



Recreational Therapist (Part-time)

Pay: \$30/hr plus mileage

Department Description

Reach for Resources is a nonprofit agency based out of Minnetonka, Minnesota. We provide individualized services that maximize independence, boosts community engagement and improve physical and emotional well-being to individuals of all abilities living in the Minneapolis metro area. Our recreation department offers small group and individual therapeutic services and contracts with county and city park and recreation departments to provide adaptive recreation, inclusion support, and training services to their community members.

Job Summary

The Recreational Therapist is responsible for planning, developing, and implementing therapeutic recreation services for individuals with physical, cognitive, emotional, and/or social disabilities. Using evidence-based practices, the therapist designs recreation and leisure interventions that support individuals in achieving functional improvements, enhancing quality of life, and participating more fully in their community.

Essential Duties and Responsibilities

- **Assessment & Planning**
 - Conduct individualized assessments to evaluate participant strengths, needs, interests, and goals.
 - Develop treatment plans in alignment with therapeutic objectives, documenting measurable outcomes.
 - Regularly reassess participant progress and update plans as needed.
- **Program Development & Implementation**
 - Design and lead therapeutic recreation sessions—including individual interventions, group activities, adaptive sports, arts, community outings, social programs, and skill-building activities.
 - Modify activities to ensure accessibility and full participation for individuals of all abilities.
 - Use adaptive equipment and assistive technology appropriately and safely.
- **Participant Support & Advocacy**
 - Foster an inclusive, supportive environment that promotes independence, well-being, and self-expression.

- Collaborate with families and caregivers to support carryover of skills in home and community settings.
- Advocate for participant needs and model inclusive practices for staff, volunteers, and community partners.
- **Interdisciplinary Collaboration**
 - Work closely with healthcare providers, educators, behavioral specialists, social workers, and community organizations.
- **Documentation & Compliance**
 - Maintain accurate, timely, and confidential documentation in accordance with organizational policies and regulatory requirements.
 - Track attendance, program outcomes, incidents, and progress notes.
- **Program Operations**
 - Assist with planning special events, community recreation partnerships, and seasonal programming.
 - Train and supervise volunteers, aides, student interns, or support staff as assigned.
 - Maintain safe environments through equipment inspections, risk management practices, and adherence to safety protocols.

Required Qualifications

- **Hold an active Certified Therapeutic Recreation Specialist credential from the National Council for Therapeutic Recreation.**
- Knowledge of current best practices in therapeutic recreation
- Ability to work with diverse populations, including individuals with physical, intellectual, developmental, or behavioral disabilities.
- Strong communication skills
- Ability to work as a member of a team
- Must have current driver's license in good standing and maintain own reliable transportation
- Strong written and oral communication skills

Preferred Qualifications

- Experience in community-based recreation, adaptive sports, or inclusion programming.
- BA in recreation or a related field
- Group leadership experience
- At least 1 year of experience working with individuals with disabilities
- Ability to work independently with a flexible schedule

Environment

The Recreational Therapist will work in a variety of settings to support participants and program needs. Reach For Resources offers a hybrid work model for administrative responsibilities, allowing for both remote and in-office work. Program facilitation occurs across diverse environments, including community recreation centers, outdoor activity sites, off-site program locations, and participant homes.

Schedule

This is a part-time position averaging approximately 20 hours per week. The schedule is flexible and may vary based on program needs. Evening, weekend, or holiday hours may be required.

Physical Demands

This position requires the ability to perform a range of physical tasks to support program delivery and participant needs. Duties may involve lifting and carrying items weighing up to 50 pounds. The role requires safely operating a motor vehicle for both city and highway driving. The Recreational Therapist must be able to traverse a variety of community and outdoor environments, including natural areas with uneven terrain or unpaved paths. The position also requires consistent use of technology—such as a laptop, printer, and related devices—for administrative and program responsibilities.

Additional Information

In addition to salary, Reach for Resources offers excellent employee benefits. Benefits for part-time roles may include:

- Paid vacation/sick time
- Retirement savings plan
- Flexible schedule
- Mileage reimbursement
- Company-paid MN PFML coverage
- Personable and fun co-workers (if we do say so ourselves)
- Caring, supportive supervisors
- Casual dress code
- A focus on wellness

Additional Information

Reach for Resources, Inc. is an Equal Opportunity Employer. Reach for Resources, Inc. does not discriminate on the basis of race, religion, color, sex, gender identity, sexual orientation, age, nondisqualifying physical or mental disability, national origin, veteran status or any other basis covered by appropriate law. All employment is decided on the basis of qualifications, merit, and business need.

Reach for Resources, Inc. is committed to ensuring that applicants and employees with disabilities receive support. Applicants or employees must be able to meet the minimum qualifications of the position; reasonable accommodation may be provided if requested by the employee.