



Therapeutic Recreation Intern (Unpaid; P/T or F/T) Position Description

Department Overview

Reach for Resources is a nonprofit agency based out of Minnetonka, Minnesota. We provide individualized services that maximize independence, boost community engagement, and improve physical and emotional well-being to individuals of all abilities living in the Minneapolis metro area. Our recreation department offers small group and individual therapeutic services and contracts with county and city park and recreation departments to provide adaptive recreation, inclusion support, and training services to their community members.

Job Summary

Interns will work with children and adults with disabilities in a variety of recreational settings. Reach serves people of all ages and ability levels. Interns will work in both adaptive and inclusive recreation environments. Interns are a part of a diverse team and get experience in program development, facilitation, numbers reporting, hiring, intake meetings, assessments, training new hires, evaluating existing instruments, and developing one or two trainings of their choice. Enjoy a hybrid environment with in-person programs and tasks many days and occasional flexible work from home time. Expand your network by assisting at programs in a variety of different city and partner programs.

Benefits of Interning with Reach

- Get exposure to a wide variety of inclusive and adaptive opportunities
- Create and manage your own schedule
- Get reimbursed for mileage and expenses
- Work independently and gain valuable experience by planning and facilitating your own programs
- Have the opportunity to work outside
- Ability to customize your internship to match your goals

Essential Duties and Responsibilities

- Develop and implement adaptive recreation programs
- Provide resources to families
- Create trainings for other team members on topics of your choice
- Assist in creating custom inclusion plans
- Facilitate intake meetings
- Work with parks and recreation staff to provide extra assistance for children with disabilities in typical parks programming
- Teach behavior management strategies and other accommodations to city parks and rec coaching staff
- Communicate with participants, families, and staff
- Complete needed paperwork and trainings in a timely fashion
- Provide administrative assistance on an as needed basis including tasks such as processing registration, pulling rosters, editing program newsletters, purchasing supplies, delivering supplies, and more.
- Provide ongoing communication and feedback to program supervisors

Required Qualifications

- High School Diploma or GED
- Some college with coursework pertaining to therapeutic recreation
- Possess a valid driver's license and reliable transportation
- Day, evening, and weekend availability
- Ability to lift up to 30 lbs.

Preferred Qualifications

- Knowledge of community inclusion
- Group leadership experience
- At least 1 year experience working with individuals with disabilities
- Flexibility and adaptability
- Strong written and oral communication skills

Additional Information

Reach for Resources, Inc. is an Equal Opportunity Employer. Reach for Resources, Inc. does not discriminate on the basis of race, religion, color, sex, gender identity, sexual orientation, age, nondisqualifying physical or mental disability, national origin, veteran status or any other basis covered by appropriate law. All employment is decided on the basis of qualifications, merit, and business need.

To Apply

- Complete the online application on the Internship section of our website:
<https://www.reachforresources.org/intern-application/>
- Send your cover letter and resume, Emily Orr, Director of Adaptive Recreation & Inclusion:

Reach for Resources
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