Mental Health Therapist

Pay: *Pre-licensed 62,400-65,000/yr, Licensed 70,000-75,000/yr*

Summary of Job Description

Join a non-profit organization that is known for providing excellent care and services in the community.

Reach for Resources is seeking a compassionate and mission-driven Mental Health Therapist to provide high-quality, culturally responsive mental health therapy to adolescents and adults, including individuals who live with disabilities, ADHD, and autism spectrum disorder (ASD). The ideal candidate has experience working with both teens and adults and is passionate about working with individuals of all abilities.

Essential Job Duties

Maintain an outpatient therapy caseload:

- Provide individual therapy to adolescents and adults in an outpatient setting (in-person and/or telehealth).
- Collaborate with individuals to create and implement compassionate, culturally responsive and effective treatment plans that reflect the individual's specific needs and concerns
- Deliver evidence-based interventions tailored to clients with ADHD, autism, intellectual/developmental disabilities, and co-occurring mental health conditions (e.g., anxiety, depression, trauma).
- Collaborate with families, caregivers, schools, medical providers, and community agencies when appropriate.
- Maintain confidentiality and build trusting, therapeutic rapport with individuals
- Assist in the facilitation of psychotherapy groups as needed

Documentation:

- Complete diagnostic assessments, individual treatment plans, progress notes and other required client care documentation in compliance with ethical, legal, and organizational standards.
- Complete all required intake paperwork including consent forms and billing information in a timely manner
- Complete ongoing file audits to ensure compliance with insurance requirements

Professional Responsibilities:

- Demonstrate an ongoing commitment to the development of therapy skills

- Maintain active licensure or be actively engaged in ongoing supervision with the goal of obtaining independent licensure.
- Maintain updated knowledge of referral sources and other community agencies
- Participate in other Reach for Resources functions and training as assigned

Minimum Qualifications

- Licensed Independent Clinical Social Worker (LICSW), Licensed Marriage & Family Therapist (LMFT), Licensed Professional Clinical Counselor (LPCC), or Licensed Psychologist (LP) preferred.
- If unlicensed, must have completed a master's or doctorate degree with an accredited educational program in behavioral health and be actively engaged in the process of pursuing LPCC, LMFT, LICSW, or LP licensure in Minnesota.
- Ideal candidates will have an interest in working with a wide range of ages.
- Knowledge of community resources.
- Ability to work independently, enjoy flexibility, and manage stress.
- Ability to learn, understand and utilize various telehealth, documentation and billing software.
- Professional verbal and written communication skills
- Experience completing clinical documentation included diagnostic assessments that meet MN DHS standards.
- Experience with group facilitation preferred.

Preferred Qualifications

- Passion for working with individuals of all abilities
- Experience providing psychotherapy with teens and adults with Autism and ADHD.

Working Conditions and Physical Demands

- **Environment:** Work is completed primarily in the office with the option for some hybrid work based on telehealth caseload. May involve work at a secondary setting such as a school, client home or partner site, however this is not typical.

- **Schedule:** M-F, flexible schedule, some evening hours will be required to meet the scheduling needs of psychotherapy clients.

- **Physical demands:** This is a sedentary position with most work hours performed while sitting. Position also requires standing, walking/traversing an environment, safely driving a vehicle, verbal communication, seeing, hearing, ability to consistently use technology like laptop, fax machine, printer, etc.

Additional Information

In addition to salary, Reach for Resources offers excellent employee benefits.

Benefits may include:

- Generous PTO package (15 days a year for F/T employees with increases each year)
- 13 floating holidays (for F/T employees)
- Medical, dental, and vision insurance

- Life insurance
- Retirement savings plan with company matching
- Short-term Disability/Long-term Disability
- Flexible schedule
- Mileage reimbursement
- Personable and fun co-workers (if we do say so ourselves)
- Caring, supportive supervisors
- Plenty of chances to wear casual clothes
- A focus on wellness
- Professional supervision for therapists completing supervision hours towards licensure, as negotiated at time of hire.
- Reimbursement for licensure and CEU's, as approved by supervisor.

Disclaimer

Reach for Resources, Inc. is an Equal Opportunity Employer. Reach for Resources, Inc. does not discriminate on the basis of race, religion, color, sex, gender identity, sexual orientation, age, non-disqualifying physical or mental disability, national origin, veteran status or any other basis covered by appropriate law. All employment is decided on the basis of qualifications, merit, and business need.

Reach for Resources, Inc. Is committed to ensuring that applicants and employees with disabilities receive support. Applicants or employees must be able to meet the minimum qualifications of the position; reasonable accommodation may be provided if requested by the employee.