

# **Mental Health Therapist**

Job Summary Purpose of Position: To provide individual and group psychotherapy services

## **Essential Duties and Responsibilities**

- Maintain an outpatient therapy caseload (28-32 for full time therapists)
  - Complete diagnostic assessments
  - Collaborate with individuals and implement compassionate, culturally responsive and effective treatment plans that reflect the individual's specific needs
  - o Support individuals in the development of skills and strategies to address mental health concerns
  - Provide collateral consultation with other important parties to ensure the ongoing support and safety for all individuals
  - o Provide community resources to help maximize positive experiences and support
  - o Maintain confidentiality and build trusting, therapeutic rapport with individuals
  - Assist in the facilitation of psychotherapy groups

#### • Documentation:

- o Complete all required intake paperwork including consent forms and billing information
- Maintain up to date billing and documentation
- Submit billing and other required information in a timely manner
- Complete ongoing file audits to ensure compliance with insurance requirements

### • Professional Responsibilities:

- Demonstrate an ongoing commitment to the development of therapy skills
- o Maintain active licensure or be actively engaged in ongoing supervision with the goal of obtaining independent licensure.
- o Maintain updated knowledge of referral sources and other community agencies
- Participate in other Reach for Resources functions and training as assigned

#### Qualifications

- Licensed Independent Clinical Social Worker (LICSW), Licensed Marriage & Family Therapist (LMFT), Licensed Professional Clinical Counselor (LPCC), or Licensed Psychologist (LP) preferred.
- If unlicensed, must have completed a master's or doctorate educational program in behavioral health and be actively engaged in the process of pursuing LPCC, LMFT, LICSW, or LP licensure in Minnesota.
- Ideal candidates will have an interest in working with a wide range of ages although you may choose what ages and specialties you're comfortable working with
- Knowledge of community resources.
- Ability to work independently, enjoy flexibility, and manage stress.
- Ability to learn, understand and utilize various telehealth, documentation and billing software.
- Professional verbal and written communication skills
- Experience with group facilitation preferred
- Experience working with people with cognitive and physical disabilities preferred

#### Other benefits include:

- Licensing supervision provided to employee's pursuing master's level licensure (depending on professional board approved supervision requirements)
- Reimbursement for licensure and CEU's

- Paid Time Off
- 9 paid holidays + 4 personal days annually (for F/T employees)
- Life insurance
- Retirement savings plan
- Short-term Disability/Long-term Disability
- Flexible schedule
- Mileage reimbursement
- Personable and fun co-workers (if we do say so ourselves)
- Caring, supportive supervisors
- Plenty of chances to wear your jeans and other casual clothes
- A focus on wellness

### Compensation

• Compensation varies depending on licensure status and years of experience.

#### **Additional Information**

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