 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |

OTTA6: OUT TO THE MOVIES

See a newly released movie at the theater. The movie will be decided later. Movie ticket included in price. **Please bring \$5-\$15 if you would like to purchase a snack.**

| DAYS | DATE | TIME |
|------------|--|------------------------|
| Wed. | 12/13 | Approx. 6:00-8:00 p.m. |
| Location | Imagine Willow Creek; 9900 Shelard Pkwy., Plymouth, MN 55441 | |
| Age | 18+ | |
| FEE | \$19 resident / \$20 non-resident / \$13 companions | |

OTTA7: ICE CREAM SOCIAL

Indulge in some ice cream as you enjoy good conversations and laughs with friends.

| DAYS | DATE | TIME |
|------------|---|----------------|
| Tue. | 12/19 | 6:00-7:30 p.m. |
| Location | SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416 | |
| Age | 18+ | |
| FEE | \$10 resident / \$11 non-resident | |



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5900 Green Oak Drive, Suite 303
Minnetonka, MN 55343
Office: 952-200-3030
Fax: 952-229-4468
info@reachforresources.org
reachforresources.org



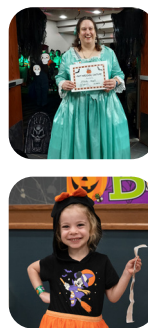
GHOSTLY GALA



Friday, October 27 • 5:30 - 8:00 p.m.
\$10 pre-registration • \$15 at door
All Ages & Abilities Welcomed

Brooklyn Park Community Activity Center: Grand Rooms;
5600 85th Ave. N, Brooklyn Park, MN 55443
Learn more: reachforresources.org/GhostlyGala

Join us for our annual spooky celebration



REGISTRATION FORM—FALL 2023



Name: _____ Pronouns: _____ Birth Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Emergency Contact Name: _____ Emergency Phone: _____

Allergies/Diet/Accessibility: _____

Am I a "Resident"?

Our adaptive recreation program is a cooperative effort with the below cities. If you live in another city, please pay the non-resident fee.

- Brooklyn Center
- Chanhassen
- Golden Valley
- Plymouth
- Brooklyn Park
- Edina
- Maple Grove
- St. Louis Park

| | Programs (Listed Alphabetically) | Resident/Non-Resident |
|--------------------------|--|--|
| <input type="checkbox"/> | Accessible Voting Seminar: 10/2 | FREE |
| <input type="checkbox"/> | Adapted Pickleball Camp: Starts 8/28 | \$60 / \$64 |
| <input type="checkbox"/> | Adapted Pickleball League: Starts 9/5 | \$60 / \$64 |
| <input type="checkbox"/> | Art Abilities: TBD | FREE |
| <input type="checkbox"/> | Bingo (1): 9/22 | \$10 |
| <input type="checkbox"/> | Bingo (2): 12/15 | \$10 |
| <input type="checkbox"/> | Bingo & Pizza (1): 10/19 | \$18 / \$20 / \$9 companions # of Companions _____ |
| <input type="checkbox"/> | Bingo & Pizza (2): 12/18 | \$18 / \$20 / \$9 companions # of Companions _____ |
| <input type="checkbox"/> | Bookworms Book/Film Club: Starts 10/5 | \$10 / \$13 |
| <input type="checkbox"/> | Bowling - New Hope: Starts 9/30 | \$78 / \$86 <input type="checkbox"/> Lane Bumpers <input type="checkbox"/> Bowling Ramp |
| <input type="checkbox"/> | Bowling - Park Tavern: Starts 9/30 | \$78 / \$86 <input type="checkbox"/> Lane Bumpers <input type="checkbox"/> Bowling Ramp |
| <input type="checkbox"/> | Cooking Night - Chow Mein: 11/21 | \$16 / \$18 |
| <input type="checkbox"/> | Cooking Night - Holiday Cookies: 12/20 | \$16 / \$18 |
| <input type="checkbox"/> | Craft - DIY Holiday Gifts: 12/11 | \$12 / \$14 |
| <input type="checkbox"/> | Craft - DIY Pumpkin Trivet: 10/3 | \$14 / \$16 |
| <input type="checkbox"/> | Craft - Heat Transfer Tote Bag: 9/28 | \$12 / \$14 |
| <input type="checkbox"/> | Craft - Paper Mache Holiday Houses: 12/6 | \$12 / \$14 |
| <input type="checkbox"/> | Craft - Snow Globes: 11/28 | \$21 / \$23 |

| | Programs (Listed Alphabetically) | Resident/Non-Resident |
|--------------------------|---|--|
| <input type="checkbox"/> | Fall Formal: 9/29 | \$12 |
| <input type="checkbox"/> | Forest Friends - Raptors: 11/13 | \$24 / \$25 |
| <input type="checkbox"/> | Forest Friends - Snowflakes: 12/5 | \$24 / \$25 |
| <input type="checkbox"/> | Ghostly Gala: 10/27 | \$10 |
| <input type="checkbox"/> | Holiday Jamboree: 12/15 | \$15 |
| <input type="checkbox"/> | Housing Info & Roommate Social (1): 9/21 | FREE |
| <input type="checkbox"/> | Housing Info & Roommate Social (2): 12/12 | FREE |
| <input type="checkbox"/> | Non-Competitive Soccer: Starts 9/18 | \$45 / \$51 Shirt Size _____ |
| <input type="checkbox"/> | Parent Support Group: Starts 10/12 | \$150 / \$162 |
| <input type="checkbox"/> | Singles Mingle: 11/30 | \$11 / \$12 |
| <input type="checkbox"/> | Snacks & Cinema (1) - Dodgeball: 10/17 | \$6 / \$8 |
| <input type="checkbox"/> | Snacks & Cinema (2) - Home Alone: 12/14 | \$6 / \$8 |
| <input type="checkbox"/> | Social Seekers: Starts 9/13 | \$200 / \$210 |
| <input type="checkbox"/> | Step-By-Step Painting: Starts 11/9 | \$26 / \$30 |
| <input type="checkbox"/> | Teen Explorers: Starts 9/19 | \$60 / \$68 |
| <input type="checkbox"/> | Winter Wonderland Dance: 12/1 | \$8 |
| | Weekend Ventures | Fee |
| <input type="checkbox"/> | Valleyfair: 8/4-8/5 | <input type="checkbox"/> \$250 - Deposit <input type="checkbox"/> \$973.08 - Pay in Full <input type="checkbox"/> Bill my Waiver |
| <input type="checkbox"/> | Water Park & Board Games: 8/18-8/19 | <input type="checkbox"/> \$250 - Deposit <input type="checkbox"/> \$973.08 - Pay in Full <input type="checkbox"/> Bill my Waiver |

REGISTRATION FORM—FALL 2023

| | Wednesday Night Social (WNS) - Age 18+ | Resident/Non-Resident |
|--------------------------|--|-----------------------|
| <input type="checkbox"/> | Wednesday Night Social - ALL Programs | \$60 / \$68 |
| <input type="checkbox"/> | WNS1 - Bingo Night: 9/20 | \$10 / \$11 |
| <input type="checkbox"/> | WNS2 - Fall Hike: 9/27 | \$10 / \$11 |
| <input type="checkbox"/> | WNS3 - Leaf Printed Tea Towel: 10/4 | \$10 / \$11 |
| <input type="checkbox"/> | WNS4 - Eat at Davanni's: 10/11 | \$10 / \$11 |
| <input type="checkbox"/> | WNS5 - Cooking Night: 10/18 | \$10 / \$11 |
| <input type="checkbox"/> | WNS6 - Movie Night: 10/25 | \$10 / \$11 |
| <input type="checkbox"/> | WNS7 - Fall Extravaganza: 11/1 | \$10 / \$11 |
| <input type="checkbox"/> | WNS8 - Holiday Gift Wrapping: 11/8 | \$10 / \$11 |

PHOTO WAIVER

To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures and social networking media.

Can be photographed: Yes ☐ No ☐

First name can be used: Yes ☐ No ☐

| | |
|---|----|
| Program Total: | \$ |
| Donation to Reach (Optional): | \$ |
| TOTAL ENCLOSED: | \$ |
| <input type="checkbox"/> Cash <input type="checkbox"/> Check # _____ | |
| <input type="checkbox"/> Credit Card # _____ | |
| Expiration Date: _____ Security Code: _____ | |
| Name on Card: _____ | |
| Billing Address (if different than registration address): _____ | |
| _____ | |
| Sign here to acknowledge that you have read and understood the Program Policies and you agree to be bound by them. Participants and/or caregivers or guardians can sign. | |
| Participant Signature: _____ | |
| Caregiver or Guardian: _____ | |

| | Recreation Therapy - 13+ | Resident/Non-Resident |
|--------------------------|--|---|
| <input type="checkbox"/> | Art Therapy Small Group (1) - Starts 9/21 | \$244.68 |
| <input type="checkbox"/> | Art Therapy Small Group (2) - Starts 11/30 | \$244.68 |
| <input type="checkbox"/> | Bonfire Building & Cooking: 10/5 | \$61.17 |
| <input type="checkbox"/> | Dance Workout: Starts 11/3 | \$163.12 <input type="checkbox"/> In Person <input type="checkbox"/> Virtual |
| <input type="checkbox"/> | Fall Hiking Group: Starts 9/15 | \$163.12 |
| <input type="checkbox"/> | Mindful Coloring & Eating: 11/14 | \$40.78 |
| <input type="checkbox"/> | Monday Funday: Starts 10/23 | \$489.36 |
| <input type="checkbox"/> | Winter Solstice Traditions: 12/21 | \$61.17 |

| | Independent Adult Program (IAP) - Age 18+ | Resident/Non-Resident |
|--------------------------|--|-----------------------|
| <input type="checkbox"/> | IAP1 - Fall Hike & Painting: 10/6 | \$10 / \$11 |
| <input type="checkbox"/> | IAP2 - Dehns Pumpkin Patch: 10/15 | \$10 / \$11 |
| <input type="checkbox"/> | IAP3 - MN Landscape Arboretum: 10/20 | \$19 / \$20 |
| <input type="checkbox"/> | IAP4 - Eat at the 50's Grill: 11/6 | \$10 / \$11 |
| <input type="checkbox"/> | IAP5 - Spa Night: 11/20 | \$10 / \$11 |
| <input type="checkbox"/> | IAP6 - Snowman Cookies: 12/4 | \$10 / \$11 |
| <input type="checkbox"/> | Check the box if a brief IAP Intake meeting is needed. | |

| | On The Town: All Abilities (OTTA) - Age 18+ | Resident/Non-Resident |
|--------------------------|---|---|
| <input type="checkbox"/> | OTTA1 - MN Vikings Tailgate: 9/10 | \$10 / \$11 |
| <input type="checkbox"/> | OTTA2 - Apple Orchard: 9/23 | \$10 / \$11 |
| <input type="checkbox"/> | OTTA3 - Leaf Lantern Craft: 10/10 | \$10 / \$11 |
| <input type="checkbox"/> | OTTA4 - Pumpkin Carving: 10/26 | \$10 / \$11 |
| <input type="checkbox"/> | OTTA5 - Panera Bread: 11/11 | \$10 / \$11 |
| <input type="checkbox"/> | OTTA6 - Out To The Movies: 12/13 | \$19 / \$20 / \$13 companion # of Companions _____ |
| <input type="checkbox"/> | OTTA7 - Ice Cream Social: 12/19 | \$10 / \$11 |

Newsletter Sign Up

Looking to receive the latest news, updates and program information from Reach? Subscribe to our quarterly printed newsletter, monthly emails and social media accounts.

☐ Subscribe to the printed newsletter (Reach Reader).

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

☐ Subscribe to the monthly email newsletter.

Name: _____

Email: _____



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Fax: 952-229-4468 • info@reachforresources.org

Online registration: reach.recdesk.com