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**Summer 2026**

A community where all people are valued, included, and supported. ★ ★ ★

# Reach Reader



## Celebrating Our Community Stars 2026 Annual Reach Award Winners



### Core Value Champion of the Year: *Alex Varner*

During recent donor outreach and partner collaboration, Alex received strong, consistent feedback highlighting the impact of his work. A Reach Board Member shared heartfelt comments from a parent of someone Alex supports, expressing deep gratitude for the positive and lasting difference he has made in their family's life. Similarly, a case manager who works closely with someone Alex supports described him as reliable, responsive, and wonderful to work with, noting his strong communication and ability to stay on top of details. Together, this feedback reflects how valued Alex is by families and professional partners alike, and how his work truly makes a difference.

Alex's long standing relationships with individuals he supports, some spanning over a decade, reflect his deep commitment to person centered and inclusive support. As a Team Lead, he also mentors and supports fellow staff, helping build confidence, consistency, and an inclusive team culture. Together, this feedback reflects Alex's strong commitment to Inclusion in both his work and leadership.

*Continued on page 2.*



## Doris Sloan Rider of the Year: *Gretchen DeVries*

In 2025, Gretchen DeVries took an impressive 153 rides through Trail by Reach. As an active participant in several Reach for Resources and Adaptive Recreation & Learning Exchange (AR&LE) programs, she relies on Trail by Reach to stay connected to the activities that matter most to her. For more than 25 years, Gretchen has been part of the Trail community, supporting her ability to live with greater independence, confidence, and joy. The programs she participates in create a steady rhythm of connection and empowerment that enriches her daily life. Congratulations to Gretchen on this well-deserved recognition!



## Lifetime Achievement Award: *Patrick Boley*

For many years, Reach for Resources has benefited from the steady leadership, thoughtful counsel, and deep commitment of Patrick Boley. Through his long-standing service as a Board Member and governance leader, Patrick has played an important role in strengthening the organization and ensuring its mission is carried forward with integrity and accountability.

Patrick made significant contributions to governance and board development through his work on the Governance Committee, helping guide policy creation and review with a strong focus on best practices, legal responsibility, and ethical stewardship. He also generously shared his legal insight by reviewing contracts and offering guidance ahead of key decisions, helping protect Reach's interests and support sound decision-making.

## Community Partner of the Year: *PoppedCorn*

True community support is built on consistency, generosity, and a genuine belief in inclusion, and PoppedCorn embodies all three. For years, PoppedCorn has been a dedicated partner to Reach, turning their business into a place where community connection and purpose come together. Through ongoing fundraising partnerships and special Reach Days, they helped transform something as simple as buying popcorn into meaningful support for individuals and families served by Reach.

Sue, PoppedCorn's owner, wholehearted approach sets her apart. From promoting Reach in her store to warmly welcoming supporters and staff, she consistently goes above and beyond. PoppedCorn's partnership has helped strengthen Reach's mission and create a more inclusive community for all.





# Cheer on the Twins with Reach!

**Saturday, September 12**

**MN Twins vs Cleveland Guardians | 3:10 p.m.**

Target Field | 1 Twins Way, Minneapolis

Tickets: \$33-53 (includes all fees) - purchase by August 23rd

Join us at Target Field as the Twins take on the Guardians and celebrate Reach for Resources in a big way.

We'll have two cheering sections, so grab your crew and join the fun:

- Section 126 (3rd base line)
- Section 331 (left-center field)

### Game Day Highlights:

- First pitch by Reach for Resources
- Celebrating our incredible community
- Photo ops, high-fives, and Twins energy

Come rep Reach, make some noise, and enjoy a summer night of baseball and connection.

*Tickets are limited — grab yours today!*



# Thank You For Making It A Striking Success!

Thank you to everyone who joined us at AMF Southtown Lanes for a day of strikes, laughter, prizes, and pizza! Your support, whether bowling, fundraising, or cheering, made a real impact.

Together, we raised over \$12,000 to support our adaptive recreation and transportation programs.

Special thanks to our incredible volunteers and generous sponsors: **SDW Investment Advisors, Bottiger, Thompson, and Veith families, Piper Garmon, and Hopkins Elks.**

We're so grateful for this community and can't wait to see you back on the lanes next year!

Relive the fun: [reachforresources.org/BAT](https://reachforresources.org/BAT)



# We're Moving!

# New Space. New Opportunities. Same Mission.



## Big News!



Reach for Resources is excited to share that we will be moving to a new office location this summer. Our new space at **7300 Metro Blvd, Suite 625, Edina, MN 55439** will allow us to better support our growing team and continue providing high-quality, inclusive services.

“This move is an exciting step forward for Reach,” said Executive Director Kate Bottiger. “The new space gives us room to grow, collaborate, and better support our staff and community.”

The new location offers improved accessibility and a more functional layout to support collaboration and connection.

To celebrate, Reach will host an open house in the coming months. Community members, partners, and supporters will be invited to tour the space and connect with staff. More details coming soon.

We look forward to this next chapter and continuing to grow alongside our community.

# Mingle & Mix with Reach

**Monday, June 29**  
**3:00 – 4:30 p.m.**  
**Fat Pants Brewing,**  
**Eden Prairie**



## Mingle. Network. Learn.

Join us for a relaxed networking event designed to connect business professionals and community members who care about making a difference. Enjoy a drink on us while you:

- Network with great people
- Mingle in a relaxed atmosphere
- Learn about Reach for Resources' mission

No pressure, just great people, good drinks, and meaningful connections.



Scan the QR code or visit [reachforresources.org/mingle-mix](https://reachforresources.org/mingle-mix) to RSVP!

# Reach for the Stars

★ SPRING FLING ★

Celebrate an unforgettable evening of elegance and inclusion at our Spring Fling, a unified prom for people of all ages, with and without disabilities.

**Saturday, May 9 | 6:00-9:00 PM**  
**Plymouth Community Center: Banquet Room**

*An elegant and fully accessible venue*

**Tickets: \$30 | Youth (ages 3-17): \$15**

**Children (2 & Under): Free**

With your ticket enjoy:

- ★ Photo booth
- ★ Music and dancing
- ★ Appetizers and treats
- ★ Non-alcoholic drinks

This family-friendly event helps support individuals with disabilities and mental health conditions to live, thrive, and engage in their community.

Visit [reachforresources.org/spring-fling](https://reachforresources.org/spring-fling)  
or scan the QR code for more  
information or to purchase tickets.



Brittany joins Reach as our **Director of Development & Community Engagement**, bringing over ten years of nonprofit experience across animal welfare and human services. Her background includes development, community engagement, and event management, with a passion for building meaningful donor relationships.

She graduated from the University of Minnesota in 2017 and has held roles with Girl Scouts of River Valleys and Pet Haven Inc. of Minnesota. Most recently, she worked in fundraising consulting, supporting a variety of nonprofits.

Outside of work, Brittany has two dogs, Bruce and Potato, who are her whole world. She's active in the dog community as a foster, certified trainer, and mentor, and is also a fan of scary movies and all things paranormal.

*Welcome Brittany!*

## Reach for Resources Board Of Directors

**Janet Rebman Lillevold**  
*Chair*

Rebman Lillevold Consulting

**Peter Kanda**  
*Treasurer*

College Possible

**David Holmquist**  
*Deputy Chair/Secretary*

Thrivent Asset Management

**Antonia Coleman**  
*Wilder*

**David Erickson**

HealthPartners & Stub Enterprises, Inc.

**Peter N. Thompson**  
Retired Law Professor

**Dan Hildebrandt**  
Allianz Life Insurance Company of  
North America

**Kim Pepper**

b.e.cause consulting LLC

**Tanner Schafer**  
Mutual of Omaha

# ADAPTIVE RECREATION PROGRAMS

## AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Edina
- Golden Valley
- Inver Grove Heights
- Maple Grove
- Plymouth
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or visit: [reachforresources.org](http://reachforresources.org)

## PROGRAM DETAILS

We offer a variety of programs with different options.



### Trail Rides

Trail by Reach transportation available for program



### Virtual Programs

Virtual via: Teams or Zoom



### Waiver Eligible\* Program

Program billable via ILS Therapies on DD or CADI waivers

*\*Almost all of our programs can be billed through CDCS waivers. Contact Sally Krull to learn more.*

All programs require preregistration. Be sure to sign up at least three days before the start date unless otherwise noted.

## EASY ONLINE REGISTRATION!

Our online registration system makes it easier than ever to find and sign up for programs. You can create an account, view your invoices, and even download a calendar of your upcoming activities—all in one convenient place.

Sign-up for an account: [reach.recdesk.com](http://reach.recdesk.com)

## INCLUSION SUPPORT

Reach's Inclusion Support helps children and adults with disabilities participate fully in their city's park and recreation programs. To join, register through your local park and recreation department. Inclusion Support from Reach is available in the following cities:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Crystal
- Edina
- Golden Valley
- Inver Grove Heights
- Little Canada
- New Hope
- Plymouth
- Roseville
- St. Louis Park
- Three Rivers Park District
- Woodbury

To learn more, visit [reachforresources.org/inclusion](http://reachforresources.org/inclusion).

After registering for a city park program, please email [inclusion@reachforresources.org](mailto:inclusion@reachforresources.org) to share any needs or accommodations for yourself or your child. *For the best experience, contact us at least two weeks in advance.*

## CONTACT INFORMATION

Have a question or concern about a program or need additional information?

Please reach out to our Adaptive Recreation & Inclusion Department.



**Sally Krull, MA, CTRS**  
Director of Adaptive Recreation & Inclusion  
Email: [skrull@reachforresources.org](mailto:skrull@reachforresources.org)  
Call or Text: 952-393-5880



**Brienna Max**  
Inclusion Manager  
Email: [bmax@reachforresources.org](mailto:bmax@reachforresources.org)  
Call or Text: 952-393-4277



**Bobbi Jo Dziuk**  
Adaptive Recreation Manager  
Email: [bdziuk@reachforresources.org](mailto:bdziuk@reachforresources.org)  
Call or Text: 612-997-3360

# PROGRAM POLICIES & PROCEDURES

## REGISTRATION

- All participants must be registered. Friends, housemates, or others may only attend with special permission. Community centers often have common areas for waiting.
- Register online, in person, or by mail; registrations are not taken at programs or by phone.
- Register **at least two weeks** before a program begins. Late registrants may be placed on a waiting list.
- Joining a recurring program after it starts is welcome, and fees will be prorated if space is available.
- Online registration closes three days before each program.
- At-the-door registration is only available for programs where it is specifically noted. Otherwise, advance registration is required.

## REGISTRATION CONFIRMATION

- Confirmations are sent to the email provided during registration.

## PAYMENT

- We accept major credit cards, cash, checks, and money orders.
- CDCS waivers can be billed with guardian approval; traditional waivers apply only to ILS therapy programs.

## CANCELLATIONS & WITHDRAWALS

- Reach may cancel programs due to severe weather, staffing, or low enrollment.
- Withdrawals two weeks in advance receive a refund minus a \$5 cancellation fee per class. Late withdrawals, missed classes, and ticketed events are not refundable.
- ILS therapy classes follow a separate policy.

## STAFF / CAREGIVERS

- Caregivers, family, and support staff may attend all programs except Independent Adult Programs.
- Staff ratios vary; participants needing extra assistance should bring a caregiver.
- Reach staff cannot provide extended 1:1 support.

## ARRIVAL / PICKUP

- Reach is not responsible for early arrivals or late departures; early arrivals must wait in the lobby.
- Late pickup incurs a \$10 fee per 15 minutes.

## ATTIRE

- **Art and cooking participants should wear old clothing or bring an apron or paint shirt, and cooking participants should wear closed-toe shoes.**

## MEDICATIONS

- Participants are responsible for their medications. Staff can assist with lifesaving procedures (e.g., EpiPen®) if informed in advance.

## ILLNESS / INFECTION CONTROL

- Please stay home if experiencing:
  - Covid-19 (follow CDC guidelines)
  - Upper respiratory infections
  - Fever  $\geq 100^{\circ}\text{F}$  in the past 24 hours (must be fever-free without meds)
  - Vomiting or diarrhea in the past 24 hours
  - Head lice or pink-eye (treated for  $\geq 24$  hours)
  - Strep or other bacterial infections (on antibiotics  $\geq 24$  hours)

## VULNERABLE ADULT PROTECTION & MANDATED REPORTING

- Reach staff are mandated reporters and must report any suspected abuse, neglect, or exploitation of vulnerable adults in accordance with Minnesota law.
- Participants' safety and well-being are a priority. Reports are handled confidentially and in coordination with appropriate authorities.

## ALL PROGRAM & PROCEDURES

To read all of our Adaptive Recreation & Inclusion procedures, please visit: <https://bit.ly/AdaptiveRecPolicy>



# COOKING & CRAFTS

## COOKING: SUMMER SALADS



Make simple, delicious summer salads for a quick and easy lunch, dinner, or picnic, best enjoyed with friends.

DAYS	DATE	TIME
Thu.	6/11	5:30-7:00 p.m.
Location	St. Louis Park Rec Center: Wolfe Park Pavilion 3700 Monterey Dr St. Louis Park, MN 55416	
Age	16+	
FEE	\$20 resident / \$22 non-resident	



## CRAFT: BUTTON ART TREES

Create a fun, colorful canvas for your home using paint and buttons, a wonderful piece to share with family and friends.

DAYS	DATE	TIME
Thu.	8/6	6:00-7:30 p.m.
Location	Brooklyn Park Community Activity Center: Garden View Room 5600 85th Ave N Brooklyn Park, MN 55443	
Age	All Ages	
FEE	\$18 resident / \$20 non-resident / \$10 companion	



## CRAFT: STYLING SOCKS



Make a funky fashion statement with colorful tie dye socks, as unique as you are!

DAYS	DATE	TIME
Thu.	7/9	6:00-7:30 p.m.
Location	St. Louis Park Rec Center: Gallery Room 3700 Monterey Dr St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$18 resident / \$20 non-resident / \$10 companion	



## COOKING: BANANA SPLITS



Join us for National Banana Split Day! Enjoy making your own custom ice cream sensation. Perfect for summertime!

DAYS	DATE	TIME
Tue.	8/25	6:00-7:30 p.m.
Location	St. Louis Park Rec Center: Wolfe Park Pavilion 3700 Monterey Dr St. Louis Park, MN 55416	
Age	16+	
FEE	\$13 resident / \$15 non-resident	



## CRAFT: BIRD BATH



Splish splash, the birdies want to take a bath! Create a beautiful addition for your patio, porch, or yard.

DAYS	DATE	TIME
Wed.	8/12	2:00-4:00 p.m.
Location	St. Louis Park Rec Center: Gallery Room 3700 Monterey Dr St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$18 resident / \$20 non-resident / \$10 companion	

# SPORTS & RECREATION

## BOCCE BALL LEAGUE

Experience the fun of Bocce, a classic lawn game that's easy to learn and enjoyable for all skill levels. Players roll balls toward a target, combining strategy, friendly competition, and plenty of laughs—perfect for socializing and active play.

DAYS	DATE	TIME
Thu.	6/11-7/2	6:30-7:30 p.m.
Location	TBD	
Age	16+	
<b>FEE</b>	\$32 resident / \$36 non-resident	



## ACCESSIBLE SOFTBALL LEAGUE

Our accessible softball league offers an inclusive, supportive environment for players of all abilities to enjoy the game. Participants focus on fun, teamwork, and skill-building on and off the field. Rain makeup days will be 8/3 and 8/10.

DAYS	DATE	TIME
Mon.	6/15-7/27	7:00-8:30 p.m.
Location	Todd Anderson Field: Northwood Park 7600 107th Ave N Brooklyn Park, MN 55445	
Age	16+	
<b>FEE</b>	\$50 resident / \$56 non-resident	

## BOWLING LEAGUE

Join our non-competitive bowling league, which provides a fun and inclusive environment. Registration includes two bowling games each week and shoe rentals.

DAYS	DATE	TIME
Tue.	6/16-8/4	5:30-7:30 p.m.
Location	Park Tavern 3401 Louisiana Ave S St. Louis Park, MN 55426	
Age	All Ages	
<b>FEE</b>	\$84 resident / \$93 non-resident	

## PICKLEBALL

Pickleball is a fun, fast-paced paddle sport that combines elements of tennis, badminton, and ping-pong. It's easy to learn, low-impact, and ideal for players of all ages and abilities.

DAYS	DATE	TIME
Mon.	8/3-8/24	6:00-7:00 p.m.
Location	Norwood Pickleball Courts 8100 Newton Ave N Brooklyn Park, MN 55444	
Age	16+	
<b>FEE</b>	\$48 resident / \$56 non-resident	

## LET'S GO FISHING

Let's get on a pontoon to cruise and go fishing! All equipment is provided. We can't schedule these three outings quite yet, but we are partnering with Let's Go Fishing to get out on the lake and catch fish this summer! Register to be contacted via email when these opportunities open up. You'll have the opportunity to select dates and pay once details are finalized.

DAYS	DATE	TIME
TBD	TBD	TBD
Location	Riley Lake: Public Boat Landing 9180 Riley Lake Rd Eden Prairie, MN 55347	
Age	18+	
<b>FEE</b>	\$10 resident / \$12 non-resident	



## TWINS GAME

Join a large group of friends to watch the MN Twins take on the Cleveland Guardians! Note any accessibility needs when registering. Companions MUST register to attend.

DAYS	DATE	TIME
Sat.	9/12	3:10 p.m.
Location	Target Field 1 Twins Way Minneapolis, MN 55403	
Age	All Ages	
<b>FEE</b>	\$27	

# MOVIES & BINGO



## BINGO

Get ready for a lively Bingo night! Enjoy a classic game full of excitement, friendly competition, and chances to win great prizes. Join friends for an evening of laughs, luck, and fun!



## SNACKS & CINEMA: 50 FIRST DATES

Follow the story of a marine veterinarian (Henry), who falls for an art teacher (Lucy). When he finds she has amnesia, he resolves to win her love everyday. Don't forget, we will have SNACKS!!!!  
Runtime: 99 minutes | PG-13

DAYS	DATE	TIME
Thu.	7/2	6:00-7:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 3 5600 85th Ave N Brooklyn Park, MN 55443	
Age	13+	
FEE	\$10 resident / \$11 non-resident	

DAYS	DATE	TIME
Mon.	7/13	6:00-7:30 p.m.
Location	Brookview Community Center: Valley Room 316 Brookview Pkwy S Golden Valley, MN 55426	
Age	18+	
FEE	\$10 resident / \$12 non-resident / \$15 at the door	

DAYS	DATE	TIME
Thu.	8/20	6:00-7:30 p.m.
Location	Chanhassen Rec Center 2310 Coulter Blvd Chanhassen, MN 55317	
Age	18+	
FEE	\$10 resident / \$12 non-resident / \$15 at the door	



## BINGO & PIZZA

Bingo & Pizza Night is a fun and casual event that combines two beloved pastimes. Guests can enjoy delicious pizza while playing a variety of bingo games with chances to win prizes and enjoy friendly competition with friends. *Companions only need to register if they want to eat pizza.*

DAYS	DATE	TIME
Fri.	6/19	5:30-7:00 p.m.
Location	Brooklyn Center Community Center 6301 Shingle Creek Pkwy, Brooklyn Center, MN 55430	
Age	18+	
FEE	\$18 resident / \$20 non-resident / \$9 companion	



DAYS	DATE	TIME
Thu.	7/23	5:30-7:00 p.m.
Location	St. Louis Park Rec Center: Gallery Room 3700 Monterey Dr St. Louis Park, MN 55416	
Age	18+	
FEE	\$18 resident / \$20 non-resident / \$9 companion	



# SOCIAL ACTIVITIES & OUTINGS

## REACH FOR THE STARS SPRING FLING



Join us for Spring Fling, a fun, family-friendly night of music and dancing in a bright, cheerful setting. Dress your best, hit the dance floor, and enjoy time with friends and family—both old and new. It's an all-ages celebration full of energy, connection, and fun you won't want to miss!

DAYS	DATE	TIME
Sat.	5/9	6:00-9:00 p.m.
Location	Plymouth Community Center: Banquet Room 14800 34th Ave N Plymouth, MN 55447	
Age	All Ages	
FEE	\$15 / \$10 companion	

## SOCIAL SEEKERS

This program is designed for teens and adults on the Autism spectrum. We meet once a week to connect, have fun, and build social skills through games, riddles, and sharing our weekly highs and lows. For more information or to schedule an intake, call 952-393-4277.

DAYS	DATE	TIME
Thu.	6/11-7/30	5:00-6:30 p.m.
Location	Plymouth Community Center 14800 34th Ave N Plymouth, MN 55447	
Age	18+	
FEE	\$200 resident / \$210 non-resident	

## KARAOKE WITH MOCKTAILS & SNACKS

Take center stage and sing your heart out, while enjoying snacks and fun with friends.

DAYS	DATE	TIME
Thu.	8/13	6:30-8:00 p.m.
Location	Chanhasen Rec Center 2310 Coulter Blvd Chanhasen, MN 55317	
Age	18+	
FEE	\$10 resident / \$12 non-resident	

## BIRTHDAY CELEBRATION



HAPPY BIRTHDAY TO YOU! Come celebrate your summer birthday (June, July, and August) or just come to enjoy cake and socialize!

DAYS	DATE	TIME
Wed.	8/19	6:00-7:30 p.m.
Location	St. Louis Park Rec Center: Gallery Room 3700 Monterey Dr St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$10 resident / \$12 non-resident	

## HIKING CLUB



Let's go for a stroll along the paved paths at Hyland Park. Watch for wildlife, see the wildflowers, and other nature surprises!

DAYS	DATE	TIME
Wed.	6/10	2:00-3:30 p.m.
Location	Hyland Park: Richardson Nature Center 8737 E Bush Lake Rd Bloomington, MN 55438	
Age	All Ages	
FEE	\$10 resident / \$12 non-resident	

## ST. LOUIS PARK CONCERT



Join us for an evening of live music featuring Overdressed: Opera Under the Stars, a unique outdoor concert experience you won't want to miss.

DAYS	DATE	TIME
Sat.	7/18	7:00-8:30 p.m.
Location	Veterans Memorial Amphitheater 3700 Monterey Drive St. Louis Park, MN 55416	
Age	18+	
FEE	\$10	

## BOWLING BANQUET



All bowlers from our 2025-26 seasons are invited to attend this party. Enjoy dinner as we give out certificates and prizes to all of our bowlers from the past year. We'll watch a photo slideshow from the year and enjoy dancing to wrap up the night. *Please register two weeks in advance. Companions only need to register if they would like dinner.*

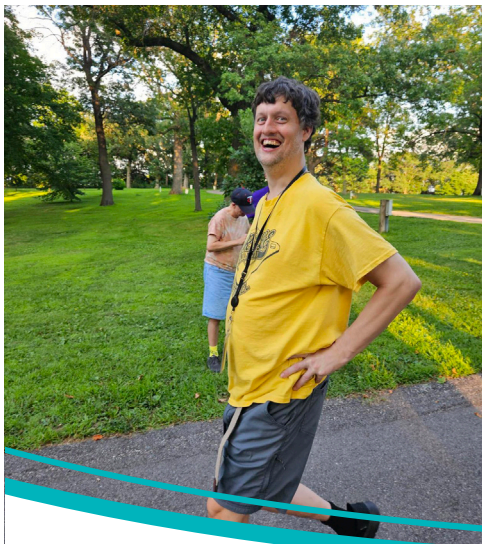
DAYS	DATE	TIME
Fri.	8/28	5:30-7:30 p.m.
Location	St. Louis Park Rec Center: Banquet Room 3700 Monterey Dr St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$21 resident / \$23 non-resident / \$14 companion	

## BARN DANCE



Dust off your boots and hat, for a country shindig. Request your favorite cowboy two step or line dance tunes. Swing your partner!

DAYS	DATE	TIME
Fri.	7/31	6:00-8:00 p.m.
Location	St. Louis Park Rec Center: Wolfe Park Pavilion 3700 Monterey Dr St. Louis Park, MN 55416	
Age	All Ages	
FEE	\$10 resident / \$12 non-resident / \$15 at the door	



# TEEN EXPLORERS

Our Teen Explorers group aims to build social skills, as well as engagement in our community and the natural world. This program is open to individuals of all abilities and participants can bring a staff or caregiver if additional support is needed.

Age: 13-21

## TE1: NATURE HIKE

Enjoy the beauty of nature with friends on a guided walk through the Eloise Butler Wildflower Garden. Take in fresh air, explore seasonal plants and scenic trails, and enjoy conversation and connection during a peaceful, social outdoor experience designed to help you relax and unwind.

DAYS	DATE	TIME
Tue.	6/16	6:00-7:00 p.m.
Location	Eloise Butler Wildflower Garden 1 Theodore Wirth Pkwy Minneapolis, MN 55405	
Age	13-21	
<b>FEE</b>	\$10 resident / \$12 non-resident	

## TE2: OUT TO EAT AT DAVE & BUSTER'S

You'll enjoy a group meal, arcade games, friendly competition, and lots of laughs while connecting with peers in the community. Please plan to bring \$30-\$45 for food and games.

DAYS	DATE	TIME
Mon.	7/20	6:00-7:30 p.m.
Location	Dave & Buster's 500 Southdale Center Edina, MN 55435	
Age	13-21	
<b>FEE</b>	\$10 resident / \$12 non-resident	

## TE3: FRIENDSHIP BRACELETS

Get creative and connect with friends during this relaxed and social craft night! Participants will design and make their own friendship bracelets while chatting, laughing, and building connections with peers. This is a great chance to express your style, practice creativity, and leave with something meaningful to share or keep.

DAYS	DATE	TIME
Wed.	8/12	6:00-7:30 p.m.
Location	TBD	
Age	13-21	
<b>FEE</b>	\$10 resident / \$12 non-resident	

# REACH'S 55+ MOVE & MINGLE

Reach's 55+ Move & Mingle is a year-long series of inclusive, interactive programs designed to support social connection and mental well-being among older adults with and without disabilities. Each session features guided activities, conversation prompts, and discussion starters led by trained staff experienced in adaptive recreation and therapeutic engagement.

Participants are responsible for their own transportation. If transportation is a barrier, please contact Sally Krull at 952-383-5880. *These programs are generously funded through an Age-Friendly Hennepin Social Connection Projects grant.*

## 55+ FUR-EVER FRIENDS: MN ZOO

Come visit the MN Zoo for a unique experience with wildlife from around the world. It's a fun and educational destination where visitors can learn about animals.

DAYS	DATE	TIME
Tue.	6/9	10:00 a.m.-2:00 p.m.
Location	Minnesota Zoo 13000 Zoo Blvd Apple Valley, MN 55124	
Age	55+	
<b>FEE</b>	Free	



## 55+ ART

The Museum of Russian Art features traditional and contemporary art, with exhibits that offer insight into Russia's artistic heritage. A great destination for art lovers and curious learners alike.

DAYS	DATE	TIME
Mon.	6/22	1:00-3:00 p.m.
Location	The Museum of Russian Art 5500 Stevens Ave Minneapolis, MN 55419	
Age	55+	
<b>FEE</b>	Free	

# THERAPEUTIC REC & MUSIC PROGRAMS

Reach is approved to bill ILS therapies for Recreation, Music and Art Therapy. Please contact us if you'd like to bill your waiver. Out-of-pocket payments are also accepted.



## RT: MONDAY FUNDAY (W)

This program provides opportunities for social connection and exercise with peers. Each week features a new activity, such as bingo, charades, crafts, workouts, or nature-based adventures. Activities are guided by the group's interests and goals, ensuring everyone stays engaged and having fun.

DAYS	DATE	TIME
Mon.	TBD	TBD
Location	TBD	
Age	18+	
<b>FEE</b>	\$255.12	

## ADULT MUSIC THERAPY GROUP (T) (W)

Led by a certified music therapist, this group is open to all skill levels and offers a safe space to express yourself, improve social connections, and boost your mood!

DAYS	DATE	TIME
Tue.	6/16-8/11	11:00-11:30 a.m.
Location	Reach for Resources' Office 7300 Metro Blvd, Suite 625 Edina, MN 55439	
Age	18+	
<b>FEE</b>	\$340	

## RT: DANCE WORKOUT (L) (W)

Get ready to move, groove, and sweat with our dynamic dance workout program! You can follow along with our energetic instructor in a series of fun and engaging dance routines that will help you burn calories, boost your fitness, and unleash your inner dancer. You can join in person or virtually on Teams.

DAYS	DATE	TIME
Fri.	TBD	TBD
Location	TBD	
Age	18+	
<b>FEE</b>	\$170.08	



## RT: SMALL GROUP PAINTING (W)

This small group class is designed to provide a safe and supportive space for adults with disabilities to express themselves through painting. Participants can explore their emotions, build self-esteem, and develop new coping skills in a therapeutic setting while creating a new project each week.

DAYS	DATE	TIME
Wed.	TBD	TBD
Location	TBD	
Age	18+	
<b>FEE</b>	\$255.12	

## FILM SCORE PROGRAM (T)

This creative music experience invites participants to explore music through the lens of film and storytelling. Using scenes from popular movies and visual media as inspiration, participants create, perform, and modify musical scores.

DAYS	DATE	TIME
Tue.	6/9-7/21	6:00-7:00 p.m.
Location	St. Louis Park Rec Center: Wolfe Park Pavilion 3700 Monterey Dr St. Louis Park, MN 55416	
Age	18+	
<b>FEE</b>	\$40 resident / \$45 non-resident	

# Reach in Motion

Reach in Motion makes getting around simple and flexible. This transportation program helps individuals using county or waiver funding access Lyft rides coordinated through Reach for Resources.

## How it works:

- Reach sets you up with a Lyft Pass
- Use rides for work, appointments, errands, or activities
- Monthly Lyft funding is managed for you

An easy way to stay independent and connected.

Scan the QR code to learn more or visit [reachforresources.org/reach-in-motion](https://reachforresources.org/reach-in-motion)



# INCLUSION SERVICES

Support your child's summer fun with Inclusion Services!

Reach's Inclusion Services help kids and adults fully participate in their city's programs.

We partner with local parks and recreation departments to provide individualized support so children can join camps, sports, and activities alongside their peers—building confidence, independence, and a great summer experience.

*Learn More*

Scan the QR code or visit [reachforresources.org/inclusion](https://reachforresources.org/inclusion)



## TRAIL BY REACH TRANSPORTATION



Trail by Reach is an affordable, door-to-door transportation for adults (21+) with developmental disabilities who live independently or semi-independently in:

**BLOOMINGTON • EDEN PRAIRIE • EDINA  
GOLDEN VALLEY • RICHFIELD • ST. LOUIS PARK**

Safe, reliable round-trip rides to Adaptive Recreation & Learning Exchange (AR&LE) and Reach programs in your community

In partnership with Metro Mobility, all ride details are coordinated for you. Riders receive a phone call with pick-up time at least one day in advance. Drivers provide door-to-door service and safely escort riders to and from each program..

**Enjoy safe, reliable, round-trips for just \$3!**

A simple, stress-free way to get to fun, engaging activities and stay active in your community.

**Learn More & Register!**  
[reachforresources.org/Trail](https://reachforresources.org/Trail)

**Questions?**

Jill Squires, Transportation Manager  
612-401-6395 | [Trail@reachforresources.org](mailto:Trail@reachforresources.org)



# WEDNESDAY NIGHT SOCIAL

Build social skills, coping skills, and practice flexibility through this series of fun. Activities include cooking classes, craft nights, going out to eat, and much more! Open to individuals of all abilities, some participants bring a staff or caregiver if additional support is needed. Sign up for the full series (which includes 1-8) or sign up for individual activities.

**Age:** 18+ | **Fee for ALL the events:** \$80 resident / \$85 non-resident

**Date:** Wednesdays, June 10 - August 5 | **Time:** 6:00 - 7:30 p.m. (unless noted)

## WNS1: JEOPARDY

It's America's favorite quiz show! What is JEOPARDY? Enjoy an evening of socializing with friends and remember to answer in the form of a question.

DAYS	DATE	TIME
Wed.	6/10	6:00-7:30 p.m.
Location	Brooklyn Park Community Activity Center 5600 85th Ave N Brooklyn Park, MN 55443	
Age	18+	
<b>FEE</b>	\$10 resident / \$12 non-resident	

## WNS2: MUNCHY MIXES

Got the munchies? We have a fix! Come learn how to put together some fun summertime snack mixes and seasoning ideas.

DAYS	DATE	TIME
Wed.	6/24	6:00-7:30 p.m.
Location	Chanhassen Rec Center 2310 Coulter Blvd Chanhassen, MN 55317	
Age	18+	
<b>FEE</b>	\$10 resident / \$12 non-resident	



## WNS3: BEACH TIME

The perfect day in Minnesota involves a lake, beach, and friends! Let's get together for some outdoor fun.

DAYS	DATE	TIME
Wed.	7/1	6:00-7:30 p.m.
Location	Shady Oak Beach 5200 Shady Oak Rd Minnetonka, MN 55343	
Age	18+	
<b>FEE</b>	\$10 resident / \$12 non-resident	

## WNS4: STENCIL ART

Create a beautiful, visual sensation using colorful art paper, stencils and your creativity. T

DAYS	DATE	TIME
Wed.	7/8	6:00-7:30 p.m.
Location	St. Louis Park Rec Center: Gallery Room 3700 Monterey Dr St. Louis Park, MN 55416	
Age	18+	
<b>FEE</b>	\$10 resident / \$12 non-resident	

## WNS5: UNO TOURNAMENT

"UNO!" Join us for a fun, card shedding evening of playing one of our favorite card games with friends. T

DAYS	DATE	TIME
Wed.	7/15	6:00-7:30 p.m.
Location	St. Louis Park Rec Center: Gallery Room 3700 Monterey Dr St. Louis Park, MN 55416	
Age	18+	
<b>FEE</b>	\$10 resident / \$12 non-resident	

## WNS6: OUT TO EAT AT FAMOUS DAVE'S BBQ

Treat yourself to mouth watering, pit smoked BBQ, homemade sides and desserts. Perfect for a summer evening! Bring \$15-\$25 to order off the menu.

DAYS	DATE	TIME
Wed.	7/22	5:00-7:00 p.m.
Location	Famous Dave's BBQ 14601 MN-7 Minnetonka, MN 55345	
Age	18+	
<b>FEE</b>	\$10 resident / \$12 non-resident	

## WNS7: BUBBLES GALORE

Bring out your inner child! Learn to make bubble solution and create massive bubbles for a spectacular visual experience. T

DAYS	DATE	TIME
Wed.	7/29	6:00-7:30 p.m.
Location	Louisiana Oaks Pavilion 3520 Louisiana Ave S St. Louis Park, MN 55426	
Age	18+	
<b>FEE</b>	\$10 resident / \$12 non-resident	

## WNS8: SOUTHWEST HUMMUS WRAPS

Wraps are a refreshing and easy summer meal to tantalize your taste buds. Turn an ordinary meal into a FIESTA! T

DAYS	DATE	TIME
Wed.	8/5	5:30-7:00 p.m.
Location	Oak Hill Park 3201 Rhode Island Ave S St. Louis Park, MN 55426	
Age	18+	
<b>FEE</b>	\$20 resident / \$22 non-resident	

# ON THE TOWN: ALL ABILITIES

## OTTA1: BEEKEEPING AT HISTORIC EIDEM FARM

Learn about beekeeping and their vital role in our environment. Connect with nature, support pollinator health, and enjoy the farm.

DAYS	DATE	TIME
Wed.	6/24	2:00-4:00 p.m.
Location	Historic Eidem Farm 4345 101st Ave N Brooklyn Park, MN 55443	
Age	18+	
FEE	\$10 resident / \$12 non-resident	



## OTTA4: FRANKIE'S PIZZA

Have a craving for Italian food? Satisfy your crave with Chicago deep dish, pasta, or try something new! Please bring \$15 - \$20 to order off the menu.

DAYS	DATE	TIME
Tue.	8/11	5:00-6:30 p.m.
Location	Frankie's Pizza 3556 Winnetka Ave N New Hope, MN 55427	
Age	18+	
FEE	\$10 resident / \$12 non-resident	



## OTTA3: SHREK THE MUSICAL

Shrek the Musical is a hilarious and heartwarming stage production, bringing fairy-tale misfits to life with catchy songs and bold humor. Follow Shrek, Donkey, and Princess Fiona on an unforgettable adventure that celebrates friendship, acceptance, and being true to yourself.

DAYS	DATE	TIME
Fri.	7/24	6:30 p.m.
Location	Stages Theatre 1111 Mainstreet Hopkins, MN 55343	
Age	18+	
FEE	\$30 / \$24 companion	

## OTTA5: CENTENNIAL LAKES PARK T

Enjoy a beautiful evening walking the paths, people watching, or just enjoying the weather and gardens. Bring money in case you want a drink or a treat!

DAYS	DATE	TIME
Tue.	8/18	6:00-7:30 p.m.
Location	Centennial Lakes Park 7499 France Ave S Edina, MN 55435	
Age	18+	
FEE	\$10 resident / \$12 non-resident	

## OTTA2: CAT CAFE

Cross off your caffeine and furry friend fix in one purr-fect day. Please bring money for snacks. There's a fee for each person who enters the cat lounge (participant and staff).

DAYS	DATE	TIME
Thu.	7/16	5:30-7:00 p.m.
Location	The Cafe Meow 3524 Winnetka Ave N New Hope, MN 55427	
Age	18+	
FEE	\$10 resident / \$15 non-resident / \$8 companion	





5900 Green Oak Dr, Suite 303  
 Minnetonka, MN 55343  
 Office: 952-200-3030  
 Fax: 952-229-4468  
 info@reachforresources.org  
 reachforresources.org



**Not Interested in the Reach Reader?**

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 info@reachforresources.org

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 Twin Cities, MN  
 Permit No. 594

# Friends & Family event

## GATHER. CONNECT. CELEBRATE.

Monday, June 15 | 4:00 – 8:00 p.m. | LTD Brewing in Hopkins

Join us for an evening of connection and celebration with the Reach community. Reconnect with familiar faces or meet new ones including participants, families, staff, volunteers, and supporters.

**What to Expect:**

- Light appetizers provided
- Drinks available for purchase
- 20% of all sales support Reach
- Games, activities, and time to connect
- Reach Award Ceremony at 6:00 p.m.

RSVP today to help us plan for plenty of appetizers. We can't wait to celebrate with you!

*Learn More*



# REGISTRATION FORM — SUMMER 2026



Name: \_\_\_\_\_ Pronouns: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Allergies/Diet/Accessibility: \_\_\_\_\_

Race/Ethnicity:  American Indian/Alaska Native  Asian  Black/African American  Hispanic/Latino/a  Middle Eastern/North African  Native Hawaiian/Pacific Islander  White/Caucasian  Other (optional)

## Am I a "Resident"?

Our adaptive recreation program is a cooperative effort with the below cities. If you live in another city, please pay the non-resident fee.

- Brooklyn Center
- Chanhassen
- Golden Valley
- Maple Grove
- St. Louis Park
- Brooklyn Park
- Edina
- Inver Grove Heights
- Plymouth

Cooking & Crafts (page 7)		Resident/Non-Resident
<input type="checkbox"/>	Cooking - Summer Salads: 6/11	\$20 / \$22 <input type="checkbox"/> Need Trail Ride
<input type="checkbox"/>	Cooking - Banana Splits: 8/25	\$13 / \$15 <input type="checkbox"/> Need Trail Ride
<input type="checkbox"/>	Craft - Styling Socks: 7/9	\$18 / \$20 / \$10 companion # of Companions _____ <input type="checkbox"/> Need Trail Ride
<input type="checkbox"/>	Craft - Button Art Trees: 8/6	\$18 / \$20 / \$10 companion # of Companions _____
<input type="checkbox"/>	Craft - Bird Bath: 8/12	\$18 / \$20 / \$10 companion # of Companions _____ <input type="checkbox"/> Need Trail Ride

Sports & Recreation (page 8)		Resident/Non-Resident
<input type="checkbox"/>	Bocce Ball League: Starts 6/11	\$32 / \$36
<input type="checkbox"/>	Accessible Softball League: Starts 6/15	\$50 / \$56
<input type="checkbox"/>	Bowling - Park Tavern: Starts 6/16	\$84 / \$93 <input type="checkbox"/> Lane Bumpers <input type="checkbox"/> Bowling Ramp <input type="checkbox"/> Need Trail Ride
<input type="checkbox"/>	Pickleball: Starts 8/3	\$48 / \$56
<input type="checkbox"/>	Let's Go Fishing: TBD	<input type="checkbox"/> Contact me to register <input type="checkbox"/> Need Trail Ride
<input type="checkbox"/>	Twins Game: 9/12	\$27 # of Companions _____

Movies & Bingo (page 9)		Resident/Non-Resident
<input type="checkbox"/>	Snack & Cinema - 50 First Dates: 7/2	\$10 / \$11
<input type="checkbox"/>	Bingo (1): 7/13	\$10 / \$12 <input type="checkbox"/> Need Trail Ride
<input type="checkbox"/>	Bingo (2): 8/20	\$10 / \$12
<input type="checkbox"/>	Bingo & Pizza (1): 6/19	\$18 / \$20 / \$9 companion # of Companions _____
<input type="checkbox"/>	Bingo & Pizza (2): 7/23	\$18 / \$20 / \$9 companion # of Companions _____ <input type="checkbox"/> Need Trail Ride

Social Activities & Outings (page 10)		Resident/Non-Resident
<input type="checkbox"/>	Spring Fling: 5/9	\$15 / \$10 companion # of Attendees _____ # of Companions _____ <input type="checkbox"/> Need Trail Ride
<input type="checkbox"/>	Hiking Club: 6/10	\$10 / \$12 <input type="checkbox"/> Need Trail Ride
<input type="checkbox"/>	Social Seekers: Starts 6/11	\$200 / \$210
<input type="checkbox"/>	Barn Dance: 7/31	\$10 / \$12 <input type="checkbox"/> Need Trail Ride
<input type="checkbox"/>	St. Louis Park Concert: 7/18	\$10 <input type="checkbox"/> Need Trail Ride
<input type="checkbox"/>	Karaoke with Mocktails & Snacks: 8/13	\$10 / \$12
<input type="checkbox"/>	Birthday Celebration: 8/19	\$10 / \$12 <input type="checkbox"/> Need Trail Ride
<input type="checkbox"/>	Bowling Banquet: 8/28	\$21 / \$23 / \$14 companion # of Companions _____ <input type="checkbox"/> Need Trail Ride

Teen Explorers - Ages 13-21		Resident/Non-Resident
<input type="checkbox"/>	TE1 - Nature Hike: 6/16	\$10 / \$12
<input type="checkbox"/>	TE2 - Dave & Buster's: 7/20	\$10 / \$12
<input type="checkbox"/>	TE3 - Friendship Bracelets: 8/12	\$10 / \$12

Reach's 55+ Move & Mingle - Ages 55+		Resident/Non-Resident
<input type="checkbox"/>	55+ Fur-Ever Friends - MN Zoo: 6/9	FREE
<input type="checkbox"/>	55+ Art - Museum of Russian Art: 6/22	FREE

Friends & Family Event		Resident/Non-Resident
<input type="checkbox"/>	Friends & Family Event: 6/15	FREE # of Companions _____ <input type="checkbox"/> Need Trail Ride

## PHOTO WAIVER

To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures and social networking media.

Can be photographed: Yes  No

First name can be used: Yes  No

<b>Program Total:</b>	\$
<b>Donation to Reach</b> <i>(Optional):</i>	\$
<b>Total Enclosed:</b>	\$
<input type="checkbox"/> Cash <input type="checkbox"/> Waiver <input type="checkbox"/> Check # _____	
<input type="checkbox"/> Credit Card # _____	
Expiration Date: _____ Security Code: _____	
Name on Card: _____	
Billing Address (if different than registration address): _____ _____	
<p><b>Sign here to acknowledge that you have read and understood the Program Policies and you agree to be bound by them. Participants and/or caregivers or guardians can sign.</b></p>	
Participant Signature: _____	
Caregiver or Guardian: _____	

Please send completed form with payment to:  
 Reach for Resources  
 5900 Green Oak Drive, Suite 303  
 Minnetonka, MN 55343  
 Fax: 952-229-4468 • info@reachforresources.org  
**Online registration: reach.recdesk.com**

Therapeutic Programs		Resident/Non-Resident
<input type="checkbox"/>	RT - Dance Workout: TBD	\$170.08 <input type="checkbox"/> In Person <input type="checkbox"/> Virtual <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT - Monday Funday: TBD	\$255.12 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT - Small Group Painting: TBD	\$255.12 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT - Adult Music Therapy: Starts 6/16	\$340 <input type="checkbox"/> Bill My Waiver <input type="checkbox"/> Need Trail Ride
<input type="checkbox"/>	RT - Film Score Program: Starts 6/9	\$40/ \$45 <input type="checkbox"/> Need Trail Ride

Wednesday Night Social (WNS) - Age 18+		Resident/Non-Resident
<input type="checkbox"/>	Wednesday Night Social - ALL Programs	\$80 / \$85
<input type="checkbox"/>	WNS1 - Jeopardy: 6/10	\$10 / \$12
<input type="checkbox"/>	WNS2 - Munchy Mixes: 6/24	\$10 / \$12
<input type="checkbox"/>	WNS3 - Beach Time: 7/1	\$10 / \$12
<input type="checkbox"/>	WNS4 - Stencil Art: 7/8	\$10 / \$12 <input type="checkbox"/> Need Trail Ride
<input type="checkbox"/>	WNS5 - Uno Tournament: 7/15	\$10 / \$12 <input type="checkbox"/> Need Trail Ride
<input type="checkbox"/>	WNS6 - Eat at Famous Dave's: 7/22	\$10 / \$12
<input type="checkbox"/>	WNS7 - Bubbles Galore: 7/29	\$10 / \$12 <input type="checkbox"/> Need Trail Ride
<input type="checkbox"/>	WNS8 - Southwest Hummus Wraps: 8/5	\$20 / \$22 <input type="checkbox"/> Need Trail Ride

On The Town: All Abilities (OTTA) - Age 18+		Resident/Non-Resident
<input type="checkbox"/>	OTTA1 - Beekeeping at Eidem Farm: 6/24	\$10 / \$12
<input type="checkbox"/>	OTTA2 - Cat Cafe: 7/16	\$10 / \$15 / \$8 companion # of Companions _____
<input type="checkbox"/>	OTTA3 - Shrek the Musical: 7/24	\$30 / \$24 companion # of Companions _____
<input type="checkbox"/>	OTTA4 - Frankie's Pizza: 8/11	\$10 / \$12
<input type="checkbox"/>	OTTA5 - Centennial Lakes Park: 8/18	\$10 / \$12 <input type="checkbox"/> Need Trail Ride

## Digital Newsletter Sign Up

Subscribe to our monthly email newsletter.

Name: \_\_\_\_\_

Email: \_\_\_\_\_