

Appointments
available for
Counseling Services

We're hiring for a variety
of jobs & internships:
reachforresources.org/employment

Plymouth & Inver Grove
Heights joins our list of
Adaptive Rec & Inclusion cities

Empowering people of all-abilities to reach their full potential.

Spring 2024

Reach Reader



Friend to Everyone

Charismatic. Ball of Energy. Positive. Friendly. Even on paper, those words don't do justice to who Jack is as a person. Every room Jack walks into, he lights it up with his positive energy and ability to make friends with anyone. He has the type of aura that draws people in, and he can remember almost anything you tell him. Who Jack is today is leaps and bounds over who he was when we met him at his first In-Home Services meeting.

Around 10 years ago, Jack started to receive support through our In-Home Services. When we first met Jack, he was very shy, reserved and a homebody. Over a few months, Jack started to slowly come out of his shell as he became involved in activities with friends. "When I think back, Tim [friend] and I went swimming. And we would go places doing fun stuff like that."

As Jack continued to try different activities, he started to fall in love with going to the gym. The gym quickly became his favorite place to visit when he was with his Reach staff. "I do the treadmill! They just got new treadmills. And I do the weight machines too. I like to talk to everyone and go in there and introduce myself." The gym really allowed Jack to transform inside and out. Not only did Jack improve his health, but he also started to talk with all the workers and make friends.

As Jack continued to make friends wherever he went, we learned Jack had a knack for remembering people's names, fun facts and vehicle color. One of the first questions Jack asks someone is their name and vehicle color. No matter the amount of time in between visits with Jack, he will always remember your vehicle color. It is very impressive! *(continued on page 2)*

To learn more about Reach's
In Home Support Services, visit:
reachforresources.org/inhome



Counseling Services Now Available!

We are excited to welcome Melissa Petoletti as our new Director of Counseling! Melissa has worked in the field of behavioral health and counseling for 15 years. She brings experience in supervision and program development. Her approach to mental health counseling is from a strengths based and holistic approach. She feels that it is an honor and a privilege to have the opportunity to support individuals and walk with them on their journey toward healing.

Our counseling services include in-person and virtual individual and group therapy services to adults, adolescents and families with and without disabilities in need of emotional support. We strive to help clients share their personal struggles, develop awareness of their emotional patterns, develop understanding of the function of emotions, and develop functional emotional coping strategies. We do this by providing support, guidance, education, resources and connections to others on your journey toward personal growth.

Our clinicians work with a variety of therapeutic issues, including:

- Abuse and trauma
- Accelerated Resolution Therapy (ART) for Trauma
- ADHD
- Anger Management
- Anxiety
- Behavioral Issues
- Brain Injury/Stroke
- Cognitive & Physical Disabilities
- Depression
- Divorce
- Health Issues
- Grief & Loss
- Life Transitions
- Relationship Issues
- Self-Esteem
- Severe & Persistent Mental Illness
- Sexual Orientation & Gender Identity
- Stress Management
- Work/Life Balance



*Melissa Petoletti, Reach's new
Director of Counseling*

To learn more about Reach's Counseling Services, visit:
reachforresources.org/Counseling



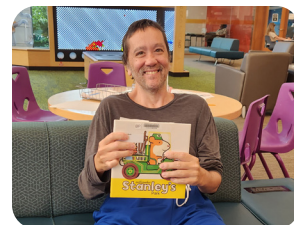
Friend to Everyone *(continued from page 1)*

Currently, Jack is working with Raven, one of our Community Living Specialists. They meet up three times a week after his day program to enjoy a variety of activities. "We play basketball. We play tennis, but I hit the tennis ball over the fence, and she had to go get it. And we go to the gym and then we go to the library. I love it because it's nice to know Raven. I appreciate her 100%." Since Raven and Jack have started to visit the library weekly, he has made friends with one of the librarians.

Over the next couple of months, Jack is looking forward to visiting his sister Kim in Florida and getting to jet ski in the ocean, while he is there. He said, "You take your socks and shoes off and then just go have a blast!" In addition, Jack is excited to share this story with all of his friends, including his bus driver Dave, his sister, friends and supervisor at his day program, Katrina the librarian, his friends at the gym and so many more people. He even joked with his friends that he was "getting interviewed by ABC News."

When we asked Jack his favorite thing about Reach, he named off a hand full of Reach employees. To confirm, we said, "It definitely sounds like you love the staff at Reach." He quickly replied with a big smile on his face, "Uh, that's a big 10 four!"

Since starting to work with Jack, his transformation has been like watching a butterfly continue to get more vibrantly colored each day you see it. Jack's love of life and energy is so refreshing, and we are lucky at Reach to call Jack our friend!



Gradual Process to Independence

Making the transition from living with your parents to living on your own, at any age, is difficult especially if you are helping to care for aging parents, like Steve. Steve started receiving In-Home Services from Reach in 2016, to support him as he made the transition from living with his parents to living independently in his own apartment. In 2017, Steve secured one of the first apartments in the newly opened Cornerstone Creek, an apartment complex that offers housing for adults with developmental disabilities.

Steve started to work with Alex, one of our Community Living Specialists, to practice and learn the skills needed to live independently in his new apartment. At the beginning, Steve and Alex would go visit the new apartment every few days just to hangout and talk, to get Steve comfortable in this new environment. As Steve grew more confident, Alex slowly started to add additional things for them to do. “We started cooking, cleaning, to be more independent and things like that,” said Steve. Over the next few years, Alex and Steve continued to visit the apartment every Tuesday and Thursday, learning new skills like how to cook healthy meals using the stove versus using the microwave. Then one summer day, Steve spent his first night sleeping in the apartment, while his sister camped out in the living room. Between Steve’s sister and Alex taking him to the apartment twice a week, this really eased Steve’s transition of living on his own for the first time at age 56. At the end of April 2022, Steve’s sister gave him a one-week warning about making the transition from living with his mother to living on his own full time. Steve’s sister said, “The transition went as smooth as it can be for someone moving out on their own for the first time.”

Since moving in full time, Steve has really come out of his shell and has become more comfortable talking to people. When he first moved in, he stayed in his apartment most days but now enjoys the different activities offered at Cornerstone Creek including art and Bingo. Steve also enjoys hanging out in the communal areas with his friends and seeing his sister. “I’m close with my sister and we hang out,” said Steve with a smile on his face. On the weekends, Steve works with Angel, one of our Community Living Specialists, and they go out into the community to enjoy movies, visit coffee shops and the mall.



Steve pictured with his sister in matching hoodies he gifted her for her birthday.



In addition to enjoying lots of different social activities, Steve has been focusing on cooking low-sodium meals and exercising. Prior to moving in, Steve would walk about 600 – 1,000 steps a day. Over the past two years, Steve has almost tripled that to over 2,500 steps daily and recently hit 4,000 steps for three days in a row. Wow! Steve enjoys a variety of places to get his steps including the gym in his apartment complex, an outdoor courtyard, visiting malls and the grocery store. Going hand-in-hand with walking, Steve has also adopted a low-sodium diet. He said, “I cook lasagna, casseroles, and fish. But I’m still practicing.” Alex said Steve has done an excellent job learning new recipes and avoiding the temptation of high sodium foods especially when he goes out to eat.

What does Steve like best about living on his own? “I can do what I want. Don’t have to take care of other people and everything.” Living on his own, Steve is thriving and enjoying the opportunity to focus on himself and his well-being. As Steve continues to gain confidence, he has his sights set on achieving a few goals which include keeping his apartment clean, continuing to exercise and eat healthy meals. We have no doubt Steve will continue to thrive living on his own.

BOARD OF DIRECTORS

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Reach Golf Tournament

Monday, July 15 • 12:00 p.m. Shotgun Start

The Wilds Golf Club - Prior Lake

Ticket: \$150 per golfer | \$550 per team of 4

Ticket includes: 18 holes of golf, cart, green fees, lunch & entry to the 19th Hole Party

Learn more: reachforresources.org/golf

Tee off for a cause! Get ready to hit the greens and make a difference at Reach's annual Golf Tournament at The Wilds Golf Club. Join golf enthusiasts and community supporters for a day of fun, camaraderie and fundraising—all for a great cause. This tournament isn't just about birdies and bogeys; it's about making a positive impact on our community. There will be a raffle, silent auction and games. All proceeds from the event will go towards supporting Reach and our services.



Register Today!

bit.ly/ReachGolfer24

Thank you to our title sponsor!



Thank you for supporting Bowling for Buses!

Thank you to everyone who came out to support our Bowling for Buses fundraiser on Saturday, December 2. It was a great day filled with lots of laughs, bowling, strikes, yummy food and prizes. We had over 45 bowlers and 15 spectators. Big thank you to our volunteers and photographer, Josh Zenner. We deeply appreciate your kindness, generosity and commitment to making a positive impact on TRAIL by Reach. We look forward to seeing you next year.

Thank you to our sponsors!

MICHELLE & RON VEITH



RYNE DEVRIES

To see all of the event photos, visit:
reachforresources.org/b4b



ADAPTIVE RECREATION PROGRAMS

AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Edina
- Golden Valley
- Inver Grove Heights
- Maple Grove
- Plymouth
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or visit: reachforresources.org.

All programs are pre-registration only. Registration for a program is required at least 3 days before the start date unless otherwise noted.

EASY ONLINE REGISTRATION!

We have an online sign-up software that makes it easier than ever to find and register for programs. This software allows you to create an account, view your invoices and download a calendar with all your upcoming programs.

Sign-up for an account:
reach.recdesk.com

PROGRAM DETAILS

For 2024, we will be offering a variety of programs including different billable options.

T TRAIL RIDES

- TRAIL transportation available for program

L VIRTUAL PROGRAMS

- Virtual via: Teams or Zoom

P IN-PERSON PROGRAMS

- Variety of locations
- Masks are welcome but not required for indoor programs

W WAIVER ELIGIBLE* PROGRAM

- Program billable via ILS Therapies on DD or CADI waivers
- Contact Emily Orr to learn more

* Almost all of our programs can be billed through CDCS waivers. Contact Emily Orr to learn more.

INCLUSION SUPPORT

Reach provides inclusion support to children and adults with disabilities who would like to participate in their city's park and recreation programs. Registration for these programs is done through your local park & rec department.

Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Chaska
- Crystal
- Edina
- Golden Valley
- Inver Grove Heights
- New Brighton
- New Hope
- Plymouth
- Robbinsdale
- Roseville
- St. Louis Park
- Three Rivers Park District
- Woodbury

To learn more, visit: reachforresources.org/inclusion.

After registering for a city park program, contact Reach to discuss the needs/accommodations for yourself or your child via: inclusion@reachforresources.org.

Please allow a minimum of two weeks notice for a successful inclusion.

CONTACT INFORMATION

Have a question or concern about a program or need additional information? Please reach out to our Adaptive Recreation & Inclusion Department.



Emily Orr, MA, CTRS

Director of Adaptive Recreation & Inclusion

Email:
eorr@reachforresources.org

Call or Text:
952-393-5880



Brienna Max

Assistant Director of Adaptive Recreation & Inclusion

Email:
bmax@reachforresources.org

Call or Text:
952-393-4277

PROGRAM POLICIES & PROCEDURES

REGISTRATION

- All participants must be registered for a program to attend. Friends, housemates, etc. cannot attend with a registered participant without obtaining special permission from the Reach Recreation Department. If the activities are held at a community center, there are often common spaces where others can wait.
- Registrations are accepted online, in person, or by mail. Registrations are not taken at programs or over the phone.
- Register at least two weeks before the beginning of a program. Some programs do fill up, and you may be placed on a waiting list if the program is full.
- If you register for a recurring program after it has started, Reach will welcome you to join and prorate the registration fee as long as there is space in the program.
- Online registration closes three days before each program.

REGISTRATION CONFIRMATION

- Registration confirmations will be sent to the email used during registration or the email provided on the email form.

PAYMENT METHODS

- Reach accepts all major credit cards, cash, checks and money orders.
- CDCS waivers can be billed with guardian approval and proper paperwork.
- Traditional waivers are only accepted for ILS therapy programs (Art Therapy and Rec Therapy).

PROGRAM & CLASS CANCELLATIONS

- While rare, Reach reserves the right to cancel a program due to circumstances beyond our control including severe weather or due to a lack of staff and/or participants.

PROGRAM WITHDRAWAL

- Participants who call or email to withdraw from an activity at least two weeks before the activity are eligible to receive a refund. A \$5 cancellation fee will be charged per class. Refunds are not awarded with less than 2 weeks' notice or for ticketed events.
- There are no refunds for a missed program or class.
- ILS therapy classes abide by a separate cancellation policy.

STAFF RATIOS / SUPPORT STAFF / CAREGIVERS

- Caregivers, family & support staff can attend any programs except for Independent Adult Programs.
- Staff ratios are different for each program. If a participant requires more assistance than a program offers, please provide that support by sending along a caregiver.
- Reach staff is unable to spend a lot of 1:1 time with participants. Individuals who need 1:1 support should always have support staff with them at programs.

ARRIVING EARLY OR LATE

- Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. All participants who arrive early to a program must wait in the lobby or near the front entrance until the scheduled program time.

LATE PICKUP FEE

- If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time.

ATTIRE

- Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged.

MEDICATIONS

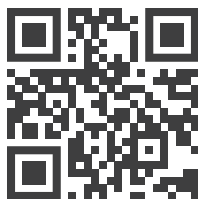
- Medications, prescription and non-prescription drugs are the sole responsibility of the participant. At no time can a Reach staff assume responsibility for or administer medications in any form.
- Reach staff can assist with lifesaving procedures (ex: EpiPen®) as long as staff are made aware of the potential need for this procedure & provided with the necessary supplies.

ILLNESS / INJURY

- If a participant becomes ill or injured, staff will contact the emergency contact immediately. If the emergency contact can't be reached, staff will contact medical personnel.

INFECTION CONTROL

- To minimize exposure to other participants and staff, participants are requested to stay home if they have the following symptoms/diagnoses:
- Covid-19. If you are diagnosed with Covid-19 or suspect you may have Covid-19 please follow CDC guidelines for quarantine and isolation.
- An upper respiratory infection such as bronchiolitis or influenza.
- Fever of 100 degrees Fahrenheit or over within the past 24 hours. Individuals must be fever-free WITHOUT the use of Tylenol or other fever-reducers for at least 24 hours.
- Vomiting or diarrhea within the past 24 hours.
- Head lice or pink-eye (must be on eye-drops for at least 24 hours before attending).
- Strep-throat or any other illness that requires antibiotics. Individuals must be on antibiotics for at least 24 hours before attending a program.



ALL PROGRAM & PROCEDURES

To read all of our Adaptive Recreation & Inclusion procedures, please visit: bit.ly/RecPolicies.

COOKING & CRAFTS

COOKING NIGHT: MEMORIAL DAY COOKOUT



Elevate your Memorial Day celebration with this flavor-packed cooking night. Join us as we guide you through preparing mouthwatering dishes, sans the grill, ensuring a delicious feast. This program is in partnership with WOO.

DAYS	DATE	TIME
Tue.	5/28	5:30-7:00 p.m.
Location	Sandburg Middle School: Room 226 (enter through door 1); 2400 Sandburg Ln., Golden Valley, MN 55427	
Age	16+	
FEE	\$18 resident / \$20 non-resident	

COOKING NIGHT: SPRING ROLLS



Join us for a culinary journey as we guide you through creating fresh and flavorful delights, perfect for ushering in the vibrant spirit of spring. This program is in partnership with WOO.

DAYS	DATE	TIME
Wed.	4/3	5:30-7:00 p.m.
Location	Sandburg Middle School: Room 226 (enter through door 1); 2400 Sandburg Ln., Golden Valley, MN 55427	
Age	16+	
FEE	\$18 resident / \$20 non-resident	



CRAFT: MOTHER'S DAY PRESSED FLOWER FRAME



Craft a beautifully personalized keepsake using delicate pressed flowers suspended in an elegant frame. Bring a photo of your family or friends if you'd like to incorporate it (size 4"x6" or 5"x7").

DAYS	DATE	TIME
Thu.	4/18	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Arts & Craft Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	14+	
FEE	\$18 resident / \$20 non-resident	



CRAFT: FATHER'S DAY DENIM & LEATHER KEY CHAIN



Craft a stylish and durable key chain for Dad. Blending rugged charm and practicality in a personalized accessory just for him.

DAYS	DATE	TIME
Mon.	5/20	6:30-8:00 p.m.
Location	Chanhassen Recreation Center: Room 1; 2310 Coulter Blvd., Chanhassen, MN 55317	
Age	14+	
FEE	\$18 resident / \$20 non-resident	



ART ABILITIES



This series of workshops will invite the participants to explore their creative interests beginning with warm-up exercises, followed by painting, drawing, journaling and other abstract creations to help the participants learn a different method of communication. This activity is made possible through a generous grant funded by the Bentson Foundation.

DAYS	DATE	TIME
Wed.	4/24-5/29	12:00-1:30 p.m.
Location	Plymouth Community Center: Arts & Crafts Room; 14800 34th Ave. N, Plymouth, MN 55447	
Age	14+	
FEE	FREE	

EDUCATIONAL

PRIVATE/SEMI-PRIVATE DOWNHILL SKI/SNOWBOARD LESSONS OR RECREATION THERAPY



We are excited to offer individual Recreation Therapy such as 1:1 social skills, nature exploration or relaxation techniques. In addition, we have private or semi-private downhill ski or snowboard lessons available. Please contact Emily or Brie for more information (page 5).



CONSENT & BOUNDARIES WORKSHOP



In this virtual workshop, learn about the definitions of consent and boundaries. We will talk about how to communicate our own boundaries to others, how to ask for consent and what healthy consent looks like. This workshop will be taught by Lutheran Social Service of MN's SELF team. Due to generous funding sources, there is no cost to attend this workshop.

DAYS	DATE	TIME
Tue.	3/26	4:30-6:00 p.m.
Location	Zoom (virtual)	
Age	18+	
FEE	FREE	



ONLINE DATING SAFETY WORKSHOP



Learn the ins and outs of online dating and how to safely connect with other singles. We will talk about everything from different online dating platforms, relationship styles and dating. This workshop will be taught by Lutheran Social Service of MN's SELF team. Due to generous funding sources, there is no cost to attend this workshop.

DAYS	DATE	TIME
Tue.	4/2	4:30-6:00 p.m.
Location	Zoom (virtual)	
Age	18+	
FEE	FREE	



HOUSING Q&A ROUNDTABLE



Join us for a lively discussion, as we answer your questions on various housing topics. We will cover navigating group homes, independent apartments, fees and waiver support. This interactive session provides valuable insights to empower you in making informed decisions about your housing journey.

DAYS	DATE	TIME
Tue.	4/2	1:30-2:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416 OR Microsoft Teams (virtual)	
Age	18+	
FEE	FREE	



SPORTS & NATURE

LEARN TO PLAY PICKLEBALL



Whether you're a novice or looking to refine your skills, our weekly sessions start with the basics, keeping things easy for new players and ensuring you master the game with confidence.

DAYS	DATE	TIME
Tue.	5/14-6/4	10:30-11:30 a.m.
Location	Plymouth Community Center; 14800 34th Ave. N, Plymouth, MN 55447	
Age	14+	
FEE	\$28 resident / \$32 non-resident	

FOREST FRIENDS: SPRING BABIES ON THE FARM



Come out to Gale Woods Farm to meet the fuzzy lambs, baby chicks and other baby animals. We will be hands on with the animals and try to go for a wagon ride (weather permitting).

DAYS	DATE	TIME
Thu.	5/9	1:00-3:00 p.m.
Location	Gale Woods Farm; 7210 County Rd. 110 W, Minnetrista, MN 55364	
Age	14+	
FEE	\$25 resident / \$26 non-resident	



BOWLING LEAGUE



Join our non-competitive bowling league, which provides a fun and inclusive environment. Registration includes two games of bowling per week and shoes. Cost increase reflects a rise in bowling alley fees.

*Off 5/25

NEW HOPE

DAYS	DATE	TIME
Sat.	4/13-6/8*	12:00-2:00 p.m.
Location	New Hope Bowl; 7107 N 42nd Ave., New Hope, MN 55427	
Age	All Ages	
FEE	\$84 resident / \$93 non-resident	

TRAIL BOWLING & PIZZA PARTY



Enjoy a fantastic combination of bowling and delicious pizza. Showcase your bowling skills, socialize with friends and indulge in a tasty pizza feast where every roll supports TRAIL's transportation initiatives. TRAIL riders ride for free to this program.

DAYS	DATE	TIME
Sun.	2/25	2:45-5:00 p.m.
Location	AMF Southtown Lanes; 7941 Southtown Dr., Bloomington, MN 55431	
Age	14+	
FEE	\$18 / \$10 companions	



FOREST FRIENDS: INTERACTIVE POND EXPLORATION



Dive into the wonders of aquatic ecosystems! Explore the diverse life forms inhabiting a pond, from curious amphibians to graceful water insects, through engaging activities and real-time data collection.

DAYS	DATE	TIME
Mon.	4/1	2:30-4:30 p.m.
Location	Eastman Nature Center; 13351 Elm Creek Rd., Maple Grove, MN 55369	
Age	14+	
FEE	\$25 resident / \$26 non-resident	

PARK TAVERN

DAYS	DATE	TIME
Sat.	4/13-6/8*	10:00 a.m.-12:00 p.m.
Location	Park Tavern; 3401 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	All Ages	
FEE	\$84 resident / \$93 non-resident	



GAMES & MOVIES

BINGO



Enjoy an exciting gathering where you can test your luck and compete for prizes while enjoying the company of others. Everyone is a winner and light snacks are provided.

DAYS	DATE	TIME
Fri.	4/26	6:30-8:00 p.m.
Location	Brookview Community Center: Valley Rooms North & South; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	13+	
FEE	\$10 resident / \$11 non-resident	

DAYS	DATE	TIME
Fri.	5/31	6:30-8:00 p.m.
Location	Brookview Community Center: Valley Rooms North & South; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	13+	
FEE	\$10 resident / \$11 non-resident	

BINGO & PIZZA



Bingo & Pizza night is a fun and casual event that combines two beloved pastimes. Enjoy delicious pizza while playing a variety of Bingo games with chances to win prizes and enjoy friendly competition with friends. **Companions only need to register if they want to eat pizza.**

DAYS	DATE	TIME
Fri.	4/12	5:45-7:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13+	
FEE	\$18 resident / \$20 non-resident / \$9 companions	

DAYS	DATE	TIME
Mon.	5/6	5:45-7:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1 & 2; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$18 resident / \$20 non-resident / \$9 companions	

SNACKS & CINEMA



Relax with some friends and enjoy a movie night complete with snacks.

SHANG-CHI AND THE LEGEND OF THE TEN RINGS (PG-13)



Embark on an action-packed evening with a light snack and the mesmerizing *Shang-Chi and the Legend of the Ten Rings*. Immerse yourself in a thrilling cinematic adventure filled with martial arts mastery and epic storytelling. Runtime: 2hr 12 mins

DAYS	DATE	TIME
Fri.	4/19	5:45-8:00 p.m.
Location	Edina Senior Center: Room 1; 5280 Grandview Square # 101, Edina, MN 55436	
Age	13+	
FEE	\$8 resident / \$10 non-resident	

BARBIE (PG-13)

Join us to watch the 2023 Barbie movie while enjoying a light snack. Elevate your movie night experience with delightful treats as you get lost in the enchantingly pink world of Barbie. Runtime: 1hr 54mins

DAYS	DATE	TIME
Thu.	5/30	6:00-8:00 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$8 resident / \$10 non-resident	

BOOKWORMS BOOK & FILM CLUB



Read the book, listen to the audiobook or watch the movie and join us for a lively discussion each week! The books will be: 3/28 - *The Princess Bride*, 4/25 - *Howl's Moving Castle* and 5/30 - *Crazy Rich Asians*.

DAYS	DATE	TIME
Thu.	3/28, 4/25 & 5/30	10:00-11:00 a.m.
Location	Microsoft Teams (virtual)	
Age	16+	
FEE	\$12 resident / \$15 non-resident	



SOCIAL ACTIVITIES

OPEN MIC NIGHT

Experience the thrill of the stage as you showcase your skills in a supportive atmosphere. Whether you're a seasoned performer or a first-time star, our Open Mic Night is the perfect platform to share your passion with an enthusiastic audience.

DAYS	DATE	TIME
Mon.	4/15	6:30-8:00 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
FEE	\$10 resident / \$11 non-resident	

TRAIL DECADES DANCE

Join us for an unforgettable dance party where the past meets the present on the dance floor. Step into a journey through the decades, where each era brings its own unique vibe to the celebration. It's not just a dance; it's a trip through time, and the excitement is guaranteed to be timeless! TRAIL riders ride for free to this program.

DAYS	DATE	TIME
Sat.	3/23	6:00-8:00 p.m.
Location	Creekside Community Center; 9801 Penn Ave. S, Bloomington, MN 55431	
Age	18+	
FEE	\$16 pre-register / \$6 companions March 20-23 & at the door fee: \$20 participants / \$10 companions	



TEEN EXPLORERS

Our Teen Explorers group aims to build social skills, as well as engagement, in our community and the natural world. This program includes various activities such as cooking, going out to eat, making crafts and learning about nature. This program is open to individuals of all abilities and participants can bring a staff or caregiver if additional support is needed. A full schedule will be emailed out one week prior to the start of the program. *Off 5/28

DAYS	DATE	TIME
Tue.	4/9-5/29*	4:45-6:15 p.m.
Location	Various	
Age	13-21	
FEE	\$60 resident / \$68 non-resident	



SOCIAL SEEKERS

This program is for teens and adults on the Autism spectrum. We meet once a week for fun and social interaction. We play games, solve riddles and enjoy working through our weekly highs and lows together. Email bmax@reachforresources.org for more information or to schedule an intake.

DAYS	DATE	TIME
Wed.	3/27-5/29	5:00-6:30 p.m.
Location	Ridgedale Library (room may vary); 12601 Ridgedale Dr., Minnetonka, MN 55305	
Age	15+	
FEE	\$200 resident / \$210 non-resident	



HALF DAY EXCURSION: SCIENCE MUSEUM & OMNITHEATER

Join a group of friends as we visit the Science Museum of MN for a full day of learning and fun! We will have a 1:4 staff ratio for this program. **Please bring money to order lunch.** Companions must register.

DAYS	DATE	TIME
Sun.	4/28	10:00 a.m. - 2:30 p.m.
Location	Science Museum of MN; 120 W Kellogg Blvd., St. Paul, MN 55102	
Age	18+	
FEE	\$48 resident / \$50 non-resident / \$20 companions	

SINGLES MINGLE: WILDFLOWER GARDEN SCAVENGER HUNT

Meet new people while exploring the vibrant world of wildflowers, creating the perfect atmosphere for mingling and sparking connections amidst the blooming flowers. Eloise has a paid parking lot.

DAYS	DATE	TIME
Thu.	5/16	6:30-7:30 p.m.
Location	Eloise Butler Wildflower Garden; 1 Theodore Wirth Pkwy., Golden Valley, MN 55405	
Age	18+	
FEE	\$11 resident / \$12 non-resident	

DANCE: SPRING FLING

Blossom into springtime as you enjoy music, treats and dancing in the company of friends.

DAYS	DATE	TIME
Thu.	5/23	6:30-8:30 p.m.
Location	Plymouth Community Center: Banquet Room; 14800 34th Ave. N, Plymouth, MN 55447	
Age	13+	
FEE	\$10 resident / \$11 non-resident	

RECREATION THERAPY

Reach is approved to bill ILS therapies for Recreation, Music and Art Therapy. Please contact us if you'd like to bill your waiver. Out-of-pocket payments are also accepted.

RT: GET STRONG! STRENGTH TRAINING



Hang out with Emily and learn how to use your own body weight to get stronger. We'll listen to good music and play games to keep it fun. No equipment necessary, please dress for exercise and bring water.

DAYS	DATE	TIME
Fri.	4/5-4/19	10:30-11:30 a.m.
Location	Plymouth Community Center; 14800 34th Ave. N, Plymouth, MN 55447 OR Microsoft Teams (virtual)	
Age	18+	
FEE	\$122.40	



RT: DANCE WORKOUT



Get ready to move, groove and sweat with our dynamic dance workout program! Follow along with our energetic instructors in a series of fun and engaging dance routines, while boosting your fitness and unleashing your inner dancer. You can join in person or virtually via Teams.

DAYS	DATE	TIME
Fri.	4/26-5/17	10:30-11:30 a.m.
Location	Plymouth Community Center; 14800 34th Ave. N, Plymouth, MN 55447 OR Microsoft Teams (virtual)	
Age	18+	
FEE	\$163.12	

RT: MONDAY FUNDAY



This daytime program offers opportunities for social connection and exercise with peers. We'll do a new activity each week including Bingo, Charades, crafts, workouts and nature-based activities.

DAYS	DATE	TIME
Mon.	4/1-4/22	2:00-3:30 p.m.
Location	Plymouth Community Center; 14800 34th Ave. N, Plymouth, MN 55447	
Age	18+	
FEE	\$244.80	



RT: MINDFUL OUTDOOR WALK



Take in the fresh scents of spring, the vibrant greens of the leaves and the fuzzy baby ducks as we embark on an easy nature stroll.

DAYS	DATE	TIME
Mon.	5/20	2:00-3:00 p.m.
Location	Westwood Hills Nature Center; 8300 W Franklin Ave., St. Louis Park, MN 55426	
Age	18+	
FEE	\$40.80	



RT: GRATITUDE JOURNALING



Design your own gratitude journal. Learn the basics of practicing gratitude and set goals.

DAYS	DATE	TIME
Mon.	4/29	2:00-3:00 p.m.
Location	SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$40.80	

RT: NATURE PHOTOGRAPHY



Learn the basics of photography with Reach's digital cameras. We'll go outside to take photos, choose your favorite one to print, and decorate a frame to take home.

DAYS	DATE	TIME
Mon.	5/6	1:00-3:30 p.m.
Location	SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$102	

WEDNESDAY NIGHT SOCIAL

The goal of this program is to become more engaged in your community and to build social skills, coping skills and practice flexibility. Activities include cooking classes, craft nights, professional sports outings, going out to eat and so much more! Open to individuals of all abilities. Participants can bring a staff or caregiver if additional support is needed. Sign up for the full series or individual activities.



Age: 18+

Date: Wednesdays, April 10 - May 29

Time: 6:30 - 8:00 p.m. *(unless noted)*

Fee for ALL the events: \$69 resident / \$74 non-resident

WNS1: BINGO

Test your luck as fantastic prizes await. Light snack will be provided.

DAYS	DATE	TIME
Wed.	4/10	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS2: NEW HOPE CINEMA GRILL

Watch a new release while enjoying delicious food at your seat. Fee includes movie ticket. **Bring \$15-\$25 to purchase food.**

DAYS	DATE	TIME
Wed.	4/17	5:45-8:00 p.m.
Location	New Hope Cinema Grill; 2749 Winnetka Ave. N, New Hope, MN 55427	
Age	18+	
FEE	\$15 resident / \$16 non-resident / \$5 companion	

WNS3: FEED MY STARVING CHILDREN

Join us for a heartwarming experience, packing nutritious meals for children in need.

DAYS	DATE	TIME
Wed.	4/24	7:00-8:30 p.m.
Location	Feed My Starving Children; 18732 Lake Dr. E, Chanhassen, MN 55317	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS4: NAUTICAL BOWLS

Come try out a fun new food! **Please bring \$10-\$20 to order off the menu.**

DAYS	DATE	TIME
Wed.	5/1	5:30-6:45 p.m.
Location	Nautical Bowls; 5013 Ewing Ave. S, Edina, MN 55410	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS5: COOKING NIGHT

Join us as we whip up a delectable feast featuring blueberry oatmeal and eggs.

DAYS	DATE	TIME
Wed.	5/8	6:30-8:00 p.m.
Location	Sandburg Middle School: Room 226 (enter through door 1); 2400 Sandburg Ln., Golden Valley, MN 55427	
Age	18+	
FEE	\$18 resident / \$20 non-resident	

WNS6: MASON JAR COIN BANK

Transform ordinary mason jars into stylish coin banks with this delightful craft.

DAYS	DATE	TIME
Wed.	5/15	6:30-8:00 p.m.
Location	Brooklyn Center Community Center: Arts & Crafts Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
FEE	\$16 resident / \$17 non-resident	

WNS7: EAT AT NEW BOHEMIA

Savor the flavor and bold tastes of this culinary experience. **Please bring \$20-\$30 to order off the menu.**

DAYS	DATE	TIME
Wed.	5/22	6:30-7:45 p.m.
Location	New Bohemia; 8040 Olson Memorial Hwy., Golden Valley, MN 55427	
Age	18+	
FEE	\$10 resident / \$11 non-resident	

WNS8: LADY OF THE LAKE

Enjoy a relaxing cruise on beautiful Lake Minnetonka. Complimentary light snacks and soda will be provided for all guests.

DAYS	DATE	TIME
Wed.	5/29	6:00-8:30 p.m.
Location	City of Excelsior Public Dock; 2 Water St., Excelsior, MN 55331	
Age	18+	
FEE	\$18 resident / \$20 non-resident / \$10 companion	



INDEPENDENT ADULT PROGRAMS

This independent social program is for adults and young adults who want to explore their community with minimal support. This program is offered at a 1:15 staff ratio and companions cannot attend the programs. A brief intake is required. If you have not had an intake in the last five years, you must schedule one before registering. To schedule an intake, please email bmax@reachforresources.org or call 952-393-4277.

Age: 18+

IAP1: CRAYOLA EXPERIENCE

Engage in hands-on art activities using Crayola products. It's a vibrant and fun environment, perfect for unleashing your artistic side.

DAYS	DATE	TIME
Thu.	4/4	4:30-6:00 p.m.
Location	Mall of America: Level 3; 300 S Ave., Bloomington, MN 55425	
Age	18+	
FEE	\$35 resident / \$38 non-resident	

IAP2: ANIMAL HUMANE SOCIETY

Learn about the organization's efforts in caring for and rehoming animals. It's an opportunity to gain insight into animal welfare and possibly interact with some of the animals awaiting adoption.

DAYS	DATE	TIME
Wed.	4/17	1:00-3:00 p.m.
Location	Animal Humane Society; 845 Meadow Ln. N, Golden Valley, MN 55422	
Age	18+	
FEE	\$16 resident / \$17 non-resident	

IAP3: EARTH DAY PARK CLEANUP & POTLUCK

Join us to clean up a local park or natural area in honor of Earth Day. After the cleanup, share food and celebrate our collective efforts in promoting a cleaner, greener planet. Due to generous funding, there is no cost to attend this program.

DAYS	DATE	TIME
Mon.	4/22	6:30-8:00 p.m.
Location	SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	FREE	



IAP4: EAT AT DAVE & BUSTER'S

Indulge in a feast for your taste buds while immersing yourself in an exciting world of arcade games and entertainment. **Please bring \$25-\$45 for games and dinner.**

DAYS	DATE	TIME
Thu.	5/2	5:30-7:30 p.m.
Location	Dave & Buster's; 500 Southdale Ctr., Edina, MN 55435	
Age	18+	
FEE	\$12 resident / \$13 non-resident	

IAP5: FLOWERPOT CRAFT

Unleash your inner artist. Dive into a world of color as you transform ordinary flowerpots into personalized masterpieces. Add a touch of your unique style and a burst of color to any room.

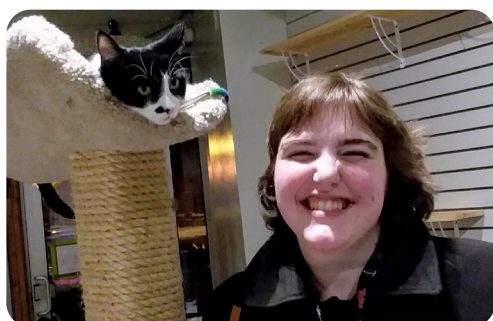
DAYS	DATE	TIME
Fri.	5/3	6:30-7:30 p.m.
Location	Edina Senior Center: Room 1; 5280 Grandview Square # 101, Edina, MN 55436	
Age	18+	
FEE	\$16 resident / \$18 non-resident	



IAP6: ORIGAMI

Discover the mesmerizing art of paper folding. Whether you're a beginner or a folding maestro, this hands-on experience promises to captivate your creativity.

DAYS	DATE	TIME
Mon.	5/13	6:00-7:00 p.m.
Location	Brooklyn Center Community Center: Arts & Crafts Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
FEE	\$12 resident / \$13 non-resident	



ON THE TOWN: ALL ABILITIES

This community-based social program is for adults and young adults who want to explore their community. Companions are welcomed and an intake meeting is not required.



Age: 18+

OTTA1: PAVEK MUSEUM

Dive into the captivating world of communication history as you journey through time, technology and innovation.

DAYS	DATE	TIME
Sat.	4/6	3:00-4:30 p.m.
Location	Pavek Museum; 3517 Raleigh Ave., St. Louis Park, MN 55416	
Age	18+	
FEE	\$16 resident / \$18 non-resident / \$10 companions	

OTTA2: PAINT & SIP

Unleash your inner artist at Paint and Sip. Join us for a night of creativity, laughter and self-expression as you paint a masterpiece while sipping on your favorite beverage.

DAYS	DATE	TIME
Mon.	4/8	6:30-8:00 p.m.
Location	SLP Rec Center: Wolfe Park Pavilion; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
FEE	\$16 resident / \$18 non-resident	

OTTA3: TRIVIA NIGHT

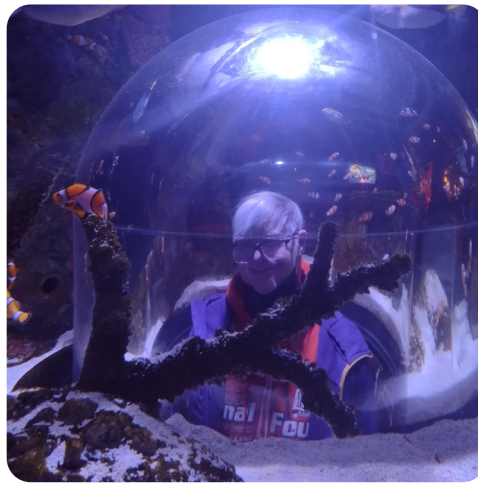
Challenge your knowledge, compete with friends and win fantastic prizes.

DAYS	DATE	TIME
Tue.	4/30	6:00-7:00 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
FEE	\$11 resident / \$12 non-resident	

OTTA4: SEA LIFE AT THE MOA ^T

Immerse yourself in the mesmerizing world of marine life right in the heart of the Mall of America. **Bring \$10-30 if you would like to purchase something from the gift store.**

DAYS	DATE	TIME
Fri.	5/10	6:30-8:00 p.m.
Location	Mall of America: Sea Life; 120 E Broadway, Bloomington, MN 55425	
Age	18+	
FEE	\$28 resident / \$29 non-resident / \$22 companions (PCAs free)	



OTTA5: MN Zoo

Join us for a day of exploration and the joy of discovering the animal kingdom.

DAYS	DATE	TIME
Sun.	5/19	10:00 a.m. - 1:00 p.m.
Location	MN Zoo; 13000 Zoo Blvd., Apple Valley, MN 55124	
Age	18+	
FEE	\$28 resident / \$29 non-resident / \$22 companion	

OTTA6: GOAT YOGA AT THE FARM

Relax, stretch and laugh with our adorable goat companions – it's yoga like you've never experienced before! There will be a sectioned off space if you wish to participate without the goats. Rain location: the barn.

DAYS	DATE	TIME
Mon.	5/20	4:30-5:30 p.m.
Location	Historic Eidem Farm: Side Pasture; 4345 101st Ave. N, Brooklyn Park, MN 55443	
Age	14+	
FEE	\$12 resident / \$13 non-resident	

OTTA7: MUG BIRD FEEDER

Turn your old mugs into a backyard masterpiece. Create charming bird feeders that bring style to your garden while attracting delightful feathered guests.

DAYS	DATE	TIME
Tue.	5/21	6:30-8:00 p.m.
Location	Chanhassen Recreation Center: Room 1; 2310 Coulter Blvd., Chanhassen, MN 55317	
Age	18+	
FEE	\$14 resident / \$15 non-resident	





5900 Green Oak Drive, Suite 303
Minnetonka, MN 55343
Office: 952-200-3030
Fax: 952-229-4468
info@reachforresources.org
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Reach Bowl-A-Thon

Saturday, March 16 | 10:00 a.m. - 1:00 p.m.

Park Tavern - St. Louis Park

\$40 by March 1 | \$50 after March 1 | \$20 Lunch only

Learn more: reachforresources.org/BAT

Whether you're a seasoned bowler or a first-timer, this event promises laughter, friendly competition and a chance to support Reach. Our Bowl-A-Thon aims to create awareness, promote inclusivity and raise funds to support programs that enhance the lives of all the individuals we serve. Collect pledges (or pay the fee) and then spend the day with your friends enjoying two games of bowling, pizza, good music played by a DJ and prizes. See you on the lanes!



Register Today!

reachforresources.org/BAT

REGISTRATION FORM — SPRING 2024



Name: _____ Pronouns: _____ Birth Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Emergency Contact Name: _____ Emergency Phone: _____

Allergies/Diet/Accessibility: _____

Am I a "Resident"?

Our adaptive recreation program is a cooperative effort with the below cities. If you live in another city, please pay the non-resident fee.

- Brooklyn Center
- Chanhassen
- Golden Valley
- Maple Grove
- St. Louis Park
- Brooklyn Park
- Edina
- Inver Grove Heights
- Plymouth

	Cooking & Crafts (page 7)	Resident/Non-Resident
<input type="checkbox"/>	Art Abilities: Starts 4/24	FREE
<input type="checkbox"/>	Cooking Night - Memorial Cookout: 5/28	\$18 / \$20
<input type="checkbox"/>	Cooking Night - Spring Rolls: 4/3	\$18 / \$20
<input type="checkbox"/>	Craft - Father's Day Key Chain: 5/20	\$18 / \$20
<input type="checkbox"/>	Craft - Mother's Day Flower Frame: 4/18	\$18 / \$20

	Sports & Nature (page 9)	Resident/Non-Resident
<input type="checkbox"/>	Bowl-A-Thon: 3/16	\$40 (before 3-1)/\$50 (after 3-1) / \$20 (lunch only) <input type="checkbox"/> Payment Included <input type="checkbox"/> Pay At The Event # of Bowlers _____ Shirt Size _____ # of Lunch Only _____
<input type="checkbox"/>	Bowling - New Hope: Starts 4/13	\$84 / \$93 <input type="checkbox"/> Lane Bumpers <input type="checkbox"/> Bowling Ramp Shirt Size _____
<input type="checkbox"/>	Bowling - Park Tavern: Starts 4/13	\$84 / \$93 <input type="checkbox"/> Lane Bumpers <input type="checkbox"/> Bowling Ramp Shirt Size _____
<input type="checkbox"/>	Forest Friends: Pond Exploration: 4/1	\$25 / \$26
<input type="checkbox"/>	Forest Friends: Spring Farm Babies: 5/9	\$25 / \$26
<input type="checkbox"/>	Learn To Play Pickleball: Starts 5/14	\$28 / \$32
<input type="checkbox"/>	TRAIL Bowling & Pizza Party: 2/25	\$18 / \$10 companion # of Companions _____ <input type="checkbox"/> Need TRAIL Ride

	Educational (page 8)	Resident/Non-Resident
<input type="checkbox"/>	Consent & Boundaries Workshop: 3/26	FREE
<input type="checkbox"/>	Housing Q&A Roundtable: 4/2	FREE <input type="checkbox"/> Online <input type="checkbox"/> In Person
<input type="checkbox"/>	Online Dating Safety Workshop: 4/2	FREE

	Games & Movies (page 10)	Resident/Non-Resident
<input type="checkbox"/>	Bingo (1): 4/26	\$10 / \$11
<input type="checkbox"/>	Bingo (2): 5/31	\$10 / \$11
<input type="checkbox"/>	Bingo & Pizza (1): 4/12	\$18 / \$20 / \$9 companion # of Companions _____
<input type="checkbox"/>	Bingo & Pizza (2): 5/6	\$18 / \$20 / \$9 companion # of Companions _____
<input type="checkbox"/>	Bookworms Book & Film Club: Starts 3/28	\$12 / \$15
<input type="checkbox"/>	Snacks & Cinema (1) - Shang-Chi: 4/19	\$8 / \$10 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/>	Snacks & Cinema (2) - Barbie: 5/30	\$8 / \$10

	Social Activities (page 11)	Resident/Non-Resident
<input type="checkbox"/>	Dance - Spring Fling: 5/23	\$10 / \$11
<input type="checkbox"/>	Half Day Excursion - Science Museum: 4/28	\$48 / \$50 / \$20 companion # of Companions _____
<input type="checkbox"/>	Open Mic Night: 4/15	\$10 / \$11
<input type="checkbox"/>	Singles Mingle - Scavenger Hunt: 5/16	\$11 / \$12
<input type="checkbox"/>	Social Seekers: Starts 3/27	\$200 / \$210
<input type="checkbox"/>	Teen Explorers: Starts 4/9	\$60 / \$68
<input type="checkbox"/>	TRAIL Decades Dance: 3/23	\$16/\$6 companion (before 3-20) # of Companions _____ <input type="checkbox"/> Need TRAIL Ride

	Wednesday Night Social (WNS) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	Wednesday Night Social - ALL Programs	\$69 / \$74
<input type="checkbox"/>	WNS1 - Bingo: 4/10	\$10 / \$11
<input type="checkbox"/>	WNS2 - New Hope Cinema Grill: 4/17	\$15 / \$16 / \$5 companion # of Companions_____
<input type="checkbox"/>	WNS3 - Feed My Starving Children: 4/24	\$10 / \$11
<input type="checkbox"/>	WNS4 - Nautical Bowls: 5/1	\$10 / \$11 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/>	WNS5 - Cooking Night: 5/8	\$18 / \$20
<input type="checkbox"/>	WNS6 - Mason Jar Coin Bank: 5/15	\$16 / \$17
<input type="checkbox"/>	WNS7 - Eat at New Bohemia: 5/22	\$10 / \$11
<input type="checkbox"/>	WNS8 - Lady of the Lake: 5/29	\$18 / \$20 / \$10 companion # of Companions_____

PHOTO WAIVER

To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures and social networking media.

Can be photographed: Yes ☐ No ☐

First name can be used: Yes ☐ No ☐

Program Total:	\$
Donation to Reach <i>(Optional):</i>	\$
TOTAL ENCLOSED:	\$

☐ Cash ☐ Waiver ☐ Check # _____
☐ Credit Card # _____
Expiration Date: _____ Security Code: _____
Name on Card: _____
Billing Address (if different than registration address): _____

Sign here to acknowledge that you have read and understood the Program Policies and you agree to be bound by them. Participants and/or caregivers or guardians can sign.
Participant Signature: _____
Caregiver or Guardian: _____

	Recreation Therapy (RT) - 18+	Resident/Non-Resident
<input type="checkbox"/>	RT: Dance Workout: Starts 4/26	\$163.12 <input type="checkbox"/> In Person <input type="checkbox"/> Virtual <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT: Get Strong! Strength Training: Starts 4/5	\$122.40 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT: Gratitude Journaling: 4/29	\$40.80 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT: Mindful Outdoor Walk: 5/20	\$40.80 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT: Monday Funday: Starts 4/1	\$244.68 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT: Nature Photography: 5/6	\$102 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT: Private Rec Therapy	<input type="checkbox"/> Please contact me to learn more/sign up.
<input type="checkbox"/>	RT: Private Ski or Snowboard Lessons	<input type="checkbox"/> Please contact me to learn more/sign up.

	Independent Adult Program (IAP) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	IAP1 - Crayola Experience: 4/4	\$35 / \$38
<input type="checkbox"/>	IAP2 - Animal Humane Society: 4/17	\$16 / \$17
<input type="checkbox"/>	IAP3 - Earth Day Cleanup & Potluck: 4/22	FREE
<input type="checkbox"/>	IAP4 - Eat At Dave & Buster's: 5/2	\$12 / \$13 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/>	IAP5 - Flowerpot Craft: 5/3	\$16 / \$18 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/>	IAP6 - Origami: 5/13	\$12 / \$13
<input type="checkbox"/>	Check this box to receive a booking link for an IAP intake.	

	On The Town: All Abilities (OTTA) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	OTTA1 - Pavek Museum: 4/6	\$16 / \$18 / \$10 companion # of Companions_____
<input type="checkbox"/>	OTTA2 - Paint & Sip: 4/8	\$16 / \$18
<input type="checkbox"/>	OTTA3 - Trivia Night: 4/30	\$11 / \$12
<input type="checkbox"/>	OTTA4 - Sea Life At The MOA: 5/10	\$28 / \$29 / \$22 companion # of Companions_____ <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/>	OTTA5 - MN Zoo: 5/19	\$28 / \$29 / \$22 companion # of Companions_____
<input type="checkbox"/>	OTTA6 - Goat Yoga at the Farm: 5/20	\$12 / \$13
<input type="checkbox"/>	OTTA7 - Mug Bird Feeder: 5/21	\$14 / \$15

Digital Newsletter Sign Up

Subscribe to our monthly email newsletter.

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