



2024 Annual Report

2024 FINANCIAL SNAPSHOT

Empowering people of all-abilities to reach their full potential.

REVENUES

Programs: \$5,135,774
Adaptive Recreation & Inclusion: \$347,609
Community Living: \$1,790,285
Mental Health Services: \$1,189,517
Therapy: \$32,805
Case Management: \$1,775,657
Other Program Fees: \$11,270
Special Events: \$28,977
Contributions & Grants: \$112,742
Investment Income: \$39,656
In-Kind Donations: \$41,055
Misc. Income: \$99
Total: \$5,358,303

EXPENSES

Programs: \$4,390,885
Adaptive Recreation & Inclusion: \$327,470
Community Living: \$1,665,951
Mental Health: \$977,401
Therapy: \$117,859
Case Management: \$1,302,204
Administrative: \$641,349
Fundraising: \$189,122
Misc. Expenses: \$13,887
Total: \$5,221,356

TOTAL ASSETS

\$1,962,859

TOTAL LIABILITIES

\$575,925

TOTAL EQUITY/NET ASSETS

\$1,386,934

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Dear Friends and Supporters,

As we close the chapter on 2024, I am proud to share the incredible strides Reach for Resources has made in empowering individuals of all abilities to live, work, and thrive in their communities. This year was marked by growth, innovation, and a deepened commitment to our mission.

We supported over 2,100 individuals, a record-breaking milestone that reflects our expanding reach and the trust our community places in us.

Our staff consistently demonstrate dedication, deliver high-quality support, and maintain a strong commitment to the individuals we serve. Our Community Living Supports expanded, including the addition of an In-Home Services Manager tasked with streamlining operations and enhancing service delivery. Our Mental Health Services expanded with the addition of new practitioners, bringing our total to 431 individuals supported across therapy, ARMHS, Family & Parenting Supports, and Targeted Case Management. The Adaptive Recreation & Inclusion department had a big year, launching music therapy and serving 713 individuals through 10,165 hours of programming and 765 inclusion sessions, each designed to foster joy, connection, and personal growth. In Employment Services, we introduced new strategies to improve access and support, including helping individuals use Lyft for transportation to work and expanding our intake capacity through thoughtful staffing decisions. Our Trail Program also grew, adding the city of St. Louis Park, providing more rides and access than ever before.

Internally, we prioritized sustainability and staff support. Looking ahead, we're focused on strengthening the quality of our services, expanding volunteer programs, and continuing to build a workplace culture rooted in respect, growth, and inclusion.

Thank you for being part of our journey. Your belief in our mission fuels everything we do. Together, we are creating a more inclusive and empowered future.

In gratitude,

A handwritten signature in black ink that reads "Kate Bottiger". The script is fluid and cursive, with the first letters of the first and last names being capitalized and prominent.

Kate Bottiger
Executive Director

ADAPTIVE RECREATION & INCLUSION

Reach provides adaptive recreation programs for children and adults with developmental disabilities, as well as inclusion support through partner city parks and recreation departments. In 2024, the department expanded services, strengthened partnerships, and introduced new offerings to support meaningful community engagement.

2024 Snapshot:

Adaptive Recreation and Inclusion served over 700 individuals through a wide variety of programs and support services.

TOTAL UNIQUE INDIVIDUALS SUPPORTED: 713

TOTAL HOURS OF ADAPTIVE RECREATION SERVICES PROVIDED: 10,165

Adaptive Recreation:

Total Unique Individuals Served: 606

Total Number of Program Registrations: 2,981

Inclusion:

Total Unique Individuals Served: 107

Inclusion Sessions: 762

2024 Highlights/Accomplishments:

- Held 252 Adaptive Rec programs throughout the year
- Hired Rinnah Kinney, a Board-Certified Music Therapist, and launched both group and 1:1 music therapy
- Partnered with Shoreview for a one-year inclusion program
- Leadership transition: Sally Krull hired as Director of Adaptive Recreation & Inclusion, following Emily Orr's move to a new role



CASE MANAGEMENT - CADI/BI

Reach's CADI/BI case managers collaborate with individuals, families, and providers to build person-centered service plans that meet waiver guidelines and reflect each person's unique needs.

2024 Snapshot:

This growing team nearly doubled the number of people served in its second year, with expanded staffing and leadership.

TOTAL UNIQUE INDIVIDUALS SUPPORTED: 213

2024 Highlights/Accomplishments:

- Team grew to 8 staff (added 3 new case managers)
- The department began developing its first Lead Case Manager role to better support the expanding team
- Charley Smith, the first CADI/BI case manager hired in 2023, was promoted to WCM II in late 2024, and then to Lead Case Manager in January 2025

Shared Department Achievements:

- Received strong feedback in the 2024 Hennepin County Audit for person-centered care, responsiveness, and documentation quality
- Successfully implemented MnCHOICES Revision and began CFSS transition
- Leadership provided timely training and updates
- Helped individuals secure housing, employment supports, and accessibility modifications

CASE MANAGEMENT - DD

Reach's DD case managers connect individuals with the services they need to live full, self-directed lives. They create personalized Community Support Plans and guide people through transitions based on their needs and goals.

2024 Snapshot:

The DD team supported over 400 individuals through a wide range of programs—from minimal non-waiver supports to highly customized Consumer Directed Community Supports (CDCS) plans.

TOTAL UNIQUE INDIVIDUALS SUPPORTED: 454

2024 Highlights/Accomplishments:

- 14 total staff by year-end
- Provided support across non-waiver, traditional DD waiver, and CDCS programs
- Helped individuals transition between services, access employment supports, and secure safe, accessible housing

COMMUNITY LIVING SUPPORTS

The Community Living team continues to support individuals in building greater independence through Employment Services, Housing Supports and In-Home Services. With new leadership and added staff capacity in 2024, the department expanded its reach while strengthening day-to-day support for individuals.

2024 Snapshot:

The department saw steady growth across both Employment and In-Home Services, with new roles and resources improving access and efficiency.

TOTAL UNIQUE INDIVIDUALS SUPPORTED: 258

In-Home Services: 111

Employment Supports: 131

Housing Supports: 16

Total Number of Intakes: 51

Total Number of Hours of Services: 31,321.4

2024 Highlights/Accomplishments:

- Employment Services supported 131 individuals with the help of 12 Employment Specialists
- Helped several individuals secure competitive, integrated employment within their communities
- Provided ongoing support to help individuals maintain success in their jobs
- In-Home Services added new staff, increasing capacity for additional intakes
- Created a new In-Home Services Manager position in July 2024
- Welcomed a new Director of Community Living in July 2024



MENTAL HEALTH SERVICES

Reach's experienced Mental Health team is uniquely equipped to support individuals navigating both mental health conditions and disabilities. Services include Adult Rehabilitative Mental Health Services (ARMHS), Children's Mental Health Targeted Case Management (CM-TCM), and Parenting Capacity Services (PCS).

2024 Snapshot:

The department served 348 individuals in 2024, with continued growth across all service areas.

TOTAL NUMBER OF PEOPLE SERVED: 348

Adult Rehabilitative Mental Health Services (ARMHS): 120

Parenting Capacity Services (PCS): 106

Children's Mental Health Targeted Case Management (CM-TCM): 122

2024 Highlights/Accomplishments:

- Significant growth across all mental health programs
- Targeted Case Management added 4 case managers and 1 lead, bringing the team to 9 active staff
- ARMHS added 2 practitioners/interns and established a Lead Practitioner, bringing the team to 7 total staff

THERAPY SERVICES

Reach offers both in-person and virtual counseling to support individuals and families in navigating life's challenges. Services are designed to be accessible, person-centered, and responsive to each individual's unique needs.

2024 Snapshot:

A total of 83 individuals were served, including 27 receiving ongoing therapy or counseling, and others through diagnostic assessments supporting various Reach programs.

TOTAL NUMBER OF PEOPLE SERVED: 83

2024 Highlights/Accomplishments:

- Provided diagnostic assessments to support other Reach programs
- Added 1 therapist who splits time between Therapy and ARMHS, expanding internal collaboration and service capacity

TRAIL BY REACH

Trail by Reach provides transportation for adults with developmental disabilities, helping individuals access recreation, leisure, and educational programs. Using Metro Mobility, Trail by Reach transports riders to programs hosted by Adaptive Recreation & Learning Exchange (AR&LE) and Reach for Resources—as long as the program is located in a participating city or at the Reach office.

2024 Snapshot:

Trail by Reach expanded its reach and impact, helping more individuals participate in activities they would otherwise not be able to attend.

TOTAL NUMBER OF UNIQUE TRAIL RIDERS: 53

TOTAL NUMBER OF RIDES: 1,407

TOTAL NUMBER OF PROGRAMS SUPPORTED: 213

Cities Supported in 2024:

- Bloomington
- Eden Prairie
- Edina
- Richfield
- St. Louis Park (new in 2024)

2024 Highlights/Accomplishments:

- St. Louis Park added as a supported city in September
- Began transporting to Reach-hosted programs, expanding opportunities for riders
- One rider attended 170 programs in 2024, thanks to Trail's expanded access
- Several longtime riders began registering for Reach programs as a result of the expanded transportation offerings





VOLUNTEERISM

Volunteers play a crucial role in Reach's ability to serve children and adults with disabilities. Their time, dedication, and support help extend the reach and impact of our programs across the community.

2024 Snapshot:

This year, 133 volunteers contributed 2,642.55 hours of service—valued at \$88,500. That's more than double the number of volunteers compared to 2023.

TOTAL NUMBER OF VOLUNTEERS: 133

TOTAL NUMBER OF HOURS SERVED: 2,642.55

2024 Highlights/Accomplishments:

- Volunteer participation grew from 57 in 2023 to 133 in 2024, reflecting increased community engagement
- A wide range of programs were supported, from adaptive recreation to special events
- Their contributions enhanced participant experiences, increased staff capacity, and strengthened community connections
- New and returning volunteers brought energy, creativity, and compassion to every area of the organization

CONTRIBUTORS

Reach extends heartfelt thanks to all who supported us with contributions from January 1, 2024 – December 31, 2024.

\$5,000+

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 Trader Joe's - Minnetonka
 Treasure Island Resort & Casino
 Urban Air Adventure Park

Utepils Brewing-Mpls
 Valleyfair
 We Are Nuts
 Whiskey Inferno
 Wok in the Park
 Wooden Hills Brewery

NUMBER OF PEOPLE SUPPORTED:

Adaptive Recreation & Inclusion = 713

Case Management (CADI/BI) = 215

Case Management (DD) = 454

Community Living Supports = 258

Mental Health = 348

Therapy = 83

Trail by Reach = 53

TOTAL PEOPLE REACH SUPPORTED IN 2024 = 2,124

GET INVOLVED & MAKE AN IMPACT

At Reach, we're dedicated to transforming lives and building inclusive communities—and we can't do it without you. Here's how you can help:

- **Donate** - Make a one-time or recurring gift online under "Ways to Give" or mail a check to our office.
- **Workplace Giving** - Designate Reach through your company's giving or matching gift program.
- **Sponsor an Event or Team** - Support our Bowl-A-Thon, Ghostly Gala, or Adaptive Sports Leagues. Sponsors make these programs possible.
- **Volunteer** - Share your time—whether weekly, monthly, or for a special event. We'll help you find the right fit.

Your involvement helps create lasting memories, meaningful opportunities, and real impact for individuals of all abilities.

To learn more or get started, contact Emily Orr, Senior Director of Strategic Development, at eorr@reachforresources.org or 612-916-4021.



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