

MUSIC THERAPY

What is Music Therapy?

Music therapy is the use of engaging music activities to achieve nonmusical goals. Individualized goals are collaboratively determined by Rinnah, a board-certified music therapist, and the participant or their caregiver. Potential goals may include improving cognition, focus, attention, motor skills, self-expression, confidence, socialization, and communication.

Why Choose Music Therapy?

- 🎵 Build confidence
- 🎵 Enhance communication skills
- 🎵 Foster social connections
- 🎵 Improve focus and motor skills

GROUP MUSIC THERAPY

- Open to all ages, with **immediate openings** at the Reach office.
- View current group programs via RecDesk.
- Billable through ILS Therapies under DD or CADI Waivers, or via private pay.

ONE-ON-ONE MUSIC THERAPY

- Available in Minneapolis, St. Paul, Plymouth, Coon Rapids, and Dayton. **Referrals open for all areas!**
- Personalized sessions tailored to participant needs, budget, and goals.

Join Us

Spaces are filling fast—don't miss out! Start your journey with music therapy today.

Scan the QR code or visit <https://forms.office.com/r/2kV093Xj05> to schedule your intake meeting.

Our program is eligible for waiver payments, and we'll coordinate with your case manager to secure service approval.

