



Bingo & Brews

Date: Monday, February 26

Time: 12:00 – 9:00 p.m. | Bingo starts at 6:00

Location: LTD Brewing Co. | 8 8th Ave N, Hopkins, MN 55343

Cost: FREE to attend | \$5 per Bingo game

Join us at LTD Brewing for their Give Back Monday Bingo & Brews event on February 27th from Noon to 9 p.m.! **20% of ALL sales,** including gift cards & merchandise, will go to supporting Reach.

Bingo will start at 6:00 and go till 8:00 p.m. The cost is \$5 per play and we accept credit card, cash or check. Win some great prizes including gift cards, Reach gear and so much more!

Learn More

Sponsor the Event



32nd Annual Bowl-A-Thon

Date: Saturday, March 16 **Time:** 10:00 a.m. - 1:00 p.m.

Location: Park Tavern: 3401 Louisiana Ave. S, St. Louis Park Cost: \$40 before March 1 | \$50 after March 1 | \$20 Lunch only

Join us for our 32nd annual bowling FUNdraiser! Collect pledges and then join us for two games of bowling, pizza, good music and prizes. Don't miss this great opportunity to spend the day having fun with your friends while supporting Reach. All ages and abilities welcomed!

Learn more about the event

Register to bowl

Pledge your favorite bowler



Counseling Services - Appointments Available

Embark on a journey of self-discovery and growth in the new year. Our counseling services are here to guide you towards a brighter, more resilient you. Take the first step to a healthier mind in 2024.

<u>Click here</u> to view/download the Counseling referral form.

Learn more about Counseling



Custom Adaptive Recreation Events

Looking to create a custom adaptive recreation program? Partner with our adaptive recreation department and staff to host an exercise program, skills development class or a just for fun event. We have a variety of different pricing and packages to choose from. <u>Click here</u> to learn more.

If you have any questions, please reach out to our Director of Adaptive Rec, Emily Orr at eorr@reachforresources.org or 952-393-5880.

Learn More

ADAPTIVE SWIM LESSONS

at the

Brooklyn Center Community Center

Adaptive Lessons offer a personalized $1:1\ \mbox{swim}$ lesson with a trained instructor for participants with special needs.

Brooklyn Center Adaptive Swim Lessons

This winter, City of Brooklyn Center will be offering Adaptive Swim Lessons for all ages called Adaptive/Aqua Buddies. This program is for children and adults with physical or developmental disabilities or Autism. Ratio 1 student per instructor. Missed lessons will not be made up.

In addition, Brooklyn Center will also host sensory-friendly open swims starting on Sunday, January 7th from 1:00 - 2:00 p.m. No registration required

but daily admission applies. To learn more about this, please contact Rori Conners at rconners@brooklyncentermn.gov or 763-569-3400.

Learn More Adaptive Swim Lessons



Join our Team!

Come work or volunteer with us and make a difference in the lives of others!

Full & Part-Time Employment Current Openings >

Internship Positions Current Openings >

Volunteer Opportunities Learn More >

To learn more about our company culture and benefits, click here.



2023 Year in Review

In 2023, Reach acquired TRAIL, was named a Top Workplace by the Star Tribune, added a Waiver Case Management - CADI/BI Department, for the first time ever, we have over 100 employees and received approval to provide art and recreation therapy. It was a great year! We look forward to serving you in 2024!

Watch the Year in Review video

Accepting Reach Award Nominations!

Open! Reach Award Nominations

Nominations Due By: Sunday, March 10, 2024

Please take a minute to nominate a deserving Reach employee, individual or company who made an impact on the services/supports you, your friends or family member received from Reach in 2023. Submit as many nominations as you would like.

We are taking nominations for the following awards:

- · Advocate of the Year
- · Volunteer of the Year
- · Community Partner of the Year
- · Corporate/Civic Sponsor of the Year

Submit a Nomination



It's now easier than ever (& free) to help our cause. Download the free ShopRaise mobile or desktop app and make a purchase at a participating retailer, and a % of your purchase goes directly to supporting Reach. <u>Click here</u> to watch a short video about ShopRaise.

Click below to download the app and start supporting us with every purchase.

Download the App



Winter Reach Reader & Program Sign Up

Sign-up for our Winter Adaptive Recreation programs! Check out some of our new programs including: Nickelodeon Universe Day, Ice Fishing, Yoga & Mindful Snacking, Non-Competitive Basketball, Pre-K Pals and so much more!

Download/View Winter Reach Reader

Download/Print Winter Registration Form

Online Program Registration



Recreation Therapy Programs

This winter, we are offering a wide variety of Rec. Therapy programs including: Art Therapy Small Group, Dance Workout, Mindful Coloring & Eating, Mini Succulent Gardens, MN Zoo Field Trip, Monday Funday, Nordic Walking, Pre-K Pals, Winter Appreciation & Gratitude and Zen Doodling. Click here to download/view the winter rec therapy programs flyer.

If you have a question about our Recreation Therapy programs, please reach out to our Director of Adaptive Rec & Inclusion, Emily at 952-393-5880 or eorr@reachforresources.org. Reach is approved to bill ILS therapies for recreation, music and art. Out-of-pocket payments are also accepted.

If you would like to bill your waiver, please email or mail in a registration form.

Register Online

Register via Mail



Upcoming Programs

- Bingo 1/5
- IAP1: Rock of Ages Mini Golf 1/8
- Social Seekers Starts 1/10
- Art Therapy: Small Group Starts 1/11
- Snacks & Cinema: Knives Out 1/11
- OTTA1: Jewelry Making 1/12
- WNS1: Create a Calendar 1/17
- OTTA2: Swing Dancing 1/18
- Winter Appreciation & Gratitude 1/19
- Bowling: New Hope Starts 1/20
- Bowling: Park Tavern Starts 1/20
- Craft: DIY Valentine's Heart Shirt 1/22
- Nordic Walking Starts 1/22
- WNS2: S'mores Bar & Games 1/24
- Bingo & Pizza 1/25
- Bookworms Book & Film Club Starts 1/25
- IAP2: Felt Heart Tree Craft 1/30
- Teen Explorers Starts 1/30
- WNS3: Valentine's Day Cards 1/31
- Mindful Coloring & Eating 2/1

Dance Workout - Starts 2/2

January Calendar

Donate to Reach











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